## **Sprint - Female Category**

Pos	StartTime	Race#	# Name	Last Name	Gender A	ge	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	08:16:20	49	Katy	Armitage	Female C	30	F	Tri Preston	Sprint - Female	00:08:09	00:01:36	00:34:26	00:01:15	00:22:54	01:08:20
2	11:27:40	611	Grace	Longden	Female C	18	В		Sprint - Female	00:09:14	00:01:19	00:36:44	00:00:50	00:21:57	01:10:04
3	08:15:20	46	Emma	Buckland	Female C	28	E	Total Tri Training	Sprint - Female	00:08:05	00:01:07	00:38:17	00:00:48	00:23:02	01:11:19
4	08:18:00	54	Isabelle	Bryan	Female C	18	В	Manchester Triathlon	Sprint - Female	00:08:12	00:01:57	00:41:27	00:00:58	00:21:27	01:14:01
5	08:14:20	43	Ellie	Torpey	Female C	20	C	RAF triathlon	Sprint - Female	00:07:27	00:02:05	00:42:57	00:00:34	00:22:52	01:15:55
6	11:40:40	650	Kelsie	Johnson	Female C	30	F		Sprint - Female	00:09:26	00:01:13	00:41:05	00:01:07	00:23:43	01:16:34
7	11:40:00	648	Joanna	Forster	Female C	48	I	Total Tri Training	Sprint - Female	00:09:34	00:00:52	00:39:30	00:00:00	00:26:40	01:16:36
8	08:19:20	58	Janet	Pomfret	Female C	60	L		Sprint - Female	00:09:36	00:01:27	00:40:29	00:01:09	00:24:44	01:17:25
9	08:15:00	45	Louisa	Taylor	Female C	30	F	Crossfit Tyneside	Sprint - Female	00:08:35	00:02:33	00:42:44	00:01:24	00:22:24	01:17:40
10	08:15:40	47	Charlotte	Smith	Female C	25	E		Sprint - Female	00:08:45	00:03:46	00:42:59	00:00:44	00:22:39	01:18:53
11	11:28:00	612	Rose	Wilkinson	Female C	40	H		Sprint - Female	00:11:29	00:01:36	00:42:38	00:00:00	00:24:31	01:20:14
12	08:14:40	44	Caroline	Evans	Female C	42	H	Nantwich Seals	Sprint - Female	00:07:27	00:01:15	00:43:49	00:00:57	00:27:42	01:21:10
13	11:16:40	578	Alice	Evans	Female C	31	F		Sprint - Female	00:10:23	00:01:46	00:43:38	00:00:48	00:26:32	01:23:07
14	11:02:00	534	Francesca	Jones	Female C	22	C	NA	Sprint - Female	00:10:34	00:02:23	00:43:01	00:01:17	00:26:04	01:23:19
15	11:38:20	643	Lynette	Brook	Female C	54	J	Bee Triathlon	Sprint - Female	00:09:48	00:01:25	00:41:46	00:00:00	00:30:38	01:23:37
16	11:36:20	637	Pamela	Thurtle	Female C	48	I	Knutsford Tri Club	Sprint - Female	00:13:42	00:02:31	00:41:20	00:01:12	00:24:59	01:23:44
17	11:21:20	592	Sarah	Thomas	Female C	36	G		Sprint - Female	00:10:25	00:02:12	00:43:38	00:01:34	00:26:23	01:24:12
18	11:55:20	679	Lynne	Grainger	Female C	43	H		Sprint - Female	00:10:29	00:00:00	00:46:24	00:01:23	00:26:14	01:24:30
19	11:08:00	552	Hayley	Green	Female C	32	F	Newcastle (Staffs) Tri	Sprint - Female	00:12:43	00:02:00	00:44:16	00:01:06	00:24:33	01:24:38
20	08:19:00	57	Gemma	Killick	Female C	26	E	Stafford Tri	Sprint - Female	00:09:02	00:01:23	00:41:34	00:01:32	00:31:13	01:24:44
21	11:14:00	570	Jude	Nelson	Female C	28	E		Sprint - Female	00:11:00	00:02:33	00:44:57	00:00:40	00:25:36	01:24:46
22	10:59:40	527	Keely	Gilhooly	Female C	48	I	Stafford tri club	Sprint - Female	00:11:53	00:02:35	00:41:44	00:01:46	00:26:59	01:24:57
23	11:37:20	640	Jenny	Babb	Female C	32	F		Sprint - Female	00:11:21	00:02:42	00:43:13	00:00:48	00:27:02	01:25:06
24	11:30:40	620	Poppy	Crawley	Female C	28	E		Sprint - Female	00:11:17	00:02:58	00:43:35	00:02:09	00:25:10	01:25:09
25	11:25:20	605	Emily	Duguid	Female C	24	C		Sprint - Female	00:10:50	00:02:00	00:46:41	00:01:07	00:24:47	01:25:25
26	10:38:00	462	Jessica	Stiles	Female C	24	C		Sprint - Female	00:10:08	00:02:33	00:46:25	00:01:29	00:25:19	01:25:54
27	10:32:40	446	Rose	Marshall	Female C	41	H	Newcastle triathlon cl	Sprint - Female	00:11:37	00:01:47	00:45:08	00:01:13	00:26:35	01:26:20
28	10:26:20	427	Daisy	Petrie	Female C	28	E		Sprint - Female	00:10:33	00:01:40	00:45:59	00:00:57	00:28:09	01:27:18
29	11:26:20	607	Emma	Turner	Female C	43	H	Newcastle (Staffs) Tri	Sprint - Female	00:10:08	00:02:05	00:46:09	00:01:29	00:27:48	01:27:39
30	11:07:20	550	Brenda	Janssens	Female C	55	K	N/A	Sprint - Female	00:10:28	00:03:15	00:46:45	00:00:47	00:26:31	01:27:46
31	11:11:40	563	Charlotte	Sharp	Female C	42	H		Sprint - Female	00:11:04	00:02:05	00:46:49	00:03:49	00:24:01	01:27:48
32	10:58:40	524	Tracey	Holland	Female C	39	G	Endurance Peak	Sprint - Female	00:13:18	00:02:05	00:43:28	00:01:00	00:27:58	01:27:49
33	10:32:20	445	Madeline	Cotgreave	Female C	31	F	Drunken commitment	Sprint - Female	00:13:37	00:01:51	00:46:04	00:00:40	00:25:52	01:28:04
34	11:06:40	548	Laura	Leslie	Female C	43	H	BRAT	Sprint - Female	00:13:46	00:01:46	00:47:53	00:00:46	00:24:27	01:28:38
35	08:18:20		Victoria	Hammond	Female C		H		Sprint - Female			00:46:25			01:28:40
36	11:35:20	634	Emily	Ruscoe	Female C	21	C		Sprint - Female	00:09:24	00:02:42	00:47:09	00:00:48	00:28:40	01:28:43
37	11:39:00	645	Ella	Bleasdale	Female C	23	C		Sprint - Female	00:08:35	00:02:31	00:48:05	00:01:33	00:27:59	01:28:43
38	09:37:00	285	Charmayne	Brierley	Female C	57	K	Glossop Tri	Sprint - Female	00:12:12	00:02:55	00:43:12	00:02:08	00:28:18	01:28:45
39	09:47:40	317	Pippa	Price	Female C	59	K	Running Bear	Sprint - Female	00:13:17	00:02:35	00:46:11	00:00:34	00:26:11	01:28:48
40	11:42:00	654	Morven	Bett	Female C	29	E		Sprint - Female	00:11:14	00:09:03	00:56:38	00:02:01	00:28:23	01:29:13
41	10:42:20	475	Rachel	Davies	Female C	45	I		Sprint - Female	00:12:43	00:01:53	00:44:29	00:00:47	00:29:32	01:29:24
42	11:13:00	567	Louise	Stanway	Female C	42	H		Sprint - Female	00:12:06	00:02:43	00:44:07	00:01:48	00:28:46	01:29:30

Pos	StartTime	Race#	Name	Last Name	Gender A	ge	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	10:47:40	491	Elise	Farquhar	Female C	22	C		Sprint - Female	00:10:43	00:02:28	00:45:50	00:00:44	00:29:59	01:29:44
44	11:58:20	688	Ewelina	Kettle	Female C	36	G		Sprint - Female	00:12:45	00:02:13	00:46:36	00:00:00	00:28:33	01:30:07
45	11:18:40	584	Lauren	Walker	Female C	24	C		Sprint - Female	00:11:10	00:03:50	00:49:34	00:01:12	00:24:27	01:30:13
46	11:04:00	540	Lynwen	Holman	Female C	41	H		<b>Sprint - Female</b>	00:11:27	00:01:58	00:48:53	00:01:21	00:26:56	01:30:35
47	11:30:00	618	Robyn	Davies	Female C	30	$\mathbf{F}$		<b>Sprint - Female</b>	00:09:04	00:03:01	00:47:54	00:00:53	00:29:54	01:30:46
48	10:48:00	492	Cadi	Jones	Female C	24	C		Sprint - Female	00:12:26	00:04:15	00:42:53	00:01:55	00:29:29	01:30:58
49	10:55:00	513	Mairi	McCloskey	Female C	58	K	MAD Tri	Sprint - Female	00:13:19	00:02:11	00:45:44	00:01:34	00:28:10	01:30:58
50	11:19:40	571	Sara	Clamp	Female C	47	I	<b>Brownlee Fitness</b>	Sprint - Female	00:12:49	00:01:59	00:43:36	00:01:50	00:30:47	01:31:01
51	11:22:40	596	Hannah	Thomas	Female C	49	I		Sprint - Female	00:11:25	00:01:47	00:47:31	00:00:54	00:29:36	01:31:13
52	11:02:40	536	Sara	McKennedy	Female C	36	G	Sevenoaks Triathlon	Sprint - Female	00:09:49	00:03:29	00:47:05	00:00:52	00:30:08	01:31:23
53	11:03:40	539	Sian	Renvoize	Female C	32	F		Sprint - Female	00:10:54	00:03:22	00:44:54	00:02:00	00:30:22	01:31:32
54	11:18:20	583	Charlotte	Good	Female C	35	G		Sprint - Female	00:11:47	00:01:56	00:44:58	00:00:54	00:32:14	01:31:49
55	10:51:20	502	Anne	Coghlan	Female C	57	K	Stafford Tri	Sprint - Female	00:15:25	00:00:00	00:04:09	00:45:13	00:27:03	01:31:50
56	11:21:00	591	helen	walsh	Female C	50	J		Sprint - Female	00:10:43	00:03:05	00:49:09	00:00:45	00:28:16	01:31:58
57	11:32:20	625	Saffron	Harrison	Female C	42	H		Sprint - Female	00:10:03	00:02:04	00:47:27	00:01:32	00:31:21	01:32:27
58	11:18:00	582	Diane	Jacks	Female C	56	K		Sprint - Female	00:12:13	00:01:48	00:45:02	00:00:00	00:33:25	01:32:28
59	10:43:40	479	Fiona	Muirhead-Smith	Female C	31	F		Sprint - Female	00:11:00	00:02:29	00:49:49	00:02:06	00:27:12	01:32:36
60	10:32:00	444	Francesca	Cotgreave-Nixon	Female C	34	F	Drunken commitment	Sprint - Female	00:12:42	00:02:19	00:46:52	00:00:37	00:30:24	01:32:54
61	11:34:00	630	Gill	Aspin	Female C	50	J	Manchester Tri Club	Sprint - Female	00:10:25	00:01:42	00:41:40	00:02:10	00:37:16	01:33:13
62	10:42:00	474	Liz	Morris	Female C	36	G	Nantwich Running Cl	Sprint - Female	00:15:20	00:03:42	00:47:20	00:01:18	00:25:43	01:33:23
63	10:46:20	487	Jennie	McShane	Female C	38	G	N/A	Sprint - Female	00:14:53	00:01:46	00:45:37	00:00:49	00:30:28	01:33:33
64	11:32:00	624	Gill	Smith	Female C	60	L		Sprint - Female	00:10:35	00:00:00	00:46:13	00:02:19	00:34:42	01:33:49
65	10:55:40	515	Katrina	Williams	Female C	45	I	Ruthin	Sprint - Female	00:12:27	00:02:08	00:46:18	00:00:47	00:32:18	01:33:58
66	10:54:40	512	Stefanie	Barr	Female C	33	F		Sprint - Female	00:13:13	00:00:00	00:52:51	00:00:00	00:29:05	01:35:09
67	11:37:40	641	Louise	Moore	Female C	58	K		Sprint - Female	00:10:20	00:01:30	00:44:35	00:01:30	00:37:23	01:35:18
68	11:10:20	559	liz	Martin-Bird	Female C	37	G		Sprint - Female	00:11:02	00:02:37	00:45:00	00:01:54	00:35:03	01:35:36
69	10:56:40	518	Laura	Smith	Female C	43	H		Sprint - Female	00:10:53	00:03:05	00:51:39	00:01:20	00:28:41	01:35:38
<b>70</b>	08:17:20	52	Corinne	Grimes	Female C	40	H		Sprint - Female	00:11:35	00:02:05	00:49:13	00:00:55	00:31:54	01:35:42
71	10:51:40	503	Hayley	Dolan	Female C	43	H		Sprint - Female	00:13:31	00:03:07	00:49:22	00:01:37	00:28:19	01:35:56
72	11:12:20	565	Joanne	Cundiff	Female C	42	H		Sprint - Female	00:12:31	00:02:28	00:48:20	00:00:51	00:31:48	01:35:58
73	10:28:40	434	Norma	Malpass	Female C	45	I		Sprint - Female		00:01:56	00:49:42	00:01:33	00:31:20	01:36:03
74	11:22:20	595	Jackie	McDermott	Female C	45	I		Sprint - Female		00:02:06	00:48:06	00:00:50	00:34:10	01:36:04
75	11:42:20	655	Clare	Louth	Female C	51	J		Sprint - Female	00:12:39		00:48:11	00:01:39	00:31:57	01:36:08
76	10:29:00	435	Karen	Johnson	Female C		K		Sprint - Female	00:13:43		00:48:26	00:01:08	00:27:40	01:36:09
77	11:41:00	651	Alison	Kay	Female C	31	F		Sprint - Female	00:11:09		00:50:22	00:01:18	00:31:02	01:36:16
78	11:34:40	632	Samantha	Ruscoe	Female C	49	I	Tri Preston	Sprint - Female	00:10:10	00:02:31	00:49:05	00:00:00	00:34:31	01:36:17
<b>79</b>	09:10:00	204	Zoe	Baldock	Female C	30	F	Slinky Jamz	Sprint - Female	00:09:01	00:02:13	00:52:29	00:00:54	00:31:42	01:36:19
80	11:31:00		Morgan	Zwijnen		20	C		Sprint - Female			00:48:58	00:00:52		01:36:31
81	10:51:00		Andrea	Lees	Female C		J	Poynton Fitness	Sprint - Female			00:49:37	00:01:34		01:36:56
82	11:11:20		Kayleigh	Bloor	Female C		G		Sprint - Female			00:50:43	00:01:56		01:37:04
83	11:29:00		Ellie	Ashcroft	Female C		C	Crossfit Tyneside	Sprint - Female			00:48:53	00:00:39		01:37:04
84	10:54:20		Wendy	Birkett	Female C		M		Sprint - Female			00:49:52	00:01:52		01:37:07
85	11:15:00		Sophie	Dey	Female C		F		Sprint - Female			00:46:27	00:01:50		01:37:14
86	11:34:20	631	caroline	johnson	Female C	32	F	newcastle tri club	Sprint - Female	00:10:22	00:04:28	00:50:14	00:02:08	00:30:03	01:37:15

Pos	StartTime	Race#	Name	Last Name	Gender A	ge	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
87	10:45:20	484	Melanie	Randall	Female C	47	Ι		Sprint - Female	00:13:40	00:03:02	00:46:47	00:00:55	00:32:56	01:37:20
88	11:38:00	642	Nel	Bere	Female C	28	E		Sprint - Female	00:11:38	00:02:26	00:48:52	00:00:00	00:34:32	01:37:28
89	11:13:20	568	Jude	Taylor	Female C	44	Н	Newcastle Triathlon	Sprint - Female	00:13:21	00:01:48	00:47:23	00:02:16	00:32:46	01:37:34
90	11:06:00	546	Hannah	Lederer	Female C	27	E		Sprint - Female	00:11:05	00:03:28	00:47:32	00:01:29	00:34:13	01:37:47
91	11:00:00	528	Annemarie	Cotton	Female C	55	K	Wibbily Wobbily Wa	Sprint - Female	00:14:44	00:03:59	00:50:40	00:01:16	00:27:08	01:37:47
92	11:26:40	608	Nikki	Christophorou	Female C	40	Н		Sprint - Female	00:12:40	00:02:56	00:49:43	00:01:01	00:31:41	01:38:01
93	11:25:40	606	Emma	Hickson	Female C	44	H	Nantwich Triathlon (	C Sprint - Female	00:11:47	00:02:11	00:47:11	00:01:24	00:35:29	01:38:02
94	11:08:20	553	Karen	Flockhart	Female C	60	L	Wibbily Wobbily Wa	Sprint - Female	00:12:30	00:02:56	00:50:40	00:00:00	00:32:00	01:38:06
95	08:18:40	56	Steph	Hind	Female C	1			Sprint - Female	00:10:48	00:04:01	00:51:01	00:02:02	00:30:42	01:38:34
96	11:04:20	541	Deb	Kemp	Female C	53	J		Sprint - Female	00:12:35	00:03:00	00:49:50	00:00:00	00:33:33	01:38:58
97	11:28:20	613	Danielle	Isaac	Female C	29	E		Sprint - Female	00:09:10	00:02:33	00:50:43	00:01:11	00:35:26	01:39:03
98	11:33:00	627	Imogen	Mitchenall	Female C	22	C		Sprint - Female	00:09:26	00:01:43	00:49:49	00:01:01	00:37:07	01:39:06
99	10:40:00	468	Nicole	Tang	Female C	31	F		Sprint - Female	00:13:12	00:03:17	00:50:50	00:00:52	00:31:16	01:39:27
100	10:36:00	456	Paulina	Majewska	Female C	36	G		Sprint - Female	00:20:04	00:04:06	00:43:43	00:02:30	00:29:30	01:39:53
101	10:36:20	457	Polly	Keber	Female C	46	I		Sprint - Female	00:11:21	00:04:04	00:48:47	00:01:19	00:35:01	01:40:32
102	11:17:00	579	Beatrice	Shepley	Female C	29	E		Sprint - Female	00:11:12	00:03:14	00:52:45	00:01:24	00:32:03	01:40:38
103	11:33:20	628	Bethan	Chadwick	Female C	23	C		Sprint - Female	00:08:35	00:01:31	00:53:42	00:00:44	00:36:16	01:40:48
104	11:11:00		Lucy	Mckeown	Female C	46	I		Sprint - Female		00:03:58	00:54:10	00:01:20	00:29:35	01:40:57
105	10:57:40		Kelly	Bennett	Female C	44	H		Sprint - Female	00:12:23	00:02:49	00:51:03	01:28:45	02:03:29	01:40:59
106	10:45:00	483	Caroline	Helks	Female C	64	L	Misfits	Sprint - Female	00:14:11	00:02:28		00:02:02		01:41:04
107	11:16:20		Elizabeth	Kneale	Female C	42	Н		Sprint - Female	00:10:35		00:54:16		00:32:03	01:41:15
108	10:47:20	490	Heidi	Horton		53	J		Sprint - Female			00:47:47	00:01:18		01:41:24
109	10:27:20	430	Edith	Longden	Female C	60	L		Sprint - Female			00:45:54		00:37:15	01:41:26
110	11:23:00	597	Caroline	Fowler	Female C	40	Н		Sprint - Female			00:54:25		00:34:02	01:41:54
111	10:59:00		Rachel	Sandbrook		57	K	Nantwich Triathlon (				00:49:49		00:34:02	01:42:02
112	10:30:40	440	Hannah	Hayes	Female C	43	H		Sprint - Female			00:55:25		00:28:18	01:42:03
113	10:49:40	497	Hannah	Dale	Female C	33	<u>F</u>		Sprint - Female			00:51:04		00:32:52	01:42:07
114	11:04:40		Jane	Compton	Female C	54	<u>J</u>		Sprint - Female		00:03:49			00:39:48	01:42:25
115	11:41:20		Lucy	Naylor	Female C	18	В		Sprint - Female		00:02:00			00:39:10	01:42:26
116	10:38:20	463	Viane	Favennec	Female C	23	<u>C</u>		Sprint - Female			00:58:17		00:28:39	01:42:40
117	10:27:00	429	Andrea	Livingston	Female C	54	<u>J</u>		Sprint - Female			00:49:51		00:33:54	01:42:50
118	11:01:00		Joanne	Sainsbury	Female C	63	L		Sprint - Female			00:50:34		00:34:29	01:42:53
119	11:22:00	594	Emma	Hynes	Female C	40	H		Sprint - Female			00:52:35		00:32:38	01:43:05
120	10:41:00	470	Chloe	Fox	Female C	33	F		Sprint - Female			00:59:18		00:29:00	01:43:40
121	10:26:40	428	Claire	Oswald	Female C	51	J		Sprint - Female			00:44:30		00:37:17	01:43:42
122	11:23:40		Stephanie	Page	Female C	40	<u>H</u>		Sprint - Female			00:51:53	00:01:08		01:44:38
123	10:57:00		Lorna	Tweed	Female C		<u>H</u>		Sprint - Female			00:48:56			01:44:39
124	11:01:20		Dagmara	Mirska	Female C	45	I		Sprint - Female			00:51:40		00:33:19	01:44:51
125	11:00:40		Jenny	Humphreys	Female C		<u>Н</u>		Sprint - Female			00:51:44		00:35:16	01:44:57
126	12:01:20		Ginny	Samuel	Female C		<u>J</u>	Downton Eitness	Sprint - Female			00:51:03		00:40:07	01:45:27
127	11:05:40 11:20:00		Nicola Lico	Renshaw	Female C		G H	Poynton Fitness	Sprint - Female			00:51:42		00:37:55	01:45:37
128			Lisa Morio	Cairns	Female C	40	<u>Н</u>	Chambury Laggara	Sprint - Female			00:57:31		00:34:42	01:45:39
129	10:30:00		Marie	Speight	Female C	<u>48</u>	I V	Shawbury Joggers	Sprint - Female			00:52:04	00:00:56	00:32:39	01:45:45
130	11:05:20	344	Sue	Dyke	Female C	37	K		Sprint - Female	00:13:34	00:05:29	00:55:24	υυ:υ1:2δ	00:31:37	01:45:52

Pos	StartTime F	Race#	Name	Last Name	Gender A	ge	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
131	11:36:40	638	Jennifer	Rackstraw	Female C	67	M	New Mills	Sprint - Female	00:11:31	00:02:56	00:49:18	00:01:16	00:41:00	01:46:01
132	11:17:40	581	Helen	Stanyer	Female C	41	Н		Sprint - Female	00:10:36	00:03:04	00:49:40	00:02:04	00:40:46	01:46:10
133	10:43:00	477	Ting-Ting	Hu	Female C	31	F		Sprint - Female	00:17:10	00:03:08	00:54:55	00:00:44	00:30:20	01:46:17
134	11:58:40	689	Nikki	Watts	Female C	38	G		Sprint - Female	00:10:55	00:03:07	00:53:12	00:02:16	00:37:08	01:46:38
135	11:12:00	564	Rachel	Roberts	Female C	38	G		Sprint - Female	00:10:48	00:02:45	00:58:31	00:01:09	00:33:29	01:46:42
136	10:47:00	489	Joan	Fleming	Female C	69	M		Sprint - Female	00:16:12	00:02:05	00:48:56	00:01:14	00:38:28	01:46:55
137	11:15:20	574	Tina	Parker	Female C	53	J		Sprint - Female	00:11:31	00:03:05	00:53:17	00:01:25	00:37:37	01:46:55
138	11:40:20	649	Megan	Price	Female C	47	I		Sprint - Female	00:11:17	00:04:38	00:51:12	00:01:06	00:38:50	01:47:03
139	10:58:20	523	Zoe	Clark	Female C	41	H		Sprint - Female	00:11:40	00:02:31	00:57:11	00:01:45	00:34:30	01:47:37
140	11:09:20	556	Sarah	Percy	Female C	44	H		Sprint - Female	00:13:09	00:03:10	00:51:12	00:01:26	00:38:40	01:47:37
141	11:14:40	572	Eirwen	Hughes	Female C	46	I		Sprint - Female	00:12:05	00:02:18	00:46:32	00:00:00	00:46:48	01:47:43
142	10:46:40	488	Amanda	Wilson	Female C	55	K		Sprint - Female	00:13:28	00:04:06	00:48:25	00:01:13	00:40:35	01:47:47
143	11:23:20	598	Ellen	Lawson	Female C	55	K		Sprint - Female	00:12:49	00:03:00	00:49:36	00:03:21	00:39:17	01:48:03
144	11:27:20	610	Sara	Rogers	Female C	56	K		Sprint - Female	00:10:13	00:02:59	00:51:42	00:01:27	00:41:44	01:48:05
145	10:52:20	505	Lindsey	O'Reilly	Female C	46	I		Sprint - Female	00:13:46	00:04:20	00:59:20	00:02:05	00:28:49	01:48:20
146	11:24:00	600	Sharon	Beevers	Female C	51	J		Sprint - Female	00:14:03	00:02:39	00:52:08	00:01:35	00:37:55	01:48:20
147	10:38:40	464	Ashley	Chapman	Female C	32	$\mathbf{F}$		Sprint - Female	00:15:06	00:04:14	00:54:22	00:01:37	00:33:08	01:48:27
148	10:52:00	504	Louisa	Wright	Female C	46	I		Sprint - Female	00:14:23	00:04:05	00:59:21	00:02:04	00:28:45	01:48:38
149	10:31:00	441	Starr	Wilson	Female C	44	H		Sprint - Female	00:12:35	00:04:09	00:57:38	00:01:42	00:32:44	01:48:48
150	11:03:20	538	Alison	Boardman	Female C	41	H		Sprint - Female	00:11:59	00:05:04	00:54:23	00:01:38	00:36:58	01:50:02
151	10:39:40	467	Emma	Fowler	Female C	49	I		Sprint - Female	00:14:04	00:02:43	00:55:39	00:00:00	00:37:49	01:50:15
152	10:37:20	460	Jenny	McCarthy	Female C	54	J		Sprint - Female	00:17:28	00:05:16	00:54:53	00:01:14	00:31:37	01:50:28
153	10:26:00	426	Alison	Scally	Female C	60	L		Sprint - Female	00:14:46	00:04:08	00:53:29	00:00:00	00:38:19	01:50:42
154	10:54:00	510	RACHEL	LEAH	Female C	72	N		Sprint - Female	00:14:05	00:02:48	00:59:20	00:01:25	00:33:40	01:51:18
155	11:15:40	575	Genevieve	Davidson	Female C	54	J		Sprint - Female	00:11:03	00:03:24	01:02:26	00:01:00	00:33:47	01:51:40
156	11:54:20	676	Natalie	Hansford	Female C	40	H		Sprint - Female	00:12:34	00:03:29	00:55:38	00:01:39	00:38:25	01:51:45
157	11:05:00	543	Lynne	Grundy	Female C	62	L		Sprint - Female	00:12:03	00:03:16	00:50:57	00:01:20	00:44:29	01:52:05
158	10:25:20	424	Stephanie	Luisis	Female C	32	F		Sprint - Female	00:16:56	00:03:59	00:54:26	00:03:52	00:33:02	01:52:15
159	11:31:40	623	lisa	holmes	Female C	51	J		Sprint - Female	00:11:56	00:03:42	00:54:18	00:01:38	00:40:47	01:52:21
160	11:35:00	633	Hannah	Gerrard	Female C	26	E		Sprint - Female	00:12:21	00:03:08	01:06:40	00:00:46	00:30:06	01:53:01
161	10:52:40	506	Charissa	Redfern	Female C	42	H		Sprint - Female	00:12:26	00:03:36	00:59:28	00:01:16	00:36:36	01:53:22
162	11:07:00	549	Steph	Jackson	Female C	51	J		Sprint - Female	00:13:37	00:02:25	00:55:59	00:01:00	00:40:26	01:53:27
163	10:48:40	494	Holly	Harper-Reilly	Female C	54	J	TnT	Sprint - Female	00:13:24	00:04:01	01:01:16	00:01:03	00:33:46	01:53:30
164	10:37:40	461	Bernie	Turnbull-Smith	Female C	36	G		Sprint - Female	00:15:52	00:03:49	00:56:58	00:01:44	00:35:12	01:53:35
165	10:29:20	436	Jill	Howe	Female C	53	J		Sprint - Female	00:14:08	00:04:07	00:55:12	00:01:31	00:38:48	01:53:46
166	11:08:40	554	Grace	Waters	Female C	23	C		Sprint - Female	00:12:44	00:02:42	00:54:18	00:01:21	00:42:55	01:54:00
167	10:25:40	425	Jane	Oakley	Female C	50	J	Nantwich Triathlon C	Sprint - Female	00:16:11	00:03:42	00:54:31	00:01:14	00:38:41	01:54:19
168	11:09:40	557	Katie	Paxton	Female C	57	K		Sprint - Female		00:03:08	00:58:58	00:01:16	00:37:44	01:54:26
169	10:37:00	459	Sal	White	Female C	59	K		Sprint - Female	00:16:41	00:04:00	00:53:17	00:01:33	00:39:02	01:54:33
170	10:45:40	485	Gaby	Crolla	Female C	60	L		Sprint - Female		00:05:58	00:54:46	00:00:00	00:39:34	01:54:37
171	12:03:00	702	Rebecca	Edwards	Female C	45	I		Sprint - Female	00:13:00	00:03:09	01:00:20	00:01:14	00:36:59	01:54:42
172	11:00:20	529	Catherine	Davies	Female C	61	L	N/A	Sprint - Female	00:15:23	00:06:26	00:57:30	00:01:21	00:34:24	01:55:04
173	11:19:20	586	Helen	Leather	Female C	56	K	Warrington Running	Sprint - Female	00:13:27		00:49:57	00:01:10		01:55:07
174	11:21:40	593	Vicky	Peat	Female C	46	I		Sprint - Female	00:13:30	00:03:05	00:49:21	00:02:07	00:47:20	01:55:23

Pos	StartTime	Race#	Name	Last Name	Gender A	ge	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
175	11:03:00	537	Isha	Edwards-Joshi	Female C	33	F	Biddulph tris	Sprint - Female	00:15:41	00:04:13	00:59:05	00:01:34	00:35:14	01:55:47
176	11:07:40	551	Zoe	Glossop	Female C	54	J	Glossop Triathlon Cl	Sprint - Female	00:13:40	00:04:07	00:54:50	00:02:46	00:40:35	01:55:58
177	11:12:40	566	Claire	Carmichael	Female C	50	J		Sprint - Female	00:14:14	00:04:03	00:56:06	00:01:30	00:40:22	01:56:15
178	10:53:00	507	Kirsty	Jones	Female C	39	G		Sprint - Female	00:11:14	00:04:34	00:59:28	00:01:28	00:39:51	01:56:35
179	10:30:20	439	Angharad	Hayes	Female C	47	I		Sprint - Female	00:17:54	00:03:33	00:54:24	00:01:42	00:39:39	01:57:12
180	10:31:20	442	Heather	Mansfield	Female C	40	H		Sprint - Female	00:15:10	00:05:13	00:59:13	00:00:54	00:38:24	01:58:54
181	11:10:40	560	Vicki	Dunning	Female C	52	J		Sprint - Female	00:13:33	00:02:30	00:56:48	00:02:26	00:43:49	01:59:06
182	10:39:00	465	Janine	Yazdi-Doughty	Female C	38	G		Sprint - Female	00:11:22	00:02:06	01:17:35	00:01:04	00:28:51	02:00:58
183	10:46:00	486	Lucy	Cole	Female C	48	I	Cole	Sprint - Female	00:14:23	00:04:28	01:00:09	00:01:37	00:41:19	02:01:56
184	11:19:00	585	Frances	Derricutt	Female C	26	E		Sprint - Female	00:10:05	00:05:21	01:09:09	00:01:18	00:37:40	02:03:33
185	11:59:00	690	Lynne	Stewart	Female C	53	J		Sprint - Female	00:15:39	00:03:14	00:55:45	00:01:13	00:48:35	02:04:26
186	10:49:20	496	Paula	Carroll	Female C	60	$\mathbf{L}$		Sprint - Female	00:16:14	00:04:22	00:58:55	00:01:24	00:44:04	02:04:59
187	11:01:40	533	Virginie	Davies	Female C	47	I		Sprint - Female	00:15:45	00:03:35	01:03:50	00:01:14	00:40:43	02:05:07
188	11:27:00	609	Alison	Wright	Female C	39	G		Sprint - Female	00:10:22	00:02:32	00:59:03	00:01:11	00:52:14	02:05:22
189	10:56:20	517	Sarah	Barnes-Walsh	Female C	41	H		Sprint - Female	00:14:03	00:04:30	00:58:02	00:05:10	00:43:57	02:05:42
190	10:59:20	476	Busisiwe	Kirk	Female C	31	F		Sprint - Female	00:13:12	00:13:48	01:27:20	00:01:20	00:40:48	02:08:52
191	10:35:40	455	Carly	Barton	Female C	35	G		Sprint - Female	00:12:51	00:02:50	01:12:03	00:00:58	00:40:43	02:09:25
192	10:39:20	466	Karen	Evans	Female C	55	K		Sprint - Female	00:16:28	00:03:55	01:06:11	00:01:36	00:42:11	02:10:21
193	10:40:20	469	Jennifer	Owen	Female C	40	H		Sprint - Female	00:14:57	00:04:31	01:06:51	00:01:04	00:44:24	02:11:47
194	07:45:00	5	Maureena	John	Female C	50	J	Nantwich Triathlon c	l Sp <mark>rint - Female</mark>	00:19:28	00:07:10	01:01:36	00:02:01	00:45:49	02:16:04