

# Super Sprint - Female Category

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:19:45	734	Laura	Kendall	Female	C 38	G		Super Sprint -	00:03:57	00:01:43	00:46:19	00:00:00	00:16:37	01:08:36
2	12:17:00	723	Lauren	Williamson	Female	C 36	G		Super Sprint -	00:05:10	00:01:59	00:46:27	00:00:46	00:15:41	01:10:03
3	12:18:30	729	Elaine	Holden	Female	C 61	L	HOLDEN	Super Sprint -	00:05:21	00:01:12	00:46:14	00:01:25	00:16:53	01:11:05
4	12:17:30	725	Heike	Chapman	Female	C 53	J	Newcastle (Staff) Tria	Super Sprint -	00:03:51	00:01:48	00:48:56	00:00:55	00:15:55	01:11:25
5	12:17:15	724	Ruth	Seneviratne-Bratt	Female	C 42	H		Super Sprint -	00:04:23	00:02:01	00:48:06	00:00:42	00:17:29	01:12:41
6	12:20:00	735	Jenny	Davies	Female	C 48	I		Super Sprint -	00:04:26	00:01:52	00:52:31	00:00:48	00:13:38	01:13:15
7	12:21:15	740	Marie	Belmar	Female	C 45	I		Super Sprint -	00:04:29	00:01:38	00:52:25	00:00:50	00:14:04	01:13:26
8	12:17:45	726	Alison	Lawrence	Female	C 27	E		Super Sprint -	00:04:07	00:01:54	00:47:36	00:01:31	00:18:25	01:13:33
9	12:20:15	736	Elaine	Hindle	Female	C 52	J		Super Sprint -	00:04:43	00:02:17	00:47:23	00:01:42	00:17:57	01:14:02
10	12:25:15	756	Annette	Cumbo	Female	C 46	I		Super Sprint -	00:04:57	00:02:31	00:47:52	00:00:57	00:17:54	01:14:11
11	12:25:45	758	Anna	Iamkamphaeng	Female	C 36	G		Super Sprint -	00:04:37	00:01:41	00:51:56	00:00:57	00:16:45	01:15:56
12	12:18:45	730	Katy	goodwin	Female	C 43	H	Newcastle (staffs) tria	Super Sprint -	00:05:38	00:01:38	00:51:43	00:00:38	00:16:24	01:16:01
13	12:18:15	728	Lydia	Bass	Female	C 29	E		Super Sprint -	00:05:11	00:02:24	00:52:05	00:00:53	00:15:46	01:16:19
14	12:22:00	743	Jill	Rees	Female	C 52	J		Super Sprint -	00:05:46	00:03:50	00:51:36	00:01:01	00:14:56	01:17:09
15	12:19:00	731	Alex	Lewis	Female	C 40	H	newcastle (staffs) triat	Super Sprint -	00:04:58	00:01:14	00:54:11	00:00:51	00:19:30	01:20:44
16	12:32:45	737	Kathryn	Oldham	Female	C 44	H		Super Sprint -	00:04:21	00:03:59	00:54:49	00:00:52	00:17:42	01:21:43
17	12:18:00	727	Louise	Forwood	Female	C 58	K		Super Sprint -	00:03:55	00:02:49	00:54:51	00:01:12	00:20:29	01:23:16
18	12:22:30	745	Lesley	Leng	Female	C 59	K		Super Sprint -	00:05:11	00:02:33	00:57:19	00:00:54	00:19:07	01:25:04
19	12:25:30	757	Jo	Pybus	Female	C 50	J		Super Sprint -	00:05:09	00:02:08	00:59:06	00:00:58	00:17:44	01:25:05
20	12:25:00	755	Katie	Harvey	Female	C 38	G	StokeFit	Super Sprint -	00:05:18	00:05:25	00:59:16	00:01:07	00:15:01	01:26:07
21	12:19:30	733	Kat	Stock	Female	C 43	H	N/A	Super Sprint -	00:04:24	00:02:38	00:57:10	00:02:29	00:20:58	01:27:39
22	12:24:15	752	Isabel	Hughes	Female	C 26	E	A Tri-be called Quest	Super Sprint -	00:05:51	00:03:32	00:55:52	00:02:02	00:20:54	01:28:11
23	12:20:45	738	Kate	Chesters	Female	C 26	E		Super Sprint -	00:04:43	00:02:19	00:59:38	00:01:09	00:21:53	01:29:42
24	12:22:15	744	Mary	Bendall	Female	C 66	M		Super Sprint -	00:05:24	00:02:19	01:05:45	00:00:44	00:17:12	01:31:24
25	12:26:15	760	Ruth	Murray	Female	C 72	N		Super Sprint -	00:09:23	00:03:14	00:55:36	00:01:28	00:21:56	01:31:37
26	12:23:00	747	Jane	Chesters	Female	C 59	K		Super Sprint -	00:04:35	00:04:08	01:01:24	00:01:47	00:22:03	01:33:57
27	12:24:30	753	Jackie	Jameson	Female	C 47	I	A Tri-be called Quest	Super Sprint -	00:07:46	00:03:40	00:59:48	00:01:20	00:22:20	01:34:54
28	12:22:45	746	Mary	Hayden-Frazer	Female	C 71	N	Warrington Triathlon	Super Sprint -	00:07:25	00:03:25	01:00:54	00:03:21	00:23:31	01:38:36
29	12:23:45	750	Karen	Edwards	Female	C 56	K		Super Sprint -	00:05:20	00:04:18	01:07:19	00:02:09	00:19:52	01:38:58
30	12:23:30	749	Claire	Young	Female	C 56	K		Super Sprint -	00:04:44	00:05:07	01:07:19	00:02:09	00:19:53	01:39:12
31	12:21:00	739	Joan	Deakin	Female	C 64	L	Nantwich Triathlon cl	Super Sprint -	00:06:11	00:04:50	01:24:18	00:08:25	00:33:02	01:59:56