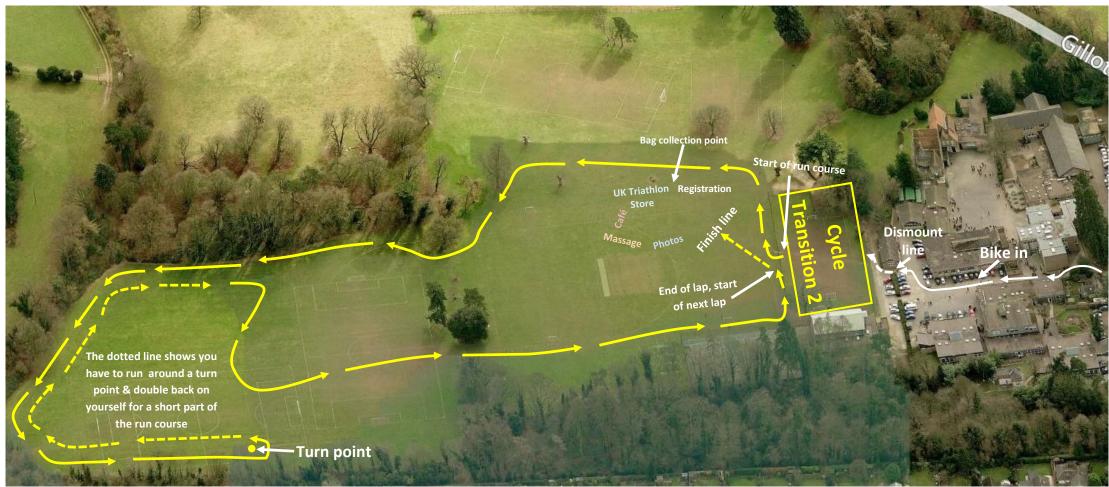


Henley - Run Course



Run Course information

➤ One lap of the run course = 1.25k

➤ Sprint and Relay x 4 laps = 5k

➤ Super Sprint & Fun x 2 laps = 2.5k

> The whole of the run course will be post and taped.

> The whole of the run course is on good compact grass and is mainly flat.