## 10k

1	09:00:00	<b>75</b>	Carrie	Hoskins	Female	50			10k	00:42:55
2	09:00:00	267	Abby	Ross	Female	43	A	Haywards Heath	10k	00:45:18
3	09:00:00	135	Julie	Rainbow	Female	53			10k	00:47:18
4	09:00:00	<b>377</b>	Melanie	Kite	Female	36		Crawley	10k	00:48:03
5	09:00:00	393	Rose	Baker	Female	54			10k	00:48:39
6	09:00:00	263	LASMA	RACKAUSKA	Female	29		London	10k	00:48:44
7	09:00:00	384	Nicky	Yeates	Female	61	C	Arena 80	10k	00:49:05
8	09:00:00	367	Kirsty	Duff	Female	28		Haslemere	10k	00:49:07
9	09:00:00	389	Kristine	Sherry	Female	30			10k	00:49:19
10	09:00:00	394	Angelina	Smy	Female	35			10k	00:50:31
11	09:00:00	<b>56</b>	Bernadette	Pelling	Female	41	A	Brighton	10k	00:50:33
12	09:00:00	284	Alice	Watson	Female	23		Aylesford	10k	00:51:50
13	09:00:00	294	Julia	Hammond	Female	38		Chichester runners	10k	00:52:19
14	09:00:00	204	Anne	Anscomb	Female	63	C	Uckfield	10k	00:52:26
15	09:00:00	210	Erin	Blunden	Female	27		Hove	10k	00:52:37
16	09:00:00	240	Sarah	Kennedy	Female	27		Uckfield	10k	00:52:48
17	09:00:00	208	Ria	Binney	Female	34		Runpals	10k	00:53:11
18	09:00:00	392	Mary	Reeves	Female	56			10k	00:53:35
19	09:00:00	216	Rosie	Briggs	Female	25		Hassocks	10k	00:53:47
20	09:00:00	202	karly	townsend	Female	36		Eastbourne	10k	00:54:33
21	09:00:00	387	Cathy	Beresford	Female	28			10k	00:54:35
22	09:00:00	236	Anna	Hutchings	Female	37		Brighton	10k	00:55:36
23	09:00:00	248	Louise	Martindale	Female	30		Brighton	10k	00:55:38
24	09:00:00	266	Adela	Roman	Female	28		Eastbourne	10k	00:56:10
25	09:00:00	286	Natalie	Wettergren	Female	23		Brighton	10k	00:56:16
<b>26</b>	09:00:00	49	Sophie	Minto	Female	23		Bath	10k	00:56:56
27	09:00:00	398	Tracey	Thornton	Female	48			10k	00:57:13
28	09:00:00	268	Angharad	Rosser	Female	40	A	Seaford	10k	00:57:50
29	09:00:00	381	Claire	Allsop	Female	44	A	Vegan Runners UK	10k	00:58:16
30	09:00:00	287	Miranda	Wilkinson	Female	40	A	Brighton	10k	00:58:18
31	09:00:00	<b>376</b>	Laura	Venning	Female	35		London	10k	00:58:37
32	09:00:00	241	Jane	King	Female	41	A	Seaford	10k	00:59:04
33	09:00:00	259	Zoe	Payne	Female	35		Brighton	10k	00:59:07
34	09:00:00	297	Miranda	Morley	Female	45	A	Horsham joggers	10k	00:59:23

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10k: Female

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35	09:00:00	265	Nina	Richards	Female	29		Lewes	10k	00:59:25
36	09:00:00	7	Lizi	Atkinson	Female	26		Chichester	10k	00:59:28
37	09:00:00	227	Kimberley	Elkins	Female	28		Eastleigh	10k	00:59:42
38	09:00:00	380	Lauren	Coleman	Female	35		<b>Hastings Runners</b>	10k	00:59:53
39	09:00:00	245	Sandra	mackenzie	Female	36		Horley	10k	00:59:57
40	09:00:00	253	Sara	Nunn	Female	29		Chichester	10k	01:00:06
41	09:00:00	282	Bronwyn	Van der Meer	Female	41	A		10k	01:00:23
42	09:00:00	213	Sophie	Bramley	Female	37		Haywards Heath	10k	01:01:01
43	09:00:00	293	Ellie	Goss	Female	17			10k	01:01:06
44	09:00:00	<b>62</b>	Faye	Roll	Female	43	A	Pevensey bay	10k	01:01:08
45	09:00:00	277	Leila	Swansborough	Female	29		Leila Swansborough	10k	01:01:13
46	09:00:00	272	Louisa	Scott	Female	22		<b>Burgess Hill</b>	10k	01:01:19
47	09:00:00	378	sarah	taylor	Female	31		oxted	10k	01:01:36
48	09:00:00	231	Kim	Gardner	Female	40	A	Basingstoke	10k	01:01:40
49	09:00:00	374	Sarah	<b>Howitt-Jones</b>	Female	42	A	Brighton	10k	01:02:05
50	09:00:00	257	Lucy	Pattenden	Female	42	A	BRIGHTON	10k	01:02:23
51	09:00:00	366	Kim	Hunt	Female	37		Seaford	10k	01:02:25
52	09:00:00	373	Susie	Williamson	Female	37		Reigate	10k	01:02:40
53	09:00:00	251	Rachelle	Metcalfe	Female	50	B	Brighton	10k	01:02:41
54	09:00:00	211	Kim	Boersma	Female	45	A	<b>Hayward Heath</b>	10k	01:02:50
55	09:00:00	254	Sarah	O'Donoghue	Female	47	A	Hassocks	10k	01:03:57
56	09:00:00	219	Leanne	Clark	Female	45	A	Hove	10k	01:04:01
57	09:00:00	242	Natalie	King	Female	25		Brighton	10k	01:04:36
58	09:00:00	258	Lucy	Payne	Female	35		Ringmer	10k	01:04:40
59	09:00:00	280	Cindy	Tsang-wylie	Female	45	A	Brighton	10k	01:05:31
60	09:00:00	22	Natasha	Collins	Female	22		England	10k	01:05:32
61	09:00:00	223	Sacha	Curtecka	Female	28		Brighton	10k	01:05:35
<b>62</b>	09:00:00	<b>261</b>	Patchouli	Phillips	Female	17		LYMINGTON	10k	01:05:37
63	09:00:00	233	Victoria	Goldsmith	Female	28		hastings	10k	01:05:47
64	09:00:00	<b>296</b>	Kerry	Moran	Female	37		<b>Hove Hornets</b>	10k	01:05:54
65	09:00:00	382	Gina	Allsop	Female	43	A	VEGAN RUNNERS	10k	01:05:56
66	09:00:00	239	Sally	Johnson	Female	56	B	Eastbourne	10k	01:06:19
67	09:00:00	224	Marta	Daniel	Female	37		Bournemouth	10k	01:07:23
68	09:00:00	247	Hayley	Maisey	Female	36		SEAFORD	10k	01:07:26
69	09:00:00	226	Amy	Dunning	Female	24		Brighton	10k	01:08:21

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10k: Female

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<b>70</b>	09:00:00	390	Lauren	Morgan	Female	23			10k	01:08:28
<b>71</b>	09:00:00	260	Caroline	Perry	Female	49	A	Portsmouth	10k	01:09:10
72	09:00:00	43	Katharyn	Lanaro	Female	0		Brighton	10k	01:09:51
<b>73</b>	09:00:00	275	Bethany	Soliman	Female	15		Shoreham by sea	10k	01:10:12
74	09:00:00	365	Phyllis	Sammars	Female	65	$\mathbf{C}$	Seaford	10k	01:10:44
75	09:00:00	285	Leigh-Anne	Wells	Female	24		Peacehaven	10k	01:11:26
<b>76</b>	09:00:00	225	Yones	De Castro	Female	28		Eastbourne	10k	01:11:49
77	09:00:00	292	Victoria	Curtis	Female	43	A	Run Horsham	10k	01:13:02
<b>78</b>	09:00:00	<b>59</b>	Minoka	Radhakrishnan	Female	30			10k	01:13:22
<b>79</b>	09:00:00	222	Theresa	Cuddeford	Female	55	В		10k	01:13:30
80	09:00:00	281	Lucy	Tucknott	Female	47	A	Remember Spencer	10k	01:14:10
81	09:00:00	278	Karin	Taylor	Female	56	В	Heathfield	10k	01:14:15
82	09:00:00	215	Susan	Bresnahan	Female	57	В	Heathfield	10k	01:14:16
83	09:00:00	289	Megan	Wynes	Female	41	A	Megan Wynes	10k	01:14:26
84	09:00:00	42	Kathryn	Kutter	Female	37		Hove	10k	01:14:36
85	09:00:00	270	Carla	Sandalls	Female	27		Lewes	10k	01:14:44
86	09:00:00	<b>70</b>	sharni	walker	Female	41	A	Eastbourne	10k	01:15:12
<b>87</b>	09:00:00	385	Sophie	Harrison	Female	37		London	10k	01:15:14
88	09:00:00	218	Zara	Chalcraft	Female	44	A	<b>Upper Beeding</b>	10k	01:15:22
89	09:00:00	295	Emma	Knight	Female	47	A	<b>Hove Hornets</b>	10k	01:16:08
90	09:00:00	369	Louise	Sowry	Female	32		Eastbourne	10k	01:16:23
91	09:00:00	33	Gemma	Harman	Female	34		Bosh	10k	01:16:44
92	09:00:00	274	Helen	Smith	Female	41	A	Brighton	10k	01:20:28
93	09:00:00	243	Rhinnon	Kirby	Female	25		Eastbourne	10k	01:22:35
94	09:00:00	20	Charlie	Chesman	Female	25		Henfield	10k	01:26:54
95	09:00:00	3	Karla	Marchant	Female	49	A	Lancing	10k	01:28:33
96	09:00:00	271	Adele	Sandalls	Female	24		Lewes	10k	01:29:02
<b>97</b>	09:00:00	230	KAREN	FRANCIS	Female	51	В	TEAM WRAS	10k	01:44:29
98	09:00:00	623	Bryony	Smith	Female	37		Polegate	10k	02:25:11