## 10k

1	09:00:00	<b>397</b>	Joshua	Mead	Male	22			10k	00:38:30
2	09:00:00	328	Matthew	King	Male	38		Haywards Heath Har	10k	00:39:00
3	09:00:00	359	Ross	Brocklehurst	Male	37		Eastbourne Rovers A	10k	00:39:29
4	09:00:00	372	Nicholas	Dawson	Male	28			10k	00:39:39
5	09:00:00	<b>379</b>	Tom	Taylor	Male	28		Oxted	10k	00:40:35
6	09:00:00	198	Peter	Whitworth	Male	81		Brighton	10k	00:41:32
7	09:00:00	299	John	Jones	Male	39		Brighton	10k	00:42:35
8	09:00:00	391	Jamie	Zucker	Male	35			10k	00:42:48
9	09:00:00	347	TOMMY	SANG	Male	30		Brighton	10k	00:46:05
10	09:00:00	93	Brendan	Blackwell	Male	43	A	Horley	10k	00:46:15
11	09:00:00	346	Dean	Sanders	Male	54	B	Brighton	10k	00:46:28
12	09:00:00	386	Chris	Wilson	Male	56	B	Liss Runners	10k	00:46:37
13	09:00:00	360	Matthew	Cawthra	Male	29		<b>Burgess Hill Runners</b>	10k	00:46:47
14	09:00:00	309	Chris	Busse	Male	28		Uckfield	10k	00:47:32
15	09:00:00	396	Gary	Holford	Male	57			10k	00:48:26
16	09:00:00	344	Yon	Roth	Male	54	B	Hove	10k	00:49:16
17	09:00:00	334	Simon	McMillan	Male	38		NSPCC	10k	00:49:17
18	09:00:00	306	James	Attrill	Male	29		Isle of Wight	10k	00:49:41
19	09:00:00	124	Michael	Harman	Male	40	A	Bosh	10k	00:50:51
20	09:00:00	363	Jonny	Maxfield	Male	35		<b>Hove Hornets</b>	10k	00:51:39
21	09:00:00	326	Rob	Jordan	Male	42	A	<b>Haywards Heath</b>	10k	00:51:44
22	09:00:00	357	Malcolm	Young	Male	42	A		10k	00:52:00
23	09:00:00	331	Leigh	Larkin	Male	30		Eastbourne	10k	00:52:30
24	09:00:00	<b>350</b>	Steven	Stanfield	Male	59	B	Cancer Research UK	10k	00:52:43
25	09:00:00	324	Darren	Hobbins	Male	38		Portsmouth	10k	00:52:46
<b>26</b>	09:00:00	303	James	Rhodes	Male	34		Brighton	10k	00:52:57
27	09:00:00	395	Adam	Haigh	Male	36			10k	00:53:15
28	09:00:00	383	Matt	Coyne	Male	37		RunPals	10k	00:53:17
29	09:00:00	310	Mark	Carr	Male	58	B	Southwick	10k	00:53:30
30	09:00:00	335	Huw	Millington	Male	46	A		10k	00:54:26
31	09:00:00	298	Marc	Bridges	Male	43	A	Newhaven	10k	00:55:21
32	09:00:00	<b>370</b>	Richard	Hughes	Male	66	C	Hove	10k	00:55:43
33	09:00:00	311	Stuart	clifford	Male	45	A	Ford Arundel	10k	00:55:59
34	09:00:00	304	Shaun	Skipper	Male	26		Brighton	10k	00:56:08

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10k: Male

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35	09:00:00	351	Grady	Steer	Male	24		Brighton	10k
36	09:00:00	128	James	Haybyrne	Male	30		Haywards heath	10k
<b>37</b>	09:00:00	99	Jonathan	Brown	Male	31		<b>Good Hope Hospital</b>	10k
38	09:00:00	316	Colin	Davenport	Male	42	A	Redditch	10k
39	09:00:00	355	Tim	Vincent	Male	39		Lewes	10k
40	09:00:00	314	Antony	Cox	Male	41	A	Peacehaven	10k
41	09:00:00	<b>307</b>	TIMOTHY	BEDEAU	Male	49	A	Hove	10k
42	09:00:00	325	James	Hurst	Male	35		Lewes	10k
43	09:00:00	320	Sim	Elliott	Male	56	В	Brighton	10k
44	09:00:00	83	Shane	Lightley	Male	37		Hassocks	10k
45	09:00:00	318	Grant	Edwards	Male	27		CROWBOROUGH	10k
46	09:00:00	<b>371</b>	Matthew	Strowger	Male	45	A	Sussex	10k
47	09:00:00	362	Lee	Hilton	Male	52	В	26.2 RRC	10k
48	09:00:00	353	Glenn	Tomlin	Male	44	A	Redhill	10k
49	09:00:00	195	Simon	Van Dyk	Male	43	A	Peacehaven	10k
50	09:00:00	151	ross	mackenzie	Male	42	A	Horley	10k
51	09:00:00	317	Jason	Eames	Male	44	A	Hailsham	10k
52	09:00:00	340	Andrew	Phillips	Male	46	A	LYMINGTON	10k
53	09:00:00	322	Sean	Gallagher	Male	14		Brighton	10k
54	09:00:00	90	Joe	Birch	Male	28		Shoreham-by-sea	10k
55	09:00:00	302	Geunyun	Park	Male	34		EastBourne	10k
56	09:00:00	<b>187</b>	Chris	Tait	Male	46	A	Southampton	10k
57	09:00:00	89	Tom	Bartlett	Male	28		<b>Carshalton Beeches</b>	10k
58	09:00:00	<b>356</b>	TREVOR	WEEKS	Male	46	A	TEAM WRAS	10k
59	09:00:00	333	Martin	Mcfadden	Male	29		Sutton	10k
60	09:00:00	319	Marcus	Edwards	Male	28		Lewes	10k
61	09:00:00	337	steven	norman	Male	57	В	crawley	10k
62	09:00:00	323	Simon	Harris	Male	54	В	Portsmouth	10k
63	09:00:00	329	Terry	Krejzl	Male	50	В	Lewes	10k
64	09:00:00	358	paul	frisby	Male	67	C	crawley	10k
65	09:00:00	368	Thomas	Sowry	Male	36		Eastbourne	10k
66	09:00:00	315	Gerard	Cuddeford	Male	54	В	Peacehaven	10k
<b>67</b>	09:00:00	300	Matt	Keefe	Male	37		Brighton	10k
68	09:00:00	321	Rob	Fairbairn	Male	47	A	Brighton	10k
69	09:00:00	361	martyn	greaves	Male	62	C	fittleworth flyers	10k

00:56:15 00:56:23 00:56:25 00:56:33 00:57:05 00:57:17 00:57:42 00:57:55 00:57:59 00:58:40 00:58:43 00:58:51 00:59:02 01:00:05 01:00:08 01:00:15 01:01:43 01:02:03 01:02:36 01:02:58 01:04:30 01:06:16 01:06:40 01:07:07 01:07:16 01:08:23 01:08:38 01:09:12 01:10:52 01:11:20 01:16:21 01:18:52 01:20:24 01:20:26 01:23:41 70 09:00:00 343 christopher riddington Male 34 TEAM WRAS 10k 01:44:32