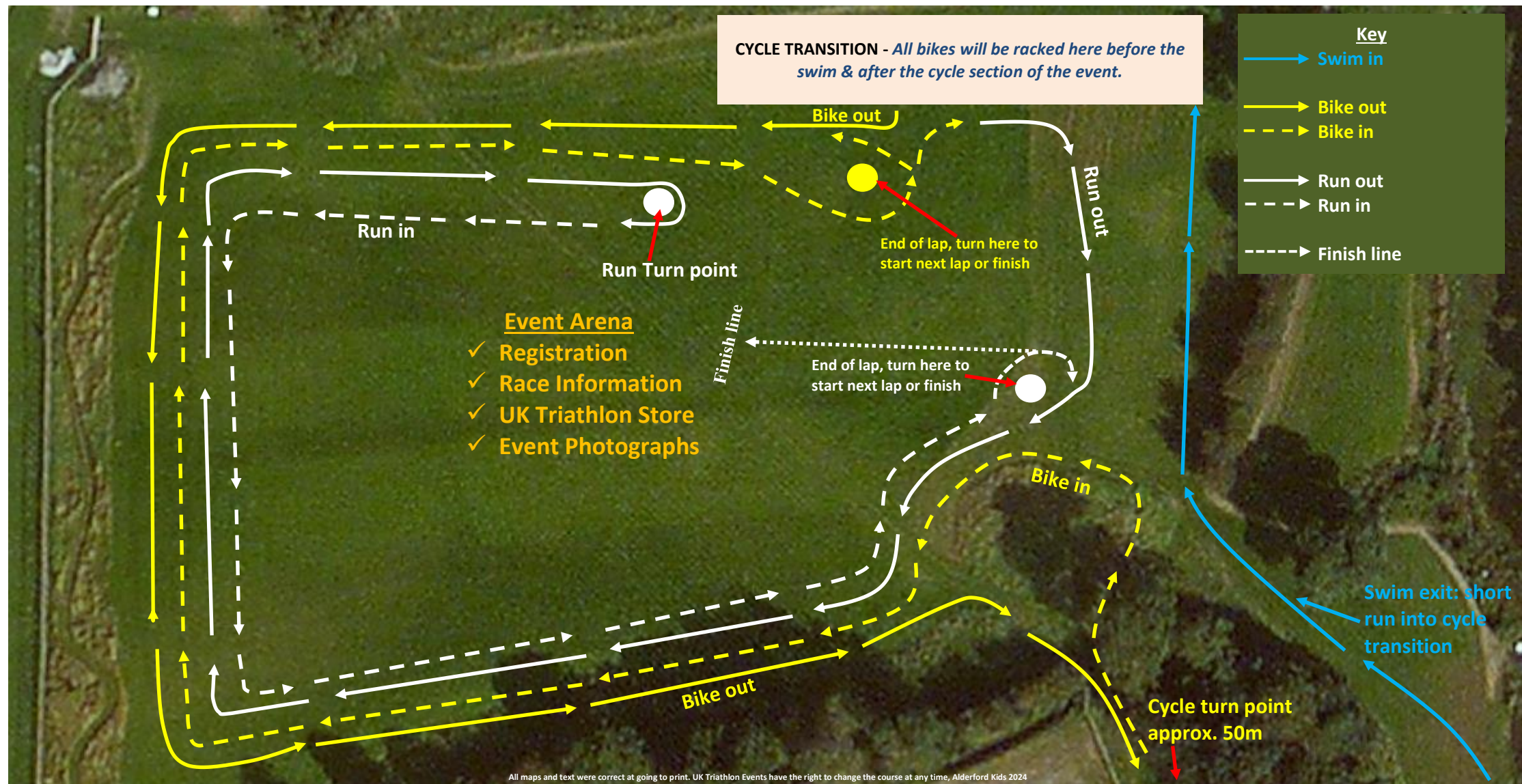


Alderford Fun Kids Triathlon

Bike & Run Course



- The whole of the bike & run course is short grass, it is flat as well as being inside the grounds of Alderford Lake, making it safe for the children
- The whole of the bike & run course will be post & taped, making it easy for the children to navigate