



## FEMALE CATEGORY

Take part in 3 or more qualifying UK Triathlon Events in 2025 and see if you can win your age group or even the entire League.

**Your 3 highest scoring events will automatically count as your total score.**

The more events you do increases your chances of a better score.

**Any Sprint or Olympic qualifies.**

*Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.*

[illegible]

|    |                 |   |                         |     |     |   |
|----|-----------------|---|-------------------------|-----|-----|---|
| 18 | Gillian Snelson | J |                         | 971 | 971 | 1 |
| 19 | Rachel Jones    | E |                         | 965 | 965 | 1 |
| 20 | Tasha Chandler  | G | Solihull Triathlon Club | 964 | 964 | 1 |
| 21 | Janet Pomfret   | L |                         | 959 | 959 | 1 |
| 22 | Bridget Gould   | G | Team Cherwell           | 957 | 957 | 1 |
| 23 | Annabel Estlin  | E |                         | 953 | 953 | 1 |
| 24 | Amanda Vigus    | G |                         | 949 | 949 | 1 |
| 25 | Rebecca Harkess | F |                         | 947 | 947 | 1 |
| 26 | Vicky Wilkinson | H | Telford Tri             | 942 | 942 | 1 |
| 27 | Sian Williamson | E |                         | 941 | 941 | 1 |
| 28 | Liz Morris      | G |                         | 935 | 935 | 1 |
| 29 | Kelly Knight    | H | Your Tri Mentor         | 935 | 935 | 1 |
| 30 | Jane Murphy     | I |                         | 929 | 929 | 1 |
| 31 | Rebecca McCall  | J |                         | 928 | 928 | 1 |
| 32 | Kate Barnes     | F |                         | 924 | 924 | 1 |
| 33 | Lucy Zimmerman  | E |                         | 920 | 920 | 1 |
| 34 | Mary Reeves     | L |                         | 918 | 918 | 1 |
| 35 | Lucy Abell      | E | BRAT                    | 913 | 913 | 1 |
| 36 | Alex Whittaker  | F |                         | 912 | 912 | 1 |
| 37 | Hayley Green    | F |                         | 906 | 906 | 1 |
| 38 | Daisy Draper    | E |                         | 906 | 906 | 1 |
| 39 | Louise Stanway  | H |                         | 900 | 900 | 1 |
| 40 | Lucy Browning   | F |                         | 899 | 899 | 1 |
| 41 | Laura Finch     | F |                         | 891 | 891 | 1 |
| 42 | Vicky Stewart   | H |                         | 888 | 888 | 1 |
| 43 | Sasha Pendleton | E |                         | 884 | 884 | 1 |
| 44 | Claire Phillips | I |                         | 882 | 882 | 1 |
| 45 | Katie Winstone  | E | CGPC                    | 877 | 877 | 1 |

|    |                    |   |                            |     |     |   |
|----|--------------------|---|----------------------------|-----|-----|---|
| 46 | Annabel James      | D |                            | 877 | 877 | 1 |
| 47 | Joanne Allen       | K |                            | 871 | 871 | 1 |
| 48 | Sophie Ward        | E | Wimbledon Windmilers       | 870 | 870 | 1 |
| 49 | Danielle Hill      | E |                            | 865 | 865 | 1 |
| 50 | Caroline Gionis    | K | Stratford Triathlon Club   | 862 | 862 | 1 |
| 51 | Florence Griffiths | E |                            | 859 | 859 | 1 |
| 52 | Lily Keen          | D |                            | 855 | 855 | 1 |
| 53 | Marcia Archer      | J |                            | 853 | 853 | 1 |
| 54 | Sarah Riley        | G |                            | 848 | 848 | 1 |
| 55 | Angie Morley       | F |                            | 847 | 847 | 1 |
| 56 | Jenny Babb         | F |                            | 841 | 841 | 1 |
| 57 | Stacey Handy       | F |                            | 841 | 841 | 1 |
| 58 | Georgina Chattaway | K | WVTRI                      | 833 | 833 | 1 |
| 59 | Sonia Orsucci      | F |                            | 829 | 829 | 1 |
| 60 | Clare Spencer      | H |                            | 824 | 824 | 1 |
| 61 | Amanda Dodge       | I | JBR Run & Tri Club         | 819 | 819 | 1 |
| 62 | Charmayne Brierley | K |                            | 818 | 818 | 1 |
| 63 | Karen Jones        | K |                            | 812 | 812 | 1 |
| 64 | Helen Buncey       | G |                            | 812 | 812 | 1 |
| 65 | Olwen Seward       | F |                            | 806 | 806 | 1 |
| 66 | Abigail Wilkes     | G |                            | 805 | 805 | 1 |
| 67 | Kayleigh Bloor     | G |                            | 800 | 800 | 1 |
| 68 | Esther Phipp       | J | North Cotswold Tri and Run | 797 | 797 | 1 |
| 69 | Kerry Doherty      | J |                            | 794 | 794 | 1 |
| 70 | Anne Hubscher      | F |                            | 790 | 790 | 1 |
| 71 | Charlotte Ashworth | I |                            | 788 | 788 | 1 |
| 72 | Dawn Pincott       | K |                            | 783 | 783 | 1 |
| 73 | Hannah Nevill      | E |                            | 782 | 782 | 1 |

|     |                    |                              |     |     |   |
|-----|--------------------|------------------------------|-----|-----|---|
| 74  | Nicola Martin      | J                            | 777 | 777 | 1 |
| 75  | Helen Stevens      | G                            | 776 | 776 | 1 |
| 76  | Victoria Hammond   | H                            | 771 | 771 | 1 |
| 77  | Karen Hatton       | L    Knutsford Tri Club      | 768 | 768 | 1 |
| 78  | Katie Lancaster    | G                            | 765 | 765 | 1 |
| 79  | Abigail Brotherton | G                            | 761 | 761 | 1 |
| 80  | Pippa Ullah        | E                            | 759 | 759 | 1 |
| 81  | Alexis Tonkin      | E    Bicester triathlon club | 754 | 754 | 1 |
| 82  | Francesca Cameron  | F                            | 753 | 753 | 1 |
| 83  | Jenna Kemble       | G                            | 747 | 747 | 1 |
| 84  | Tina Bishop        | I                            | 747 | 747 | 1 |
| 85  | Gen Clegg          | J                            | 741 | 741 | 1 |
| 86  | Helen Popescu      | G                            | 739 | 739 | 1 |
| 87  | Elizabeth Lunn     | E                            | 735 | 735 | 1 |
| 88  | Imogen Wyatt       | J                            | 732 | 732 | 1 |
| 89  | Eleanor Stott      | F                            | 730 | 730 | 1 |
| 90  | Natalie Kennedy    | I                            | 725 | 725 | 1 |
| 91  | Eve Cameron        | E                            | 724 | 724 | 1 |
| 92  | Amanda Singleton   | G                            | 718 | 718 | 1 |
| 93  | Jenny Jackson      | I                            | 718 | 718 | 1 |
| 94  | Doriane Mignon     | F                            | 712 | 712 | 1 |
| 95  | Clare Marchant     | J                            | 710 | 710 | 1 |
| 96  | Victoria Thomas    | F                            | 706 | 706 | 1 |
| 97  | Joanna Hunt        | H                            | 703 | 703 | 1 |
| 98  | Emma Jakeman       | I                            | 700 | 700 | 1 |
| 99  | Mariela Santamaria | H                            | 694 | 694 | 1 |
| 100 | Lucy Herbert       | J                            | 689 | 689 | 1 |
| 101 | Katie Holman       | I                            | 688 | 688 | 1 |

|     |                     |   |                         |     |     |   |
|-----|---------------------|---|-------------------------|-----|-----|---|
| 102 | Dagmara Mirska      | I |                         | 682 | 682 | 1 |
| 103 | Helen Woodward      | F | Spa Striders            | 681 | 681 | 1 |
| 104 | Sian Meirion        | J |                         | 677 | 677 | 1 |
| 105 | Julie Jacques       | G |                         | 674 | 674 | 1 |
| 106 | Margaret Mcclelland | M |                         | 671 | 671 | 1 |
| 107 | Emily Wilshaw       | E |                         | 667 | 667 | 1 |
| 108 | Zoey Wickens        | G |                         | 665 | 665 | 1 |
| 109 | Jo Thomson          | G |                         | 660 | 660 | 1 |
| 110 | Megan Williams      | F |                         | 659 | 659 | 1 |
| 111 | Nina Cassidy        | J |                         | 653 | 653 | 1 |
| 112 | Olivia Whiteside    | G |                         | 652 | 652 | 1 |
| 113 | Sarah Newey         | G |                         | 647 | 647 | 1 |
| 114 | Sandra Stokes       | M |                         | 645 | 645 | 1 |
| 115 | Andrea Lees         | J |                         | 641 | 641 | 1 |
| 116 | Sabrina Davey       | I |                         | 638 | 638 | 1 |
| 117 | Laura Smith.        | H |                         | 635 | 635 | 1 |
| 118 | Sarah Holmes        | G |                         | 631 | 631 | 1 |
| 119 | Amanda Kettle       | J |                         | 630 | 630 | 1 |
| 120 | Chloe Fox           | F |                         | 624 | 624 | 1 |
| 121 | Laura Smith         | F |                         | 624 | 624 | 1 |
| 122 | Helen Vye           | F |                         | 618 | 618 | 1 |
| 123 | Samantha Kelly      | K |                         | 616 | 616 | 1 |
| 124 | Harriet Adamson     | E |                         | 612 | 612 | 1 |
| 125 | Raach Pittock       | E | Solihull Triathlon Club | 609 | 609 | 1 |
| 126 | Beth Hughes         | H |                         | 606 | 606 | 1 |
| 127 | Lucy Parker         | F |                         | 602 | 602 | 1 |
| 128 | Emily Darley        | G |                         | 595 | 595 | 1 |
| 129 | Louise Hurdley      | I |                         | 594 | 594 | 1 |

|     |                             |   |               |     |     |   |
|-----|-----------------------------|---|---------------|-----|-----|---|
| 130 | Nina Scheinhardt            | F |               | 588 | 588 | 1 |
| 131 | Natasha Faulkner            | F |               | 587 | 587 | 1 |
| 132 | Lucy Halse                  | D |               | 583 | 583 | 1 |
| 133 | Chloe Dolphin               | E |               | 580 | 580 | 1 |
| 134 | Charlotte Hampson           | F |               | 577 | 577 | 1 |
| 135 | Claire Carpenter            | G |               | 573 | 573 | 1 |
| 136 | Amanda Wilson               | K |               | 571 | 571 | 1 |
| 137 | Carolyn Jewell              | H |               | 566 | 566 | 1 |
| 138 | Ruth Molloy                 | J |               | 565 | 565 | 1 |
| 139 | Marisol Perez-Toledo        | G |               | 558 | 558 | 1 |
| 140 | Hannah Mitchell             | J |               | 553 | 553 | 1 |
| 141 | Georgina Dawson             | E |               | 551 | 551 | 1 |
| 142 | Danielle Francesca Soens-Hi | G |               | 547 | 547 | 1 |
| 143 | Susie Lenihan               | K | Team Cherwell | 544 | 544 | 1 |
| 144 | Kelly Slaymaker             | I |               | 541 | 541 | 1 |
| 145 | Natasha King                | E |               | 537 | 537 | 1 |
| 146 | Wendy Birkett               | M |               | 535 | 535 | 1 |
| 147 | Sian Jones                  | H |               | 530 | 530 | 1 |
| 148 | Rachel Mcdonald             | H | BRAT          | 529 | 529 | 1 |
| 149 | Angela Rhodes               | I |               | 524 | 524 | 1 |
| 150 | Claire Baines               | L |               | 522 | 522 | 1 |
| 151 | Katrina Limond              | G |               | 518 | 518 | 1 |
| 152 | Breah Mcloughlin            | D | WVTRI         | 515 | 515 | 1 |
| 153 | Rebekah Gullett             | G |               | 512 | 512 | 1 |
| 154 | Rosemary Evans              | F |               | 508 | 508 | 1 |
| 155 | Emily Anstey                | E |               | 506 | 506 | 1 |
| 156 | Nessa Armstrong             | H |               | 500 | 500 | 1 |
| 157 | Inma Manzorro               | G |               | 500 | 500 | 1 |

|     |                   |   |                          |     |     |   |
|-----|-------------------|---|--------------------------|-----|-----|---|
| 158 | Charlotte Maguire | G |                          | 494 | 494 | 1 |
| 159 | Lydia Whittaker   | E |                          | 488 | 488 | 1 |
| 160 | Antonia Nash      | Q |                          | 486 | 486 | 1 |
| 161 | Luna Fenlon       | D |                          | 483 | 483 | 1 |
| 162 | Louise White      | H |                          | 479 | 479 | 1 |
| 163 | Andrea Livingston | K |                          | 477 | 477 | 1 |
| 164 | Maria Morris      | I |                          | 471 | 471 | 1 |
| 165 | Caitilin Wharton  | F |                          | 471 | 471 | 1 |
| 166 | Christina Pacitto | G |                          | 465 | 465 | 1 |
| 167 | Netty Fuller      | J |                          | 464 | 464 | 1 |
| 168 | Elizabeth Edwards | F |                          | 459 | 459 | 1 |
| 169 | Lauren Clowes     | F |                          | 457 | 457 | 1 |
| 170 | Daisie Pakenham   | F |                          | 453 | 453 | 1 |
| 171 | Naomi Ledger      | J |                          | 450 | 450 | 1 |
| 172 | Claire Oswald     | J |                          | 447 | 447 | 1 |
| 173 | Joanne Kelly      | H | Dynamic Rides CC         | 443 | 443 | 1 |
| 174 | Emily Titlow      | E |                          | 441 | 441 | 1 |
| 175 | Bev Shawcross     | L |                          | 436 | 436 | 1 |
| 176 | Carla Handy       | G |                          | 435 | 435 | 1 |
| 177 | Mary Robinson     | J |                          | 430 | 430 | 1 |
| 178 | Roberta Grumiro   | F |                          | 428 | 428 | 1 |
| 179 | Laura Thompson    | H |                          | 424 | 424 | 1 |
| 180 | Julie Lippitt     | K | Bassetlaw Triathlon Club | 421 | 421 | 1 |
| 181 | Gill Smith        | L |                          | 418 | 418 | 1 |
| 182 | Sinead Williams   | F |                          | 414 | 414 | 1 |
| 183 | Georgia Lane      | D |                          | 412 | 412 | 1 |
| 184 | Emily Cooke       | E |                          | 406 | 406 | 1 |
| 185 | Rachael Denham    | I |                          | 406 | 406 | 1 |

|     |                   |   |                         |     |     |   |
|-----|-------------------|---|-------------------------|-----|-----|---|
| 186 | Sophie Chappel    | F |                         | 400 | 400 | 1 |
| 187 | Stephanie Mccann  | F |                         | 394 | 394 | 1 |
| 188 | Fiona Earnshaw    | I |                         | 392 | 392 | 1 |
| 189 | Ruth Ashfield     | J |                         | 385 | 385 | 1 |
| 190 | Ellen Lawson      | K |                         | 383 | 383 | 1 |
| 191 | Harriet De Sa     | D |                         | 377 | 377 | 1 |
| 192 | Ruth Elsdon       | H |                         | 377 | 377 | 1 |
| 193 | Terrie Johnson    | L |                         | 371 | 371 | 1 |
| 194 | Emily Smith       | H | Solihull Triathlon Club | 370 | 370 | 1 |
| 195 | Issy Galikowski   | G |                         | 365 | 365 | 1 |
| 196 | Lucy Sidwells     | F |                         | 363 | 363 | 1 |
| 197 | Dawn Williams     | J |                         | 359 | 359 | 1 |
| 198 | Natasha Goode     | H |                         | 356 | 356 | 1 |
| 199 | Deborah Walker    | L |                         | 353 | 353 | 1 |
| 200 | Iona Edwards      | I |                         | 348 | 348 | 1 |
| 201 | Sophie Hirst      | F |                         | 347 | 347 | 1 |
| 202 | Katy Goodwin      | H |                         | 341 | 341 | 1 |
| 203 | Emma Haydon       | G |                         | 341 | 341 | 1 |
| 204 | Gemma Fairclough  | G |                         | 336 | 336 | 1 |
| 205 | Humera Sultan     | H | My body fit             | 334 | 334 | 1 |
| 206 | Jessica Handley   | D |                         | 330 | 330 | 1 |
| 207 | Sandra Montgomery | I | ALM Fitness             | 327 | 327 | 1 |
| 208 | Natalie Hansford  | H |                         | 324 | 324 | 1 |
| 209 | Carrie Preston    | K |                         | 319 | 319 | 1 |
| 210 | Emma Hickson      | I |                         | 318 | 318 | 1 |
| 211 | Alena Babicova    | L |                         | 312 | 312 | 1 |
| 212 | Megan Price       | I |                         | 312 | 312 | 1 |
| 213 | Frances Fisher    | G |                         | 306 | 306 | 1 |

|     |                           |   |                      |     |     |   |
|-----|---------------------------|---|----------------------|-----|-----|---|
| 214 | Helen Mcdermott           | G |                      | 305 | 305 | 1 |
| 215 | Claire Nias               | F |                      | 300 | 300 | 1 |
| 216 | Karen Shepherd            | I |                      | 294 | 294 | 1 |
| 217 | Bryony Jones              | H |                      | 290 | 290 | 1 |
| 218 | Kirsty Fisher             | G |                      | 289 | 289 | 1 |
| 219 | Melanie Edwards           | K |                      | 283 | 283 | 1 |
| 220 | Gemma Tunstall            | G |                      | 283 | 283 | 1 |
| 221 | Simone Currie             | I |                      | 277 | 277 | 1 |
| 222 | Suzie White               | H |                      | 276 | 276 | 1 |
| 223 | Stephanie Luisis          | F |                      | 271 | 271 | 1 |
| 224 | Jan Davies                | L | Team Cherwell        | 269 | 269 | 1 |
| 225 | Diane Slack               | M |                      | 265 | 265 | 1 |
| 226 | Jane Daniels              | J |                      | 262 | 262 | 1 |
| 227 | Sarah Rippon              | K | Whizzy Tri Club      | 254 | 254 | 1 |
| 228 | Emma Burnham              | G |                      | 253 | 253 | 1 |
| 229 | Stacey Nelson             | H |                      | 247 | 247 | 1 |
| 230 | Victoria Stone            | E |                      | 247 | 247 | 1 |
| 231 | Alice Eden                | F |                      | 241 | 241 | 1 |
| 232 | Julie Hadley              | K |                      | 240 | 240 | 1 |
| 233 | Charlotte Peach           | F |                      | 230 | 230 | 1 |
| 234 | Juliet Halfhead           | J | Coventry Tri         | 225 | 225 | 1 |
| 235 | Lynsey Butterworth        | I |                      | 224 | 224 | 1 |
| 236 | Rizarita Foster           | K |                      | 218 | 218 | 1 |
| 237 | Natalie Cierebiej-Jeffery | F |                      | 212 | 212 | 1 |
| 238 | Eva Menon                 | H |                      | 211 | 211 | 1 |
| 239 | Emma Maton                | F |                      | 206 | 206 | 1 |
| 240 | Sue Jones                 | M | Chasewater triathlon | 204 | 204 | 1 |
| 241 | Karen Scott               | M |                      | 200 | 200 | 1 |

|     |                    |   |                |     |     |   |
|-----|--------------------|---|----------------|-----|-----|---|
| 242 | Helen Allman       | J |                | 196 | 196 | 1 |
| 243 | Michaela Jones     | E |                | 194 | 194 | 1 |
| 244 | Sharon Hall        | K | Run Alcester   | 189 | 189 | 1 |
| 245 | Jane Oakley        | J |                | 189 | 189 | 1 |
| 246 | Jane Bramhill      | H |                | 183 | 183 | 1 |
| 247 | Hannah Reynolds    | F |                | 182 | 182 | 1 |
| 248 | Chloe Jackman      | F |                | 177 | 177 | 1 |
| 249 | Katie Marley       | H |                | 175 | 175 | 1 |
| 250 | Alexandra Weale    | E |                | 171 | 171 | 1 |
| 251 | Claire Holmes      | H |                | 167 | 167 | 1 |
| 252 | Gwenllian Richards | K |                | 165 | 165 | 1 |
| 253 | Anna Harley        | E |                | 160 | 160 | 1 |
| 254 | Sal White          | L |                | 159 | 159 | 1 |
| 255 | Stephanie Heald    | I |                | 153 | 153 | 1 |
| 256 | Alice Cook         | F |                | 153 | 153 | 1 |
| 257 | Lesley Leng        | L |                | 147 | 147 | 1 |
| 258 | Sarah Lusty        | E |                | 146 | 146 | 1 |
| 259 | Nicky Croasdale    | K |                | 142 | 142 | 1 |
| 260 | Alice Kinder       | F |                | 138 | 138 | 1 |
| 261 | Sujata Anipindi    | I |                | 136 | 136 | 1 |
| 262 | Julie Brown        | M | BRAT           | 131 | 131 | 1 |
| 263 | Karen Wilkinson    | L |                | 130 | 130 | 1 |
| 264 | Aileen Cowler      | I |                | 124 | 124 | 1 |
| 265 | Julia Bond         | G |                | 124 | 124 | 1 |
| 266 | Amy Jones          | H |                | 118 | 118 | 1 |
| 267 | Maria Ranasinghe   | J |                | 117 | 117 | 1 |
| 268 | Helen Williamson   | K |                | 112 | 112 | 1 |
| 269 | Georgie Burman     | G | Georgie Burman | 109 | 109 | 1 |

|     |                     |   |                      |     |   |
|-----|---------------------|---|----------------------|-----|---|
| 270 | Beks Morley         | G | 106                  | 106 | 1 |
| 271 | Catherine Benn      | M | Coventry Triathletes | 102 | 1 |
| 272 | Anna Pratt          | F | 100                  | 100 | 1 |
| 273 | Tiff Hunt           | H | 95                   | 95  | 1 |
| 274 | Katie Thorp         | I | 94                   | 94  | 1 |
| 275 | Helen Fowkes        | J | 89                   | 89  | 1 |
| 276 | Claire Hemsted      | M | 88                   | 88  | 1 |
| 277 | Louise Frost        | I | 83                   | 83  | 1 |
| 278 | Amy Osborne         | E | 81                   | 81  | 1 |
| 279 | Catherine Prince    | I | 77                   | 77  | 1 |
| 280 | Donna Wright        | J | 73                   | 73  | 1 |
| 281 | Tal Twist           | I | 71                   | 71  | 1 |
| 282 | Kate Mwaura         | G | 66                   | 66  | 1 |
| 283 | Virginia Davies     | I | 65                   | 65  | 1 |
| 284 | Kate Bygott-Webb    | F | 59                   | 59  | 1 |
| 285 | Diana Stefanescu    | G | 59                   | 59  | 1 |
| 286 | Sharon Grady        | K | 53                   | 53  | 1 |
| 287 | Ranjna Sharma       | J | 52                   | 52  | 1 |
| 288 | Sarah Murphy        | E | 47                   | 47  | 1 |
| 289 | Hazel Knight        | E | 44                   | 44  | 1 |
| 290 | Michelle Brady      | G | 42                   | 42  | 1 |
| 291 | Rebecca Marsh       | F | 37                   | 37  | 1 |
| 292 | Maureena John       | J | 36                   | 36  | 1 |
| 293 | Sue Edwards         | P | 30                   | 30  | 1 |
| 294 | Alison Avies Jones  | K | 30                   | 30  | 1 |
| 295 | Helen Merrick       | H | 24                   | 24  | 1 |
| 296 | Sarah Burbidge      | J | 23                   | 23  | 1 |
| 297 | Claire Buckley-Uzum | I | 18                   | 18  | 1 |

|     |                    |   |    |    |   |
|-----|--------------------|---|----|----|---|
| 298 | Dawn Clark         | L | 15 | 15 | 1 |
| 299 | Rachel Mottershead | I | 12 | 12 | 1 |
| 300 | Neena Dogra        | J | 8  | 8  | 1 |
| 301 | Coral Bradley      | E | 6  | 6  | 1 |