

North West Triathlon 2025

Sprint

Female

Age is at end of year

Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
1	Milly Garbett	120	1/20	E	28	Total Tri Training	00:08:47	00:01:15	00:37:42	00:00:56	00:21:54	01:10:35
2	Eleanor Perkins	115	1/21	G	35	Chester Triathlon Club	00:09:16	00:00:59	00:38:42	00:00:57	00:22:22	01:12:15
3	Jess Connolly	108	1/18	D	21		00:07:49	00:00:59	00:43:27	00:00:48	00:22:29	01:15:32
4	Gillian Snelson	117	1/19	J	52	SYtri	00:08:49	00:01:22	00:41:32	00:01:20	00:24:00	01:17:03
5	Olivia Ball	112	2/18	D	22		00:08:55	00:00:54	00:43:03	00:01:30	00:23:17	01:17:39
6	Stephanie Butler	124	1/20	F	31		00:07:59	00:02:07	00:44:10	00:00:45	00:22:44	01:17:44
7	Liz Morris	130	2/21	G	37	Nantwich Triathlon Club	00:11:06	00:01:45	00:40:26	00:01:04	00:23:50	01:18:12
8	Gwennan Henstock	129	1/15	I	47	Wrexham	00:09:37	00:01:49	00:41:15	00:00:58	00:24:37	01:18:15
9	Alice Birtwistle	127	1/3	A/B	16		00:08:57	00:02:06	00:43:00	00:00:59	00:23:15	01:18:18
10	Sophie Smith	147	2/20	F	34		00:08:44	00:02:30	00:45:29	00:01:18	00:21:17	01:19:18
11	Samantha Percival	111	3/21	G	36	Chester Triathlon Club	00:08:58	00:01:19	00:40:43	00:01:05	00:28:04	01:20:08
12	Holly Dooley	114	3/18	D	23		00:08:33	00:02:05	00:46:10	00:00:45	00:24:11	01:21:44
13	Charlotte Ashworth	200	2/15	I	47	Newcastle (Staffs) Triathlon Club	00:11:43	00:02:20	00:42:13	00:01:14	00:25:16	01:22:46
14	Katy Dwyer	122	2/20	E	25		00:09:39	00:02:06	00:44:42	00:00:55	00:25:28	01:22:50
15	Charlotte Arnold	118	1/16	H	41		00:09:23	00:02:38	00:45:06	00:01:13	00:25:55	01:24:15
16	Jessica Priest	113	3/20	E	25		00:08:40	00:02:24	00:47:44	00:00:59	00:24:59	01:24:47
17	Gaynor Seymour	545	2/19	J	50	Lymm Tri	00:12:42	00:03:25	00:43:45	00:01:20	00:24:28	01:25:41
18	Lucy Bexon	191	2/16	H	44		00:09:47	00:02:45	00:47:09	00:01:34	00:24:34	01:25:48
19	Fiona Gunning	173	3/16	H	42		00:11:07	00:02:27	00:48:29	00:00:40	00:23:34	01:26:19
20	Emily Wilshaw	579	4/20	E	27		00:10:29	00:02:37	00:45:17	00:01:40	00:26:35	01:26:39
21	Ellie Scholes	136	4/18	D	20		00:09:31	00:03:29	00:48:13	00:00:35	00:24:57	01:26:44
22	Emma Jakeman	174	3/15	I	46		00:10:49	00:02:22	00:44:42	00:01:00	00:28:47	01:27:40
23	Emily Lockley	133	4/21	G	35		00:09:48	00:02:08	00:48:42	00:01:05	00:26:23	01:28:06
24	Aisling Mccann	195	3/20	F	33	Mara RC	00:11:09	00:03:15	00:44:52	00:02:10	00:27:17	01:28:43
25	Amy-Jayne Evans	153	4/16	H	40		00:10:42	00:02:58	00:48:37	00:01:07	00:25:23	01:28:47
26	Maisie Wynne	326	4/20	F	31		00:13:26	00:01:27	00:44:26	00:02:03	00:27:35	01:28:57
27	Emma Williams	193	5/21	G	36		00:11:17	00:02:57	00:50:37	00:01:28	00:22:51	01:29:10
28	Natalie Miller	123	5/18	D	22		00:09:51	00:01:30	00:45:35	00:02:04	00:30:11	01:29:10
29	Freya Brown	131	6/21	G	35		00:09:08	00:02:51	00:48:05	00:01:20	00:27:48	01:29:12
30	Charmayne Brierley	177	1/11	K	58	Glossop Tri	00:11:36	00:02:37	00:46:51	00:02:40	00:26:56	01:30:40
31	Hannah Sykes	126	5/20	E	29		00:09:15	00:02:05	00:48:10	00:00:45	00:30:50	01:30:46
32	Katie Holman	154	4/15	I	45	Altrincham Tri Club	00:10:59	00:02:18	00:46:39	00:01:45	00:29:06	01:30:47
33	Katharine Buckeridge	158	3/19	J	54	Tilston Trotters	00:11:17	00:02:44	00:48:32	00:01:13	00:27:02	01:30:49
34	Ela Mederska	164	7/21	G	37		00:10:29	00:01:13	00:47:22	00:01:02	00:30:52	01:30:57
35	Helen Smith	514	6/20	E	27		00:11:03	00:02:13	00:47:04	00:01:11	00:29:40	01:31:12
36	Danielle Soens-Hughe	555	8/21	G	39		00:12:07	00:02:15	00:47:12	00:00:59	00:29:01	01:31:15
37	Deborah Luckman	171	2/11	K	56	Blackley W2R	00:11:28	00:02:39	00:48:33	00:01:38	00:27:32	01:31:50
38	Lauren McGurk	184	5/20	F	32		00:11:13	00:03:31	00:45:56	00:01:59	00:29:35	01:32:14
39	Eleanor Slack	142	6/20	F	31		00:10:51	00:03:06	00:51:35	00:00:54	00:25:50	01:32:15
40	Louise Hurdley	577	5/15	I	46		00:13:13	00:02:13	00:43:43	00:02:47	00:30:26	01:32:22
41	Elise Jones	167	5/16	H	44	SYtri	00:12:02	00:03:40	00:47:58	00:01:15	00:27:49	01:32:44
42	Sophie Downes	169	7/20	E	28		00:10:55	00:02:59	00:50:40	00:01:02	00:27:29	01:33:04
43	Charlotte Tomas	211	6/15	I	45		00:09:15	00:03:46	00:50:11	00:01:06	00:28:52	01:33:11
44	Lorna Bowes	559	3/11	K	59	Johnson's Triathlon Coaching	00:13:13	00:03:48	00:45:07	00:01:39	00:29:24	01:33:12
45	Emily Ruscoe	132	6/18	D	22		00:08:52	00:03:12	00:51:57	00:01:10	00:28:08	01:33:19
46	Lauren Hesketh	104	7/18	D	24		00:08:25	00:03:05	00:51:47	00:01:24	00:29:00	01:33:40
47	Claire Hannant	141	9/21	G	35		00:09:18	00:02:24	00:47:12	00:01:13	00:34:01	01:34:08

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Female

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Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
48	Joanne Mckendry	159	4/19	J	53		00:14:19	00:01:54	00:48:11	00:01:47	00:27:56	01:34:08
49	Claire Howarth	157	1/7	L	60		00:11:47	00:04:06	00:45:29	00:02:11	00:30:43	01:34:17
50	Helen Sawle	135	7/15	I	47		00:10:41	00:04:31	00:49:27	00:01:28	00:29:11	01:35:18
51	Jude Taylor	181	8/15	I	45	Newcastle (Staffs) Triathlon Club	00:12:13	00:02:18	00:47:16	00:02:00	00:31:38	01:35:25
52	Kate Brand	583	10/21	G	36		00:11:33	00:03:05	00:49:27	00:01:14	00:30:06	01:35:25
53	Cari Davies	542	8/20	E	28		00:13:19	00:03:32	00:50:35	00:01:20	00:26:56	01:35:42
54	Hannah Lucas	144	8/18	D	24		00:11:49	00:03:16	00:54:13	00:00:56	00:25:46	01:35:59
55	Stephanie Colton	76	9/20	E	29		00:09:25	00:03:40	00:51:44	00:01:44	00:29:34	01:36:07
56	Tracey Yates	240	5/19	J	53	Darwen Masters	00:10:31	00:02:50	00:49:10	00:01:00	00:32:52	01:36:23
57	Liz Rowlinson	152	1/4	M	65	Shrewsbury Triathlon	00:13:22	00:02:07	00:50:05	00:01:30	00:29:22	01:36:26
58	Tanya Richter	199	11/21	G	35		00:11:04	00:03:49	00:54:32	00:01:17	00:25:54	01:36:35
59	Sally Heppenstall	151	6/19	J	53	Johnson's Triathlon Coaching	00:11:03	00:02:55	00:48:05	00:02:05	00:32:55	01:37:03
60	Gabrielle Heath	186	9/18	D	22		00:14:03	00:03:57	00:51:59	00:00:48	00:27:15	01:38:02
61	Charlotte Evans	582	10/20	E	29		00:11:45	00:03:09	00:53:32	00:01:03	00:28:37	01:38:07
62	April Wilkinson	575	6/16	H	43		00:13:23	00:02:40	00:52:33	00:01:02	00:28:38	01:38:16
63	Lynwen Holman	176	7/16	H	42		00:11:20	00:03:18	00:50:57	00:01:28	00:31:16	01:38:19
64	Amanda Bond	188	7/19	J	54		00:12:27	00:05:23	00:45:15	00:03:01	00:32:17	01:38:23
65	Heidi Horton	529	8/19	J	54		00:12:36	00:01:48	00:46:17	00:01:16	00:36:45	01:38:43
66	Abby Hitchin	156	11/20	E	28		00:11:10	00:03:35	00:51:17	00:01:11	00:31:37	01:38:51
67	Dawn Goodfellow	165	2/7	L	62		00:11:48	00:03:32	00:48:25	00:01:04	00:34:44	01:39:33
68	Kate Collier	578	8/16	H	40		00:13:29	00:02:42	00:54:54	00:01:22	00:27:09	01:39:37
69	Rhianna Stenson	525	12/20	E	28		00:13:09	00:03:30	00:50:10	00:01:16	00:31:47	01:39:51
70	Karen Daniels	367	4/11	K	56		00:13:46	00:03:36	00:49:21	00:01:08	00:32:08	01:39:59
71	Debbie Giles	580	7/20	F	34		00:10:55	00:02:19	00:50:16	00:01:30	00:35:01	01:40:00
72	Hannah Dutton	166	8/20	F	31		00:12:16	00:02:41	00:51:58	00:02:03	00:31:10	01:40:08
73	Melissa Hampson-Higg	161	9/20	F	31	Astley	00:11:09	00:03:15	00:54:18	00:01:06	00:30:38	01:40:27
74	Maria Aoun	560	13/20	E	29		00:12:47	00:02:01	00:58:23	00:00:40	00:26:37	01:40:28
75	Lynsey Pritchard	527	9/16	H	44		00:13:31	00:02:52	00:51:45	00:01:11	00:31:22	01:40:42
76	Tara Jennings	116	10/18	D	24		00:08:36	00:01:49	00:59:21	00:00:58	00:30:19	01:41:03
77	Emma Hickson	9	9/15	I	45		00:11:57	00:02:57	00:50:33	00:01:31	00:34:10	01:41:07
78	Susan Carroll	546	3/7	L	64	Maldwyn Harriers	00:14:06	00:03:44	00:50:51	00:00:59	00:31:39	01:41:20
79	Lily Holt	179	10/20	F	30		00:10:08	00:02:54	00:50:00	00:01:00	00:37:29	01:41:31
80	Diane Slack	149	2/4	M	67	Newcastle-under-Lyme triathlon club	00:10:25	00:02:40	00:51:31	00:00:57	00:35:59	01:41:32
81	Hannah Priest	581	14/20	E	27		00:12:09	00:03:55	00:53:52	00:02:09	00:29:28	01:41:34
82	Kirsten Overall	509	11/20	F	34		00:13:06	00:03:16	00:52:46	00:01:17	00:31:10	01:41:36
83	Susie Edge	163	9/19	J	53		00:11:46	00:03:31	00:51:20	00:02:21	00:32:55	01:41:53
84	Deborah Hodgson	549	4/7	L	60		00:12:13	00:03:43	00:51:46	00:02:34	00:31:46	01:42:01
85	Jackie Hendrie	172	3/4	M	68	SYtri	00:12:48	00:03:26	00:51:36	00:00:53	00:33:18	01:42:02
86	Emily Burke	190	11/18	D	21		00:07:42	00:04:29	00:55:48	00:01:23	00:32:54	01:42:17
87	Emma Jones	501	12/21	G	38		00:12:43	00:03:10	00:49:15	00:01:01	00:36:17	01:42:26
88	Eugenia Agell-Bernad	536	15/20	E	27	Chester Triathlon Club	00:11:57	00:05:08	00:56:20	00:01:06	00:27:57	01:42:27
89	Emily Allcock	522	10/16	H	43		00:14:32	00:03:30	00:51:48	00:01:43	00:30:58	01:42:31
90	Jaymi Mcdonald	532	12/20	F	34		00:12:04	00:02:45	00:58:12	00:01:01	00:28:34	01:42:36
91	Sarah Young	519	13/21	G	36		00:14:55	00:03:32	00:52:45	00:00:58	00:30:29	01:42:39
92	Louise Roberts	576	10/19	J	50		00:11:46	00:03:27	00:56:29	00:01:08	00:30:27	01:43:16
93	Katie Bates	547	13/20	F	34		00:12:09	00:03:47	00:55:14	00:02:27	00:29:46	01:43:23
94	Claire Hockaday	107	14/21	G	35		00:07:48	00:03:10	01:02:54	00:01:20	00:28:20	01:43:33

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Female

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Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
95	Caroline Johnson	182	14/20	F	33	Newcastle tri club	00:11:44	00:03:49	00:53:36	00:03:14	00:31:13	01:43:36
96	Michelle Sheffield	192	10/15	I	46		00:12:57	00:03:53	00:57:06	00:01:50	00:28:12	01:43:58
97	Ellen Lawson	530	5/11	K	56		00:12:26	00:02:50	00:49:09	00:01:47	00:37:47	01:44:00
98	Bridgette Smith	526	11/19	J	54		00:14:36	00:02:14	00:55:25	00:01:03	00:31:47	01:44:44
99	Marta Tricklebank	556	11/15	I	45		00:13:24	00:02:01	00:56:39	00:00:46	00:31:56	01:44:47
100	Emily Sawicz	187	15/20	F	33		00:12:54	00:02:49	01:02:08	00:00:46	00:26:18	01:44:55
101	Amber Waudby	198	16/20	F	30		00:12:15	00:04:33	00:52:39	00:01:48	00:33:40	01:44:56
102	Abbie Young	150	12/18	D	24		00:10:09	00:04:50	00:52:08	00:02:34	00:35:19	01:44:59
103	Joanna Spencer	180	6/11	K	57	Biddulph Tris	00:11:15	00:05:03	00:51:55	00:02:26	00:34:31	01:45:11
104	Madeleine Cross	573	16/20	E	29		00:12:34	00:03:19	00:55:20	00:02:30	00:31:43	01:45:25
105	Nicola Warner	544	11/16	H	42		00:15:10	00:04:05	00:55:53	00:02:12	00:28:38	01:45:59
106	Bethany Owen	562	13/18	D	23		00:18:31	00:02:16	00:49:51	00:01:02	00:34:19	01:45:59
107	Violet Chow	563	17/20	E	26		00:12:24	00:05:18	00:56:53	00:01:24	00:30:15	01:46:15
108	Julie Everall	504	5/7	L	61		00:15:15	00:03:43	00:51:58	00:01:11	00:34:09	01:46:17
109	Charlotte Moran	155	14/18	D	23		00:10:29	00:04:13	00:53:30	00:03:26	00:35:19	01:46:57
110	Nicole Eaton	571	15/21	G	37		00:11:22	00:06:14	00:59:35	00:01:06	00:28:47	01:47:04
111	Hilda Johnston	539	1/1	N	70		00:14:14	00:04:10	00:54:27	00:01:02	00:33:21	01:47:15
112	Tiffany Li	502	16/21	G	36		00:16:14	00:04:56	00:52:58	00:01:12	00:32:38	01:47:58
113	Hanna Wride	587	12/16	H	44		00:10:04	00:02:32	01:04:08	00:01:06	00:30:12	01:48:02
114	Emily Jakeman	551	18/20	E	27		00:14:10	00:04:41	00:54:21	00:00:56	00:33:56	01:48:05
115	Kat Parmar	564	12/15	I	45		00:13:33	00:04:03	00:59:16	00:01:22	00:29:55	01:48:09
116	Mary Robinson	524	12/19	J	50		00:14:21	00:03:35	00:57:00	00:01:05	00:32:39	01:48:40
117	Clare Trenchard	506	13/19	J	52	Audley Striders Running Club	00:13:11	00:03:24	00:57:57	00:03:23	00:31:17	01:49:11
118	Stephanie Everall	503	17/21	G	36		00:17:47	00:04:31	00:52:54	00:01:28	00:32:34	01:49:14
119	Olivia Randell	175	19/20	E	25		00:10:56	00:04:57	00:55:33	00:01:02	00:36:49	01:49:16
120	Kirsty Hughes	137	15/18	D	22	Ulverston tri club	00:10:26	00:02:20	01:05:03	00:01:08	00:30:38	01:49:36
121	Sophie Currie	512	18/21	G	37	Nantwich Running Club	00:16:41	00:03:32	00:57:20	00:01:04	00:31:08	01:49:45
122	Helena Skinn	534	13/15	I	46		00:14:11	00:05:03	00:58:21	00:01:13	00:31:05	01:49:53
123	Jane Oakley	513	14/19	J	51	Nantwich Triathlon Club	00:14:05	00:03:57	00:53:31	00:03:08	00:37:06	01:51:47
124	Megan Tuck	189	16/18	D	24		00:11:01	00:03:36	00:55:34	00:01:28	00:40:12	01:51:51
125	Lynne Grundy	338	6/7	L	63		00:12:16	00:03:30	00:53:32	00:01:10	00:42:28	01:52:57
126	Sandra Crosbie	568	7/11	K	55	Stockport Tri Club	00:13:22	00:04:22	00:57:33	00:01:57	00:36:14	01:53:27
127	Gail Hodgkinson	507	8/11	K	55		00:18:14	00:03:45	00:57:16	00:01:19	00:32:56	01:53:30
128	Megan Russan	537	19/21	G	35		00:15:03	00:04:23	00:54:37	00:01:34	00:38:14	01:53:51
129	Zoe French	574	17/20	F	30		00:13:32	00:04:09	00:56:14	00:01:13	00:38:45	01:53:53
130	Mason Hope	146	20/20	E	25		00:10:28	00:02:43	01:00:20	00:01:31	00:38:57	01:53:59
131	Hannah Jones	553	17/18	D	21		00:13:09	00:04:19	00:59:15	00:01:29	00:35:48	01:54:00
132	Stephanie Heald	554	14/15	I	46		00:14:10	00:04:44	00:54:44	00:02:15	00:38:19	01:54:13
133	Victoria Gillibrand	570	15/19	J	51		00:12:55	00:03:46	00:55:32	00:01:36	00:40:28	01:54:16
134	Kathryn Evans	569	18/20	F	33		00:11:40	00:04:42	01:04:12	00:02:19	00:32:05	01:54:58
135	Charlotte Jordan	550	18/18	D	22		00:11:49	00:06:37	00:59:20	00:01:26	00:35:48	01:55:00
136	Heidi Roberts	140	19/20	F	33		00:09:12	00:03:41	01:03:23	00:01:23	00:38:23	01:56:02
137	Catherine Stephenson	194	9/11	K	59	Ashbourne Triathlon Club	00:13:34	00:03:09	00:57:59	00:02:07	00:39:36	01:56:25
138	Jen Firkins	561	13/16	H	42		00:12:29	00:03:19	01:02:47	00:01:27	00:36:55	01:56:57
139	Susan Williams	533	7/7	L	61		00:10:33	00:03:47	00:53:25	00:01:56	00:48:05	01:57:05
140	Jen Middleton	518	20/21	G	35		00:18:23	00:08:22	01:02:03	00:01:09	00:28:18	01:58:15
141	Suzi Gee	541	21/21	G	38		00:13:37	00:03:14	01:01:01	00:01:33	00:39:26	01:58:52

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Female

Age is at end of year

Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
142	Catherine Benn	538	4/4	M	69	Coventry Triathletes	00:16:00	00:03:18	00:54:00	00:02:12	00:44:24	01:59:54
143	Modupe Esubiyi	586	14/16	H	43		00:15:24	00:04:35	01:02:38	00:01:48	00:36:20	02:00:45
144	Ellie Baines	162	2/3	A/B	17		00:10:11	00:04:36	01:05:42	00:02:17	00:38:04	02:00:51
145	Jane Rose	521	10/11	K	59		00:13:38	00:05:40	01:00:11	00:01:29	00:39:59	02:00:57
146	Abigail Kirkham	197	11/11	K	55		00:12:56	00:04:00	01:06:23	00:02:35	00:37:34	02:03:28
147	Julie Pedersen	510	16/19	J	50		00:17:39	00:05:08	01:00:15	00:01:28	00:39:58	02:04:28
148	Carmen Scales	148	17/19	J	51	Pirate Ship of Fools	00:10:16	00:03:24	01:04:29	00:02:43	00:45:29	02:06:21
149	Katie Anderton	567	15/16	H	42		00:18:17	00:04:10	01:12:48	00:01:53	00:33:52	02:10:59
150	Laura Pickford	178	16/16	H	40		00:10:37	00:05:46	01:13:08	00:01:40	00:40:26	02:11:38
151	Kerry Ismay	145	18/19	J	52		00:10:58	00:03:52	01:12:48	00:02:54	00:41:18	02:11:50
152	Amelia Connolly	500	20/20	F	31		00:15:52	00:03:25	01:05:02	00:01:52	00:47:22	02:13:33
153	Maureen John	508	19/19	J	51	Nantwich Triathlon Club	00:18:22	00:08:20	01:01:39	00:02:25	00:43:07	02:13:53
154	Clodagh Hughes	523	3/3	A/B	18		00:19:37	00:06:34	01:04:04	00:01:44	00:42:20	02:14:20
155	Kathryn Walsh	511	15/15	I	46	Chester Road Runners	00:13:20	00:04:31	01:31:03	00:15:25	00:47:01	02:51:20