



Take part in 3 or more qualifying UK Triathlon Events in 2025 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

OPEN CATEGORY AGE GROUP Q (80+)

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

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