

York Triathlon 2025

Super Sprint

Open

Age is at end of year

Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
1	Geoff Wynn	699	1/5	H	44	Total Tri Training	00:03:29	00:00:49	00:17:45	00:00:43	00:08:41	00:31:28
2	Paul Pascoe	690	1/2	K	55		00:04:21	00:01:21	00:19:12	00:00:47	00:10:28	00:36:09
3	Neil Millican	700	2/2	K	58		00:03:00	00:01:13	00:20:29	00:00:49	00:11:56	00:37:28
4	Ian Chan	685	1/1	D	20	MMU running	00:03:04	00:01:23	00:21:40	00:00:28	00:12:14	00:38:49
5	Mark Harney	695	1/5	L	62	TriLab Racing	00:03:35	00:01:06	00:22:13	00:00:52	00:11:25	00:39:11
6	Colin Mason	684	2/5	H	44		00:04:38	00:01:35	00:20:02	00:01:03	00:12:13	00:39:32
7	Jonathan Fash-Hill	697	1/1	F	34	Swans Tri Club	00:03:36	00:01:28	00:21:45	00:00:37	00:12:20	00:39:46
8	Robin Dale	689	3/5	H	44	Rockliffe Riders	00:04:26	00:01:25	00:19:26	00:00:47	00:13:48	00:39:52
9	Pawel Grzaslewicz	691	1/2	G	36		00:03:44	00:01:21	00:21:18	00:00:57	00:12:39	00:39:59
10	Adam Kudryl	680	1/3	I	49	ORE CrossFit	00:04:48	00:01:48	00:20:33	00:01:18	00:12:04	00:40:30
11	Janette Rayton	688	2/3	I	47		00:05:43	00:01:57	00:22:05	00:00:45	00:11:28	00:41:59
12	Andy Marshall	673	4/5	H	43		00:06:01	00:03:17	00:21:10	00:00:50	00:10:51	00:42:08
13	Craig Samson	696	2/5	L	63	COLT	00:03:59	00:02:06	00:21:32	00:01:33	00:13:37	00:42:48
14	John Lightfoot	694	3/3	I	49		00:03:27	00:01:38	00:22:41	00:00:53	00:15:36	00:44:16
15	Christopher Peace	682	1/1	N	71		00:05:40	00:02:56	00:16:29	00:01:00	00:18:51	00:44:56
16	Trevor Barker	678	1/2	M	68		00:05:49	00:03:01	00:22:34	00:01:01	00:15:56	00:48:20
17	Andrew Tunstall	677	3/5	L	60		00:04:49	00:02:33	00:24:13	00:00:50	00:15:59	00:48:24
18	Steven Rawlins	668	2/2	M	66		00:05:45	00:03:28	00:22:01	00:00:59	00:17:09	00:49:23
19	Garry Tams	675	1/2	J	52		00:06:47	00:02:16	00:24:06	00:01:19	00:15:05	00:49:32
20	Adrian Lodge	693	4/5	L	61	Doncaster Triathlon Club	00:04:17	00:02:48	00:27:17	00:01:08	00:14:17	00:49:47
21	Jason Roberts	674	2/2	G	38		00:06:04	00:04:40	00:28:05	00:01:06	00:15:44	00:55:39
22	Pam Roebuck	676	5/5	L	62		00:06:37	00:03:24	00:29:48	00:01:22	00:15:31	00:56:42
23	Lauren Strachan	683	5/5	H	40		00:04:28	00:03:06	00:30:55	00:00:58	00:19:42	00:59:09
24	Jon Dennis	669	2/2	J	53		00:07:26	00:03:39	00:27:53	00:01:42	00:19:47	01:00:27