

Stratford Triathlon 2026

Female

Super Sprint

Age is at end of year

Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
1	Helen Wainwright	717	1/1	L	61		00:03:37	00:01:34	00:36:16	00:01:02	00:14:00	00:56:09
2	Marla Haring	718	1/4	G	37	Women in Tri UK	00:03:41	00:01:29	00:37:46	00:01:06	00:14:43	00:58:45
3	Amelia Wiggin	716	1/1	D	20		00:03:32	00:01:48	00:38:51	00:00:53	00:15:12	00:59:57
4	Charlie Haward	723	1/3	I	49		00:06:02	00:02:28	00:42:47	00:00:45	00:13:31	01:05:33
5	Samantha Chambers	728	1/4	H	40		00:04:53	00:02:31	00:44:30	00:00:56	00:14:20	01:07:10
6	Hilary Gates	721	2/4	H	44		00:04:54	00:02:51	00:44:00	00:00:52	00:15:31	01:07:49
7	Kate Smart	711	1/1	E	28		00:04:18	00:02:28	00:44:53	00:00:47	00:16:05	01:07:51
8	Danielle Pout	737	2/4	G	38	Husbands Bosworth	00:05:14	00:03:11	00:47:45	00:01:10	00:15:17	01:12:37
9	Rosie Ditchburn-Clark	725	3/4	H	41		00:03:36	00:03:14	00:52:28	00:00:54	00:16:04	01:15:55
10	Michelle Pope	730	4/4	H	44		00:05:31	00:03:45	00:51:31	00:01:46	00:18:16	01:20:49
11	Sue Pell	724	2/3	I	49		00:03:59	00:04:06	00:55:26	00:01:31	00:16:43	01:21:46
12	Nicola Sellick	729	1/1	J	54		00:05:20	00:03:32	00:49:53	00:00:48	00:22:32	01:22:05
13	Samantha Sellick	727	1/1	F	34		00:04:51	00:03:28	00:50:32	00:00:59	00:22:47	01:22:37
14	Hannah Greatrex	722	3/4	G	36		00:04:48	00:04:08	00:56:50	00:01:22	00:16:40	01:23:27
15	Amy Truscott	732	4/4	G	35		00:08:44	00:04:43	01:01:46	00:01:03	00:19:03	01:35:18
16	Sally Ruth Nowak	733	3/3	I	49		00:09:43	00:03:06	00:57:26	00:01:00	00:26:00	01:37:14