



2025 RACE UK Triathlon LEAGUE

Take part in 3 or more qualifying UK Triathlon Events in 2025 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

OPEN CATEGORY AGE GROUP H (40-44)

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

AGE CAT POSITION																
	NAME	AGE	AGE CAT	CLUB	STRATFORD	CHESHIRE	HENLEY	ALDERFORD	ULTIMATE Q	BIRMINGHAM	YORK	SHROPSHIRE	NORTH WEST	WARWICKSHIRE	TOP 3 SCORE	Number of Races
1	Andrej Racz	42	H			987.16	991.74	960.80		1000		981.13		986.26	2978.90	6
2	Michael Donnelly	43	H			976.46			931.84			962.27	980.13		2918.86	4
3	Danny Keyse	42	H			914.40		867.40					920.54		2702.34	3
4	Tony Forster	41	H			925.10							874.18	859.12	2658.41	3
5	Martin Burton	43	H			935.80		796.68					884.11		2616.60	3
6	Craig Cameron	41	H			768.88		862.80		863.24	822.52		864.25		2590.29	5
7	Robert Carter	41	H			786.00		566.84		795.04	916.48				2497.52	4
8	Daniel Mondon	43	H					549.16	772.80				903.98		2225.94	3
9	Robert Davis	40	H			771.02		608.00					784.78		2163.81	3
10	Timothy Heappey	43	H		905.76			275.12		905.32					2086.20	3
11	Norman Fontiane-Thompson	43	H		547.04		785.24			689.45					2021.73	3
12	Tim Kennedy	44	H			574.14					645.04		605.99		1825.17	3
13	Sean Coe	43	H			664.02		398.88				36.96	731.81		1794.71	4
14	Richard Parsons	43	H		508.00	621.00		142.52				343.66	572.88	481.16	1701.88	6
15	Steve Jones	43	H			946.50							956.96		1903.46	2
16	Richard Jellyman	41	H			993.58			886.40						1879.98	2

17	Jon Nuttall	41	H		874.72		831.14	1705.86	2	
18	Gary Farnsworth	43	H		886.58	804.00		1690.58	2	
19	Stu Smith	44	H		768.96		803.71	1572.67	2	
20	Tom Bateman	41	H			579.20	934.72	1513.92	2	
21	Ben Webb	44	H		860.16		632.35	1492.51	2	
22	Paul Burton	40	H		683.84		721.68	1405.52	2	
23	Shaun Sumner	44	H	Shauns BAT Cave		571.44	711.70	1283.14	2	
24	Carl Thomas-Bring	41	H		479.98		745.05	1225.03	2	
25	Nick Aitken	42	H		698.26	363.52		1061.78	2	
26	David Watts	40	H				552.22	470.86	1023.07	2
27	Stuart Rawlings	44	H	Stretton Striders			398.87	622.04	1020.91	2
28	Mark Parnaby	43	H	Sedgefield Harriers		341.63	672.88	1014.51	2	
29	Shaun Wasik	42	H			496.12	503.12	999.24	2	
30	Razvan Seba	40	H		282.56	223.56		506.12	2	
31	Nick Grey	40	H	The Wild Wood Connection Project	179.20		175.36	354.56	2	
32	Richard Laws	40	H		135.44		162.32	297.76	2	
33	John Breese	43	H		118.40		130.69	249.09	2	
34	Farai Nyamangara	42	H		94.08	126.84		220.92	2	
35	Mike Bywater	41	H			71.80	122.84	194.64	2	
36	Nichola Jackson	42	H		4.90		19.94	24.84	2	
37	Gary Price	42	H			993.79		993.79	1	
38	Richard Sykes	43	H	Hyde Park Harriers		993.04		993.04	1	
39	Tim Rhodes-Jones	41	H	Coventry Triathletes	978.72			978.72	1	
40	Antony Fitter	42	H	Team NFT		975.16		975.16	1	
41	David Potter	43	H	Malvern Triathlon Club			972.51	972.51	1	
42	Richard Rowden	43	H	Rule No5			969.08	969.08	1	
43	Ciaran Dorrity	40	H	Greenlightpt		962.73		962.73	1	

44	Martin Downham	41	H		947.02	947.02	1
45	Adam Stage	44	H		942.18	942.18	1
46	David Pearson	41	H		938.66	938.66	1
47	Allan Smith	44	H	Coventry Triathletes	937.89	937.89	1
48	Nick Arnst	42	H	Malvern Triathlon Club	927.84	927.84	1
49	Alwyn Craven	43	H		926.92	926.92	1
50	Dave James	42	H		918.68	918.68	1
51	Richard Gozdecki	43	H	Workout mill	917.92	917.92	1
52	Ben Marshall	43	H		914.12	914.12	1
53	Andrew Wright	44	H		913.05	913.05	1
54	Graham Hazleton	40	H		911.84	911.84	1
55	Jonathan Menon	40	H		908.80	908.80	1
56	Luke Walsh	43	H		892.12	892.12	1
57	Dean Beauchamp	40	H		881.44	881.44	1
58	Mark Harris	44	H		878.20	878.20	1
59	Will Davis	42	H		876.10	876.10	1
60	Matt Shurlock	41	H		875.88	875.88	1
61	Craig Priestnall	40	H		873.74	873.74	1
62	David Brown	40	H		871.19	871.19	1
63	Sebastian Benney	40	H		863.36	863.36	1
64	Stuart Whyley	40	H		855.69	855.69	1
65	Gareth Mills	44	H		854.32	854.32	1
66	Paul Cowdray	42	H		852.34	852.34	1
67	Kully Ubhi	41	H		848.00	848.00	1
68	Delme Luff	42	H	TFN Tri	840.96	840.96	1
69	Andrew Mcfadden	42	H		840.88	840.88	1
70	Michael Power Power	40	H	Total Tri Training	837.76	837.76	1

71	Nick Reeves	43	H		835.84		835.84	1	
72	Gabor Nagy	41	H			834.45	834.45	1	
73	Daniel Gomme	42	H		833.08		833.08	1	
74	Scott Richards	40	H			832.96	832.96	1	
75	Tom Russell	42	H		829.76		829.76	1	
76	Danny Leigh	41	H		828.80		828.80	1	
77	Tom Sunderland	42	H		822.38		822.38	1	
78	Max Eskill	44	H		817.60		817.60	1	
79	Alan Stanway	42	H		815.96		815.96	1	
80	Martin Zandy-Smith	43	H			811.27	811.27	1	
81	Gary Vickerman	40	H	Nantwich Triathlon Club		804.65	804.65	1	
82	Mark Gibbons	44	H		801.76		801.76	1	
83	Paul Laycock	40	H			801.34	801.34	1	
84	Matt Meekin	44	H		794.56		794.56	1	
85	Matthew Green	41	H			789.60	789.60	1	
86	Adam Mould	43	H			788.83	788.83	1	
87	Andrew Nicholson	42	H			785.31	785.31	1	
88	Tom Howard	41	H		775.30		775.30	1	
89	Andre Teles Grilo	43	H		772.00		772.00	1	
90	Luke Braithwaite	42	H			770.32	770.32	1	
91	Gareth Jones.	43	H	JoDo Racing			759.48	759.48	1
92	Byron Hughes	41	H		753.90		753.90	1	
93	Andrew Lait	41	H			745.35	745.35	1	
94	Chris Podmore	43	H		741.06		741.06	1	
95	Adrian Warmington	41	H		735.68		735.68	1	
96	Paul Gibney	40	H	Derby Tri Club		732.93	732.93	1	
97	Charlotte Arnold	41	H		732.50		732.50	1	

98	Sam Flanagan	44	H			731.99	731.99	1
99	Richard Mitchell	40	H	York Triathlon Club		728.56	728.56	1
100	Simon Lewis	44	H		728.22		728.22	1
101	Conor Houlihan	43	H		726.08		726.08	1
102	Paul Sharman	40	H		725.96		725.96	1
103	James Simpson	43	H			723.97	723.97	1
104	Richard Harrison	42	H			721.88	721.88	1
105	Michael Hayler	44	H		719.66		719.66	1
106	Ben Arrowsmith	42	H	//@club_coaction	717.28		717.28	1
107	Nick Tyrrell	40	H			714.81	714.81	1
108	Christopher Evans	41	H	Norman is Awesome		708.08	708.08	1
109	Ahmet Aydogan	44	H			704.64	704.64	1
110	Olu Akeju	42	H		702.64		702.64	1
111	Mark Gozdecki	44	H		702.08		702.08	1
112	Chris Evans	41	H		699.04		699.04	1
113	Andrew Hunt	42	H			695.39	695.39	1
114	Mark Metcalfe	44	H		691.84		691.84	1
115	Simon Doherty	40	H			690.76	690.76	1
116	Simon Moss	41	H	York Triathlon Club		686.80	686.80	1
117	William Beardmore	42	H			681.92	681.92	1
118	Nick Barker	42	H			679.28	679.28	1
119	Kevin Butterfield	42	H	Ponte Rejects		678.83	678.83	1
120	Carl Telford	40	H		672.92		672.92	1
121	Rashad Salman	41	H			669.40	669.40	1
122	Matthew Grant	42	H			664.61	664.61	1
123	Toby Jackson	40	H			663.36	663.36	1
124	James Huggins	40	H			662.44	662.44	1

125	Chris Payne	40	H		655.48	655.48	1
126	Mark Tipper	43	H		650.40	650.40	1
127	Ryan Jordan	40	H	Stourbridge RC	645.97	645.97	1
128	Daniel Bucknole	44	H		644.23	644.23	1
129	Chris Harrison	41	H		642.41	642.41	1
130	Ian Snoad	42	H		641.56	641.56	1
131	Thomas Jonas	41	H		628.91	628.91	1
132	Aaron Hepworth	41	H		628.72	628.72	1
133	Chris Hutton	44	H	4 Life Tri Club	627.34	627.34	1
134	Richard Bradley	44	H		625.83	625.83	1
135	Richard Norton	40	H		620.04	620.04	1
136	David Fackrell	44	H		618.60	618.60	1
137	Adam Webb	42	H		613.25	613.25	1
138	Matthew Williams	42	H		607.42	607.42	1
139	Gareth Watkins	42	H		606.24	606.24	1
140	Chris Wright	42	H		603.52	603.52	1
141	Georg Schirmer	44	H		602.20	602.20	1
142	Martin Jones	40	H		600.24	600.24	1
143	Tom King	40	H		599.37	599.37	1
144	Robert Marsh	40	H		595.68	595.68	1
145	Charlie Reeves	44	H		589.44	589.44	1
146	Paul Craker	44	H		585.88	585.88	1
147	John Dawson	42	H		577.44	577.44	1
148	Matthew Davies	40	H		575.44	575.44	1
149	Andrew Costello	41	H		574.40	574.40	1
150	Craig Bradshaw	42	H		565.28	565.28	1
151	Alex Randall	44	H		562.24	562.24	1

152	Madeleine Shillaker	41	H	XavierCET	562.22	562.22	1
153	Andy Stallard	43	H		561.30	561.30	1
154	David Currie	41	H		559.16	559.16	1
155	Tom Hains	42	H	SWYD Tri Club	556.33	556.33	1
156	Simon Lee	43	H		553.96	553.96	1
157	Andy Rushton	44	H		552.74	552.74	1
158	Andrew Shoreman	41	H		549.70	549.70	1
159	Colin Hays	43	H		546.45	546.45	1
160	Lee Benson	43	H		545.70	545.70	1
161	Chris Evans.	40	H		537.92	537.92	1
162	Thomas Bateman	41	H	Sparticus	537.44	537.44	1
163	Ian Wilkins	42	H		537.12	537.12	1
164	Steve Millican	40	H		533.48	533.48	1
165	Adam Youds	41	H		531.48	531.48	1
166	Hiro Okura	40	H		527.68	527.68	1
167	Emma Turner	44	H	Newcastle (Staffs) Triathlon Club	526.53	526.53	1
168	Lyle Risk	40	H	3 x R + D	523.24	523.24	1
169	Gareth Jones	41	H		522.64	522.64	1
170	Izaac Thaw	40	H		519.90	519.90	1
171	Tristan Harris	44	H		515.41	515.41	1
172	Mat Curley	44	H		513.80	513.80	1
173	Simon Wilcox	41	H		498.34	498.34	1
174	Tom Brett	40	H		496.91	496.91	1
175	Anup Ravi	43	H		488.44	488.44	1
176	Paul Bailey	40	H		486.24	486.24	1
177	James Lutton	41	H		480.17	480.17	1
178	Daniel Harding	44	H		474.08	474.08	1

179	Michael Goldstone	44	H		467.14	467.14	1
180	David Oates	41	H		464.08	464.08	1
181	Gareth Bee	43	H		459.64	459.64	1
182	Andrew Holland	43	H	Lymm Tri	457.00	457.00	1
183	Drew Spencer	42	H		455.84	455.84	1
184	Chris Nicholas	42	H		453.43	453.43	1
185	Michael Redman	40	H		450.16	450.16	1
186	Matthew Bradley	42	H		446.68	446.68	1
187	Tom Jenkins	44	H		443.68	443.68	1
188	Oliver Jenkins	44	H		442.44	442.44	1
189	Stephen Jones	43	H		437.60	437.60	1
190	Ricky Patel	44	H		422.38	422.38	1
191	Mike Hutt	44	H	Well Fit	413.95	413.95	1
192	Riz Akbar	40	H		410.88	410.88	1
193	Jack Clisby	41	H		410.24	410.24	1
194	Luke Moreton	43	H		409.95	409.95	1
195	Lisa Harrad	40	H		407.33	407.33	1
196	Jez Jeffery	40	H		404.16	404.16	1
197	Josh Thomas	40	H		400.71	400.71	1
198	Michael Wade	42	H	Birmingham Running Athletics Triathlon	391.83	391.83	1
199	Graham Livings	44	H		384.04	384.04	1
200	Ed Thompson	44	H		380.84	380.84	1
201	Edward Hillier	40	H		373.76	373.76	1
202	Tommy Adams	40	H		370.91	370.91	1
203	John Hickey	41	H		362.28	362.28	1
204	Daniel Smith	40	H		360.98	360.98	1

205	Christophe Hesbert	43	H		358.00	358.00	1
206	Jon Rees	41	H		347.30	347.30	1
207	Ben Williams	42	H		341.12	341.12	1
208	Gemma Taylor.	44	H	Mersey Tri	341.11	341.11	1
209	Richard Johnson	42	H		335.42	335.42	1
210	Gaz Taylor	44	H		334.49	334.49	1
211	John Wain	41	H		334.24	334.24	1
212	Luke Salkeld	41	H		329.21	329.21	1
213	Will Ros	42	H		318.40	318.40	1
214	Scott Penlington	42	H	LJA	312.80	312.80	1
215	Daniel Sweeting	42	H		310.58	310.58	1
216	Adam Tricklebank	40	H		306.88	306.88	1
217	Javier Jiménez Labrado	44	H		306.16	306.16	1
218	Chris Standage	40	H		300.52	300.52	1
219	Chris Marley	42	H		297.76	297.76	1
220	Steve Smith	41	H		285.60	285.60	1
221	Philip Argue	42	H		278.44	278.44	1
222	Louisa Carpenter	40	H		270.40	270.40	1
223	Shaun Bateman	44	H		258.34	258.34	1
224	Vickram Selvakumar	44	H		258.24	258.24	1
225	Xiangyin Meng	43	H		255.28	255.28	1
226	Jason Bailey	41	H		254.68	254.68	1
227	James Harwood	42	H		248.60	248.60	1
228	Bethan Cook	42	H		247.52	247.52	1
229	Danny Dillon	41	H		244.84	244.84	1

230	Alan Beauchamp	43	H		244.08	244.08	1
231	Mark Raines	42	H		237.21	237.21	1
232	Liam Hills	40	H		236.05	236.05	1
233	Max Meronti	42	H		234.40	234.40	1
234	Leah Warrington	40	H		231.74	231.74	1
235	Tomasz Raatz	44	H		227.46	227.46	1
236	Tom Troth	40	H		221.52	221.52	1
237	Laurie Owens	44	H		221.04	221.04	1
238	Anthony Martin	43	H		220.03	220.03	1
239	Nick Wilson	43	H		218.90	218.90	1
240	Amar Kachhia	41	H	Stretton Striders	214.85	214.85	1
241	Alex Orange	42	H		214.62	214.62	1
242	Denis Hozheri Wozhele	41	H		212.64	212.64	1
243	James Symons	40	H		209.72	209.72	1
244	Stephen Terry	40	H		206.28	206.28	1
245	Simon Hack	42	H		197.44	197.44	1
246	Emma Martin	44	H		192.54	192.54	1
247	James Hanlon	44	H		191.08	191.08	1
248	Kerry Lomas	43	H	Leigh Harriers Athletic and Triathlon Club	185.49	185.49	1
249	Mike Parkins	42	H		184.66	184.66	1
250	Colin Barnes	42	H		173.94	173.94	1
251	Kris Sneddon	44	H		160.96	160.96	1
252	Mat Elcock	42	H		154.70	154.70	1
253	Daniel Clay	42	H		148.28	148.28	1
254	Nikolay Kovalyov	43	H		145.76	145.76	1

255	Neil Wall	44	H		140.44	140.44	1
256	Ryan Morgner	41	H		130.00	130.00	1
257	Hannah Mackay	40	H		129.21	129.21	1
258	Michael Carlton	40	H	124.44		124.44	1
259	Emma Townley	44	H		123.04	123.04	1
260	Alex Eagles	44	H	116.18		116.18	1
261	Mark Francis	41	H	116.00		116.00	1
262	Paddy Jones	40	H		106.64	106.64	1
263	Jennifer Thornton	40	H		106.03	106.03	1
264	Thomas Jupe	41	H	89.48		89.48	1
265	Caroline Rosser	42	H	86.98		86.98	1
266	Daniel Bobu	43	H	84.96		84.96	1
267	Linzi Hewitt	43	H	78.80		78.80	1
268	James Boorn	41	H		72.92	72.92	1
269	Steve Hough	44	H	71.24		71.24	1
270	James Beck	40	H		69.61	69.61	1
271	Thomas Moore	42	H	68.35		68.35	1
272	Daniel Heap	44	H	67.36		67.36	1
273	Anthony Thomason	42	H		66.30	66.30	1
274	Cath Bogle	40	H	63.72		63.72	1
275	Laura Walker	43	H	60.54		60.54	1
276	Mark Faulkner	41	H	58.40		58.40	1
277	Martyn Jackson	43	H	54.56		54.56	1
278	Leanne Callan	43	H	54.12		54.12	1
279	Ed Lee	41	H		44.79	44.79	1

280	Michael Anders	40	H		39.14	39.14	1
281	Mark Taylor	42	H			34.48	1
282	Nav Hira	40	H			13.87	1
283	Annelies Merrells	42	H		9.18	9.18	1
284	Matthew Pearson	42	H	Tour de bants	8.96	8.96	1
285	Jaina Patel	44	H		5.92	5.92	1