



# 2025 RACE UK Triathlon LEAGUE

Take part in 3 or more qualifying UK Triathlon Events in 2025 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

## OPEN CATEGORY AGE GROUP K (55-59)

*Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.*

| AGE CAT POSITION |                    |     |         |                          |           |          |        |           |            |            |       |            |            |              |             |                 |
|------------------|--------------------|-----|---------|--------------------------|-----------|----------|--------|-----------|------------|------------|-------|------------|------------|--------------|-------------|-----------------|
|                  | NAME               | AGE | AGE CAT | CLUB                     | STRATFORD | CHESHIRE | HENLEY | ALDERFORD | ULTIMATE Q | BIRMINGHAM | YORK  | SHROPSHIRE | NORTH WEST | WARWICKSHIRE | TOP 3 SCORE | Number of Races |
| 1                | Jeremy Carr        | 56  | K       | Adapted Edurance         |           | 950.78   |        |           |            |            |       | 932.53     | 937.09     | 941.59       | 2829.46     | 4               |
| 2                | Andrew Flavell     | 58  | K       |                          | 811.52    | 869.46   |        | 770.16    |            |            |       | 886.80     |            |              | 2567.78     | 4               |
| 3                | Jeremy Dawes       | 59  | K       |                          |           | 927.24   |        | 690.60    |            |            |       |            | 910.60     |              | 2528.44     | 3               |
| 4                | Barrie Jones       | 58  | K       |                          |           | 796.70   |        | 504.96    |            |            |       | 717.84     | 798.03     |              | 2312.57     | 4               |
| 5                | Dave Skirvin       | 55  | K       |                          | 632.16    |          |        |           |            | 779.08     |       |            |            | 773.22       | 2184.46     | 3               |
| 6                | Andy Halsall       | 55  | K       |                          |           | 676.86   |        | 451.20    |            |            |       |            | 665.59     |              | 1793.65     | 3               |
| 7                | Adrian Griffiths   | 57  | K       | Shropshire Shufflers     | 526.00    | 628.00   |        |           |            |            |       | 484.74     |            | 587.68       | 1741.68     | 4               |
| 8                | Mark Krassowski    | 59  | K       | TTT                      |           |          | 512.66 | 292.80    |            |            |       | 257.79     |            |              | 1063.25     | 3               |
| 9                | Martin Hathaway    | 57  | K       |                          |           |          |        | 216.00    |            | 161.51     |       | 198.20     |            |              | 575.71      | 3               |
| 10               | Sean Kachmarski    | 55  | K       |                          | 57.60     |          |        | 9.92      |            |            | 84.76 |            |            |              | 152.28      | 3               |
| 11               | Tim Donnelly Smith | 57  | K       |                          | 930.08    |          |        |           |            |            |       |            |            | 917.54       | 1847.62     | 2               |
| 12               | Greg Sagar         | 55  | K       |                          | 924.00    |          |        |           |            |            |       |            |            | 907.23       | 1831.23     | 2               |
| 13               | Tim Burnett        | 56  | K       |                          |           |          |        | 814.36    |            | 950.31     |       |            |            |              | 1764.67     | 2               |
| 14               | David Bessant      | 58  | K       | Evesham Vale Triathletes | 775.04    |          |        |           |            |            |       |            |            | 762.92       | 1537.96     | 2               |
| 15               | Carl Farrow        | 58  | K       |                          |           |          |        | 686.40    |            |            |       | 783.04     |            |              | 1469.44     | 2               |

|    |                  |    |   |                                  |        |        |        |         |         |   |
|----|------------------|----|---|----------------------------------|--------|--------|--------|---------|---------|---|
| 16 | Nigel Foster     | 56 | K |                                  | 730.36 | 683.32 |        | 1413.68 | 2       |   |
| 17 | Mark Colclough   | 58 | K |                                  | 572.00 |        | 685.45 | 1257.46 | 2       |   |
| 18 | Mike Crumpton    | 55 | K | Rugby triathlon club             | 550.08 |        | 601.42 | 1151.50 | 2       |   |
| 19 | Sean Merritt     | 59 | K |                                  | 490.68 | 454.72 |        | 945.40  | 2       |   |
| 20 | Alan Banks       | 57 | K |                                  | 398.66 |        | 490.11 | 888.77  | 2       |   |
| 21 | Simon Grumett    | 56 | K |                                  | 504.48 |        | 300.72 | 805.20  | 2       |   |
| 22 | Matthew Hatton   | 56 | K |                                  | 360.14 | 438.32 |        | 798.46  | 2       |   |
| 23 | Mark Warner      | 59 | K |                                  |        | 421.80 |        | 323.11  | 744.91  | 2 |
| 24 | Tim White        | 59 | K |                                  | 340.88 |        |        | 295.62  | 636.50  | 2 |
| 25 | Leonard Francis  | 56 | K |                                  | 212.48 |        | 347.73 | 560.21  | 2       |   |
| 26 | Ian Woodvine     | 58 | K |                                  |        |        | 179.33 | 215.29  | 394.62  | 2 |
| 27 | Nick Burns       | 58 | K |                                  | 167.04 | 215.30 |        |         | 382.34  | 2 |
| 28 | Mike Homer       | 55 | K |                                  |        | 54.12  |        | 43.10   | 97.22   | 2 |
| 29 | Stephen Greene   | 55 | K |                                  |        |        | 1000   |         | 1000.00 | 1 |
| 30 | Philip Wallace   | 56 | K | Speedhub                         |        |        |        | 948.46  | 948.46  | 1 |
| 31 | James Millington | 56 | K | Lichfield and Burntwood tri club |        | 931.68 |        |         | 931.68  | 1 |
| 32 | Gary Fellows     | 56 | K |                                  | 929.38 |        |        |         | 929.38  | 1 |
| 33 | Guy Graham       | 57 | K |                                  |        |        |        | 914.10  | 914.10  | 1 |
| 34 | Carl Dunn        | 55 | K |                                  |        | 894.41 |        |         | 894.41  | 1 |
| 35 | Barry James      | 56 | K |                                  | 893.00 |        |        |         | 893.00  | 1 |
| 36 | Jem Owens        | 55 | K | Barnt Green Chuggers             |        | 884.28 |        |         | 884.28  | 1 |
| 37 | Rob Liley        | 55 | K |                                  | 882.30 |        |        |         | 882.30  | 1 |
| 38 | James Flack      | 56 | K | Solihull Triathlon Club          |        |        |        | 876.30  | 876.30  | 1 |
| 39 | Peter Mallison   | 55 | K | BDCG                             |        |        | 870.87 |         | 870.87  | 1 |

|    |                  |    |   |                                   |        |  |        |   |
|----|------------------|----|---|-----------------------------------|--------|--|--------|---|
| 40 | James Carter     | 56 | K |                                   | 869.28 |  | 869.28 | 1 |
| 41 | John Claricoates | 55 | K |                                   | 859.58 |  | 859.58 | 1 |
| 42 | John Manby       | 55 | K |                                   | 851.00 |  | 851.00 | 1 |
| 43 | Steve Grundy     | 55 | K |                                   | 849.72 |  | 849.72 | 1 |
| 44 | Simon Chubb      | 55 | K | Newcastle (Staffs) Triathlon Club | 844.38 |  | 844.38 | 1 |
| 45 | Claudio Schwab   | 58 | K | Morley Triathlon Club             | 836.44 |  | 836.44 | 1 |
| 46 | Simon Parker     | 59 | K |                                   | 834.38 |  | 834.38 | 1 |
| 47 | Nicholas Beare   | 56 | K | Mersey Tri                        | 824.52 |  | 824.52 | 1 |
| 48 | Peter Stowell    | 59 | K | Army Triathlon Association        | 822.11 |  | 822.11 | 1 |
| 49 | Paul Wheatley    | 59 | K |                                   | 821.16 |  | 821.16 | 1 |
| 50 | Phil Claridge    | 58 | K |                                   | 810.02 |  | 810.02 | 1 |
| 51 | Adrian Jeremiah  | 55 | K | Pontypridd Roadents               | 809.85 |  | 809.85 | 1 |
| 52 | Peter English    | 56 | K |                                   | 796.32 |  | 796.32 | 1 |
| 53 | Martin Davis     | 57 | K | Redcar Triathlon club             | 794.68 |  | 794.68 | 1 |
| 54 | Steven Allcock   | 57 | K |                                   | 791.44 |  | 791.44 | 1 |
| 55 | Tim Nunn         | 59 | K | Triathlon Coaching Company        | 780.10 |  | 780.10 | 1 |
| 56 | Dave Phillips    | 56 | K | GS Henley                         | 768.72 |  | 768.72 | 1 |
| 57 | Peter Dunne      | 55 | K | Redcar Triathlon club             | 766.84 |  | 766.84 | 1 |
| 58 | Dave Edwards     | 56 | K |                                   | 754.74 |  | 754.74 | 1 |
| 59 | Stephen Cort     | 55 | K |                                   | 752.61 |  | 752.61 | 1 |
| 60 | Mike Roskell     | 56 | K |                                   | 751.76 |  | 751.76 | 1 |
| 61 | Nicholas Roberts | 59 | K | Stockport Tri Club                | 751.67 |  | 751.67 | 1 |
| 62 | Shane Holland    | 57 | K | Telford Tri                       | 747.68 |  | 747.68 | 1 |
| 63 | Peter Coleman    | 59 | K |                                   | 743.20 |  | 743.20 | 1 |

|    |                    |    |   |                         |        |        |   |
|----|--------------------|----|---|-------------------------|--------|--------|---|
| 64 | Charlie Prichard   | 57 | K | DO3                     | 714.24 | 714.24 | 1 |
| 65 | Matthew Callister  | 55 | K |                         | 707.58 | 707.58 | 1 |
| 66 | Jason Winstanley   | 55 | K | Chester Triathlon Club  | 698.14 | 698.14 | 1 |
| 67 | Graham Vernon      | 56 | K | Timber Garden Buildings | 697.24 | 697.24 | 1 |
| 68 | Richard Armishaw   | 57 | K |                         | 686.88 | 686.88 | 1 |
| 69 | David Nolan        | 58 | K |                         | 679.84 | 679.84 | 1 |
| 70 | Andrew Price       | 57 | K |                         | 669.85 | 669.85 | 1 |
| 71 | Ian Wilkinson      | 57 | K | Dubliners               | 659.84 | 659.84 | 1 |
| 72 | Richard Sutton     | 58 | K |                         | 656.50 | 656.50 | 1 |
| 73 | Robin Turner       | 56 | K |                         | 652.18 | 652.18 | 1 |
| 74 | Rob Richardson     | 55 | K |                         | 625.50 | 625.50 | 1 |
| 75 | Martin Young       | 57 | K |                         | 625.48 | 625.48 | 1 |
| 76 | Rich Palk          | 58 | K | Dursley Tri Club        | 615.17 | 615.17 | 1 |
| 77 | Christopher Irvine | 57 | K |                         | 613.76 | 613.76 | 1 |
| 78 | Andy Munns         | 58 | K |                         | 613.72 | 613.72 | 1 |
| 79 | Antony Wood        | 56 | K |                         | 595.54 | 595.54 | 1 |
| 80 | Gary Kind          | 56 | K |                         | 583.52 | 583.52 | 1 |
| 81 | Simon Lees         | 56 | K |                         | 582.70 | 582.70 | 1 |
| 82 | J Moisey           | 57 | K |                         | 580.81 | 580.81 | 1 |
| 83 | Martin Orford      | 59 | K |                         | 580.48 | 580.48 | 1 |
| 84 | Simon Risebury     | 58 | K | Selby swans             | 578.92 | 578.92 | 1 |
| 85 | Philip Nevitt      | 55 | K |                         | 576.28 | 576.28 | 1 |
| 86 | David Chan         | 58 | K | Hawarden                | 569.57 | 569.57 | 1 |
| 87 | Neil Stanley       | 58 | K |                         | 568.80 | 568.80 | 1 |

|     |                         |    |   |                            |        |        |   |
|-----|-------------------------|----|---|----------------------------|--------|--------|---|
| 88  | Paul Hogg               | 58 | K |                            | 568.68 | 568.68 | 1 |
| 89  | Simon Owen              | 55 | K |                            | 567.72 | 567.72 | 1 |
| 90  | Guy Heywood             | 58 | K |                            | 565.23 | 565.23 | 1 |
| 91  | Darren Envis            | 56 | K |                            | 560.19 | 560.19 | 1 |
| 92  | Phil Collins            | 56 | K |                            | 557.02 | 557.02 | 1 |
| 93  | Peter Haine             | 56 | K |                            | 546.39 | 546.39 | 1 |
| 94  | Michael Bailey          | 59 | K |                            | 546.08 | 546.08 | 1 |
| 95  | Jason Cheetham          | 55 | K |                            | 544.18 | 544.18 | 1 |
| 96  | Stephen Wood            | 57 | K | Invictus Triathlon (Wigan) | 539.77 | 539.77 | 1 |
| 97  | Andrew King             | 55 | K |                            | 533.68 | 533.68 | 1 |
| 98  | Keith Howard            | 59 | K |                            | 521.55 | 521.55 | 1 |
| 99  | Andy Verdin             | 58 | K |                            | 509.94 | 509.94 | 1 |
| 100 | Paul Burgess            | 55 | K |                            | 509.48 | 509.48 | 1 |
| 101 | Simon Hogan             | 55 | K |                            | 505.66 | 505.66 | 1 |
| 102 | David Arrowsmith-Cooper | 57 | K | Wolds Triathlon            | 502.36 | 502.36 | 1 |
| 103 | John Rauch              | 55 | K |                            | 500.05 | 500.05 | 1 |
| 104 | Jamie Oliff             | 55 | K |                            | 496.14 | 496.14 | 1 |
| 105 | Peter Tunstall          | 58 | K |                            | 488.04 | 488.04 | 1 |
| 106 | Dean Adams              | 57 | K |                            | 487.88 | 487.88 | 1 |
| 107 | Mike Taylor             | 57 | K |                            | 481.19 | 481.19 | 1 |
| 108 | Paul Dodson             | 56 | K | Coventry Triathletes       | 467.42 | 467.42 | 1 |
| 109 | Stephen Ellis           | 59 | K |                            | 456.44 | 456.44 | 1 |
| 110 | Philip Roe              | 59 | K |                            | 454.30 | 454.30 | 1 |
| 111 | Malcolm Cook            | 55 | K | Barrow Runners             | 447.22 | 447.22 | 1 |

|     |                    |    |   |                        |        |        |   |
|-----|--------------------|----|---|------------------------|--------|--------|---|
| 112 | Henry Rivera       | 58 | K | Evesham Vale Triathlon | 446.80 | 446.80 | 1 |
| 113 | John Crossley      | 57 | K |                        | 443.60 | 443.60 | 1 |
| 114 | Phil Walton        | 56 | K |                        | 425.80 | 425.80 | 1 |
| 115 | Steve Snowdon      | 59 | K |                        | 415.88 | 415.88 | 1 |
| 116 | Oliver Duncan-King | 56 | K |                        | 405.28 | 405.28 | 1 |
| 117 | Robert Cole        | 56 | K |                        | 402.94 | 402.94 | 1 |
| 118 | Phil Howe          | 55 | K |                        | 400.80 | 400.80 | 1 |
| 119 | David Reid         | 55 | K |                        | 397.40 | 397.40 | 1 |
| 120 | Duncan Cheshire    | 59 | K |                        | 396.29 | 396.29 | 1 |
| 121 | Leon Rowley        | 56 | K |                        | 395.04 | 395.04 | 1 |
| 122 | Lee Whittaker      | 55 | K |                        | 392.73 | 392.73 | 1 |
| 123 | Andrew Elkins      | 59 | K |                        | 371.21 | 371.21 | 1 |
| 124 | Dean Anderson      | 56 | K |                        | 368.80 | 368.80 | 1 |
| 125 | Nick Dunaway       | 55 | K |                        | 349.80 | 349.80 | 1 |
| 126 | Ellis Hadley       | 57 | K |                        | 349.44 | 349.44 | 1 |
| 127 | Andrew Kirkpatrick | 57 | K |                        | 347.46 | 347.46 | 1 |
| 128 | Richard Arnold     | 55 | K |                        | 336.60 | 336.60 | 1 |
| 129 | Andrew Bowen       | 55 | K |                        | 325.12 | 325.12 | 1 |
| 130 | Hazel Millington   | 59 | K |                        | 323.76 | 323.76 | 1 |
| 131 | Gill Leigh         | 58 | K |                        | 321.62 | 321.62 | 1 |
| 132 | John Rich          | 59 | K |                        | 310.48 | 310.48 | 1 |
| 133 | James Ellison      | 59 | K |                        | 305.93 | 305.93 | 1 |
| 134 | Ian Sears          | 57 | K |                        | 297.90 | 297.90 | 1 |
| 135 | Bryan Low          | 59 | K | Wyre Forest Tri        | 285.73 | 285.73 | 1 |

|     |                    |    |   |                                   |        |        |   |
|-----|--------------------|----|---|-----------------------------------|--------|--------|---|
| 136 | Michael Pursglove  | 59 | K |                                   | 278.20 | 278.20 | 1 |
| 137 | Martin Pepworth    | 58 | K | Scarborough Athletic Club         | 272.68 | 272.68 | 1 |
| 138 | Shaun Barnes       | 56 | K |                                   | 266.28 | 266.28 | 1 |
| 139 | David Redgrave     | 55 | K |                                   | 264.86 | 264.86 | 1 |
| 140 | Mark Thomas        | 59 | K |                                   | 257.44 | 257.44 | 1 |
| 141 | Anne Coghlan       | 58 | K | Stafford Tri                      | 250.24 | 250.24 | 1 |
| 142 | David Balmer       | 58 | K |                                   | 241.36 | 241.36 | 1 |
| 143 | Louise Ingham      | 57 | K |                                   | 237.88 | 237.88 | 1 |
| 144 | Philip Upton       | 59 | K |                                   | 233.92 | 233.92 | 1 |
| 145 | Alan Jackson       | 56 | K |                                   | 233.77 | 233.77 | 1 |
| 146 | Paul Bland         | 56 | K |                                   | 230.34 | 230.34 | 1 |
| 147 | Andrzej Wieckowski | 55 | K |                                   | 227.52 | 227.52 | 1 |
| 148 | Adrian Lummis      | 58 | K |                                   | 225.32 | 225.32 | 1 |
| 149 | Christopher Brown  | 55 | K |                                   | 213.24 | 213.24 | 1 |
| 150 | Jon Finch          | 55 | K |                                   | 210.34 | 210.34 | 1 |
| 151 | Anu Ojha           | 57 | K |                                   | 209.60 | 209.60 | 1 |
| 152 | Steve Allen        | 56 | K |                                   | 200.48 | 200.48 | 1 |
| 153 | Hilary Cheshire    | 56 | K |                                   | 188.76 | 188.76 | 1 |
| 154 | Darren Smith       | 56 | K | Slaithwaite Striders Running Club | 182.20 | 182.20 | 1 |
| 155 | Alan Letman        | 57 | K |                                   | 172.25 | 172.25 | 1 |
| 156 | Phil Morgan        | 55 | K |                                   | 171.76 | 171.76 | 1 |
| 157 | Andy Mcdonald      | 59 | K |                                   | 152.56 | 152.56 | 1 |
| 158 | Phil Upton         | 59 | K |                                   | 151.31 | 151.31 | 1 |
| 159 | John Kevany        | 56 | K | Malvern Triathlon Club            | 144.44 | 144.44 | 1 |

|     |                      |    |   |                           |        |        |   |
|-----|----------------------|----|---|---------------------------|--------|--------|---|
| 160 | Hans Taylor          | 58 | K | No Pub is Too Far         | 142.45 | 142.45 | 1 |
| 161 | Martin Murdoch       | 55 | K |                           | 137.60 | 137.60 | 1 |
| 162 | Michaela Hutchinson  | 57 | K |                           | 133.48 | 133.48 | 1 |
| 163 | Vik Sanderson        | 55 | K |                           | 132.70 | 132.70 | 1 |
| 164 | Kevin Brierley       | 58 | K | Telford Tri Club          | 128.97 | 128.97 | 1 |
| 165 | Heath Taylor         | 56 | K |                           | 125.90 | 125.90 | 1 |
| 166 | Daryl Heaselgrave    | 58 | K |                           | 124.84 | 124.84 | 1 |
| 167 | Christopher Williams | 56 | K |                           | 116.70 | 116.70 | 1 |
| 168 | Paula Phillips       | 58 | K |                           | 116.18 | 116.18 | 1 |
| 169 | Alun Jervis          | 56 | K |                           | 115.96 | 115.96 | 1 |
| 170 | Jonathan Baker       | 56 | K | Baker Brothers            | 115.36 | 115.36 | 1 |
| 171 | David Todd           | 59 | K |                           | 112.60 | 112.60 | 1 |
| 172 | Jan Frickel          | 58 | K |                           | 102.72 | 102.72 | 1 |
| 173 | Peter John Mills     | 59 | K |                           | 99.40  | 99.40  | 1 |
| 174 | Graham Crane         | 56 | K | Teme Leisure Triathlon    | 94.43  | 94.43  | 1 |
| 175 | Duncan Gilding       | 59 | K |                           | 81.28  | 81.28  | 1 |
| 176 | Julie Wiles          | 56 | K | Scarborough Athletic Club | 70.84  | 70.84  | 1 |
| 177 | Carl Fender          | 55 | K |                           | 65.41  | 65.41  | 1 |
| 178 | John Sayle           | 56 | K |                           | 62.96  | 62.96  | 1 |
| 179 | David Smeatham       | 59 | K |                           | 62.68  | 62.68  | 1 |
| 180 | Michael Stephenson   | 56 | K | Robin Hood Warriors       | 60.64  | 60.64  | 1 |
| 181 | David Raiswell       | 58 | K |                           | 51.98  | 51.98  | 1 |
| 182 | Bryan Jamieson       | 56 | K |                           | 51.66  | 51.66  | 1 |
| 183 | Mark Dunford         | 56 | K |                           | 45.76  | 45.76  | 1 |



|     |                     |    |   |       |       |       |   |
|-----|---------------------|----|---|-------|-------|-------|---|
| 184 | Simon Cox-Higgins   | 58 | K |       | 43.51 | 43.51 | 1 |
| 185 | Corinne Fowler      | 55 | K |       | 42.68 | 42.68 | 1 |
| 186 | Trevor Mountford    | 58 | K |       | 41.28 | 41.28 | 1 |
| 187 | James Dean          | 59 | K |       |       | 33.19 | 1 |
| 188 | Garfield Phillpotts | 56 | K |       | 32.16 | 32.16 | 1 |
| 189 | Stephen Friedl      | 57 | K | 30.24 |       | 30.24 | 1 |
| 190 | Paul Hughes         | 55 | K |       | 27.60 | 27.60 | 1 |
| 191 | Gerald Francis      | 58 | K |       |       | 26.57 | 1 |
| 192 | Steve Edwards       | 59 | K |       | 23.04 | 23.04 | 1 |
| 193 | Peter Meldrum       | 57 | K |       | 21.64 | 21.64 | 1 |
| 194 | Nigel Kirk          | 57 | K |       |       | 18.97 | 1 |
| 195 | Charles Darby       | 57 | K |       | 13.46 | 13.46 | 1 |
| 196 | Maggie Forrester    | 55 | K |       | 11.32 | 11.32 | 1 |
| 197 | Neil Garner         | 56 | K |       |       | 10.01 | 1 |