

York Triathlon 2025

Open

Sprint Relay

Age is at end of year

Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
1	Mika Brown	1017	1/1	F	31	The Patriots Dynasty	00:05:01	00:01:04	00:32:09	00:00:32	00:17:16	00:56:01
2	Lewis Mcinnes	1014	1/2	E	25	Lion Hearts	00:07:33	00:00:58	00:36:13	00:00:32	00:18:55	01:04:12
3	Martha Hunt	1010	2/2	E	25	Millom Triders	00:08:06	00:01:03	00:33:58	00:00:51	00:22:59	01:06:57
4	John Griffiths	1015	1/1	L	62	One old man and his girls	00:07:08	00:01:08	00:37:11	00:00:42	00:26:16	01:12:24
5	Patrick Shepherd	1003	1/1	N	70	Raw Talent	00:09:28	00:01:31	00:39:12	00:00:41	00:28:22	01:19:14
6	Andrea Livingston	1002	1/1	K	55	Delamere Dafties	00:11:30	00:01:10	00:43:57	00:00:39	00:22:06	01:19:22
7	Simon Aston	1006	1/1	M	67	Team AWA	00:07:24	00:01:05	00:43:56	00:00:33	00:29:04	01:22:03
8	Dave Newby	1011	1/1	H	41	Newbies must tri harder	00:06:57	00:02:36	00:41:47	00:00:51	00:36:22	01:28:33
9	Ian Adair	1009	1/1	G	35	Adair to Tri	00:07:18	00:01:40	00:39:04	00:00:38	00:46:21	01:35:02