



2025 RACE UK Triathlon LEAGUE

Take part in 3 or more qualifying UK Triathlon Events in 2025 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

OPEN CATEGORY AGE GROUP J (50-54)

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

AGE CAT POSITION																	
	NAME	AGE	AGE CAT	CLUB	STRATFORD	CHESHIRE	HENLEY	ALDERFORD	ULTIMATE Q	BIRMINGHAM	YORK	SHROPSHIRE	NORTH WEST	WARWICKSHIRE	TOP 3 SCORE	Number of Races	
	1	Gary Cookson	50	J			756.04					717.01	698.70		2171.75	3	
	2	Andrew McMaster	52	J			640.48						635.79	494.91	1771.18	3	
	3	Mark Witcomb	54	J				392.40		452.96		518.92			1364.28	3	
	4	Rob Ubee	50	J		461.92		570.48				202.58			1234.98	3	
	5	Simon Lacy	54	J		671.68				124.25	436.24				1232.17	3	
	6	Richard Inwood	50	J			488.54			386.56	304.37				1179.47	3	
	7	Paul Lawson	52	J			240.30		372.80			349.24	110.57	423.89	1145.93	5	
	8	John Wrigley	53	J			165.40						226.49	619.23	1011.13	3	
	9	Darren Matthews	54	J		215.68		281.38		136.64	284.64	331.84	245.36	291.45	264.70	907.93	8
	10	Steve Crump	51	J		361.60	111.90							99.41		572.91	3
	11	Louisa Singleton	54	J			193.22							211.98	113.51	518.71	3
	12	Greg Edwards	50	J		182.24	223.18						49.23			454.65	3
	13	David Gibbons	52	J		27.20	69.10					293.56				389.86	3
	14	Paul Mcloughlin	54	J	WVTRI	954.40									962.20	1916.60	2
15	David Gethin	53	J			905.84						952.84			1858.68	2	
16	Craig Brandsma	53	J		854.08									835.07	1689.15	2	

17	Kevin Lister	50	J		845.92	805.52			1651.44	2
18	Leigh Mckendry	54	J		824.52		814.58		1639.10	2
19	Paul Thomas	50	J		777.44		735.12		1512.56	2
20	John Gray	54	J		700.40		774.85		1475.25	2
21	Justin Hassall	53	J		708.96		675.52		1384.48	2
22	Stuart Bishop	54	J			568.32	589.02		1157.34	2
23	Steven Singleton	54	J				582.81	522.40	1105.21	2
24	Mark Whiston	54	J		623.04		417.27		1040.31	2
25	Trevor Taylor	54	J			510.00	415.15		925.15	2
26	Phil Shacklady	53	J		422.20		484.96		907.16	2
27	David Scrimgeour	51	J		425.44			409.01	834.45	2
28	Saleem Clegg	54	J		401.12			402.14	803.26	2
29	Dan Brown.	52	J		345.16		420.57		765.74	2
30	Ben Iles	51	J		276.48			347.16	623.64	2
31	Richard Bodenham	54	J		243.04			357.47	600.51	2
32	Edward Foxall	50	J	Run Alcester	264.32			329.98	594.30	2
33	Danny Hughes	51	J		255.28		284.82		540.10	2
34	Scott Hardy	54	J		206.56	98.40			304.96	2
35	Simon Martin	51	J		48.48			154.74	203.22	2
36	Jared Simon	53	J		30.58		109.34		139.92	2
37	Jane Kensington	53	J		73.38		49.74		123.12	2
38	Peter Ball	54	J	Redcar Triathlon Club		12.45	6.29		18.74	2
39	Phil Boyd	53	J	Adapted Endurance		987.58			987.58	1
40	Graham Ball	51	J	TB triathlon			986.76		986.76	1
41	Gareth Pulman	51	J		969.60				969.60	1

42	Brian Dooley	53	J	Vale Royal AC		963.58	963.58	1
43	Steve Price	52	J		961.48		961.48	1
44	Dan Newman	50	J	XavierCET	950.44		950.44	1
45	Tristan Priest	50	J	Tewkesbury Tri Club	942.24		942.24	1
46	Paul Grave	50	J	Valley Striders TC		940.84	940.84	1
47	Michael Lloyd-Gent	53	J	Durham Tri		933.88	933.88	1
48	Mark Scourse	50	J		933.12		933.12	1
49	Matt Parsons	51	J	Chester Triathlon Club		923.85	923.85	1
50	Jonathan Boulton	51	J	Wakefield Triathlon Club		923.44	923.44	1
51	Jeff Hall	52	J		922.96		922.96	1
52	Stephen Owen	52	J			907.99	907.99	1
53	Richard Johnston	50	J	VO2 MAX Race Team		902.56	902.56	1
54	Simon Bromley	50	J	Tb Triathlon		896.24	896.24	1
55	Karl Shone	52	J		893.92		893.92	1
56	Darren Jolliffe	53	J			890.05	890.05	1
57	David Watts.	53	J	Wreccsam Tri		889.59	889.59	1
58	Scott Hutchinson	53	J	TriBridges	888.20		888.20	1
59	Andrew Fenney	50	J	St. Helens Tri		880.80	880.80	1
60	Paul Jay	53	J		880.16		880.16	1
61	Paul Furness	54	J	Rugby triathlon club		872.87	872.87	1
62	Stuart Winslow	54	J	Harrogate Triathlon Club	866.24		866.24	1
63	Joe Bourne	53	J			860.94	860.94	1
64	Ciaran Murphy	54	J		856.62		856.62	1
65	Garry Jones	53	J			846.65	846.65	1
66	Richard Stockton	51	J			838.51	838.51	1

67	Rob Wilson	54	J	Do3		817.89	817.89	1
68	John Heath	50	J		801.25		801.25	1
69	Stuart Robertson	54	J		800.98		800.98	1
70	Kevin Evans	50	J	Gog Triathlon		792.47	792.47	1
71	Richard Simpson	53	J		787.20		787.20	1
72	Matt Singer	53	J	Tri Team Glos		776.66	776.66	1
73	Paul Phillips	51	J			773.61	773.61	1
74	Justin Filby	54	J			769.79	769.79	1
75	Pete Ellis	51	J		765.92		765.92	1
76	Lee Buckley	53	J		764.60		764.60	1
77	Matthew Welborn	52	J		763.98		763.98	1
78	Neil Young	53	J		762.88		762.88	1
79	Austen Morgan	53	J	Chasewater Traithlon Club		756.04	756.04	1
80	Mark Flinders	51	J		753.76		753.76	1
81	Richard Hume	54	J			752.92	752.92	1
82	Andy Wrathall	51	J		747.48		747.48	1
83	Ian Taylor	50	J			745.74	745.74	1
84	Paul Farrington	53	J	Stockport Tri Club		741.74	741.74	1
85	Adam Reece	51	J	Nantwich Running Club		738.43	738.43	1
86	Ian Cartwright	50	J	Kuotos Swim		735.88	735.88	1
87	Jonathan Finning	50	J		735.52		735.52	1
88	Neil Kelly	51	J		732.48		732.48	1
89	Andy Earnshaw	52	J		729.44		729.44	1
90	Gary Sanderson	50	J	Leigh Harriers Athletic and Triathlon Club		728.50	728.50	1
91	Duncan Austin	51	J		705.44		705.44	1

92	Andrew Fletcher	51	J		701.87	701.87	1
93	Steve Hughes	51	J		696.00	696.00	1
94	Paul Gough	53	J	Sarn Helen	695.66	695.66	1
95	Orlando Lebault	53	J	O.Lebault	688.71	688.71	1
96	Andrew Speke	54	J		681.76	681.76	1
97	Tony Capstick	54	J		681.14	681.14	1
98	Alistair Roberts	52	J		681.03	681.03	1
99	James Watts	54	J		666.80	666.80	1
100	Simon Ellis	53	J		662.63	662.63	1
101	Martin Jones..	52	J		652.34	652.34	1
102	John Phillips	52	J		646.09	646.09	1
103	Edward Ball	51	J		632.11	632.11	1
104	Matthew Ball	51	J		631.80	631.80	1
105	David Gray	53	J		611.78	611.78	1
106	Chris Busby	53	J		610.88	610.88	1
107	Mike Jones	51	J		602.68	602.68	1
108	Andy Bennion	52	J	Wreccsam Tri Club	591.04	591.04	1
109	Steve Singleton	54	J		578.42	578.42	1
110	Gareth Williams	51	J		577.65	577.65	1
111	Christian Gruenthal	50	J		553.12	553.12	1
112	Neil Birchall	54	J		550.60	550.60	1
113	Ally White	53	J	Whikesters	539.58	539.58	1
114	Anthony Burke	51	J		536.46	536.46	1
115	Steve Bevan	50	J		531.34	531.34	1
116	Jeff Martin	53	J		529.27	529.27	1

117	Jamie Mayers	54	J	Maldwyn Harriers	528.35	528.35	1
118	Dave Merritt	51	J		512.80	512.80	1
119	Duncan Taylor	52	J		512.09	512.09	1
120	Ade Hotson	53	J		509.28	509.28	1
121	Michael Jackson	53	J		498.40	498.40	1
122	Michelle Tonge	52	J		482.12	482.12	1
123	Leigh Martin	54	J		477.12	477.12	1
124	Simon Hooks	50	J	Nuneaton Triathlon Club	474.00	474.00	1
125	Tark Millican	54	J		471.04	471.04	1
126	David Pemberton	53	J		454.07	454.07	1
127	Mark Elsworth	54	J		449.76	449.76	1
128	Mark Jones	53	J		445.74	445.74	1
129	Greg Aston	53	J		443.37	443.37	1
130	Ahmed Youssef	52	J		441.81	441.81	1
131	Gemma Reynolds	54	J		440.64	440.64	1
132	Chris Oliver	50	J		439.32	439.32	1
133	Michael Mckenna	50	J		437.18	437.18	1
134	Ian Robotham	52	J		429.62	429.62	1
135	Stefan Haase	54	J		429.28	429.28	1
136	Phil Parr	52	J		428.62	428.62	1
137	Justin Gilbert	50	J		416.17	416.17	1
138	Oystein Olsen	54	J		405.00	405.00	1
139	Martin Eccles	53	J		398.08	398.08	1
140	James Ward	50	J	Stafford	397.53	397.53	1
141	David Ochando	50	J		394.09	394.09	1

142	Julie Darnbrough	54	J		391.00	391.00	1
143	Zoe Smith	52	J		390.78	390.78	1
144	Alexander Pilling	50	J	Pint_Please	385.92	385.92	1
145	Paul Topham	54	J		385.82	385.82	1
146	Jason Mitchell	52	J		383.68	383.68	1
147	Chris Brown	50	J		381.52	381.52	1
148	Karl Mcdonald	50	J		372.98	372.98	1
149	John Lakes	52	J		370.84	370.84	1
150	Keith Batten	53	J		355.72	355.72	1
151	Darren Muffitt	50	J		353.20	353.20	1
152	Jake Peacock	52	J		349.44	349.44	1
153	Steve Kilby	54	J	No Pub is Too Far	337.80	337.80	1
154	Tony Preece	54	J		337.53	337.53	1
155	Ian Yarde	52	J		337.28	337.28	1
156	Stephen Masters	52	J		334.46	334.46	1
157	Alan Smith	53	J		321.40	321.40	1
158	Helen Kirk	53	J		314.00	314.00	1
159	Nick Makwana	53	J		309.92	309.92	1
160	Ian Broomhall	51	J		288.75	288.75	1
161	Shameer Gopal	53	J		283.96	283.96	1
162	Jonathan Doyle	51	J		264.96	264.96	1
163	Michael Whitehead	50	J		259.56	259.56	1
164	Mark Phillips	52	J		254.39	254.39	1
165	Jason Cashen	52	J		251.00	251.00	1
166	Duncan Young	51	J		248.47	248.47	1

167	Tony Howell	54	J	THOR	248.40	248.40	1
168	Daniel Taylor	51	J		246.72	246.72	1
169	Dan Harvey	53	J		245.52	245.52	1
170	Jason Baron	53	J		245.09	245.09	1
171	Sarah Bromley	53	J	TB triathlon	238.47	238.47	1
172	Rupesh Bagdai	50	J		233.88	233.88	1
173	Trystan Waters	52	J		230.88	230.88	1
174	John Baxter	53	J	Big Box Triathlon	220.98	220.98	1
175	Kerry Seaston	53	J		203.52	203.52	1
176	Keith Warren	52	J		197.50	197.50	1
177	Scott Campbell	52	J	Warrington Triathlon Club	195.43	195.43	1
178	Ollie Baker	53	J		188.32	188.32	1
179	Al O'dornan	53	J		182.26	182.26	1
180	Paula Cline	54	J		178.24	178.24	1
181	James Winterman	51	J		177.88	177.88	1
182	David Wood	54	J		175.24	175.24	1
183	Simon Yendell	52	J		171.91	171.91	1
184	Sally Howard	52	J		168.92	168.92	1
185	Sarah Channing	52	J		154.88	154.88	1
186	Joanne Murphy	51	J		139.14	139.14	1
187	Simon Atkins	52	J		137.58	137.58	1
188	Roger Baker	54	J		136.96	136.96	1
189	Rhodri Waters	51	J	Finrhoc Triathlon Club	130.56	130.56	1
190	Julian Rudall	53	J		118.32	118.32	1

191	Paul Shardlow	54	J		116.32	116.32	1
192	Nerys Bennion	50	J		109.76	109.76	1
193	Jon Mcgrath	54	J		107.62	107.62	1
194	Lee Sutcliffe	53	J		105.48	105.48	1
195	Andrew Carmichael	50	J		101.20	101.20	1
196	Fiona Davison	54	J		94.78	94.78	1
197	Lisa Holmes	52	J		92.64	92.64	1
198	Steven Mckay	51	J		91.72	91.72	1
199	Carla Filby	51	J		91.04	91.04	1
200	Karl Ashton	53	J		79.90	79.90	1
201	Stuart Rolfe	54	J		66.62	66.62	1
202	Andrew Kettle	53	J		59.68	59.68	1
203	Michael Rodgerson	51	J		56.36	56.36	1
204	Gillian Schanze	51	J		56.26	56.26	1
205	Kevin Marshall	52	J		53.44	53.44	1
206	Jamie McGhee	53	J		46.43	46.43	1
207	Nick Woodley	53	J		41.84	41.84	1
208	Vinay Pathak	51	J		41.36	41.36	1
209	Eric Kwon	50	J		39.52	39.52	1
210	Philip Trigg	51	J	Team Bi Kwan Kerr	37.29	37.29	1
211	Siva Oruganti	50	J		36.32	36.32	1
212	Anne Jones	54	J		36.04	36.04	1
213	Stephen Beech	53	J		30.83	30.83	1
214	Lainey Mitchell	52	J		25.32	25.32	1

215	Justin Moule	50	J		18.66	18.66	1
216	David Burrridge	54	J		17.06	17.06	1
217	Paul Roberts	54	J			13.32	1
218	Tara Evans	54	J		12.00	12.00	1