



2025 RACE UK Triathlon LEAGUE

Take part in 3 or more qualifying UK Triathlon Events in 2025 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

OPEN CATEGORY AGE GROUP G (35-39)

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

AGE CAT POSITION																
	NAME	AGE	AGE CAT	CLUB	STRATFORD	CHESHIRE	HENLEY	ALDERFORD	ULTIMATE Q	BIRMINGHAM	YORK	SHROPSHIRE	NORTH WEST	WARWICKSHIRE	TOP 3 SCORE	Number of Races
1	Matt Johnson	37	G	DO3	1000	1000	1000				1000				3000	4
2	Paul Crisford	38	G			982.88		955.80	954.56	968.95			993.38		2945.20	5
3	Matthew Flood	37	G			980.74					979.12	971.70		965.64	2931.56	4
4	Gonpalo Alves	37	G	BDCG		959.34		938.12					933.78		2831.24	3
5	Chris Pattinson	39	G			920.82							930.47	951.90	2803.19	3
6	Phil Higley	38	G			895.14		929.28					913.91		2738.33	3
7	Kristian Rose	37	G			899.42						858.51	894.05		2651.97	3
8	Owen Archer	35	G					787.84					927.16	924.41	2639.41	3
9	Nick Bell	37	G	Vegan Runners			917.40	761.32			888.64				2567.36	3
10	Simon Charlesworth	38	G			702.54		390.04					702.01		1794.59	3
11	Gavin Billington	39	G					195.56				411.14	374.22		980.92	3
12	Kevin Edwards	36	G			167.54				24.87		103.87	231.85	103.20	503.25	5
13	Richard Schofield	39	G		42.40	195.36					248.32				486.08	3
14	Daniel Hewitt	39	G			158.98		118.00		49.72					326.70	3
15	James Farndon	37	G					973.48	1000						1973.48	2
16	John Blunsom	36	G		887.52									893.48	1781.00	2

17	Adam Mcgee	38	G		907.98		867.94	1775.92	2	
18	Ollie Keeler	39	G			779.00	900.62	1679.62	2	
19	Jason Denton	36	G				805.12	791.41	1596.53	2
20	Dean Ashton	39	G				773.80	817.89	1591.70	2
21	Ben Santavy	37	G		587.00			886.61	1473.61	2
22	Graham Kitchener	36	G		750.72			687.32	1438.04	2
23	Kelvin Gibbons	39	G		803.12	619.88			1423.00	2
24	Matt Booth	38	G		548.46			566.26	1114.72	2
25	Tom Lloyd	35	G			372.36	737.00		1109.36	2
26	Sam Lomas	38	G		497.10			506.66	1003.76	2
27	James Spacie	35	G		569.86	432.00			1001.86	2
28	Richard Banks	37	G			558.00	428.59		986.59	2
29	Emma Sale	36	G				516.08	360.90	876.98	2
30	Gary Ostell	36	G		563.44		184.18		747.62	2
31	Declan O'regan	38	G		293.80			417.26	711.06	2
32	Daniel Hughes	37	G	Derby Triathlon Club			590.07	86.03	676.11	2
33	Jake Medlicott	35	G		531.84	98.32			630.16	2
34	Andrew Pohlmann	37	G		182.52			387.46	569.99	2
35	Luke Forgione	37	G		415.78		141.24		557.02	2
36	Paul Hunter-Mahon	38	G		169.68			241.78	411.46	2
37	Stuart Bull	38	G			133.68	111.83		245.51	2
38	Greg Moore	39	G			1000			1000.00	1
39	Will Senior	38	G		996.96				996.96	1
40	Ben Stubbs	39	G		995.72				995.72	1
41	Tom Southall	36	G	Stratford-Upon-Avon	993.92				993.92	1

42	Richard Martin	37	G		993.87	993.87	1
43	David Gorley	39	G	Leicester Tri Club	993.13	993.13	1
44	Nick Lewis	35	G	TB Triathlon	987.84	987.84	1
45	Grant Davies	36	G		982.32	982.32	1
46	Adam Roberts	37	G		966.56	966.56	1
47	Ben Bowers	37	G	Tewkesbury Tri Club	963.52	963.52	1
48	Andrew Mellor	38	G	Runfast coaching	958.24	958.24	1
49	Jacques Menguy	36	G	Leigh Harriers Athletic and TC	953.65	953.65	1
50	Jack Barron	36	G		951.36	951.36	1
51	Gavin Hopkin	35	G		948.32	948.32	1
52	Phill Grubb	39	G	Club Coaction	945.02	945.02	1
53	Paul Mutch	37	G	Mersey Tri	943.71	943.71	1
54	Lee Wild	36	G	Newcastle (Staffs) Triathlon Club	940.40	940.40	1
55	Stu Sklinar	39	G	Leeds Bradford Triathlon Club	937.36	937.36	1
56	Dan Armitage	35	G		933.92	933.92	1
57	Rob Glenton	38	G		930.40	930.40	1
58	Sam Owen	37	G	Sytri	926.39	926.39	1
59	Josh Crawley	35	G		916.54	916.54	1
60	Nick Giles	36	G		911.60	911.60	1
61	Nicholas Giles	36	G		897.36	897.36	1
62	James Clifford	38	G		896.92	896.92	1
63	Martin Taylor	37	G		893.60	893.60	1
64	Stuart Wilson	36	G		890.86	890.86	1
65	Richard Boddy	38	G		884.44	884.44	1
66	Guillaume Lavedrine	37	G	Edinburgh Triathletes	881.99	881.99	1

67	Chris Jones.	39	G	Macclesfield and District TC	877.49	877.49	1
68	Christopher Chan	38	G		871.60	871.60	1
69	Andrew Corder	39	G		865.18	865.18	1
70	Luke Smith	35	G		863.20	863.20	1
71	Mitchell Bailey	37	G		858.92	858.92	1
72	Alan Brooks	37	G		858.56	858.56	1
73	Kieran Birtill	39	G		843.40	843.40	1
74	Aaron Murphy	37	G		841.64	841.64	1
75	Iain Hughes	39	G		839.50	839.50	1
76	Oliver Greenall	36	G		832.30	832.30	1
77	Spencer Clarke	35	G		829.48	829.48	1
78	John Brooks	38	G		827.83	827.83	1
79	Thomas Lloyd	35	G		826.66	826.66	1
80	Karl Jenkinson	35	G		823.68	823.68	1
81	James Morris	36	G		823.20	823.20	1
82	Hugh Killingbeck-Jones	36	G		821.33	821.33	1
83	Jodie Buchanan	37	G		820.24	820.24	1
84	Richard Steward	38	G		818.28	818.28	1
85	James Bradbury	35	G		818.10	818.10	1
86	Thomas Lawrence	39	G		814.56	814.56	1
87	David Carbutt	39	G		814.46	814.46	1
88	Peter Melleney	39	G		812.08	812.08	1
89	Matthew Biggar	39	G		811.34	811.34	1
90	Brian Peach	38	G	Humber Triathletes	808.60	808.60	1
91	Adam Jewell	35	G		805.26	805.26	1

92	Adam Rudge	36	G		804.15	804.15	1
93	Chris Hough	38	G		801.64	801.64	1
94	Liam Todd	37	G		798.16	798.16	1
95	Stephen Feasey	37	G		791.20	791.20	1
96	Dominic Hamilton	38	G		790.28	790.28	1
97	Dean Walker	39	G		787.72	787.72	1
98	Neil Taylor	39	G		783.86	783.86	1
99	Andy Haughton	38	G		782.62	782.62	1
100	Lloyd Gilks	35	G		781.72	781.72	1
101	Alex Paulukiewicz	35	G		779.58	779.58	1
102	Matias Gonzalez	39	G		776.98	776.98	1
103	Tom Exeter	39	G		773.04	773.04	1
104	David Graham	39	G		766.74	766.74	1
105	Chris Jones...	36	G		766.35	766.35	1
106	Tom Sharman	39	G		761.61	761.61	1
107	Chris Clarke	35	G		760.77	760.77	1
108	Joel Freer	35	G	Withernsea Harriers	756.40	756.40	1
109	Nicholas Covington	39	G		747.52	747.52	1
110	Jono Carroll	35	G		745.20	745.20	1
111	Matthew May	35	G		738.56	738.56	1
112	Andy Smith	38	G		728.56	728.56	1
113	Jamie Ellis	38	G		727.42	727.42	1
114	Martin Browne	35	G	Physical Formula	725.12	725.12	1
115	Nick Walker	36	G		725.08	725.08	1
116	Thomas Naraine	35	G		715.96	715.96	1
117	Danny Martin	36	G		715.38	715.38	1
118	Joe Harris	35	G		711.94	711.94	1

119	Sam Parker	35	G		711.20		711.20	1
120	Graeme Allison	36	G		710.90		710.90	1
121	Barry Gidman	38	G			708.63	708.63	1
122	Chandan Hanji	35	G			707.94	707.94	1
123	Carl Paddock	36	G		706.82		706.82	1
124	Daniel Williamson	38	G	Sheffield Triathlon Club		704.20	704.20	1
125	Duane Henderson	39	G		696.12		696.12	1
126	Kyle Cruise	38	G		693.98		693.98	1
127	Will Roe	38	G			690.28	690.28	1
128	Tom Booth	37	G		689.70		689.70	1
129	Kieran Arnold	35	G			688.77	688.77	1
130	Robert Spencer	39	G	Coventry Triathletes		683.24	683.24	1
131	Tom Wood	37	G		672.58		672.58	1
132	Jack Breeden	39	G			670.82	670.82	1
133	Rory Preston-Lynch	38	G		669.60		669.60	1
134	Scott Hanlon	35	G		666.16		666.16	1
135	Alex Cummings	37	G		661.34		661.34	1
136	Rob Wood	36	G		659.52		659.52	1
137	Marcus Roche	38	G			658.97	658.97	1
138	Dean Richards	39	G		655.24		655.24	1
139	Adam Woodward	38	G		653.44		653.44	1
140	Matt Hind	37	G			652.96	652.96	1
141	Gaz Leyland	37	G		651.18		651.18	1
142	Jeff Gregson	37	G			642.66	642.66	1
143	Ryan Peers	39	G		642.62		642.62	1
144	Gareth Williams..	36	G			639.10	639.10	1
145	Nick Braiden	39	G			638.09	638.09	1

146	Lee Walkington	36	G		638.08	638.08	1
147	Sarah Elizabeth Link	35	G		636.20	636.20	1
148	Daniel Stokes	39	G		635.20	635.20	1
149	Seb Rumsby	36	G		633.55	633.55	1
150	James Goodyear	35	G		626.08	626.08	1
151	Will Rutledge	39	G		625.86	625.86	1
152	Mike Williams	37	G		623.36	623.36	1
153	Martin Reeds	39	G		620.68	620.68	1
154	Samuel Sparks	35	G		616.96	616.96	1
155	Joseph Mooney	35	G		614.92	614.92	1
156	Paul Froy	35	G		610.24	610.24	1
157	Mathew Edwards	39	G		608.38	608.38	1
158	Matt Street	36	G		604.86	604.86	1
159	Claire Kennedy	36	G		599.82	599.82	1
160	Robert Rice	39	G		596.06	596.06	1
161	Chris Travis	39	G		594.55	594.55	1
162	Tom York	35	G		594.38	594.38	1
163	James Youens	36	G	Nantwich Triathlon Club	592.75	592.75	1
164	Michael Burnip	35	G		589.36	589.36	1
165	Callum Gore	35	G		588.40	588.40	1
166	Leigh Broadhurst	39	G		576.19	576.19	1
167	Mitchell Coventry	36	G		575.52	575.52	1
168	Ashleigh Oakes	36	G		571.36	571.36	1
169	Jonts Sayward	38	G		568.48	568.48	1
170	Jeremy Byrne	35	G		568.32	568.32	1
171	Louis Parnaby	37	G		567.06	567.06	1
172	Joseph Harris	35	G		565.58	565.58	1

173	Nick Small	37	G		565.00	565.00	1
174	Steve Campagnaro	37	G		562.95	562.95	1
175	Jonty Mcdonald	35	G		559.64	559.64	1
176	Rory Lynch	38	G		556.16	556.16	1
177	Simon Lamb	36	G		554.88	554.88	1
178	Christopher Weston	35	G		549.20	549.20	1
179	Jp Holt	35	G		547.64	547.64	1
180	Adam Ellis	39	G		546.32	546.32	1
181	Jamie Allen	36	G	BDCG	543.08	543.08	1
182	James Walker	37	G		537.76	537.76	1
183	James Barrett	36	G		534.17	534.17	1
184	Chris Yardley	35	G		533.15	533.15	1
185	Sean Harrison	37	G		529.20	529.20	1
186	Marcus Mundy	35	G		519.68	519.68	1
187	John Frary	39	G		516.28	516.28	1
188	Daniel Quinney	35	G	Who ate all the Tris?	515.54	515.54	1
189	Tom Giddings	37	G		509.97	509.97	1
190	David Walters	38	G		503.52	503.52	1
191	Kevin Jones	39	G		500.16	500.16	1
192	Matt Dickenson.	35	G	Chester	500.04	500.04	1
193	Steve West	38	G		495.36	495.36	1
194	Ryan Parry	37	G		495.04	495.04	1
195	Tim Blackburn	36	G		479.62	479.62	1
196	Nicholas Kelly	37	G		477.84	477.84	1
197	Thomas Craven	37	G		477.73	477.73	1
198	Andrew Mccafferty	37	G		473.56	473.56	1
199	Luke Brand	36	G		471.36	471.36	1

200	Tom Wilson.	36	G		471.04	471.04	1
201	Thomas Sweeney	36	G		470.24	470.24	1
202	Lee Cooper	36	G		469.60	469.60	1
203	Louise Martin	35	G	468.00		468.00	1
204	Ben Hammond	36	G		466.93	466.93	1
205	Matt Cook	38	G	464.96		464.96	1
206	Wez Jones	35	G		463.62	463.62	1
207	Peter Chapman	35	G	460.72		460.72	1
208	Jack Cunningham-Burley	39	G		460.55	460.55	1
209	Greg Watts	39	G		457.12	457.12	1
210	Christopher Ridley	39	G		447.06	447.06	1
211	Jonathan Vickers	38	G		443.08	443.08	1
212	Curtis Jones	35	G		434.24	434.24	1
213	Adam Norris	35	G		433.82	433.82	1
214	Cat Batham	37	G		433.06	433.06	1
215	Kristofer Bendelow	37	G		432.76	432.76	1
216	Tom Bloodworth	36	G		423.40	423.40	1
217	Nicholas James Ramsden	37	G		419.32	419.32	1
218	Richard McGarry	39	G	416.32		416.32	1
219	Ash Sheppard	38	G		411.88	411.88	1
220	Jodie Thomas	39	G	407.20		407.20	1
221	Robbie Prior	35	G		405.72	405.72	1
222	Stuart Baker	39	G		404.92	404.92	1
223	Paul Davies	37	G	Paul Davies	403.74	403.74	1
224	Audrey Devaux	39	G		397.02	397.02	1
225	Harry Ashbolt	35	G		389.84	389.84	1
226	Martyn Strong	38	G	388.96		388.96	1

227	Anthony Carter	37	G		388.76	388.76	1
228	Martin Wiltshire	37	G			384.96	384.96 1
229	James Wisdom	38	G			380.47	380.47 1
230	Kieron John	36	G			377.53	377.53 1
231	Jonny Mills	37	G		377.26		377.26 1
232	Sotonye Tolofari	38	G			372.69	372.69 1
233	Christian Edwards	35	G		366.56		366.56 1
234	Jonathan Stanforth	35	G	Bournville Harriers		366.48	366.48 1
235	Jon Smith	39	G			355.93	355.93 1
236	Lucie Reid	38	G		355.86		355.86 1
237	Gareth Sheppard	37	G			354.06	354.06 1
238	Steve Dye	39	G			354.03	354.03 1
239	Aimee Martin-Bird	36	G		353.72		353.72 1
240	Gareth Daniel	36	G	Alsager Harlequins		351.04	351.04 1
241	Josh Rigby	37	G			338.80	338.80 1
242	Mari Booth	36	G		338.74		338.74 1
243	Aaron Diprose	38	G			337.24	337.24 1
244	Hannah Fraser-Mackenzie	39	G		330.94		330.94 1
245	Tom Wilson	39	G			328.16	328.16 1
246	Liam McIntyre	38	G			327.87	327.87 1
247	Matthew Collinge	35	G	The Sweaty Commits		326.54	326.54 1
248	Nino Besevic	36	G		325.90		325.90 1
249	Nick Hill	39	G			325.26	325.26 1
250	Alexander Campbell	37	G		322.68		322.68 1
251	Nick Fish	36	G		317.34		317.34 1
252	Ben Thomas	38	G			307.48	307.48 1
253	Thomas Duffield	37	G			304.69	304.69 1

254	Kane Gerrard	38	G		304.00	304.00	1
255	Ben Powell	36	G		301.64	301.64	1
256	Jonathan Breen	36	G		301.38	301.38	1
257	Emily Wells	37	G		299.06	299.06	1
258	Sam Hodgson	37	G		298.08	298.08	1
259	Sarah Cunliffe	35	G		295.94	295.94	1
260	Sam Donnelly	39	G		295.16	295.16	1
261	Joe Sinnott	35	G		288.46	288.46	1
262	Stephen Harrison	35	G		285.31	285.31	1
263	Chris Bamber	37	G		282.32	282.32	1
264	Chris Adams	35	G		281.51	281.51	1
265	Dan Price	37	G		274.80	274.80	1
266	Matt Graham	38	G		274.54	274.54	1
267	Kirsten Carter	37	G		270.26	270.26	1
268	Adam Quinney	39	G	Who ate all the Tris?	267.10	267.10	1
269	Hannah Reilly	37	G		261.28	261.28	1
270	Jo Shepherd	35	G		261.26	261.26	1
271	Daniel Pover	35	G		260.89	260.89	1
272	Matthew Legg	35	G		257.82	257.82	1
273	Mike Evans	35	G		253.14	253.14	1
274	Simon Legg	36	G		251.71	251.71	1
275	Rachel Mccafferty	37	G		242.44	242.44	1
276	Gemma Taylor	38	G		229.60	229.60	1
277	Gage Stocking	35	G		222.08	222.08	1
278	Lucy Mayers	35	G		208.71	208.71	1
279	Geoff Wu	35	G		204.80	204.80	1
280	James Eaton	38	G		202.05	202.05	1

281	Francisco Herranz	37	G		201.78	201.78	1
282	Richard Greenhill	37	G		199.64	199.64	1
283	Steven Brown	37	G		186.72	186.72	1
284	Danny Maddison	37	G		186.36	186.36	1
285	Ryan Warren	38	G		182.18	182.18	1
286	Dave Carter	38	G		180.38	180.38	1
287	Simon Bennett	38	G		178.04	178.04	1
288	Daniel Fitton	37	G		175.56	175.56	1
289	Charlotte Steele	39	G		171.82	171.82	1
290	Thomas Heath	37	G		165.78	165.78	1
291	Cory Kelly	35	G		161.12	161.12	1
292	Chris Wright.	37	G		159.64	159.64	1
293	Daniel Britton	38	G	CWONE	159.01	159.01	1
294	Sean Liddle	35	G	Crewe & Nantwich Round Table	155.69	155.69	1
295	Owen Thomas	35	G		153.51	153.51	1
296	Roy Cardus	39	G		151.36	151.36	1
297	Lauren Fitton	36	G		149.07	149.07	1
298	James Blood	35	G		147.87	147.87	1
299	Laura Rogers	36	G		133.60	133.60	1
300	Helen Jagers	36	G		123.82	123.82	1
301	Thomas Walker	35	G		120.38	120.38	1
302	Grant Clark	38	G	Redcar Triathlon club	119.56	119.56	1
303	Joseph Clewett	36	G		118.04	118.04	1
304	Tom Ashcroft	38	G		103.34	103.34	1
305	David Jones	39	G		100.16	100.16	1
306	Sophie Harris	39	G		96.33	96.33	1
307	Chris Jones..	37	G		96.10	96.10	1

308	Thomas Easton	36	G	93.19	93.19	1
309	Natalie Barnes	39	G	91.40	91.40	1
310	Robert Gaine	38	G	89.47	89.47	1
311	Laura Thompson	35	G	82.85	82.85	1
312	Jono Yates	38	G	77.66	77.66	1
313	Adam Mackrory	37	G	75.72	75.72	1
314	Karen Merrick	39	G	63.68	63.68	1
315	Paul Startin	36	G	62.14	62.14	1
316	Samantha Range	39	G	59.20	59.20	1
317	Devon Heath	36	G	56.70	56.70	1
318	Emma Watson	35	G	53.05	53.05	1
319	Alexander Carmichael	35	G	49.84	49.84	1
320	Mark Brown	35	G	47.27	47.27	1
321	Corbyn Asbury	35	G	43.12	43.12	1
322	Toshi Prestt	37	G	32.72	32.72	1
323	Sam Parkinson	35	G	27.61	27.61	1
324	Chris Paisley	36	G	23.25	23.25	1
325	Sara Mckennedy	37	G	22.02	22.02	1
326	Andy Hewitson	39	G	20.74	20.74	1
327	Adrian Patrick	38	G	18.64	18.64	1
328	Oliver Bowyer	37	G	18.56	18.56	1
329	Clare Blake	38	G	15.60	15.60	1
330	Aimee Bonner	37	G	11.68	11.68	1
331	Kelly Sowerby	37	G	8.20	8.20	1
332	Raik Sauerbier	37	G	7.04	7.04	1
333	Nitin Doal	35	G	3.56	3.56	1