

Alderford Triathlon 2025

Fun

| Name | Race No | Team | Swim | T1 | Cycle | T2 | Run | Time |
|-----------------|---------|------|-------------|-------------|-------------|-------------|-------------|-------------|
| Harry Phoenix | 366 | | 00:05:34.36 | 00:00:43.04 | 00:49:46.68 | 00:00:56.82 | 00:11:43.82 | 01:08:44.72 |
| Amy Thompson | 368 | | 00:06:32.10 | 00:00:21.81 | 00:49:51.15 | 00:00:54.82 | 00:13:42.09 | 01:11:21.96 |
| Matthew Phoenix | 367 | | 00:06:47.85 | 00:00:47.05 | 00:48:49.91 | 00:01:27.06 | 00:15:37.60 | 01:13:29.47 |
| Chris Thompson | 369 | | 00:07:17.58 | 00:00:27.32 | 00:51:02.91 | 00:01:07.08 | 00:15:33.82 | 01:15:28.71 |
| Charlotte Smith | 364 | | 00:07:53.11 | 00:01:22.76 | 00:55:27.14 | 00:01:57.12 | 00:17:54.83 | 01:24:34.97 |
| Sian Tiplady | 365 | | 00:08:39.60 | 00:01:12.79 | 00:56:14.13 | 00:01:20.63 | 00:18:20.92 | 01:25:48.07 |