Position	Race No	Name	Club	Gender	Start Time	Swim	T1	Cycle	T2	Run	Time
1	638	Anna Stephens	Cancer Research UK	Female	12:00:00.000	00:06:50.260	00:03:41.793	00:25:20.003	00:02:56.117	00:12:15.417	00:51:03.590
2	709	Katie Howson	4TriBots	Female	12:00:00.000	00:05:45.490	00:03:48.513	00:26:52.093	00:02:48.347	00:18:13.367	00:57:27.810
3	769	Lizzie Davidge		Female	12:00:00.000	00:11:14.500	00:04:50.567	00:34:43.960	00:01:45.973	00:14:14.100	01:06:49.100
4	711	Diana Smith	Peterborough	Female	12:00:00.000	00:11:06.530	00:04:19.493	00:32:35.987	00:02:17.990	00:20:27.580	01:10:47.580
5	710	Joanne Keeling	Lichfield	Female	12:00:00.000	00:10:08.990	00:06:57.043	00:40:00.043	00:05:18.923	00:20:58.640	01:23:23.640

Position	Race No	Name	Club	Gender	Start Time	Swim	T1	Cycle	T2	Run	Time
1	716	Adrian Nock	Birmingham	Male	12:00:00.000	00:07:31.500	00:03:43.547	00:25:45.010	00:02:55.670	00:10:34.223	00:50:29.950
2	715	Paul Jones	Cobra Running & Triathlon Club	Male	12:00:00.000	00:07:44.120	00:03:59.973	00:25:03.913	00:02:43.373	00:14:53.090	00:54:24.470
3	717	Sam Nock	Birmingham	Male	12:00:00.000	00:07:45.700	00:03:37.397	00:29:27.977	00:02:48.240	00:11:47.397	00:55:26.710
4	714	Mike Davidge	Bromsgrove	Male	12:00:00.000	00:11:13.730	00:04:49.350	00:34:47.000	00:01:47.920	00:14:10.250	01:06:48.250
5	770	Joel Davidge		Male	12:00:00.000	00:10:18.610	00:05:46.477	00:34:46.913	00:01:37.000	00:14:19.520	01:06:48.520