

Alderford Triathlon 2025

Open

Super Sprint

Age is at end of year

Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Run	T1	Cycle	T2	Run	Time
1	Mike Jones	374	1/4	J	51		00:05:54	00:00:36	00:40:45	00:01:18	00:12:13	01:00:46
2	Glyn Timmis	361	2/4	J	54		00:06:36	00:01:48	00:45:51	00:01:51	00:13:12	01:09:18
3	Mark Temple	360	1/1	M	67		00:07:04	00:01:25	00:45:15	00:01:44	00:14:04	01:09:32
4	Nick Tiplady	362	1/1	I	49	MSW	00:07:20	00:01:06	00:43:40	00:02:06	00:16:06	01:10:18
5	Jonny Bryan	375	1/1	H	42		00:05:59	00:00:25	00:50:03	00:01:04	00:12:48	01:10:19
6	Robert Russell	359	3/4	J	52		00:07:23	00:00:32	00:44:41	00:01:04	00:17:19	01:10:59
7	Angela Lewis	356	4/4	J	51		00:08:50	00:00:42	00:50:46	00:01:14	00:20:32	01:22:03
8	Michael Oreilly	357	1/1	F	33		00:09:08	00:01:31	00:57:41	00:02:11	00:22:13	01:32:44
9	Sean Oreilly	358	1/1	L	64		00:09:09	00:01:32	00:57:44	00:02:09	00:22:10	01:32:44