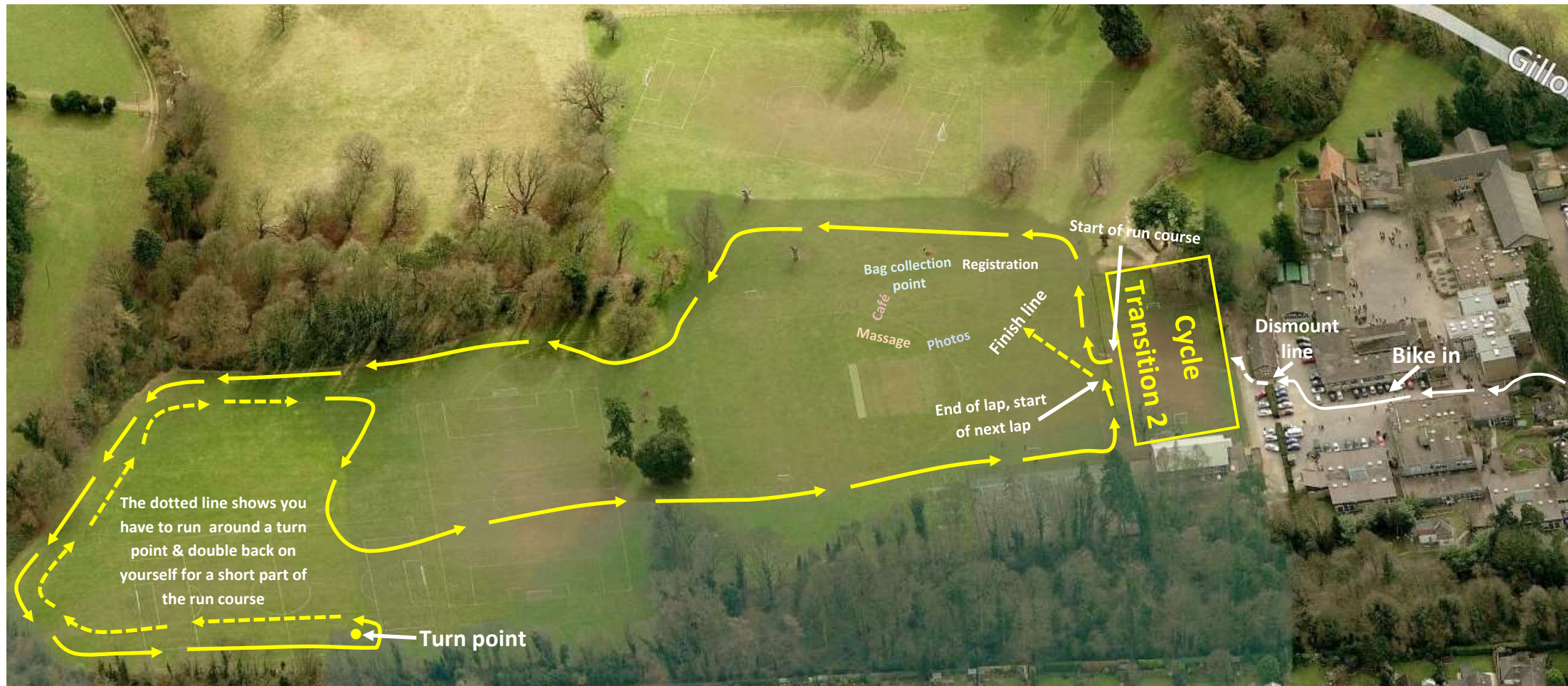


Henley - Run Course



Run Course information

- One lap of the run course = 1.25k
- Sprint & Relay x 4 laps = 5k
- Super Sprint, Fun & Pink Wave x 2 laps = 2.5k
- The whole of the run course will be post and taped.
- The whole of the run course is on good grass and is mainly flat.