## **Sprint - Female**

Pos S	StartTime		Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	08:22:20	55	Kimberley	Bell	Female	26	E	Salford	Sprint - Female	00:06:33	00:01:15	00:36:36	00:00:59	00:21:09	01:06:32
2	08:23:00	57	Helen	Mason	Female	32	F	<b>Durham Triathlon Cl</b>	Sprint - Female	00:07:08	00:01:36	00:39:40	00:01:13	00:22:10	01:11:47
3	08:29:20	72	Alice	Gooda	Female	20	C	Chester	Sprint - Female	00:08:25	00:01:34	00:40:33	00:01:09	00:21:00	01:12:41
4	08:29:00	71	Caroline	Stalker	Female	37	G	Bulford Camp	Sprint - Female	00:08:32	00:02:00	00:38:19	00:01:07	00:23:01	01:12:59
5	12:38:20	723	Sarah	Illidge	Female	32	F	Runcorn	Sprint - Female	00:09:23	00:01:18	00:39:01	00:00:47	00:22:36	01:13:05
6	12:20:40	672	Lizz	Davidson	Female	35	G	Preston	Sprint - Female	00:10:26	00:01:56	00:39:36	00:01:10	00:20:52	01:14:00
7	11:57:00	607	Rachael	Moore	Female	42	Н		Sprint - Female	00:11:09	00:02:04	00:39:59	00:01:25	00:20:22	01:14:59
8	12:39:00	725	Helen	Williams	Female	39	G	Total Tri Training	Sprint - Female	00:09:06	00:01:24	00:40:34	00:01:07	00:22:52	01:15:03
9	12:38:40	724	Emily	Sherlock	Female	29	E	Nr.Norwich	Sprint - Female	00:08:08	00:02:16	00:41:52	00:01:19	00:21:35	01:15:10
10	12:22:00	676	Linda	Whittaker	Female	51	J	Astley and Tyldesley	Sprint - Female	00:11:07	00:01:27	00:38:18	00:01:10	00:23:10	01:15:12
11	12:22:20	677	Jude	Loder	Female	38	G	Wrecsam Tri Club	Sprint - Female	00:10:07	00:02:16	00:40:22	00:00:00	00:22:41	01:15:26
12	08:29:40	73	Beth	Eardley	Female	22	C	Staffordshire	Sprint - Female	00:09:09	00:01:38	00:38:26	00:01:16	00:25:02	01:15:31
13	12:31:20	702	Kate	Macfarlane	Female	30	F	Liverpool	Sprint - Female	00:09:44	00:01:55	00:41:50	00:00:47	00:21:22	01:15:38
14	12:37:20	720	Rachel	Rushton	Female	39	G	Altrincham	Sprint - Female	00:08:50	00:01:42	00:41:36	00:00:00	00:23:30	01:15:38
15	12:31:40	703	Caitriona	Kilburn	Female	40	Н	Altrincham	Sprint - Female	00:09:04	00:01:34	00:43:43	00:00:46	00:21:54	01:17:01
16	12:30:40	700	Louise	Garth	Female	29	E	Liverpool	Sprint - Female	00:08:33	00:01:56	00:42:38	00:01:18	00:22:58	01:17:23
17	12:23:20	680	Gaynor	Beckett	Female	44	Н	Cheshire	Sprint - Female	00:08:55	00:01:36	00:39:51	00:01:02	00:26:14	01:17:38
18	08:24:00	60	Stephanie	Pepper	Female	21	С	Stoke-on-Trent	Sprint - Female	00:08:10	00:02:54	00:44:18	00:01:01	00:21:24	01:17:47
19	11:54:40	737	Kate	Barlow	Female	46	I	Buxton	Sprint - Female	00:10:15	00:02:09	00:38:01	00:01:05	00:26:18	01:17:48
20	12:16:20	662	Mamie	Attwell Thomas	Female	25	Е	Manchester	Sprint - Female	00:09:44	00:02:24	00:43:26	00:00:54	00:21:38	01:18:06
21	12:35:20	714	Kate	Finn	Female	32	F	Bolton	Sprint - Female	00:08:58	00:02:45	00:41:51	00:01:43	00:23:02	01:18:19
22	08:31:00	77	Viki	Brown	Female	39	G	Marie Curie	Sprint - Female	00:09:04	00:01:56	00:43:47	00:00:51	00:22:49	01:18:27
23	12:24:40	684	Susie	Peart	Female	47	I	Barnet	Sprint - Female	00:10:42	00:01:47	00:39:12	00:01:16	00:25:37	01:18:34
24	12:18:40	666	Jo	Grandfield	Female	55	K		Sprint - Female	00:10:58	00:01:54	00:41:25	00:01:05	00:23:36	01:18:58
25	08:24:20	61	Emma	Shallcross	Female	26	Е	Croda	Sprint - Female	00:07:44	00:01:32	00:41:44	00:01:11	00:26:54	01:19:05
26	12:32:40	706	Rebecca	Harpur	Female	24	C	Stafford	Sprint - Female	00:09:03	00:02:37	00:43:28	00:01:53	00:22:43	01:19:44
27	12:23:40	681	Mandy	Carey	Female	47	I	Nr Aylesbury	Sprint - Female	00:10:07	00:01:36	00:41:33	00:01:29	00:25:03	01:19:48
28	12:26:20	689	Claire	Burns	Female	37	G	atherton	Sprint - Female	00:10:10	00:01:44	00:44:25	00:01:24	00:22:17	01:20:00
29	12:18:20	665	Lucy	Trent	Female	49	I		Sprint - Female	00:10:48	00:02:28	00:42:15	00:01:15	00:23:46	01:20:32
30	13:18:00	715	Claire	Lyall	Female	32	F	Bowdon	Sprint - Female	00:09:48	00:01:42	00:44:40	04:38:08	05:03:34	01:21:36
31	12:05:00	631	Lynda	Cook	Female	50	J	Macclesfield	Sprint - Female	00:10:48	00:02:59	00:41:40	00:01:54	00:24:19	01:21:40
32	12:19:00	667	Nicola	Anderson	Female	25	Е	Stafforshire	Sprint - Female	00:09:56	00:03:05	00:45:19	00:01:48	00:21:43	01:21:51
33	08:28:20	69	Leah	Evans	Female	27	Е	Manchester	Sprint - Female	00:08:27	00:02:17	00:45:08	00:01:05	00:24:55	01:21:52
34	12:38:00		Louise	Harrison	Female	45	I	HYDE	Sprint - Female	00:09:35	00:02:58	00:43:36	00:01:38	00:24:16	01:22:03
35	12:16:40		Sophie	Osgerby	Female	44	Н	Wallingford	Sprint - Female	00:11:16	00:01:57	00:44:17	00:01:08		01:22:06
36	08:30:20		Laura	Biggadike	Female	26	E	Salford	Sprint - Female	00:08:36	00:02:22	00:47:17	00:00:58	00:23:08	01:22:21
37	12:33:00		Toni-Anne	Harrison	Female	43	Н	sandbach	Sprint - Female			00:42:50	00:01:57		01:22:40
38	08:26:20		Kirstie	Williamson	Female	21	C	Ashton under Lyne	Sprint - Female			00:49:47	00:01:08		01:22:56
39	12:34:20		Liz	Preston	Female	41	Н	Crewe	Sprint - Female	00:08:56		00:43:28	00:02:23		01:23:03
40	12:31:00		Gill	Bellairs	Female	52	J	Crewe	Sprint - Female			00:45:15	00:00:00		01:23:20
41	12:33:40		Sarah	Swailes	Female	47	I	West Kirby	Sprint - Female			00:44:09		00:27:44	01:23:35
42	12:13:00		Rachel	Parry	Female	37	G	Wrexham	Sprint - Female			00:49:57		00:26:08	01:23:47

Pos	StartTime	Race#	Name	Last Name	Gend	Age C	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	12:36:00	716	Melissa	Giusti	Female	34	F	Cheshire CAT	Sprint - Female	00:09:44	00:01:34	00:43:12	00:01:19	00:27:59	01:23:48
44	08:31:40	79	Lindsay	Purdie	Female	46	I	Macclesfield	Sprint - Female	00:09:09	00:02:53	00:47:40	01:23:00	00:58:29	01:24:13
45	12:03:20	626	Carole	Webster	Female	44	Н	Warrington	Sprint - Female	00:11:20	00:03:17	00:44:50	00:01:02	00:23:45	01:24:14
46	11:37:20	555	Catherine	Allen	Female	28	E	Manchester	Sprint - Female	00:10:33	00:03:56	00:45:13	00:00:55	00:23:57	01:24:34
47	12:08:40	971	Megan	Nurse	Female	46	I	Nantwich	Sprint - Female			00:46:19	00:00:50	00:24:20	01:25:03
48	12:05:20	942	Chevaune	Halewood	Female	27	E		Sprint - Female	00:11:35	00:01:55	00:42:40	00:01:18	00:27:37	01:25:05
49	12:12:35	651	Clair	Martin	Female	39	G	Manchester	Sprint - Female	00:11:14	00:01:58	00:47:27	00:00:53	00:23:34	01:25:06
50	12:11:40	648	Emma	Jackson	Female	21	C	Chester	Sprint - Female	00:09:16	00:02:17	00:47:14	00:00:52	00:25:31	01:25:10
51	08:26:00	64	Sally	Ellis	Female	34	F	PICKERING	Sprint - Female	00:11:29	00:01:54	00:46:31	00:01:17	00:24:08	01:25:19
52	12:10:20	644	Joanne	Allen-Ferris	Female	49	I	Warrington	Sprint - Female	00:12:17	00:03:03	00:45:43	00:00:57	00:24:00	01:26:00
53	11:45:40	577	Lisa	Donnelly	Female	42	Н	Stockport	Sprint - Female	00:12:13	00:02:55	00:44:40	00:01:46	00:25:36	01:27:10
54	11:31:20	537	Lydia	Drumm	Female	30	F	Congleton	Sprint - Female	00:12:37	00:03:37	00:44:48	00:01:50	00:24:22	01:27:14
55	12:32:00	704	Karen	Smith	Female	44	Н	Chester	Sprint - Female	00:09:34	00:03:33	00:45:32	00:01:32	00:27:05	01:27:16
56	08:26:40	66	Iona	MacRury	Female	21	C	Holmes Chapel Crew	Sprint - Female	00:09:54	00:01:51	00:46:00	00:01:18	00:28:20	01:27:23
57	11:07:20	646	Dayna	Danczak	Female	35	G	Manchester	Sprint - Female	00:10:49	00:03:28	00:47:43	00:00:57	00:24:27	01:27:24
58	08:30:40	76	Laura	Chandler	Female	28	E	Team chandler	Sprint - Female	00:08:57	00:02:11	00:47:34	00:00:52	00:28:13	01:27:47
59	12:03:40	627	Clare	Fozard	Female	31	F	Liverpool	Sprint - Female	00:10:58	00:03:13	00:47:28	00:00:58	00:25:10	01:27:47
60	12:11:20	647	Katy	Bourne	Female	32	F	Manchester	Sprint - Female	00:10:21	00:02:14	00:46:01	00:02:27	00:26:45	01:27:48
61	11:37:00	554	katy	parker	Female	55	K	Knutsford	Sprint - Female	00:10:51	00:03:46	00:44:53	00:01:37	00:26:46	01:27:53
62	12:19:20	668	Liz	Humphries	Female	55	K	Chester	Sprint - Female	00:10:14	00:03:41	00:44:56	00:02:41	00:26:26	01:27:58
64	08:32:00	674	Caroline	Panto	Female	29	E	Manchester	Sprint - Female	00:11:22	00:03:44	00:48:06	00:01:01	00:23:59	01:28:12
63	11:35:00	548	amanda	jackson	Female	50	J	nr malpas	Sprint - Female	00:12:27	00:03:25	00:44:46	00:00:56	00:26:38	01:28:12
65	12:15:00	658	Katie	Holman	Female	37	G	ALTRINCHAM	Sprint - Female	00:11:02	00:03:30	00:46:24	00:01:39	00:25:48	01:28:23
66	11:30:20	534	Jennifer	Bowman	Female	29	E	Manchester	Sprint - Female	00:11:29	00:03:01	00:45:36	00:01:06	00:27:20	01:28:32
67	12:28:00	694	Jenny	Walsh	Female	36	G	Bramhall	Sprint - Female	00:09:50	00:02:45	00:49:08	00:01:14	00:25:45	01:28:42
68	11:57:20	608	Joanne	Pattinson	Female	30	F	walthamstow	Sprint - Female	00:12:13	00:02:16	00:47:45	00:00:54	00:25:36	01:28:44
69	12:28:20	695	June	Gladman	Female	47	I	Warrington	Sprint - Female	00:11:13	00:02:23	00:44:08	00:01:27	00:29:43	01:28:54
70	11:51:00	591	Katie	Alexander	Female	34	F	Sheffield	Sprint - Female	00:12:40	00:03:27	00:47:38	00:01:35	00:23:39	01:28:59
71	12:27:20	692	Sarah	McGovern	Female	34	F	Crewe	Sprint - Female	00:10:50	00:02:54	00:41:09	00:02:01	00:32:06	01:29:00
72	08:27:00	67	Nikki	Pattinson	Female	31	F		Sprint - Female	00:10:04	00:02:12	00:48:49	00:01:11	00:26:47	01:29:03
73	12:46:00	738	Victoria	Swindell	Female	46	I	Warrington	Sprint - Female	00:11:48	00:02:53	00:47:03	00:01:34	00:26:00	01:29:18
74	12:08:00	637	chris	pallister	Female	47	I	york	Sprint - Female	00:11:53	00:02:11	00:45:22	00:01:27	00:28:35	01:29:28
75	08:31:20	78	Sarah	Green	Female	30	F	Wallasey	Sprint - Female	00:08:41	00:02:02	00:46:18	00:00:53	00:31:35	01:29:29
76	11:23:20	515	Caroline	Weaver	Female	50	J	Warrington	Sprint - Female	00:16:32	00:02:42	00:43:28	00:01:47	00:25:02	01:29:31
77	12:27:00	691	Bethan	<b>Habron-James</b>	Female	52	J		Sprint - Female	00:10:35	00:02:40	00:47:05	00:01:30	00:27:42	01:29:32
78	11:25:40	522	Jane	Burchell	Female	50	J	Nantwich	Sprint - Female	00:13:53	00:03:09	00:45:58	00:01:09	00:25:42	01:29:51
79	11:58:00	610	Hayley	Brown	Female	42	H	Warrington	Sprint - Female	00:11:59	00:03:06	00:46:26	00:01:34	00:27:10	01:30:15
80	11:23:00	514	Angela	Lipson	Female	48	I	Chester	Sprint - Female	00:13:37	00:03:46	00:48:21	00:01:14	00:23:43	01:30:41
81	08:23:40	59	Zoe	Killala	Female	37	G	Giant Kendal	Sprint - Female	00:08:15	00:02:33	00:51:40	00:01:08	00:27:10	01:30:46
82	12:08:20	638	Rachel	Gilliland	Female	49	I	Macclesfield	Sprint - Female	00:11:03	00:03:10	00:45:12	00:01:37	00:30:20	01:31:22
83	12:16:00	661	Mary	Reeves	Female	55	K	Inkberrow	Sprint - Female	00:12:24	00:03:34	00:47:48	00:02:53	00:24:50	01:31:29
84	11:32:00	539	Julie	Fletcher	Female	46	I	Northwich	Sprint - Female	00:13:12	00:02:52	00:45:41	00:01:47	00:28:01	01:31:33
85	12:19:40	669	Elle	Jordan	Female	39	G	Manchester	Sprint - Female	00:11:14	00:02:39	00:49:39	00:01:24	00:26:41	01:31:37
86	12:09:00	640	Nicole	Malloy	Female	39	G	Knutsford	Sprint - Female	00:11:23	00:03:40	00:48:19	00:01:10	00:27:09	01:31:41

Pos	StartTime	Race#	Name	Last Name	Gend	Age C	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
87	12:42:00	726	Suzanne	Owen	Female	50	J		Sprint - Female	00:12:44	00:03:28	00:46:38	00:01:46	00:27:14	01:31:50
88	11:22:20	512	Nesta	McCluskey	Female	41	Н	Llanymynech	Sprint - Female	00:13:40	00:02:35	00:51:21	00:00:54	00:23:27	01:31:57
89	12:28:40	696	Helen	Turner	Female	73	N	Nantwich	Sprint - Female	00:10:59	00:02:30	00:50:41	00:01:02	00:27:06	01:32:18
90	11:44:00	574	Lindsey	Maher	Female	34	F		Sprint - Female	00:09:12	00:02:54	00:52:57	00:01:37	00:25:39	01:32:19
91	11:24:40	519	Melissa	Grove	Female	25	Е	Lancashire	Sprint - Female	00:13:39	00:04:12	00:47:15	00:02:08	00:25:07	01:32:21
92	11:28:00	527	Samantha	Bream	Female	41	Н	Stafford Triathlon Cl	Sprint - Female	00:15:15	00:02:51	00:46:20	00:00:58	00:27:02	01:32:26
93	12:26:00	688	Emma	Hartley	Female	37	G	Cheshire	Sprint - Female	00:10:36	00:02:49	00:49:37	00:02:29	00:27:25	01:32:56
94	11:35:20	549	Gill	Armstrong	Female	47	I	NSPCC	Sprint - Female	00:12:03	00:05:42	00:47:56	00:03:08	00:24:17	01:33:06
95	11:54:20	599	Hayley	Gradwell	Female	32	F	No Guts No Glory	Sprint - Female	00:12:10	00:02:34	00:46:13	00:01:02	00:31:17	01:33:16
96	12:09:40	642	Kath	Horwill	Female	42	H	<b>Bolton Tri Club</b>	<b>Sprint - Female</b>	00:11:32	00:02:23	00:53:56	00:01:34	00:23:51	01:33:16
97	11:25:20	521	Kat	Booth	Female	39	G	Lymm	Sprint - Female	00:11:48	00:03:31	00:51:25	00:01:00	00:25:39	01:33:23
98	11:33:20	543	Paula	Sharrocks	Female	44	Н	Warrington	Sprint - Female	00:14:25	00:03:31	00:47:01	00:01:01	00:27:30	01:33:28
99	12:09:20	641	Rebecca	Tones	Female	41	Н	Tynemouth	Sprint - Female	00:12:32	00:03:26	00:51:41	00:01:22	00:24:30	01:33:31
100	12:02:40	624	Francesca	Beveridge	Female	31	F	Middlewich	Sprint - Female	00:12:20	00:03:14	00:48:34	00:01:23	00:28:18	01:33:49
101	11:34:40	547	Louise	Chadwick	Female	43	Н	Manchester	Sprint - Female	00:11:31	00:03:08	00:50:01	00:01:20	00:28:13	01:34:13
102	08:22:40	56	Laura	Cummings	Female	27	$\mathbf{E}$	Winsford	<b>Sprint - Female</b>			00:50:33	00:01:42	00:30:53	01:34:16
103	11:32:20	540	Claire	Macaulay	Female	44	H	Altrincham	Sprint - Female	00:12:48	00:02:50	00:51:13	00:01:10	00:26:15	01:34:16
104	12:22:40	678	Julie	Thornhill	Female	40	H	Congleton Road San	Sprint - Female	00:11:21	00:02:45	00:49:26	00:01:06	00:29:41	01:34:19
105	12:37:40	721	Emily	Bird	Female	25	$\mathbf{E}$	Rutland	Sprint - Female	00:09:05	00:03:39	00:48:51	00:01:42	00:31:08	01:34:25
106	11:49:40	587	Martina	Mclachlan	Female	48	I	Cancer Research UK	Sprint - Female	00:11:56	00:02:40	00:49:59	00:01:28	00:28:40	01:34:43
107	11:33:00	542	Debbie	Wilson	Female	51	J	Northwich	Sprint - Female	00:13:54	00:03:35	00:46:50	00:03:02	00:27:41	01:35:02
108	11:56:20	605	Livvy	Beckett	Female	40	H	Wrexham	Sprint - Female	00:13:35	00:04:14	00:48:41	00:01:37	00:26:58	01:35:05
109	12:35:00	713	Victoria	Luck	Female	39	G	Cancer Research UK	Sprint - Female	00:06:47	00:03:14	00:49:23	00:01:35	00:34:14	01:35:13
110	11:59:20	614	Tracy	Cockburn	Female	45	I	stoke on Trent	Sprint - Female	00:12:15	00:02:59	00:49:37	00:01:04	00:29:22	01:35:17
111	12:10:00	643	Lucy	Allaby	Female	28	E	Bollington	Sprint - Female	00:09:49	00:03:59	00:53:50	00:02:29	00:25:12	01:35:19
112	12:07:40	636	Tammy	Holmes	Female	33	F	Wolstanton	Sprint - Female	00:11:36	00:02:16	00:51:31	00:00:59	00:29:03	01:35:25
113	12:12:00	649	Ruth	Chadwick	Female	35	G	Manchester	Sprint - Female	00:11:02	00:02:41	00:52:34	00:01:08	00:28:08	01:35:33
114	12:14:40	657	Glenda	Davies	Female	48	I	Middlewich	Sprint - Female	00:12:05	00:03:20	00:52:05	00:01:03	00:27:10	01:35:43
115	11:24:20	499	Emily	Swift	Female	29	E	Preston	Sprint - Female	00:17:09	00:04:52	00:49:14	00:01:07	00:23:22	01:35:44
116	12:29:00	697	Emma	Done	Female	34	F	Nantwich	Sprint - Female	00:10:51	00:02:43	00:49:57	00:01:14	00:31:01	01:35:46
117	12:01:20	620	Jacqueline	Carney	Female	52	J	L17 0DD	Sprint - Female	00:12:03	00:04:38	00:51:34	00:02:09	00:25:38	01:36:02
118	11:47:20	930	Alexa	Dawson	Female	42	H		Sprint - Female	00:11:22	00:04:03	00:48:54	00:01:54	00:29:50	01:36:03
119	11:13:00	487	Rachel	Galloway	Female	36	G	Stockport	Sprint - Female	00:13:53	00:02:57	00:53:01	00:01:07	00:25:15	01:36:13
120	08:32:20	80	Michelle	Ryan	Female	43	H	Stockport	Sprint - Female	00:10:57	00:04:39	00:51:09	00:01:32	00:27:56	01:36:13
121	12:24:46	685	jennifer	stephenson	Female	59	K	cheshire	Sprint - Female	00:10:40	00:05:21	00:47:21	00:03:25	00:29:28	01:36:15
122	08:33:20	63	deborah	rhoden	Female	42	H	must tri harder	Sprint - Female	00:09:32	00:05:18	00:50:21	00:01:23	00:30:00	01:36:34
123	12:10:40	645	Vicky	Allington	Female	37	G	Cancer Research UK	Sprint - Female	00:11:17	00:02:59	00:52:22	00:01:08	00:28:48	01:36:34
124	12:14:20	948	Laura	Grewer	Female	48	I	Altrincham	Sprint - Female	00:10:48	00:05:33	00:49:26	00:01:16	00:29:40	01:36:43
125	11:51:20	592	Penny	Gilg	Female	28	E	Leeds	Sprint - Female	00:14:19	00:03:04	00:48:47	00:01:06	00:29:28	01:36:44
126	11:49:00	585	Claire	Routley	Female	37	G	Cheadle Hulme	Sprint - Female	00:10:46	00:02:28	00:56:56	00:01:25	00:25:12	01:36:47
127	11:22:00	511	Vicki	Hughes	Female	39	G	Newport	Sprint - Female	00:15:28	00:02:53	00:49:39	00:01:07	00:27:42	01:36:49
128	08:30:00	74	Laura	Nuthall	Female	33	F	Cancer Research UK	Sprint - Female	00:08:51	00:03:23	00:55:36	00:01:02	00:28:05	01:36:57
129	11:45:20	576	Sandra	Crosbie	Female	47	I	Sale	Sprint - Female	00:12:31	00:02:18	00:51:21	00:01:23	00:29:26	01:36:59
130	11:30:40	535	Joanne	Clarke	Female	45	I	Warrington	Sprint - Female	00:13:53	00:04:13	00:49:07	00:01:23	00:28:24	01:37:00

Pos	StartTime	Race#	Name	Last Name	Gend	Age C	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
131	12:00:00	616	Helen	Jackson	Female	47	I	Lilleshall Newport	Sprint - Female	00:11:57	00:02:55	00:49:16	00:02:07	00:30:47	01:37:02
132	12:23:00	679	Victoria	Ager	Female	42	Н	Ormskirk	Sprint - Female	00:10:58	00:03:16	00:52:25	00:00:57	00:29:45	01:37:21
133	08:52:40	698	Wednesday	Jones	Female	50	J	Harrow	Sprint - Female	00:10:53	00:03:09	00:49:19	00:01:01	00:33:10	01:37:32
134	12:36:40	718	Rebecca	Stockton	Female	39	G	Nantwich	Sprint - Female	00:09:11	00:03:19	00:53:47	00:01:02	00:30:18	01:37:37
135	12:12:20	650	Sarah	Jones	Female	45	I	Northwich	Sprint - Female	00:13:01	00:03:11	00:48:41	00:02:16	00:30:36	01:37:45
136	12:24:00	682	Angela	Connor	Female	47	I	Liverpool	Sprint - Female	00:11:35	00:03:36	00:51:15	00:02:07	00:29:41	01:38:14
137	11:36:40	553	Shirley	Cox	Female	55	K	Liverpool	Sprint - Female	00:13:16	00:04:24	00:50:24	00:01:19	00:28:55	01:38:18
138	11:41:40	972	Elaine	Snape	Female	50	J	Preston	Sprint - Female	00:12:12	00:02:28	00:52:15	00:01:05	00:30:27	01:38:27
139	11:36:20	552	Jodie	Williamson	Female	26	E	Liverpool	Sprint - Female	00:13:49	00:04:51	00:52:26	00:01:13	00:26:11	01:38:30
140	12:29:40	699	Kerry	Lyth	Female	50	J	Stone	<b>Sprint - Female</b>	00:11:31	00:03:05	00:49:37	00:01:33	00:32:47	01:38:33
141	11:17:20	490	Niamh	Donaghy	Female	33	F	Liverpool	Sprint - Female	00:11:56	00:05:10	00:51:19	00:01:20	00:29:00	01:38:45
142	12:07:20	635	Heidi	Krauth	Female	44	Н	Stockport	Sprint - Female	00:11:42	00:03:24	00:53:38	00:01:20	00:28:51	01:38:55
143	12:02:20	623	Nina	Barthel	Female	37	G	Manchester	Sprint - Female	00:11:36	00:02:56	00:47:23	00:02:14	00:35:09	01:39:18
144	12:18:00	664	Louise	Moore	Female	51	J	High Peak	Sprint - Female	00:10:09	00:03:13	00:47:53	00:01:31	00:36:42	01:39:28
145	11:39:40	561	Vicki	Leng	Female	40	Н	High Peak	Sprint - Female	00:12:08	00:05:01	00:51:07	00:01:31	00:29:47	01:39:34
146	11:47:00	581	Tess	O'Callaghan	Female	31	F	Crosby Stormers	Sprint - Female	00:12:06	00:03:20	00:51:52	00:01:16	00:31:04	01:39:38
147	08:28:00	68	Stephne	Douglas	Female	42	Н	Cheshire	Sprint - Female	00:08:45	00:02:52	00:48:47	00:01:45	00:37:36	01:39:45
148	12:17:40	934	Jennifer	Rackstraw	Female	60	L		Sprint - Female	00:10:51	00:02:53	00:47:46	00:01:28	00:36:47	01:39:45
149	11:11:00	481	Alison	Webster	Female	46	I	Liverpool	Sprint - Female	00:12:49	00:03:12	00:52:55	00:01:08	00:29:49	01:39:53
150	11:16:00	496	Helena	Crook	Female	34	F	Nantwich	Sprint - Female	00:12:18	00:03:39	00:50:24	00:01:15	00:32:18	01:39:54
151	11:40:00	562	Sue	Alderson	Female	52	J	Woolley	Sprint - Female	00:12:48	00:04:44	00:52:25	00:01:35	00:28:30	01:40:02
152	11:10:40	518	Laura	Longfield	Female	34	F	Cancer Research UK	Sprint - Female	00:16:29	00:02:14	00:52:18	00:01:03	00:28:06	01:40:10
153	12:14:00	655	Helen	Taylor	Female	42	Н	Cancer Research UK	Sprint - Female	00:10:47	00:04:29	00:56:05	00:01:29	00:27:25	01:40:15
154	11:18:00	501	Jennifer	Butler	Female	28	E	Manchester	Sprint - Female	00:13:18	00:03:38	00:54:00	00:00:56	00:28:39	01:40:31
155	11:46:00	578	Elizabeth	Edge	Female	29	E	Liverpool	Sprint - Female	00:12:17	00:04:07	00:51:58	00:01:12	00:31:01	01:40:35
156	11:50:00	588	Debs	Clarke	Female	47	I	Stoke-on-Trent	Sprint - Female	00:11:39	00:02:01	00:57:07	00:00:58	00:29:14	01:40:59
157	11:50:40	590	Clare	Boyle	Female	36	G	Warrington	Sprint - Female	00:12:55	00:02:46	00:49:57	00:01:43	00:33:42	01:41:03
158	12:43:40	731	Emma	Pitt	Female	39	G	Skelmersdale	Sprint - Female	00:15:35	00:03:26	00:54:13	00:00:58	00:27:04	01:41:16
159	11:40:40	564	Jacqui	<b>Hurley-Peet</b>	Female	37	G	No Guts No Glory	Sprint - Female	00:13:34	00:03:08	00:47:58	00:01:38	00:35:03	01:41:21
160	12:00:40	618	Sharon	Marshall	Female	36	G	Cancer Research UK	<b>Sprint - Female</b>	00:10:32	00:04:41	00:53:44	00:01:45	00:30:41	01:41:23
161	11:34:00	545	Fiona	Tyrer	Female	39	G	Widnes	Sprint - Female	00:12:17	00:03:32	00:54:52	00:01:28	00:29:29	01:41:38
162	12:13:40	654	Charlotte	Sefton	Female	26	E	Manchester	Sprint - Female	00:12:04	00:02:30	00:48:56	00:01:18	00:37:05	01:41:53
163	11:58:20	611	Ashley	Thomson	Female	43	H	Sale	Sprint - Female	00:12:50	00:02:15	00:52:14	00:01:40	00:32:57	01:41:56
164	11:35:40	550	Anna	Keefe	Female	38	G	Altrincham	Sprint - Female	00:14:27	00:02:33	00:54:31	00:01:08	00:29:17	01:41:56
165	11:18:20	502	Samantha	Tennant	Female	43	H	Knutsford	Sprint - Female	00:13:00	00:04:17	00:53:16	00:01:56	00:29:32	01:42:01
166	11:48:00	910	Carol	Harrison Chan	Female	42	Н	Tri Preistley	Sprint - Female	00:11:42	00:03:31	00:51:50	00:00:00	00:35:13	01:42:16
167	11:20:00	507	Annie	Hirsch	Female	61	L	Manchester	Sprint - Female	00:19:14	00:04:54	00:53:40	00:01:34	00:23:13	01:42:35
168	12:24:20	683	Amy	Hawarden	Female	31	F	Liverpool	Sprint - Female	00:09:34	00:02:43	00:54:16	00:01:43	00:34:19	01:42:35
169	11:54:40	600	Victoria	Lomas	Female	34	F	Team Deane	Sprint - Female						01:42:41
170	11:15:40	495	Jacqui	Clarkson Jones	Female	49	I	Macclesfield	Sprint - Female	00:18:45	00:04:21	00:47:08	00:02:03	00:30:50	01:43:07
171	08:32:40	81	Debi	McMillan	Female	44	H	Liverpool	Sprint - Female	00:14:08	00:03:24	00:52:24	00:01:25	00:32:02	01:43:23
172	11:27:20	525	Lisa	Townsend	Female	51	J	<b>Courthey Chasers</b>	Sprint - Female	00:15:39	00:03:03	00:51:20	00:01:10	00:32:17	01:43:29
173	11:52:00	932	Claire	Glazzard	Female	35	G		Sprint - Female	00:12:16	00:02:30	00:55:30	00:01:40	00:31:47	01:43:43
174	11:42:20	569	Susan	Farrington	Female	48	Ι	Alsager	Sprint - Female	00:12:21	00:04:39	00:52:12	00:01:37	00:33:18	01:44:07

Pos	StartTime	Race#	Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
175	11:29:40	532	Nicola	Higham	Female	43	Н	Liverpool	Sprint - Female	00:15:17	00:04:01			00:35:55	01:44:08
176	11:41:20		Alex		Female	32	F	Wrecsam	Sprint - Female		00:03:17	00:56:33	00:01:22	00:31:09	01:44:11
177	12:34:40	712	Rachel	Chandler	Female	27	E	Liverpool	Sprint - Female	00:10:01	00:02:19	00:56:27	00:00:53	00:34:44	01:44:24
178	12:21:00	673	Donna	Gillespie-Greene	Female	44	Н	Warrington	Sprint - Female	00:11:56	00:04:16	00:51:37	00:02:42	00:33:55	01:44:26
179	11:55:20	602	Hayley	Kendall-Berry	Female	45	I	LONDON	Sprint - Female	00:13:13	00:02:36	00:58:32	00:01:10	00:28:58	01:44:29
180	11:13:40	489	Mandy	Webb	Female	41	Н	Webby	Sprint - Female						01:44:43
181	12:11:00	952	Sarah	Firth	Female	48	I	•	Sprint - Female	00:11:33	00:03:35			00:38:41	01:44:51
182	11:18:40	503	Louise	Ratcliffe	Female	42	Н	NSPCC	Sprint - Female	00:15:05	00:04:11	00:52:23	00:01:53	00:31:25	01:44:57
183	11:25:00	520	Marie	Reid	Female	44	Н	Liverpool	Sprint - Female	00:13:23	00:02:46	00:57:17	00:01:04	00:30:31	01:45:01
184	11:29:20	531	claire	marsden	Female	23	$\mathbf{C}$	Wallasey	Sprint - Female	00:15:44	00:04:24	00:58:42	00:01:29	00:25:00	01:45:19
185	12:36:20	717	Alison	Garlick	Female	35	G	Hayfield	Sprint - Female	00:38:58	00:18:53	00:55:46	00:01:35	00:28:04	01:45:30
186	11:24:00	517	Cherrise	King	Female	49	I	Manchester	Sprint - Female	00:15:46	00:02:06	00:52:25	00:01:17	00:34:14	01:45:48
187	11:32:40	528	mary	richardson	Female	51	J	Liverpool	Sprint - Female	00:11:50	00:06:38	00:53:53	00:01:13	00:32:37	01:46:11
188	11:44:20	575	Karin	Daelemans	Female	43	Н	Run Neston	Sprint - Female	00:12:25	00:03:27	00:53:04	00:01:39	00:35:48	01:46:23
189	11:46:20	579	Shelagh	Davie	Female	45	I	Stoke-on-Trent	Sprint - Female	00:12:09	00:05:42	00:56:28	00:02:24	00:29:48	01:46:31
190	12:13:20	653	Fiona	Poyser	Female	46	I	West timperley	Sprint - Female	00:12:38	00:03:27	00:48:39	00:03:47	00:38:00	01:46:31
191	11:11:40	483	Clair	Bickerstaffe/Kirl	Female	34	F	FRODSHAM	Sprint - Female	00:13:46	00:04:15	00:56:17	00:01:14	00:31:12	01:46:44
192	11:16:20	497	MAUD	Rivi ⊦¿re	Female	36	G	Manchester	Sprint - Female	00:14:02	00:04:21	00:50:02	00:01:53	00:36:37	01:46:55
193	11:17:40	500	Leanne	Hughes	Female	42	H	Liverpool	Sprint - Female	00:11:43	00:03:38	00:55:15	00:01:22	00:35:10	01:47:08
194	11:22:40	513	Lisa	Jackson	Female	28	E	Leeds	Sprint - Female	00:14:26	00:03:37	00:57:49	00:01:00	00:30:21	01:47:13
195	11:28:40	529	Debbie	Dobson	Female	40	H	knutsford	Sprint - Female	00:14:32	00:03:44	01:00:12	00:01:24	00:27:33	01:47:25
196	11:38:40	558	Therese	Hynd	Female	53	J	Run Neston	Sprint - Female	00:14:48	00:04:11	00:53:56	00:02:19	00:32:31	01:47:45
197	11:31:40	538	Suzannah	Dykes	Female	46	I	Liverpool	Sprint - Female	00:15:19	00:05:14	00:57:51	00:01:21	00:28:08	01:47:53
198	11:26:20	524	Samantha	Davis	Female	45	I	Timperley	Sprint - Female	00:16:58	00:03:46	00:50:12	00:03:14	00:33:57	01:48:07
199	11:17:00	492	Alison	Moore	Female	44	H	Halifax	Sprint - Female	00:13:25	00:05:20	00:57:18	00:01:30	00:30:57	01:48:30
200	11:53:20	596	Sarah	Turner	Female	43	H	Must Tri Harder	Sprint - Female	00:12:26	00:04:24	00:58:19	00:01:28	00:31:56	01:48:33
201	11:49:20	586	Allison	Christou	Female	45	I	Cancer Research UK	Sprint - Female	00:12:02	00:03:40	00:54:37	00:01:31	00:36:46	01:48:36
202	10:49:40	954	Laura	Stevens	Female	30	F		Sprint - Female	00:13:18	00:03:53			00:29:30	01:48:36
203	11:39:20	560	Anne	Webster	Female	58	K	Manchester	Sprint - Female	00:15:01	00:05:44	00:54:49	00:01:43	00:31:55	01:49:12
204	11:19:40	506	Petra	Rusche	Female	44	H	Nantwich	Sprint - Female	00:16:33	00:03:48	00:56:25	00:01:32	00:31:05	01:49:23
205	11:33:40	544	Julie	Styles	Female	52	J	Salford	Sprint - Female	00:13:23	00:05:06	00:51:10	00:03:39	00:36:07	01:49:25
206	11:15:20	494	sue	rosin	Female	42	H	stormers	Sprint - Female	00:15:55	00:03:46	00:59:03	00:01:36	00:29:11	01:49:31
207	11:59:40	615	Gill	Barnard	Female	38	G	ROSSENDALE	Sprint - Female	00:12:14	00:03:48	00:57:55	00:01:28	00:34:44	01:50:09
208	11:36:00	551	Annette	Sharp	Female	57	K	Market Drayton	Sprint - Female	00:14:02	00:04:53	00:58:51	00:01:14	00:32:00	01:51:00
209	11:26:00	523	Michaela	Kee	Female	43	H	merseyside	Sprint - Female	00:15:37	00:05:13	00:58:33	00:01:59	00:29:48	01:51:10
210	11:21:40	510	Bethan	McGuigan	Female	44	H	Thingwall	Sprint - Female	00:15:19	00:06:20	00:54:14	00:01:40	00:33:51	01:51:24
211	11:55:00	601	Lindsey	Young	Female	45	I	TRI-SKWAD	Sprint - Female	00:11:02	00:03:01	00:53:58	00:01:02	00:42:35	01:51:38
212	11:55:40	603	sangita	moore	Female	50	J	chester	Sprint - Female	00:15:04	00:04:51	00:59:42	00:02:06	00:30:03	01:51:46
213	11:21:00	508	Annelize	Hadland	Female	44	H	Thingwall	Sprint - Female	00:17:43	00:04:41	00:54:13	00:01:34	00:33:55	01:52:06
214	12:07:00	634	Gemma	Smith	Female	24	C	Gailsa	Sprint - Female	00:11:24	00:05:33	01:03:16	00:00:00	00:31:53	01:52:06
215	12:06:40	633	Ailsa	Mcarthur	Female	24	C	Gailsa	Sprint - Female	00:11:31	00:05:48	01:03:06	00:02:20	00:29:39	01:52:24
216	12:00:20	617	nichola	warner	Female	51	J	hull	Sprint - Female	00:14:23		00:58:47	00:02:07	00:32:51	01:52:31
217	11:12:40	486	kay	fitton	Female	51	J	Oldham	Sprint - Female	00:18:17	00:05:37	00:57:08	00:01:48	00:30:41	01:53:31
218	11:23:40	516	Moya	Higham	Female	59	K	Cheshire	Sprint - Female	00:16:03	00:05:21	00:56:56	00:02:20	00:33:38	01:54:18

219     12:20:00     670     Charlotte     Isherwood     Female     31     F     Davenham     Sprint - Female     00:11:23     00:04:39     00:58:32     00:01:43     00       220     11:19:00     504     Fleur     Carruthers     Female     47     I     Chester     Sprint - Female     00:17:09     00:04:09     00:56:04     00:01:21     00       221     12:15:20     659     ZOE     NUTTALL     Female     43     H     Rawtenstall     Sprint - Female     00:11:59     00:04:08     00:56:56     00:02:11     00       222     11:37:40     556     Louise     Law     Female     46     I     Tiverton     Sprint - Female     00:11:47     00:04:36     01:03:57     00:01:48     00	00:36:40     01:55:23       00:40:22     01:55:36       00:34:14     01:56:22       00:34:03     01:56:28       00:40:47     01:56:52       00:36:44     01:57:17
221 12:15:20 659 ZOE NUTTALL Female 43 H Rawtenstall Sprint - Female 00:11:59 00:04:08 00:56:56 00:02:11 00	00:40:22 01:55:36   00:34:14 01:56:22   00:34:03 01:56:28   00:40:47 01:56:52   00:36:44 01:57:17
	00:34:14   01:56:22     00:34:03   01:56:28     00:40:47   01:56:52     00:36:44   01:57:17
222 11:37:40 556 Louise Law Female 46 I Tiverton Sprint - Female 00:11:47 00:04:36 01:03:57 00:01:48 00	00:34:03   01:56:28     00:40:47   01:56:52     00:36:44   01:57:17
	00:40:47 01:56:52   00:36:44 01:57:17
223 11:53:00 595 Julie Jeffries Female 41 H STONE Sprint - Female 00:12:42 00:04:43 01:03:49 00:01:11 00	00:36:44 01:57:17
224 11:34:20 530 Rebecca Kelly Female 24 C Manchester Sprint - Female 00:12:11 00:04:33 00:57:43 00:01:38 00	
225 12:04:20 629 Kelly McCann Female 22 C Stoke-on-Trent Sprint - Female 00:12:40 00:05:23 01:00:34 00:01:56 00	00:35:10 01:57:31
226 11:13:20 488 Lisa Laws Female 38 G Smoothtri Sprint - Female 00:20:10 00:07:03 00:51:38 00:03:30 00	
227 11:56:40 606 Emma Jones Female 51 J Chester Sprint - Female 00:14:10 00:04:13 00:55:54 00:01:52 00	00:41:42 01:57:51
228 11:54:00 598 Emma Neal Female 42 H Ware Sprint - Female 00:14:14 00:04:11 00:59:55 00:02:15 00	00:37:35 01:58:10
229 12:04:40 630 Steph McCann Female 24 C Stoke-on-Trent Sprint - Female 00:12:22 00:05:15 01:00:30 00:02:41 00	00:37:31 01:58:19
230 11:39:00 559 Jill Eardley Female 55 K Staffordshire Sprint - Female 00:15:01 00:04:11 00:59:24 00:01:26 00	00:38:28 01:58:30
231 12:04:00 628 Holly McCann Female 19 B Alsager Sprint - Female 00:12:52 00:05:28 01:00:34 00:01:59 00	00:38:05 01:58:58
232 11:31:00 536 Sarah Dean Female 42 H Congleton Sprint - Female 00:13:35 00:06:07 01:02:59 00:01:47 00	00:34:35 01:59:03
233 11:43:00 571 Helen Doran Female 60 L Knutsford Sprint - Female 00:13:41 00:04:24 00:57:36 00:03:09 00	00:40:15 01:59:05
234 12:25:20 687 Dawn Young Female 39 G Holmes Chapel Sprint - Female 00:11:56 00:05:23 01:02:29 00:02:00 00	00:37:36 01:59:24
235 11:52:40 594 Victoria Fisher Female 44 H Must Tri Harder Sprint - Female 00:11:57 00:04:34 01:03:06 00:02:16 00	00:37:35 01:59:28
236 11:21:20 509 Cathy Hughes Female 59 K Southport Sprint - Female 00:20:31 00:05:57 00:59:55 00:02:19 00	00:31:21 02:00:03
237 08:33:00 82 joanne moody Female 37 G liverpool Sprint - Female 00:12:08 00:03:34 01:04:04 00:01:41 00	00:39:45 02:01:12
238 11:40:20 563 kelly roulston Female 36 G aundreas army Sprint - Female 00:14:35 00:08:30 01:02:17 00:01:23 00	00:35:29 02:02:14
239 11:07:30 565 Karen Bailey Female 46 I Stoke on Trent Sprint - Female 00:58:30 00:02:22 00	00:43:57 02:02:24
240 11:52:20 593 Jane Hill Female 52 J Crewe Sprint - Female 00:12:00 00:04:32 00:58:20 00:01:52 00	00:46:41 02:03:25
241 11:16:40 484 Phillippa Loose Female 47 I Pink Ribbon Foundat Sprint - Female 00:13:38 00:03:43 01:06:21 00:01:13 00	00:39:32 02:04:27
242 11:47:40 582 Laura Duffy Female 35 G Sale Sprint - Female 00:15:26 00:06:12 00:56:13 00:02:09 00	00:44:36 02:04:36
243 11:15:00 493 Emma Clarke Female 31 F newbies Sprint - Female 00:17:10 00:08:01 01:05:06 00:01:45 00	00:32:46 02:04:48
244 11:14:20 491 Rosie Thorley Female 28 E Chinnor Sprint - Female 00:15:41 00:04:22 01:07:22 00:02:55 00	00:34:30 02:04:50
245 11:53:40 597 Sarah Daly Female 45 I Didsbury Sprint - Female 00:15:05 00:04:15 01:04:41 00:01:50 00	00:40:23 02:06:14
246 11:12:20 485 Linda Thorley Female 56 K Staffs Sprint - Female 00:18:40 00:06:03 01:05:13 00:02:24 00	00:34:32 02:06:52
247 12:39:20 719 Lucy Waters Female 25 E Wilmslow Sprint - Female 00:10:49 00:04:54 01:16:26 00:01:40 00	00:39:17 02:13:06
248 12:01:40 621 Lyndsay Gay Female Llandudno Sprint - Female 00:15:10 00:04:40 01:10:55 00:02:05 00	00:46:04 02:18:54
249 12:20:20 671 Louisa Meredith Female 29 E Cancer Research UK Sprint - Female 00:11:51 00:04:19 01:16:25 00:01:44 00	00:46:15 02:20:34