

Sprint

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
1	12:26:30	511	Andrew	Edwards	Open	Cat	48	I	TriDubai	Sprint	00:05:57	00:01:01	00:30:34	00:00:48	00:18:52	00:57:12
2	12:26:00	510	Tom	Feather	Open	Cat	22	C	Leeds Bradford Tri	Sprint	00:05:49	00:01:08	00:28:09	00:01:11	00:21:10	00:57:27
3	12:19:30	497	Leo	Timmins	Open	Cat	42	H	Huddersfield Tri club	Sprint	00:06:55	00:01:30	00:31:58	00:00:37	00:17:57	00:58:57
4	12:23:00	504	Jamie	Haines	Open	Cat	17	B	Leeds Bradford TC	Sprint	00:05:40	00:01:17	00:28:57	00:01:33	00:22:17	00:59:44
5	11:31:00	400	David	Narborough	Open	Cat	28	E	Derby	Sprint	00:08:50	00:01:50	00:29:36	00:01:07	00:18:54	01:00:17
6	12:22:30	503	Zach	Hannan-Jones	Open	Cat	21	C	Tollerton	Sprint	00:06:05	00:01:19	00:29:48	00:01:16	00:21:55	01:00:23
7	10:14:00	246	Ellis	Kirby	Open	Cat	23	C	Driffield	Sprint	00:06:27	00:01:17	00:32:58	00:00:50	00:18:52	01:00:24
8	12:08:30	475	Gary	Dowkes	Open	Cat	43	H	Post SV Narnberg	Sprint	00:07:55	00:01:01	00:30:54	00:01:19	00:22:19	01:00:50
9	12:18:30	495	Gordon	Mitchell	Open	Cat	46	I	Cleveland Tri club	Sprint	00:06:55	00:01:12	00:30:48	00:00:44	00:21:11	01:00:50
10	12:25:00	508	Harrison	Lee	Open	Cat	19	B	Pontefract	Sprint	00:05:09	00:01:10	00:33:33	00:00:43	00:20:20	01:00:55
11	12:04:00	466	Andrew	Mellor	Open	Cat	36	G	Rossendale	Sprint	00:08:36	00:01:25	00:32:58	00:00:54	00:17:30	01:01:23
12	12:24:30	507	Aidan	Harris	Open	Cat	20	C	Glasgow University T	Sprint	00:05:39	00:01:20	00:34:43	00:00:43	00:19:26	01:01:51
13	12:14:00	486	Stu	Sklinar	Open	Cat	37	G	Leeds Bradford Tri C	Sprint	00:06:28	00:01:06	00:29:51	00:01:05	00:23:44	01:02:14
14	12:03:30	465	Adrian	Hopkinson	Open	Cat	36	G	Bassetlaw Tri Club	Sprint	00:07:47	00:01:21	00:33:38	00:01:07	00:18:47	01:02:40
15	12:02:30	463	Matthew	Eastwood	Open	Cat	47	I	York Tri Club	Sprint	00:07:43	00:01:19	00:30:25	00:00:53	00:22:22	01:02:42
16	12:04:30	467	Stephen	Walker	Open	Cat	46	I	York	Sprint	00:07:31	00:01:42	00:33:18	00:01:01	00:19:30	01:03:02
17	12:18:00	494	John	Anderson	Open	Cat	51	J	GAINSBOROUGH	Sprint	00:06:51	00:01:43	00:33:49	00:00:49	00:22:41	01:04:15
18	12:14:30	487	Rob	Glenton	Open	Cat	36	G	Leeds	Sprint	00:07:44	00:01:43	00:32:50	00:00:37	00:21:28	01:04:22
19	12:11:30	481	Mark	Lawson	Open	Cat	51	J	Fire Service	Sprint	00:07:26	00:01:46	00:32:50	00:00:55	00:21:42	01:04:39
20	12:15:00	488	Isaac	Pressley	Open	Cat	16	A	Clifton Cycling Club	Sprint	00:07:59	00:01:04	00:31:25	00:00:48	00:23:42	01:04:58
21	12:12:00	482	James	Gillespie	Open	Cat	46	I	York	Sprint	00:07:40	00:01:50	00:34:22	00:01:05	00:20:33	01:05:30
22	12:17:00	492	Peter	Beverley	Open	Cat	43	H	Camblesforth	Sprint	00:07:10	00:01:17	00:33:25	00:00:25	00:23:23	01:05:40
23	12:19:00	496	James	Williamson	Open	Cat	28	E	Hull	Sprint	00:06:44	00:01:38	00:35:14	00:00:47	00:21:46	01:06:09
24	11:35:30	409	Anthony	Lamb	Open	Cat	52	J	Yorkshire Wolds Run	Sprint	00:09:19	00:02:21	00:34:09	00:00:38	00:20:01	01:06:28
25	12:16:00	490	John	Wattam	Open	Cat	57	K	The shed	Sprint	00:07:22	00:01:38	00:33:10	00:00:51	00:23:30	01:06:31
26	10:37:30	293	Thomas	Wilkes	Open	Cat	32	F	The Snodfathers	Sprint	00:09:35	00:02:09	00:32:01	00:01:38	00:21:16	01:06:39
27	12:15:30	489	Tom	Smith	Open	Cat	37	G	Holmfirth	Sprint	00:07:38	00:01:55	00:35:50	00:00:39	00:20:38	01:06:40
28	12:28:30	515	Andrew	Kenyon	Open	Cat	52	J	Bradford	Sprint	00:06:39	00:01:44	00:33:59	00:00:58	00:23:37	01:06:57
29	10:12:00	242	Jonathan	Boulton	Open	Cat	49	I	Leeds	Sprint	00:07:30	00:01:25	00:35:25	00:01:01	00:22:16	01:07:37
30	12:25:30	509	Nic	Morrison	Open	Cat	28	E	TIME Training	Sprint	00:05:50	00:01:44	00:35:28	00:01:01	00:23:51	01:07:54
31	11:59:30	457	Daniel	Wright	Open	Cat	44	H	Driffield	Sprint	00:08:41	00:01:37	00:32:33	00:00:43	00:24:34	01:08:08
32	10:13:00	244	Eren	Icel	Open	Cat	41	H	Leeds	Sprint	00:08:30	00:02:06	00:34:03	00:02:18	00:21:15	01:08:12
33	11:33:00	404	Martin	Candish	Open	Cat	50	J	UK Fire	Sprint	00:07:59	00:01:12	00:35:49	00:00:41	00:22:33	01:08:14
34	12:00:00	458	Richard	Johnston	Open	Cat	48	I	VO2 Max Race Team	Sprint	00:08:11	00:01:33	00:31:36	00:00:42	00:26:20	01:08:22
35	11:37:00	412	Josh	Rabet	Open	Cat	35	G	Brough	Sprint	00:07:53	00:02:02	00:35:35	00:00:31	00:22:23	01:08:24
36	11:45:00	428	Michael	Snell	Open	Cat	59	K	York	Sprint	00:08:49	00:01:40	00:33:15	00:01:32	00:24:00	01:09:16
37	10:45:00	308	Martin	Reeds	Open	Cat	37	G	KEIGHLEY	Sprint	00:08:21	00:01:29	00:33:21	00:01:14	00:24:55	01:09:20
38	11:50:00	438	Samuel	Cliff	Open	Cat	25	E	York	Sprint	00:08:10	00:01:41	00:33:41	00:01:16	00:24:36	01:09:24
39	11:31:30	401	Jim	Read	Open	Cat	43	H	York	Sprint	00:09:11	00:01:06	00:33:29	00:01:00	00:24:40	01:09:26
40	10:38:00	294	James	Melling	Open	Cat	44	H		Sprint	00:10:54	00:02:33	00:34:17	00:01:21	00:20:24	01:09:29
41	12:01:00	460	Steven	Forrest	Open	Cat	51	J	Newcastle Upon Tyne	Sprint	00:08:31	00:02:27	00:36:29	00:01:02	00:21:03	01:09:32
42	11:55:30	449	Joshua	Harrison	Open	Cat	31	F	Middlesbrough	Sprint	00:08:09	00:01:55	00:36:44	00:01:28	00:21:18	01:09:34

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	11:28:30	395	Daniel	Tunstall	Open	21	C	Harrogate	Sprint	00:06:52	00:01:58	00:38:39	00:00:38	00:21:32	01:09:39
44	12:08:00	474	Alwyn	Craven	Open	41	H	Easingwold Running	Sprint	00:07:19	00:01:48	00:36:33	00:08:00	00:16:02	01:09:42
45	12:13:00	484	Ben	Howarth	Open	39	G	Real fitness race team	Sprint	00:06:47	00:00:00	00:35:47	00:01:04	00:26:09	01:09:47
46	11:45:30	429	Jacob	Wardrobe	Open	24	C	Hull	Sprint	00:08:24	00:02:38	00:35:37	00:01:15	00:22:03	01:09:57
47	12:24:00	506	Jonny	Pervin	Open	36	G	Pontefract	Sprint	00:05:59	00:01:24	00:35:47	00:00:48	00:26:18	01:10:16
48	11:51:30	441	Robert	Edwards	Open	52	J	Awesome	Sprint	00:08:45	00:01:04	00:32:39	00:00:41	00:27:11	01:10:20
49	11:57:30	453	Matthew	Lansdall	Open	29	E	Harrogate	Sprint	00:07:49	00:02:25	00:33:01	00:01:35	00:25:35	01:10:25
50	12:12:30	483	Christopher	Peatfield	Open	35	G	Wakefield	Sprint	00:07:13	00:02:22	00:37:58	00:00:59	00:22:00	01:10:32
51	11:22:30	383	Roy	Duffin	Open	29	E	York	Sprint	00:10:54	00:04:15	00:34:40	00:02:09	00:18:37	01:10:35
52	11:51:00	440	Mark	Bringloe	Open	53	J	Awesome	Sprint	00:08:45	00:01:20	00:32:58	00:01:48	00:25:49	01:10:40
53	12:16:30	491	Alex	Wormald	Open	39	G	York Sport	Sprint	00:07:52	00:01:29	00:36:57	00:00:44	00:24:04	01:11:06
55	12:27:00	512	Oliver	Fleetwood	Open	31	F		Sprint	00:09:40	00:02:41	00:32:39	00:01:56	00:24:28	01:11:24
54	12:07:00	472	Geoffrey	Armstrong	Open	60	L	RV MÃ¶rwe	Sprint	00:07:14	00:02:03	00:35:56	00:01:00	00:25:11	01:11:24
56	12:21:00	500	Andy	Pettit	Open	54	J	Craven Energy	Sprint	00:06:42	00:01:43	00:34:44	00:00:00	00:28:16	01:11:25
57	12:20:00	498	John	Griffiths	Open	60	L	Barnsley	Sprint	00:06:37	00:02:04	00:36:00	00:00:57	00:26:21	01:11:59
58	12:06:00	470	Michael	Leighton	Open	26	E	Michael Leighton	Sprint	00:07:29	00:02:05	00:37:51	00:00:33	00:24:05	01:12:03
59	11:49:30	437	Joshua	King	Open	26	E	Rochdale	Sprint	00:07:42	00:02:33	00:37:30	00:00:48	00:23:43	01:12:16
60	11:29:30	397	Brad	White	Open	39	G	Chatteris	Sprint	00:07:59	00:01:33	00:36:32	00:00:58	00:25:17	01:12:19
61	12:13:30	485	Luke	Gair	Open	27	E	University of York Tr	Sprint	00:06:32	00:01:14	00:35:50	00:00:44	00:28:08	01:12:28
62	11:32:00	402	Kyle	Sinclair	Open	36	G	Grimsby	Sprint	00:08:31	00:02:24	00:33:09	00:01:03	00:27:25	01:12:32
63	11:18:30	375	Justin	Baird-Murray	Open	58	K	Harrogate	Sprint	00:08:31	00:02:17	00:41:19	00:00:00	00:20:37	01:12:44
64	12:10:30	479	Steven	Suddick	Open	33	F	Brighouse	Sprint	00:06:38	00:02:24	00:36:24	00:00:52	00:26:31	01:12:49
65	11:27:00	392	Matthew	Withe	Open	43	H		Sprint	00:08:11	00:01:39	00:36:01	00:01:03	00:26:04	01:12:58
66	10:12:30	243	Ethan	Hanson	Open	22	C	Castleford	Sprint	00:07:45	00:02:29	00:39:03	00:01:18	00:22:39	01:13:14
67	12:17:30	493	Gary	Payne	Open	44	H	NTC staffs	Sprint	00:06:55	00:01:54	00:38:26	00:01:14	00:24:52	01:13:21
68	10:30:30	279	martin	aston	Open	57	K	Scarborough Athletic	Sprint	00:09:47	00:02:52	00:34:36	00:01:20	00:24:48	01:13:23
69	10:41:30	301	Alfie	Disney	Open	16	A	York	Sprint	00:08:56	00:01:29	00:38:45	00:00:53	00:23:28	01:13:31
70	11:58:30	455	Mark	Taylor	Open	56	K	Oxford	Sprint	00:08:44	00:02:19	00:38:40	00:00:49	00:23:00	01:13:32
71	10:42:00	302	Matthew	Finch	Open	37	G	Heywood	Sprint	00:08:36	00:02:10	00:38:38	00:01:11	00:23:00	01:13:35
72	11:34:30	407	Richard	Gaughan	Open	31	F	Leeds	Sprint	00:08:44	00:01:49	00:34:46	00:01:54	00:26:32	01:13:45
73	11:21:30	381	Gary	Coulthard	Open	42	H	WORKSOP	Sprint	00:08:19	00:02:02	00:37:11	00:01:05	00:25:08	01:13:45
74	10:47:30	313	Aron	White	Open	27	E	Bookham	Sprint	00:06:50	00:02:26	00:35:47	00:01:21	00:27:43	01:14:07
75	10:43:30	305	Angus	Lowe	Open	24	C	Drifffield	Sprint	00:12:24	00:03:13	00:34:04	00:00:52	00:23:38	01:14:11
76	12:02:00	462	Nigel	Wood	Open	31	F	Amblecote	Sprint	00:07:25	00:01:34	00:38:39	00:00:53	00:26:00	01:14:31
77	11:48:30	435	Daniel	Alston	Open	38	G	Ilkley	Sprint	00:08:39	00:01:57	00:36:22	00:00:59	00:26:39	01:14:36
78	11:19:00	376	Rob	Haines	Open	52	J	Brighouse	Sprint	00:10:20	00:01:41	00:36:44	00:01:11	00:24:44	01:14:40
79	11:47:00	432	Daniel	Hollis	Open	44	H	Leeds	Sprint	00:09:25	00:01:46	00:38:00	00:01:23	00:24:33	01:15:07
80	11:25:30	389	Owain	Reeves	Open	19	B	LLANFYLLIN	Sprint	00:09:18	00:02:35	00:37:10	00:01:00	00:25:06	01:15:09
81	11:53:00	444	Andrew	Causier	Open	47	I	Pontefract	Sprint	00:07:54	00:02:30	00:35:06	00:01:16	00:28:39	01:15:25
82	11:33:30	405	Andrew	Dawson	Open	53	J	Selby	Sprint	00:10:21	00:01:55	00:37:19	00:00:49	00:25:08	01:15:32
83	11:39:00	416	DAVID	Chrystie-Lowe	Open	66	M	Glossop Tri Club	Sprint	00:10:17	00:02:16	00:38:41	00:01:32	00:22:59	01:15:45
84	11:56:00	450	Sam	Hood	Open	34	F	Leeds	Sprint	00:08:52	00:01:37	00:35:45	00:01:04	00:28:39	01:15:57
85	11:58:00	454	Christopher	Spinks	Open	57	K	fireservice Tri	Sprint	00:08:14	00:02:03	00:36:51	00:01:14	00:27:35	01:15:57
86	12:21:30	501	Tim	Risk	Open	67	M	YORK	Sprint	00:08:01	00:01:54	00:36:43	00:01:51	00:27:31	01:16:00

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
87	11:06:30	351	Jordan	Lowrie	Open Cat	29	E	REDCAR	Sprint	00:13:33	00:02:37	00:34:31	00:01:45	00:23:35	01:16:01
88	11:38:30	415	Jed	Just	Open Cat	30	F	London	Sprint	00:08:46	00:01:48	00:38:09	00:00:43	00:26:46	01:16:12
89	12:05:00	468	Carl	Goodman	Open Cat	41	H	Team Deane	Sprint	00:07:28	00:02:22	00:37:12	00:01:01	00:28:10	01:16:13
90	11:56:30	451	Philip	Howe	Open Cat	35	G	Leeds	Sprint	00:09:40	00:01:49	00:39:10	00:01:44	00:24:02	01:16:25
91	11:50:30	439	Ethan	Bringloe	Open Cat	22	C	Awesome	Sprint	00:09:17	00:00:57	00:38:44	00:00:36	00:26:53	01:16:27
92	11:42:00	422	Martyn	Coy	Open Cat	51	J	Thirsk & Sowerby Ha	Sprint	00:08:22	00:02:58	00:40:03	00:00:52	00:24:40	01:16:55
93	10:34:30	287	Thomas	Platts	Open Cat	35	G	Cambridge	Sprint	00:13:58	00:01:40	00:34:51	00:03:26	00:23:15	01:17:10
94	11:13:30	365	Robert	Johnston	Open Cat	31	F	York	Sprint	00:10:06	00:02:19	00:37:04	00:02:43	00:25:16	01:17:28
95	08:45:30	79	Alexander	Batty	Open Cat	25	E	CRUK	Sprint	00:11:34	00:01:39	00:39:42	00:01:32	00:23:02	01:17:29
96	12:06:30	471	Ewan	Cassidy	Open Cat	25	E	Newcastle	Sprint	00:07:06	00:02:21	00:43:02	00:00:55	00:24:07	01:17:31
97	11:11:30	361	Owen	White	Open Cat	24	C	Mums60	Sprint	00:07:17	00:10:56	00:33:53	00:00:56	00:24:31	01:17:33
98	10:46:30	311	Neil	Spooner	Open Cat	42	H	Worksop	Sprint	00:12:07	00:01:44	00:37:48	00:00:40	00:25:18	01:17:37
99	11:55:00	448	Neil	Gavaghan	Open Cat	42	H	Leeds	Sprint	00:07:23	00:02:34	00:42:44	00:01:24	00:23:53	01:17:58
100	11:20:00	378	Matthew	Anthony	Open Cat	40	H	Timber Garden Build	Sprint	00:08:54	00:02:30	00:40:16	00:00:36	00:25:44	01:18:00
101	10:49:00	316	Richard	Beese	Open Cat	31	F	Leeds	Sprint	00:11:49	00:02:47	00:37:42	00:01:06	00:24:52	01:18:16
102	12:03:00	464	Stephen	English	Open Cat	46	I	Sheffield Tri Club	Sprint	00:07:58	00:02:42	00:38:18	00:00:51	00:28:28	01:18:17
103	11:17:00	372	Steven	Richards	Open Cat	37	G	London	Sprint	00:08:35	00:03:07	00:38:51	00:01:20	00:26:36	01:18:29
104	11:37:30	413	Sam	Sparks	Open Cat	33	F	Cambridge	Sprint	00:07:10	00:02:07	00:38:48	00:01:35	00:28:50	01:18:30
105	11:36:00	410	Bryan	Low	Open Cat	57	K	Halesowen Tri	Sprint	00:08:23	00:02:29	00:38:35	00:00:54	00:28:12	01:18:33
106	11:08:00	354	jonathan	noble	Open Cat	44	H	Bradford	Sprint	00:09:52	00:02:27	00:41:55	00:00:49	00:23:36	01:18:39
107	12:23:30	505	Ryan	Catley	Open Cat	26	E	Grimsby	Sprint	00:06:56	00:03:16	00:39:28	00:01:05	00:27:54	01:18:39
108	11:10:00	358	Carl	Smith	Open Cat	49	I	Ponte rejects	Sprint	00:09:40	00:03:37	00:41:24	00:00:57	00:23:22	01:19:00
109	11:36:30	411	Natalie	Montezuma	Open Cat	32	F	Leeds	Sprint	00:06:50	00:03:01	00:41:09	00:01:43	00:26:45	01:19:28
110	11:16:00	370	Stephen	Conway	Open Cat	52	J	Sheffield	Sprint	00:11:39	00:03:13	00:39:08	00:01:23	00:24:07	01:19:30
111	11:29:00	396	Graham	Vernon	Open Cat	54	J	Timber Garden Build	Sprint	00:11:56	00:02:03	00:36:59	00:01:09	00:27:24	01:19:31
112	11:03:30	345	Sion	Evans	Open Cat	27	E	Wrexham	Sprint	00:09:30	00:02:53	00:42:08	00:00:48	00:24:17	01:19:36
113	12:09:00	476	Gavin	Morris	Open Cat	50	J	Leeds	Sprint	00:07:48	00:02:53	00:37:34	00:01:31	00:30:03	01:19:49
114	12:28:00	514	Joseph	Mercier	Open Cat	40	H	Leeds	Sprint	00:06:53	00:01:48	00:40:23	00:00:59	00:29:57	01:20:00
115	10:32:00	282	Kevin	Butterfield	Open Cat	40	H	Ponte Rejects	Sprint	00:11:01	00:02:52	00:38:43	00:01:25	00:26:00	01:20:01
116	11:54:30	447	Elliot	English	Open Cat	15	A	Sheffield Tri Club	Sprint	00:09:06	00:02:57	00:42:17	00:00:45	00:25:12	01:20:17
117	11:38:00	414	Philip	Walton	Open Cat	54	J	Copmanthorpe	Sprint	00:09:23	00:02:04	00:40:15	00:01:17	00:27:43	01:20:42
118	11:43:30	425	Dan	Hill	Open Cat	43	H	Bailiff Bridge	Sprint	00:08:37	00:01:44	00:39:31	00:00:48	00:30:13	01:20:53
119	11:59:00	456	Katy	Tunney	Open Cat	29	E	Barnoldswick	Sprint	00:08:42	00:02:47	00:42:06	00:01:09	00:26:25	01:21:09
120	10:24:00	266	James	Holland	Open Cat	41	H	Wilmslow	Sprint	00:10:17	00:02:12	00:41:54	00:01:22	00:25:50	01:21:35
121	12:07:30	473	Debbie	Brown	Open Cat	39	G	Goole	Sprint	00:07:23	00:02:27	00:44:03	00:00:46	00:26:57	01:21:36
122	12:05:30	469	Garry	Trillo	Open Cat	66	M	Loftus & Whitby AC	Sprint	00:08:17	00:01:44	00:38:43	00:01:11	00:31:43	01:21:38
123	10:33:30	285	Ben	Lucas	Open Cat	61	L	London	Sprint	00:09:37	00:04:27	00:40:49	00:01:07	00:25:39	01:21:39
124	11:35:00	408	Joe	Hall	Open Cat	39	G	LEEDS	Sprint	00:08:09	00:02:44	00:36:19	00:01:27	00:33:05	01:21:44
125	11:41:00	420	David	Arrowsmith-Coo	Open Cat	55	K	Wolds Tri Club	Sprint	00:08:52	00:03:06	00:40:28	00:02:33	00:26:56	01:21:55
126	10:21:30	261	Marni	Esa	Open Cat	26	E	Cottingham	Sprint	00:08:34	00:02:56	00:44:19	00:00:52	00:25:24	01:22:05
127	10:40:30	299	Paul	Smith	Open Cat	51	J	Newcastle Upon Tyne	Sprint	00:09:49	00:02:22	00:40:09	00:01:21	00:28:28	01:22:09
128	11:40:30	419	Mark	Robinson	Open Cat	49	I	Brighouse	Sprint	00:08:50	00:03:09	00:42:13	00:01:03	00:27:01	01:22:16
129	11:52:30	443	Ethan	Smith	Open Cat	23	C	York	Sprint	00:07:32	00:01:55	00:40:06	00:01:29	00:31:18	01:22:20
130	11:00:00	338	Dan	Brooks	Open Cat	46	I	Team David Brooks	Sprint	00:09:15	00:04:00	00:41:10	00:01:11	00:26:46	01:22:22

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
131	11:41:30	421	Jordan	Coulson	Open Cat	31	F	York	Sprint	00:08:42	00:02:53	00:40:48	00:01:27	00:28:40	01:22:30
132	11:14:00	366	Nicholas	Barker	Open Cat	30	F	Brownlee fitness	Sprint	00:09:48	00:02:19	00:39:54	00:01:22	00:29:23	01:22:46
133	11:10:30	359	Dave	Stephens	Open Cat	66	M	Gwernaffield MOLD	Sprint	00:12:34	00:02:57	00:39:53	00:00:46	00:26:49	01:22:59
134	11:49:00	436	Rob	Appleton	Open Cat	23	C	Ripon	Sprint	00:08:41	00:02:22	00:43:18	00:00:59	00:28:01	01:23:21
135	11:39:30	417	Michael	Brennan	Open Cat	55	K	Tadcaster	Sprint	00:08:45	00:02:07	00:42:44	00:01:21	00:28:26	01:23:23
136	11:07:30	353	Bryn	Nelson	Open Cat	27	E	Wrexham	Sprint	00:11:57	00:03:40	00:44:07	00:01:09	00:22:42	01:23:35
137	10:26:30	271	Reece	Powell	Open Cat	22	C	Brighouse Bumble Be	Sprint	00:08:44	00:03:15	00:47:51	00:01:24	00:22:30	01:23:44
138	10:36:30	291	Tom	Dennis	Open Cat	30	F	YORK	Sprint	00:10:18	00:04:14	00:42:47	00:01:23	00:25:09	01:23:51
139	11:04:30	347	Sam	Gorny	Open Cat	40	H	Cheltenham	Sprint	00:10:22	00:02:13	00:41:28	00:00:56	00:29:04	01:24:03
140	10:48:30	315	Colin	Mason	Open Cat	42	H		Sprint	00:10:50	00:03:39	00:40:04	00:03:01	00:26:37	01:24:11
141	10:27:30	273	Richard	Synnott	Open Cat	29	E	York	Sprint	00:09:37	00:03:34	00:42:24	00:01:14	00:27:59	01:24:48
142	11:23:00	384	Michael	Evans	Open Cat	39	G	Timber Garden Build	Sprint	00:12:20	00:02:07	00:40:24	00:01:08	00:28:58	01:24:57
143	11:01:00	340	Gareth	Clay	Open Cat	39	G	Elland	Sprint	00:09:33	00:02:49	00:46:49	00:00:00	00:26:14	01:25:25
144	11:52:00	442	Alex	Bennett	Open Cat	27	E	Chorley	Sprint	00:08:38	00:03:07	00:47:34	00:00:28	00:25:59	01:25:46
145	11:22:00	382	David	Cox	Open Cat	60	L	Barnsley	Sprint	00:08:03	00:02:25	00:45:56	00:00:54	00:28:28	01:25:46
146	11:15:00	368	David	Shepherd	Open Cat	62	L	Sheffield Tri Club	Sprint	00:14:25	00:01:50	00:42:24	00:01:04	00:26:04	01:25:47
147	10:19:30	257	Lindsay	Coomer	Open Cat	64	L	YORK	Sprint	00:12:14	00:03:27	00:44:02	00:00:51	00:25:41	01:26:15
148	11:23:30	385	Stefan	Haase	Open Cat	52	J	York	Sprint	00:08:46	00:02:43	00:39:05	00:01:14	00:34:42	01:26:30
149	12:11:00	480	Graeme	Tiffany	Open Cat	60	L	Leeds	Sprint	00:08:36	00:02:47	00:45:27	00:01:45	00:27:58	01:26:33
150	10:16:30	251	Adam	Ambrose	Open Cat	35	G	Leeds	Sprint	00:13:09	00:03:11	00:41:58	00:01:21	00:27:00	01:26:39
151	10:55:30	329	Dean	Thorp	Open Cat	62	L	Bolton	Sprint	00:10:52	00:02:25	00:40:30	00:01:32	00:31:29	01:26:48
152	10:27:00	272	Gary	Stewart	Open Cat	60	L	Beverley	Sprint	00:09:35	00:03:59	00:41:29	00:01:11	00:31:05	01:27:19
153	11:18:00	374	Ben	Martyn	Open Cat	32	F	Sheffield	Sprint	00:10:27	00:02:20	00:42:02	00:01:03	00:31:42	01:27:34
154	10:19:00	256	Mark	Cockin	Open Cat	55	K	Doncaster	Sprint	00:10:50	00:03:22	00:43:33	00:02:03	00:27:47	01:27:35
155	10:53:30	325	Jordan	Mainwaring	Open Cat	27	E	Caergwrlle	Sprint	00:12:46	00:02:19	00:50:07	00:00:49	00:21:51	01:27:52
156	08:49:00	86	Craig	Berger	Open Cat	34	F	UKISUG	Sprint	00:09:20	00:03:53	00:49:16	00:00:55	00:24:43	01:28:07
157	11:27:30	393	Alec	Shoesmith	Open Cat	31	F	London	Sprint	00:09:52	00:05:01	00:45:27	00:01:26	00:26:29	01:28:15
158	10:28:00	274	Sander	van den Ban	Open Cat	46	I	Beverley	Sprint	00:09:34	00:02:48	00:39:15	00:01:57	00:34:56	01:28:30
159	08:50:30	89	Gavin	Church	Open Cat	45	I	Sheffield	Sprint	00:10:56	00:02:52	00:42:33	00:01:52	00:30:24	01:28:37
160	11:54:00	446	Andy	Dunhill	Open Cat	62	L	Huddersfield	Sprint	00:08:08	00:02:42	00:43:41	00:01:39	00:32:28	01:28:38
161	10:24:30	267	Thomas	Matthews	Open Cat	37	G	CRUK	Sprint	00:11:16	00:06:22	00:42:44	00:01:45	00:26:32	01:28:39
162	10:36:00	290	Stuart	Clinton	Open Cat	53	J	Halifax	Sprint	00:09:18	00:01:59	00:40:49	00:01:10	00:35:28	01:28:44
163	11:26:00	390	James	Sayer	Open Cat	32	F		Sprint	00:09:32	00:02:47	00:50:08	00:01:03	00:25:21	01:28:51
164	11:20:30	379	Danny	Broome	Open Cat	49	I	Versus Arthritis	Sprint	00:09:30	00:02:42	00:41:11	00:01:29	00:33:59	01:28:51
165	10:31:00	280	Gareth	Akers	Open Cat	45	I	Buckhurst Hill	Sprint	00:10:34	00:03:45	00:44:50	00:00:48	00:29:32	01:29:29
166	11:08:30	355	George	Priestley	Open Cat	17	B	Harrogate	Sprint	00:10:51	00:02:43	00:48:34	00:00:48	00:27:21	01:30:17
167	10:52:00	319	Jason	Bradbury	Open Cat	52	J	Chorley	Sprint	00:11:04	00:02:47	00:43:03	00:02:09	00:31:47	01:30:50
168	11:14:30	367	Ryan	Biddle	Open Cat	32	F	Spennymoor	Sprint	00:10:38	00:04:08	00:44:46	00:01:25	00:30:01	01:30:58
169	08:51:30	91	richard	moulding	Open Cat	40	H	YTC	Sprint	00:09:03	00:03:12	00:43:04	00:01:11	00:34:46	01:31:16
170	10:39:30	297	Liam	Brown	Open Cat	36	G	Goole	Sprint	00:09:18	00:02:56	00:45:24	00:01:00	00:32:48	01:31:26
171	11:21:00	380	Mike	Campbell	Open Cat	76	P	Great Western Runne	Sprint	00:10:28	00:02:11	00:44:55	00:01:14	00:32:40	01:31:28
172	11:16:30	371	Andy	Jackson	Open Cat	43	H	York	Sprint	00:09:12	00:01:31	00:45:34	00:00:54	00:34:21	01:31:32
173	11:57:00	452	Jason	Jones	Open Cat	34	F	Southport	Sprint	00:09:09	00:03:27	00:47:42	00:01:38	00:30:18	01:32:14
174	11:17:30	363	Egraine	Kunica	Open Cat	30	F	Madinathens	Sprint	00:12:01	00:03:27	00:45:15	00:01:08	00:30:53	01:32:44

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
175	11:24:00	386	Jack	Hillier	Open Cat	31	F	Hungerford	Sprint	00:08:42	00:03:15	00:43:32	00:01:09	00:36:20	01:32:58
176	11:04:00	346	Jakub	Gapinski	Open Cat	27	E	Sea Cadets	Sprint	00:12:41	00:03:16	00:44:58	00:01:39	00:30:37	01:33:11
177	10:22:00	262	Jo	Flint	Open Cat	54	J	Alfreton	Sprint	00:11:39	00:04:01	00:42:20	00:02:24	00:32:59	01:33:23
178	11:05:30	349	Aaron	Hobson	Open Cat	31	F	Hull	Sprint	00:16:08	00:00:00	00:47:00	00:01:10	00:29:06	01:33:24
179	11:43:00	424	Andrew	Gray	Open Cat	50	J	Beverley Athletic Clu	Sprint	00:09:00	00:02:02	00:52:17	00:01:19	00:28:47	01:33:25
180	10:30:00	278	Tom	Bolland	Open Cat	36	G	Dronfield	Sprint	00:11:11	00:04:00	00:46:53	00:01:30	00:29:55	01:33:29
181	11:09:00	356	Martin	Priestley	Open Cat	52	J	Harrogate	Sprint	00:12:53	00:03:25	00:45:10	00:02:35	00:29:37	01:33:40
182	11:46:30	431	Beau	Bark	Open Cat	33	F	York	Sprint	00:08:22	00:02:40	00:49:57	00:00:53	00:31:55	01:33:47
183	10:25:00	268	Garth	Mckenna	Open Cat	48	I	Scarborough	Sprint	00:14:07	00:03:43	00:45:56	00:01:59	00:28:06	01:33:51
184	10:35:30	289	Andrew	Robbins	Open Cat	54	J	Runcorn	Sprint	00:10:11	00:02:30	00:44:58	00:01:27	00:34:45	01:33:51
185	10:18:00	254	Ian	Cheetham	Open Cat	46	I	Leeds	Sprint	00:11:30	00:02:35	00:46:51	00:01:05	00:32:07	01:34:08
186	08:46:00	80	Kieran	Moss	Open Cat	26	E	CRUK	Sprint	00:12:53	00:02:28	00:51:53	00:01:10	00:25:59	01:34:23
187	10:34:00	286	Charlotte	Melling	Open Cat	41	H	Frodsham	Sprint	00:12:33	00:03:45	00:45:34	00:01:52	00:30:49	01:34:33
188	11:19:30	377	Chris	Waugh	Open Cat	38	G	Hartlepool	Sprint	00:09:09	00:03:37	00:47:15	00:01:13	00:33:27	01:34:41
189	10:46:00	310	chase	simpson	Open Cat	20	C	New Rossington	Sprint	00:10:00	00:02:19	00:42:50	00:02:29	00:37:14	01:34:52
190	10:57:30	333	Ruth	Ash	Open Cat	40	H	Sticklebricks	Sprint	00:10:39	00:03:35	00:52:02	00:01:20	00:27:30	01:35:06
191	12:00:30	281	Yousef	Alshatti	Open Cat	23	C	CRUK	Sprint	00:12:23	00:02:45	00:45:35	00:02:04	00:32:26	01:35:13
192	11:03:00	344	Mathew	Evans	Open Cat	50	J	Leeds	Sprint	00:09:40	00:03:57	00:41:52	00:00:01	00:40:04	01:35:32
193	10:57:00	332	Charles	Ash	Open Cat	37	G	Sticklebricks	Sprint	00:11:25	00:03:22	00:51:52	00:01:30	00:27:29	01:35:38
194	11:00:30	339	Michael	Cassanell	Open Cat	38	G	Hull	Sprint	00:14:36	00:04:24	00:45:41	00:02:56	00:28:25	01:36:02
195	10:14:30	247	Francesco	Mondo	Open Cat	29	E	Knutsford	Sprint	00:18:49	00:00:00	00:47:53	00:00:41	00:28:45	01:36:08
196	08:51:00	90	ryan	curran	Open Cat	23	C	doncaster	Sprint	00:14:41	00:02:29	00:47:14	00:01:41	00:30:17	01:36:22
197	10:45:30	309	Harry	Robinson	Open Cat	40	H	York	Sprint	00:10:26	00:05:14	00:47:50	00:01:32	00:32:11	01:37:13
198	11:25:00	388	Naomi	Morris	Open Cat	45	I	Darlington Tri club	Sprint	00:09:35	00:02:43	00:48:27	00:01:13	00:35:32	01:37:30
199	10:29:00	253	David	Chadwick	Open Cat	53	J	Chorley	Sprint	00:12:23	00:02:35	00:38:09	00:01:52	00:42:49	01:37:48
200	10:38:30	295	Daniel	Thomas	Open Cat	28	E	Birmingham	Sprint	00:09:20	00:03:44	00:46:00	00:02:48	00:35:58	01:37:50
201	11:24:30	364	Cameron	Madin	Open Cat	30	F	Buxton	Sprint	00:13:34	00:04:14	00:47:35	00:03:12	00:29:29	01:38:04
202	11:32:30	403	Sean	Kilbride	Open Cat	43	H	Castleford	Sprint	00:11:05	00:04:00	00:52:22	00:03:38	00:27:04	01:38:09
203	12:22:00	502	Joshua	Davis	Open Cat	27	E	London	Sprint	00:08:12	00:03:19	00:50:52	00:01:03	00:35:18	01:38:44
204	08:48:30	84	Mark	Parnaby	Open Cat	41	H	Trimdon Village	Sprint	00:09:58	00:05:10	00:51:51	00:02:45	00:29:14	01:38:58
205	11:11:00	360	Andrew	Sumpton	Open Cat	60	L	Pontefract	Sprint	00:17:19	00:03:11	00:43:49	00:01:33	00:34:59	01:40:51
206	10:26:00	270	James	Powell	Open Cat	60	L	Brighouse Bumble Be	Sprint	00:13:22	00:05:20	00:51:47	00:02:01	00:29:32	01:42:02
207	11:01:30	341	Anthony	Coates	Open Cat	75	P	CRUK	Sprint	00:11:29	00:03:45	00:50:08	00:02:00	00:35:04	01:42:26
208	10:58:00	334	LEE	ALLEN	Open Cat	54	J	LEEDS	Sprint	00:12:39	00:03:14	00:46:25	00:01:01	00:39:24	01:42:43
209	11:30:30	399	Sarah	Benito de Valle	Open Cat	46	I	Darlington	Sprint	00:09:25	00:02:38	00:47:35	00:01:35	00:41:56	01:43:09
210	10:23:30	265	Richard	Heywood	Open Cat	59	K	CRUK	Sprint	00:11:02	00:04:49	00:46:54	00:04:13	00:39:08	01:46:06
211	10:44:00	306	Andy	Naylor	Open Cat	29	E	Knottingley	Sprint	00:13:28	00:02:47	00:52:28	00:01:11	00:36:19	01:46:13
212	10:37:00	292	Lewis	Frodsham	Open Cat	30	F	Selby	Sprint	00:11:09	00:02:47	00:56:49	00:01:29	00:35:29	01:47:43
213	10:35:00	288	James	Lewis	Open Cat	27	E	York	Sprint	00:12:47	00:03:53	00:55:21	00:01:22	00:34:49	01:48:12
214	11:53:30	445	Harry	Clark	Open Cat	28	E	Thirsk	Sprint	00:06:19	00:02:14	00:36:33	00:01:10	01:02:36	01:48:52
215	11:44:00	426	Grant	Norton	Open Cat	60	L	York	Sprint	00:09:23	00:02:04	00:40:07	00:01:11	00:58:08	01:50:53
216	11:28:00	394	Jonno	Spreckley	Open Cat	32	F	CRUK	Sprint	00:09:13	00:02:23	00:41:27	00:00:46	00:57:35	01:51:24
217	10:33:00	284	Jordan	Hume	Open Cat	37	G	Leeds	Sprint	00:10:24	00:03:25	00:59:48	00:00:59	00:37:27	01:52:03
218	08:49:30	87	Julie	Weir	Open Cat	44	H	Durham	Sprint	00:13:31	00:04:14	00:59:37	00:01:22	00:45:19	02:04:03

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
219	11:12:00	352	Iain	McCabe	Open	Cat 46	I	Batley	Sprint	00:11:20	00:03:33	00:55:57	00:02:24	01:09:26	02:22:40
220	10:20:00	258	Neil	Coote	Open	Cat 69	M	York	Sprint	00:13:48	00:11:35	01:09:55	00:07:31	00:50:11	02:33:00