

# Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Age Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
1	08:24:05	102	Alison	Buckley	50	J	Sprint - Female	00:09:10	00:01:39	00:36:14	00:01:08	00:23:02	01:11:13	
2	08:25:00	105	Kathryn	Thomas	47	I	Team Tri Guru	Sprint - Female	00:07:18	00:01:48	00:39:26	00:01:12	00:24:16	01:14:00
3	11:53:20	724	Michelle	Marshall	44	H	Newcastle (Staffs) Tri	Sprint - Female	00:09:22	00:01:50	00:41:06	00:00:38	00:21:48	01:14:44
4	12:07:40	761	Laura	MacLeod	41	H	South Cheshire Triat	Sprint - Female	00:09:03	00:02:50	00:39:25	00:01:05	00:22:22	01:14:45
5	08:24:40	104	Joni	Stubbs Thrush	42	H	mark stubbs	Sprint - Female	00:08:43	00:02:26	00:38:56	00:01:24	00:25:09	01:16:38
6	11:54:40	728	Carolyn	Pollard	34	F	Chester	Sprint - Female	00:13:46	00:00:00	00:38:52	00:01:07	00:22:55	01:16:40
7	08:30:40	122	Jenny	Kovacs	46	I	Rochdale triathlon cl	Sprint - Female	00:08:20	00:01:38	00:41:38	00:00:58	00:24:14	01:16:48
8	12:02:20	745	Stephanie	Taylor	35	G	South Cheshire Triat	Sprint - Female	00:09:31	00:01:44	00:41:17	00:01:08	00:23:48	01:17:28
9	09:55:40	377	Esther	Gronert	44	H	Liverpool	Sprint - Female	00:14:27	00:05:11	00:51:10	00:01:16	00:06:01	01:18:05
10	08:32:40	128	Sarah	Whyman	34	F	Exeter	Sprint - Female	00:08:39	00:02:05	00:44:01	00:01:26	00:21:59	01:18:10
11	12:05:00	753	Susie	Peart	48	I	South Cheshire Triat	Sprint - Female	00:10:08	00:01:37	00:39:42	00:01:04	00:25:43	01:18:14
12	11:42:00	690	Gillian	Shaw	42	H	Lymm	Sprint - Female	00:10:20	00:02:08	00:42:49	00:01:13	00:21:53	01:18:23
13	11:54:00	726	Christine	Dewsbury	43	H	Stockport Tri club	Sprint - Female	00:11:58	00:00:00	00:41:15	00:01:24	00:23:57	01:18:34
14	11:53:40	725	Nicola	Brundrett	42	H	Stockport Tri Club	Sprint - Female	00:12:21	00:00:00	00:41:20	00:01:20	00:23:52	01:18:53
16	11:46:00	702	Joanne	Share	46	I	Niteriders	Sprint - Female	00:10:23	00:02:36	00:41:13	00:01:13	00:23:32	01:18:57
15	08:28:00	114	Molly	Kearney	21	C	London	Sprint - Female	00:07:58	00:02:24	00:41:51	00:01:25	00:25:19	01:18:57
17	08:28:40	116	Michelle	Devine	37	G	Warrington	Sprint - Female	00:11:03	00:02:59	00:43:02	00:01:11	00:21:29	01:19:44
18	08:29:20	118	Lauren	Lett	27	E	Liverpool	Sprint - Female	00:09:26	00:02:20	00:52:45	00:01:20	00:14:00	01:19:51
19	12:03:20	748	Jenni	Armitt	40	H	South cheshire triath	Sprint - Female	00:10:01	00:02:04	00:41:08	00:01:07	00:26:01	01:20:21
20	08:26:20	109	Caroline	Evans	36	G	Nantwich	Sprint - Female	00:07:44	00:01:49	00:45:22	00:01:03	00:24:30	01:20:28
21	11:41:40	689	Catherine	Smithson	49	I	Alsager	Sprint - Female	00:10:10	00:01:58	00:43:18	00:01:09	00:24:00	01:20:35
22	12:07:00	759	Joanna	Forster	42	H	South Cheshire Triat	Sprint - Female	00:09:36	00:01:35	00:44:38	00:00:00	00:25:12	01:21:01
23	08:27:40	113	sarah	whyman	38	G	Manchester triathlon	Sprint - Female	00:08:53	00:02:16	00:43:23	00:01:20	00:25:36	01:21:28
24	11:22:40	632	Rebecca	Shorrocks	25	E	Nantwich	Sprint - Female	00:11:12	00:02:24	00:44:38	00:00:44	00:22:40	01:21:38
25	11:47:40	707	Louise	Evans	27	E	Cardiff	Sprint - Female	00:14:00	00:00:00	00:42:18	00:01:35	00:23:46	01:21:39
26	08:28:20	115	Ellis	Basford	27	E	cancer Reasearch	Sprint - Female	00:08:03	00:02:57	00:46:37	00:00:54	00:23:25	01:21:56
27	11:58:00	738	Nadia	Kerr	47	I	Manchester	Sprint - Female	00:09:33	00:02:38	00:42:37	00:01:22	00:26:03	01:22:13
28	12:02:00	744	Susan	Hall	52	J	South Cheshire Triat	Sprint - Female	00:11:02	00:02:44	00:44:09	00:01:42	00:22:38	01:22:15
29	12:04:20	751	Elodie	Assair	28	E	South Cheshire Triat	Sprint - Female	00:10:01	00:02:26	00:43:37	00:01:23	00:24:49	01:22:16
30	08:33:00	129	Sarah	Sedcole	31	F		Sprint - Female	00:09:03	00:01:45	00:43:28	00:00:56	00:27:09	01:22:21
31	11:39:20	682	Rachel	Price	37	G	sandbach	Sprint - Female	00:10:33	00:02:27	00:44:21	00:01:05	00:24:12	01:22:38
32	11:39:00	681	karen	sears	58	K	merseyside	Sprint - Female	00:10:49	00:02:35	00:42:50	00:01:20	00:25:10	01:22:44
33	11:44:20	697	Emily	Bartram	36	G	Macclesfield	Sprint - Female	00:09:36	00:03:49	00:46:43	00:00:54	00:21:47	01:22:49
34	12:02:40	746	Melanie	Brooks	41	H	SCT - NSPCC	Sprint - Female	00:12:01	00:02:28	00:45:18	00:00:36	00:22:28	01:22:51
35	11:57:20	736	Naomi-Ellen	Speechley	29	E	Manchester	Sprint - Female	00:12:45	00:00:00	00:45:13	00:00:40	00:24:19	01:22:57
36	11:20:40	626	Siobhan	Tarback	32	F	Nantwich	Sprint - Female	00:12:07	00:02:19	00:46:24	00:00:00	00:22:10	01:23:00
37	11:50:20	715	Jessica	Hulson	29	E	Chester	Sprint - Female	00:14:10	00:00:00	00:43:27	00:00:46	00:24:37	01:23:00
38	11:31:20	658	Maggie	Cairns	38	G	Bolton	Sprint - Female	00:09:14	00:04:05	00:44:00	00:01:49	00:23:52	01:23:00
39	11:38:40	680	Charmayne	Brierley	51	J	Glossop	Sprint - Female	00:11:16	00:02:30	00:44:23	00:01:18	00:24:36	01:24:03
40	11:46:20	703	Angela	Wallis	57	K	Pactrac	Sprint - Female	00:15:07	00:00:00	00:42:27	00:01:13	00:25:18	01:24:05
41	11:56:20	733	Alison	morton	37	G	Winsford	Sprint - Female	00:10:13	00:01:57	00:43:25	00:01:15	00:27:16	01:24:06

Pos	StartTime	Race#	Name	Last Name	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
42	11:45:20	700	Helen	Soiris	53	J	Chesterfield Triathlo	Sprint - Female	00:09:56	00:02:27	00:45:55	00:01:49	00:24:02	01:24:09
43	11:44:40	698	Joanne	Smith	47	I	Warrington	Sprint - Female	00:14:25	00:00:00	00:44:46	00:01:01	00:24:17	01:24:29
44	08:24:20	103	louise	salter	44	H	Tarporley	Sprint - Female	00:11:24	00:02:06	00:47:07	00:00:41	00:23:27	01:24:45
45	12:07:20	760	Ruth	Bacci	43	H	South Cheshire Triat	Sprint - Female	00:08:16	00:02:10	00:44:30	00:01:17	00:28:49	01:25:02
46	11:14:20	607	Amy	Hassett	30	F	Manchester	Sprint - Female	00:12:38	00:03:25	00:44:18	00:01:25	00:23:19	01:25:05
47	11:03:00	573	Claire	Kivlin	40	H	Crewe	Sprint - Female	00:14:44	00:01:45	00:44:12	00:00:55	00:24:11	01:25:47
48	11:34:00	666	Joanne	Allen	50	J	Cancer Research UK	Sprint - Female	00:12:32	00:02:53	00:47:06	00:00:48	00:22:37	01:25:56
49	08:25:25	107	Lucy	MacCallum	30	F	Manchester	Sprint - Female	00:08:05	00:02:57	00:46:53	00:01:24	00:26:57	01:26:16
50	11:32:00	660	Sarah	Clough	38	G	Newcastle Triathlon	Sprint - Female	00:09:51	00:03:46	00:46:14	00:00:50	00:25:36	01:26:17
51	11:45:00	699	Jenny	Rowe	23	C	Crewe	Sprint - Female	00:09:46	00:02:53	00:50:22	00:00:44	00:22:32	01:26:17
52	11:36:20	673	Yvonne	McKee	43	H	Saffron Walden	Sprint - Female	00:13:39	00:02:19	00:45:08	00:00:55	00:24:38	01:26:39
53	11:34:20	667	Helen	Booth	35	G	Stoke-On-Trent	Sprint - Female	00:10:21	00:02:39	00:49:36	00:00:43	00:23:31	01:26:50
54	11:36:00	672	Michelle	Rayner	42	H	Northwich	Sprint - Female	00:12:03	00:03:01	00:46:20	00:00:58	00:24:39	01:27:01
55	11:37:20	676	Claire	Burt	40	H	Altrincham	Sprint - Female	00:11:17	00:03:45	00:44:25	00:01:32	00:26:10	01:27:09
56	11:33:00	663	Laura	Bolton	25	E	London	Sprint - Female	00:10:17	00:02:58	00:44:38	00:01:51	00:27:31	01:27:15
57	11:34:40	668	Mairi	Mccloskey	52	J	Knutsford triathlon	Sprint - Female	00:13:11	00:02:49	00:46:14	00:01:23	00:23:39	01:27:16
58	11:32:40	662	Angela	Judd	44	H	CONGLETON	Sprint - Female	00:11:15	00:03:22	00:43:40	00:01:08	00:27:53	01:27:18
59	11:55:00	729	Yvonne	Wharton	38	G	Chester tri	Sprint - Female	00:12:00	00:00:00	00:47:46	00:00:00	00:27:44	01:27:30
60	11:55:40	731	Marianne	Veighey	47	I	Manchester Triathlo	Sprint - Female	00:13:13	00:00:00	00:46:10	00:01:56	00:26:18	01:27:37
61	11:25:40	641	Hannah	Ives	28	E	NA	Sprint - Female	00:10:30	00:03:28	00:49:05	00:00:48	00:23:46	01:27:37
62	12:06:20	757	Liz	Preston	42	H	South Cheshire Triat	Sprint - Female	00:09:13	00:02:34	00:46:27	00:01:43	00:27:52	01:27:49
63	11:35:00	669	Leanne	Matthews	35	G	GOG Triathlon	Sprint - Female	00:10:31	00:02:13	00:46:14	00:01:05	00:27:47	01:27:50
64	08:31:20	124	Danielle	Dignan	22	C	Manchester	Sprint - Female	00:09:12	00:02:44	00:51:50	00:00:52	00:23:21	01:27:59
65	11:28:00	648	Rachel	Leeman	21	C	wirral	Sprint - Female	00:09:49	00:02:32	00:49:25	00:00:44	00:25:30	01:28:00
66	11:05:40	581	Angelina	Littlefield	38	G	RAF Triathlon	Sprint - Female	00:09:45	00:03:54	00:47:43	00:01:01	00:25:47	01:28:10
67	10:41:20	508	Lily	Caunt	27	E	Manchester	Sprint - Female	00:08:44	00:02:28	00:48:39	00:01:01	00:27:29	01:28:21
68	11:44:00	696	Helen	Bird	49	I	Wigan	Sprint - Female	00:08:31	00:03:28	00:47:23	00:00:38	00:28:30	01:28:30
69	11:06:00	582	Leah	Armitage	28	E	GOG Triathlon	Sprint - Female	00:12:59	00:02:24	00:44:56	00:02:35	00:25:41	01:28:35
70	10:56:00	552	Natasha	Watkiss	29	E	Huddersfield	Sprint - Female	00:10:13	00:03:44	00:49:43	00:00:52	00:24:12	01:28:44
71	11:41:20	688	Lisa	Whittaker	48	I	South Cheshire Triat	Sprint - Female	00:10:04	00:02:34	00:46:44	00:01:01	00:28:25	01:28:48
72	11:43:00	693	Victoria	Swindell	47	I		Sprint - Female	00:12:21	00:01:55	00:47:46	00:01:15	00:25:50	01:29:07
73	11:13:20	604	Marie	Bebbington	50	J	Newcastle Tri Club	Sprint - Female	00:14:21	00:02:37	00:45:40	00:01:19	00:25:19	01:29:16
74	12:04:00	750	Charlotte	Darby	32	F	South Cheshire Triat	Sprint - Female	00:10:25	00:02:16	00:46:11	00:01:28	00:29:02	01:29:22
75	11:58:20	739	Lauren	Navan	27	E	Rossendale	Sprint - Female	00:10:38	00:03:04	00:49:54	00:02:08	00:24:09	01:29:53
76	11:46:40	704	Rachel	Cook	26	E	Rachel Cook	Sprint - Female	00:10:25	00:02:59	00:49:40	00:01:44	00:25:08	01:29:56
77	11:55:20	730	Lauren	Williamson	31	F	Manchester Triathlo	Sprint - Female	00:13:17	00:00:00	00:49:25	00:01:06	00:26:16	01:30:04
78	11:25:20	640	colette	whittaker	51	J	Preston	Sprint - Female	00:12:42	00:02:12	00:51:28	00:00:48	00:22:59	01:30:09
79	10:37:00	495	Michelle	Ryan	44	H	Stockport	Sprint - Female	00:10:58	00:05:12	00:44:14	00:00:59	00:29:08	01:30:31
80	11:17:00	615	Kate	Levens	29	E	Wrexham	Sprint - Female	00:11:53	00:03:25	00:48:06	00:00:42	00:26:39	01:30:45
81	11:43:40	651	Michelle	Connell	49	I	Warrington	Sprint - Female	00:11:23	00:04:06	00:47:02	00:00:57	00:27:17	01:30:45
82	11:50:40	716	Leah	Carman	24	C	Cancer Research UK	Sprint - Female	00:13:31	00:00:00	00:46:22	00:00:57	00:29:58	01:30:48
83	11:52:40	722	Dawn	Fenton	39	G	Manchester	Sprint - Female	00:15:00	00:00:00	00:50:20	00:00:46	00:24:46	01:30:52
84	11:36:40	674	Eleanore	Gay	39	G	Sale	Sprint - Female	00:11:15	00:02:27	00:49:20	00:00:57	00:27:03	01:31:02

Pos	StartTime	Race#	Name	Last Name	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
85	11:40:00	684	Katie	Holman	38	G	Altrincham tri	Sprint - Female	00:11:15	00:03:15	00:48:29	00:01:18	00:26:48	01:31:05
86	11:38:20	679	Ami	Swift	26	E	London	Sprint - Female	00:12:24	00:04:42	00:46:31	00:00:57	00:26:44	01:31:18
87	10:50:20	535	Sarah	Walker	33	F	Warrington Running	Sprint - Female	00:13:06	00:03:10	00:47:56	00:01:36	00:25:31	01:31:19
88	11:57:40	737	Gemma	Hodgson	35	G	Warrington	Sprint - Female	00:10:18	00:02:27	00:47:51	00:01:42	00:29:06	01:31:24
89	11:16:00	612	Sara	Bislanis	50	J	Hale	Sprint - Female	00:13:05	00:03:53	00:44:52	00:01:58	00:27:41	01:31:29
90	10:50:40	536	Wendy	Whittaker-Large	49	I	Wendy Whittaker-La	Sprint - Female	00:12:52	00:02:12	00:47:59	00:00:44	00:27:43	01:31:30
91	10:52:40	542	Jessica	Presky	26	E	Manchester	Sprint - Female	00:10:54	00:02:45	00:52:10	00:00:44	00:25:12	01:31:45
92	11:27:20	646	Gail	Sumner	43	H	Hale	Sprint - Female	00:11:59	00:03:12	00:47:47	00:01:15	00:27:39	01:31:52
93	10:45:20	520	Tracey	Palfrey	46	I		Sprint - Female	00:14:50	00:04:23	00:46:57	00:01:53	00:24:04	01:32:07
94	10:48:40	530	Rosie	Cummings	40	H	Ramsbottom Runnin	Sprint - Female	00:15:54	00:03:32	00:46:32	00:01:35	00:24:47	01:32:20
95	11:28:40	650	Vicky	Collins	36	G	stafford	Sprint - Female	00:12:54	00:04:00	00:49:27	00:02:55	00:23:07	01:32:23
96	11:51:20	718	Jane	Mackie	53	J	Altrincham	Sprint - Female	00:16:40	00:00:00	00:45:18	00:01:53	00:28:52	01:32:43
97	10:40:20	505	Amanda	Crawford	47	I	Warrington	Sprint - Female	00:14:10	00:03:53	00:46:32	00:02:08	00:26:09	01:32:52
98	11:42:20	691	lisa	booth	44	H	warrington	Sprint - Female	00:10:16	00:03:11	00:48:17	00:01:31	00:29:44	01:32:59
99	08:32:20	127	April	Drake	30	F	Sowerby Bridge	Sprint - Female	00:09:08	00:02:32	00:46:13	00:02:00	00:33:19	01:33:12
100	11:02:40	572	Amanda	Jackson	51	J	Malpas	Sprint - Female	00:14:21	00:02:55	00:48:22	00:00:00	00:28:08	01:33:46
101	11:48:40	710	Katy	Cummings	39	G	Warrington	Sprint - Female	00:14:23	00:00:00	00:51:30	00:02:21	00:25:39	01:33:53
102	11:14:40	608	Lisa	Hughes	38	G	GOG triathlon	Sprint - Female	00:12:00	00:02:37	00:48:47	00:01:27	00:29:08	01:33:59
103	11:30:00	654	Deborah	Elder	39	G	harrogate	Sprint - Female	00:13:34	00:03:56	00:49:59	00:01:14	00:25:20	01:34:03
104	11:21:00	627	Carley	Friedrich	37	G	Carley Friedrich	Sprint - Female	00:11:58	00:04:38	00:49:40	00:00:42	00:27:05	01:34:03
105	11:52:00	720	Charlotte	Sefton	27	E	Charlotte Sefton	Sprint - Female	00:13:22	00:00:00	00:47:15	00:01:02	00:32:29	01:34:08
106	11:26:20	643	Heather	Schofield	55	K	Rossendale Triathlon	Sprint - Female	00:12:40	00:03:44	00:46:03	00:01:58	00:29:59	01:34:24
107	10:59:00	561	Jessica	Blackaby	27	E	Cheltenham	Sprint - Female	00:08:52	00:03:56	00:52:20	00:01:01	00:28:24	01:34:33
108	10:48:20	529	Sarah	Clarke	36	G	Ramsbottom Runnin	Sprint - Female	00:13:46	00:03:35	00:49:36	00:01:53	00:25:56	01:34:46
109	11:29:40	653	Louise	Reeve	44	H	Newton le Willows	Sprint - Female	00:13:08	00:03:36	00:50:49	00:01:11	00:26:03	01:34:47
110	11:11:00	597	Zoe	Bird	27	E	Wigan	Sprint - Female	00:11:55	00:02:59	00:53:04	00:00:55	00:25:57	01:34:50
111	10:47:40	527	Lauren	Banks	29	E	Manchester Cares	Sprint - Female	00:14:08	00:03:59	00:49:25	00:01:08	00:26:38	01:35:18
112	11:57:00	735	lisa	carrick	38	G	macclesfield	Sprint - Female	00:13:19	00:02:59	00:50:11	00:01:06	00:27:51	01:35:26
113	08:31:00	123	Kathryn	Reeves	53	J	Team Tri Guru	Sprint - Female	00:09:26	00:03:31	00:53:34	00:01:25	00:27:40	01:35:36
114	11:13:00	603	Helen	Higgins	40	H	Greater Manchester	Sprint - Female	00:12:41	00:05:19	00:49:28	00:03:13	00:25:05	01:35:46
115	11:49:20	712	Elizabeth	Levell	57	K	NESTON	Sprint - Female	00:14:23	00:00:00	00:47:53	00:01:17	00:32:19	01:35:52
116	11:24:40	638	Laura	Marcroft	25	E	Newton-le-Willows	Sprint - Female	00:09:10	00:02:48	00:52:16	00:00:49	00:30:50	01:35:53
117	10:42:20	511	Georgia	Tindall	23	C		Sprint - Female	00:12:25	00:05:18	00:49:52	00:00:53	00:27:28	01:35:56
118	11:37:00	675	Kirsty	Taylor	42	H	Bolton	Sprint - Female	00:10:45	00:03:28	00:50:23	00:01:46	00:29:37	01:35:59
119	11:10:00	594	Jill	Guthrie	34	F	Manchester	Sprint - Female	00:16:18	00:00:00	00:51:38	00:00:52	00:27:13	01:36:01
120	11:52:20	721	Amy Elizabeth	Botter	25	E	Manchester	Sprint - Female	00:12:34	00:00:00	00:53:12	00:00:47	00:29:36	01:36:09
121	11:33:40	665	Jennifer	Overend	34	F	Manchester	Sprint - Female	00:12:02	00:04:33	00:51:02	00:02:46	00:25:48	01:36:11
122	11:19:20	622	Donna	Mckeown	47	I		Sprint - Female	00:11:55	00:03:23	00:54:12	00:01:11	00:25:50	01:36:31
123	11:28:20	649	Emma	Longford	39	G	wirral	Sprint - Female	00:12:42	00:03:24	00:52:38	00:00:50	00:26:59	01:36:33
124	10:59:40	563	Alice	Bernstein	33	F	Bury	Sprint - Female	00:14:52	00:02:45	00:52:23	00:01:24	00:25:11	01:36:35
125	10:43:40	515	Tracy	Critchlow	53	J	BUXTON	Sprint - Female	00:16:17	00:03:58	00:47:25	00:01:30	00:27:41	01:36:51
126	08:26:00	108	Elle	Skinner	16	A	MS-UK	Sprint - Female	00:08:09	00:02:42	00:57:35	00:01:02	00:27:42	01:37:10
127	10:52:00	540	Nicola	Price	39	G	Skelmersdale	Sprint - Female	00:16:32	00:04:14	00:50:17	00:01:09	00:25:17	01:37:29

Pos	StartTime	Race#	Name	Last Name	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
128	10:46:40	524	Alexandra	Askew	24	C	Alexandra Askew	Sprint - Female	00:13:41	00:03:58	00:49:00	00:01:03	00:29:55	01:37:37
129	11:03:20	574	Jessica Elizabeth	Warr	30	F	Cheshire	Sprint - Female	00:11:58	00:03:35	00:54:27	00:01:07	00:26:33	01:37:40
130	10:45:00	519	Michelle	Saunderson	33	F	Skelmersdale	Sprint - Female	00:15:16	00:04:27	00:47:08	00:01:08	00:30:09	01:38:08
131	11:37:40	677	Billie	Hall	54	J	Manchester	Sprint - Female	00:13:57	00:02:49	00:45:49	00:02:11	00:33:35	01:38:21
132	08:29:40	119	Louisa	Singleton	47	I	Preston	Sprint - Female	00:09:50	00:03:37	00:57:18	00:02:04	00:25:42	01:38:31
133	10:46:20	523	Chelsy	Lowe	26	E	Chelsy Lowe	Sprint - Female	00:15:43	00:04:49	00:48:31	00:02:38	00:26:51	01:38:32
134	11:06:20	583	Oonagh	McCartan	38	G	Manchester Triathlo	Sprint - Female	00:14:44	00:02:45	00:52:59	00:00:38	00:27:29	01:38:35
135	11:32:20	661	Sandra	Crosbie	48	I	Stockport Triathlon	Sprint - Female	00:12:00	00:02:58	00:54:07	00:01:35	00:27:59	01:38:39
136	10:57:00	555	Louise	Dunstan	36	G	Wakefield	Sprint - Female	00:16:14	00:04:14	00:48:48	00:01:40	00:27:58	01:38:54
137	11:20:20	625	Julia	Teale	49	I	Nantwich	Sprint - Female	00:12:13	00:03:42	00:51:05	00:01:06	00:30:51	01:38:57
138	10:49:20	532	Harriet	Rimington	44	H	Unicorns	Sprint - Female	00:11:55	00:03:49	00:54:51	00:00:52	00:27:33	01:39:00
139	11:11:40	599	Lynda	Cook	51	J	Macclesfield	Sprint - Female	00:13:08	00:04:51	00:52:55	00:01:58	00:26:09	01:39:01
140	11:04:20	577	Kathryn	Geering	43	H	warrington running c	Sprint - Female	00:14:13	00:04:24	00:50:13	00:01:51	00:28:32	01:39:13
141	11:11:20	598	kim	eastham	53	J	Macclesfield	Sprint - Female	00:13:26	00:05:12	00:52:07	00:02:29	00:26:06	01:39:20
142	11:48:20	709	Andrea	Knight	39	G	Preston	Sprint - Female	00:14:37	00:00:00	00:54:21	00:01:52	00:28:31	01:39:21
143	10:55:00	549	Lisa	Davenport	40	H	Bingley	Sprint - Female	00:16:07	00:02:48	00:52:37	00:00:50	00:27:06	01:39:28
144	10:44:40	518	Sally	Conlan	39	G	Worsbrough Barnsle	Sprint - Female	00:12:42	00:03:39	00:52:03	00:01:48	00:29:29	01:39:41
145	11:24:00	636	Frances	Spalding	50	J	Liverpool	Sprint - Female	00:14:38	00:04:49	00:53:42	00:00:52	00:25:45	01:39:46
146	11:10:20	595	Victoria	Martin	46	I	Manchester	Sprint - Female	00:12:32	00:04:15	00:58:25	00:00:44	00:24:11	01:40:07
147	11:03:40	575	Kimberley	Slater	38	G	Macclesfield	Sprint - Female	00:12:50	00:04:13	00:52:55	00:01:05	00:29:28	01:40:31
148	11:15:40	611	Karen	Flannery	36	G	Nantwich	Sprint - Female	00:12:22	00:03:13	00:54:43	00:01:08	00:29:16	01:40:42
149	11:22:20	631	Valerie	Martell	55	K	Little Budworth Tar	Sprint - Female	00:11:38	00:04:43	00:52:55	00:01:13	00:30:24	01:40:53
150	11:12:20	601	Gill	Ellison	57	K	Dutton	Sprint - Female	00:13:25	00:04:31	00:52:16	00:01:53	00:28:49	01:40:54
151	11:07:20	586	Alison	Mckerlie	35	G	Stoke on Trent	Sprint - Female	00:17:30	00:03:40	00:49:17	00:01:41	00:28:55	01:41:03
152	10:46:00	522	Beverley	Warren	43	H		Sprint - Female	00:18:08	00:04:37	00:51:41	00:00:51	00:26:10	01:41:27
153	11:18:20	619	Helen	Bacon	46	I	Helen Bacon	Sprint - Female	00:11:16	00:03:55	00:51:28	00:02:05	00:32:43	01:41:27
154	11:38:00	678	Lucy	Woodside	29	E	Tarporley	Sprint - Female	00:12:04	00:03:35	00:51:41	00:01:50	00:32:23	01:41:33
155	11:30:40	656	Hannah	Stokes	34	F	Gwynedd	Sprint - Female	00:11:46	00:04:20	00:55:00	00:01:47	00:28:42	01:41:35
156	11:21:20	628	Jenni	Allen	39	G	SLPT	Sprint - Female	00:11:49	00:04:11	00:56:17	00:01:03	00:28:17	01:41:37
157	11:02:20	571	Kim	Coates	36	G	Stafford Tri Club	Sprint - Female	00:12:53	00:03:52	00:52:13	00:01:38	00:31:07	01:41:43
158	11:43:20	694	Ruth	Pritchard	119		Wirral	Sprint - Female	00:10:45	00:05:08	00:50:50	00:01:59	00:33:03	01:41:45
159	11:19:40	623	Amanda	Williams	50	J	Northwich	Sprint - Female	00:13:14	00:03:16	00:51:19	00:02:07	00:31:54	01:41:50
160	11:04:00	576	Kirsty	Sutton	47	I	COLT	Sprint - Female	00:12:36	00:03:33	00:51:50	00:01:24	00:32:34	01:41:57
161	11:05:20	580	Karen	Davenport	46	I	Warrington	Sprint - Female	00:13:54	00:04:08	00:49:26	00:02:01	00:32:31	01:42:00
162	11:08:40	590	Caroline	Bones	36	G	Warrington	Sprint - Female	00:13:19	00:03:11	00:55:39	00:01:15	00:28:39	01:42:03
163	11:16:40	614	Claire	Youel	40	H	Stockport	Sprint - Female	00:11:41	00:03:25	00:54:33	00:00:50	00:31:41	01:42:10
164	10:39:40	503	Sophie	Edwards	32	F		Sprint - Female	00:13:55	00:04:16	00:55:46	00:01:39	00:26:56	01:42:32
165	11:16:20	613	Sharon	Marshall	37	G	Chester	Sprint - Female	00:10:46	00:03:58	00:55:12	00:00:58	00:31:38	01:42:32
166	11:15:20	610	Anaa	Keefe	39	G	Altrincham	Sprint - Female	00:14:33	00:03:26	00:54:47	00:01:34	00:28:16	01:42:36
167	11:42:40	692	Sabeena	Domun	38	G	Accrington	Sprint - Female	00:12:38	00:04:52	00:55:39	00:01:41	00:27:53	01:42:43
168	10:55:20	550	Jennifer	Reeve	37	G	Newton-le-Willows	Sprint - Female	00:12:41	00:05:04	00:54:41	00:01:56	00:29:02	01:43:24
169	12:13:20	714	Melanie	Weatherhead	38	G	Manchester	Sprint - Female	00:11:12	00:03:38	00:57:38	00:00:52	00:30:15	01:43:35
170	10:55:40	551	Laura	Cork	42	H	Hoon ridge	Sprint - Female	00:12:43	00:04:32	00:50:02	00:02:15	00:34:24	01:43:56

Pos	StartTime	Race#	Name	Last Name	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
171	11:51:40	719	Karolina	Dalyan	42	H	Salford	Sprint - Female	00:16:27	00:00:00	00:51:03	00:02:04	00:34:36	01:44:10
172	11:25:00	639	Kenzie	Mancier	33	F	Handforth	Sprint - Female	00:10:08	00:03:50	00:56:49	00:01:39	00:31:52	01:44:18
173	11:18:00	618	Rosemary	Maguire	55	K		Sprint - Female	00:11:48	00:04:58	00:50:31	00:01:10	00:36:07	01:44:34
174	10:45:40	521	Pam	Uppal	27	E		Sprint - Female	00:14:03	00:04:19	00:55:44	00:00:55	00:30:10	01:45:11
175	11:29:20	652	Lizzie	Hennessy Jones	29	E	Nantwich	Sprint - Female	00:11:46	00:03:54	00:52:33	00:01:04	00:36:29	01:45:46
176	10:47:20	526	Lyn	Johnson	53	J	Lyn Terrie Johnson	Sprint - Female	00:14:48	00:03:41	00:51:20	00:01:12	00:34:51	01:45:52
177	10:58:20	559	Sharon	Farwell	45	I	Newcastle under Ly	Sprint - Female	00:14:33	00:03:52	00:50:36	00:01:01	00:36:05	01:46:07
178	11:02:00	570	Sara	Murray	37	G	Warrington	Sprint - Female	00:14:16	00:04:34	00:52:07	00:02:32	00:32:41	01:46:10
179	11:08:20	589	Claire	Baker	43	H	Shrewsbury	Sprint - Female	00:12:23	00:04:24	00:52:20	00:01:23	00:35:42	01:46:12
180	11:15:00	609	Hilary	Stevenson	74	N	Hilary Stevenson	Sprint - Female	00:13:57	00:03:46	00:49:46	00:01:57	00:37:37	01:47:03
181	11:09:00	591	Anita	Gillen	52	J	Wirral	Sprint - Female	00:16:28	00:03:22	00:51:52	00:01:51	00:33:40	01:47:13
182	10:52:20	534	Sarah	Seddon	119		Warrington Running	Sprint - Female	00:14:52	00:05:19	00:54:36	00:02:49	00:29:47	01:47:23
183	08:26:40	110	Danielle	Skinner	21	C	MS-UK	Sprint - Female	00:08:22	00:02:24	00:58:41	00:01:05	00:37:03	01:47:35
184	11:01:40	569	Clare	Boyle	37	G	Warrington	Sprint - Female	00:14:05	00:05:02	00:51:58	00:02:42	00:34:05	01:47:52
185	10:49:00	531	Tracey	Carsley	53	J	Stafford Triathlon cl	Sprint - Female	00:13:51	00:06:03	00:49:30	00:02:00	00:36:35	01:47:59
186	11:23:20	634	Emma	Bostock	31	F	Nottigham	Sprint - Female	00:10:19	00:03:05	01:01:40	00:00:46	00:32:23	01:48:13
187	11:24:20	637	Kay	Morrall	49	I	Crewe	Sprint - Female	00:12:16	00:06:30	00:55:39	00:01:26	00:32:27	01:48:18
188	11:27:40	647	Jane	Kensington	46	I	Stockport	Sprint - Female	00:15:01	00:05:34	00:53:16	00:01:41	00:33:11	01:48:43
189	11:19:00	621	Lauren	Kaye	26	E	CREWE	Sprint - Female	00:12:10	00:03:27	00:58:54	00:01:04	00:33:36	01:49:11
190	11:30:20	655	Zoe	Birks	17	B	Cancer Research UK	Sprint - Female	00:13:10	00:04:54	00:59:58	00:01:11	00:29:59	01:49:12
191	11:08:00	588	Helen	Stephenson	39	G	Hemingbrough	Sprint - Female	00:12:37	00:05:15	00:59:15	00:01:54	00:30:47	01:49:48
192	11:07:40	587	Amy	Fletcher	39	G	Sale	Sprint - Female	00:12:53	00:05:23	00:59:24	00:01:39	00:30:48	01:50:07
193	11:49:00	711	Holly	Levell	29	E	NESTON	Sprint - Female	00:13:48	00:00:00	00:57:48	00:01:04	00:37:33	01:50:13
194	10:57:40	557	Lisa	Woolfenden	50	J	Knutsford	Sprint - Female	00:13:45	00:04:03	00:57:25	00:01:29	00:33:51	01:50:33
195	11:20:00	624	Emma	Jones	52	J	Tattenhall Chester	Sprint - Female	00:13:55	00:04:16	00:51:15	00:02:59	00:38:08	01:50:33
196	11:09:20	592	judi	ebbrell	49	I	wirral	Sprint - Female	00:14:21	00:03:52	00:54:51	00:01:27	00:36:31	01:51:02
197	11:23:40	635	Siobhan	Galloway	52	J	Liverpool	Sprint - Female	00:12:36	00:04:16	00:56:26	00:00:53	00:36:57	01:51:08
198	10:58:40	560	Alessandra	Frau	33	F	Liverpool	Sprint - Female	00:13:50	00:04:16	00:59:43	00:00:51	00:32:49	01:51:29
199	11:07:00	585	Zoe	Holland	45	I	Rotherham	Sprint - Female	00:17:43	00:04:42	00:57:01	00:01:23	00:30:47	01:51:36
200	10:53:20	544	Corinne	Kinvig	28	E	Winsford	Sprint - Female	00:12:42	00:03:51	00:57:20	00:01:07	00:36:58	01:51:58
201	08:32:00	126	Lisa	Skinner	46	I	MS-UK	Sprint - Female	00:09:14	00:03:20	01:05:35	00:01:19	00:32:44	01:52:12
202	11:40:20	685	Natalia	Cornwall	50	J	Wilmslow	Sprint - Female	00:14:40	00:04:26	00:59:40	00:01:18	00:32:21	01:52:25
203	11:27:00	645	Lynsey	Gray	41	H	Hale	Sprint - Female	00:15:01	00:06:10	01:01:20	00:02:01	00:28:36	01:53:08
204	11:06:40	584	Karen	Bloor	55	K	New2tri	Sprint - Female	00:12:10	00:05:36	00:57:29	00:02:43	00:35:12	01:53:10
205	10:47:00	525	Linda	Henson	43	H	Linda Henson	Sprint - Female	00:12:48	00:05:50	01:02:21	00:01:20	00:30:57	01:53:16
206	10:57:20	556	Amanda	Rees	51	J	KNUTSFORD	Sprint - Female	00:13:49	00:04:36	01:00:59	00:01:03	00:34:52	01:55:19
207	11:18:40	620	Laura	Brown	35	G	Cheshire	Sprint - Female	00:14:33	00:04:51	01:02:16	00:01:12	00:33:59	01:56:51
208	11:33:20	664	Julia	livesey	55	K	Julia Livesey	Sprint - Female	00:11:39	00:05:20	01:01:26	00:01:17	00:37:37	01:57:19
209	11:40:40	686	Debbie	Evans	57	K	Wreccsam Tri Club	Sprint - Female	00:12:19	00:05:27	00:54:38	00:02:10	00:43:24	01:57:58
210	11:56:40	734	joanna	parnell	39	G	Wilmslow	Sprint - Female	00:12:04	00:02:12	01:16:23	00:00:46	00:26:48	01:58:13
211	12:15:00	775	Kate	Shaw	34	F	Imagile Group - MI	Sprint - Female	00:12:49	00:03:18	01:09:24	00:01:25	00:31:34	01:58:30
212	11:01:20	568	Amy	Harrison	39	G	Nantwich	Sprint - Female	00:14:28	00:03:48	01:04:15	00:01:48	00:34:24	01:58:43
213	11:12:00	600	Catherine	Stephenson	52	J	Catherine	Sprint - Female	00:13:34	00:04:22	01:03:08	00:02:40	00:38:35	02:02:19

Pos	StartTime	Race#	Name	Last Name	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
214	10:54:20	547	Emily	Walsh	23	C	Wirral	Sprint - Female	00:13:59	00:05:03	01:07:37	00:01:15	00:37:13	02:05:07
215	10:54:00	546	Darcey	MacKay	21	C	Northwich	Sprint - Female	00:16:49	00:00:00	01:10:14	00:01:15	00:37:10	02:05:28
216	11:35:40	671	Lisa	Reilly	47	I	Holmfirth	Sprint - Female	00:11:34	00:05:01	01:00:37	00:01:49	00:51:02	02:10:03
217	10:53:00	543	Laura	Firth	34	F	Manchester	Sprint - Female	00:12:30	00:05:33	01:19:30	00:01:42	00:34:59	02:14:14
218	10:53:40	545	Rachel	Stanton	36	G	Winsford	Sprint - Female	00:13:07	00:03:53	01:20:44	00:01:11	00:38:33	02:17:28
219	11:00:20	565	Lisa	Tucker	42	H	NSPCC	Sprint - Female	00:13:52	00:06:13	01:18:15	00:01:45	00:41:30	02:21:35
220	11:45:40	617	Natasha	Williams	37	G	Independant	Sprint - Female	00:21:30	00:00:00	01:06:58	00:02:53	00:52:03	02:23:24
221	10:39:40	516	Amy	Pope	23	C	Manchester	Sprint - Female	01:13:34	00:05:15	01:10:42	00:01:48	00:24:49	02:56:08