

# Alderford Triathlon 2025

## Fun

Name	Race No	Team	Swim	T1	Cycle	T2	Run	Time
Harry Phoenix	366		00:05:34.36	<b>00:00:43.04</b>	00:49:46.68	<b>00:00:56.82</b>	00:11:43.82	<b>01:08:44.72</b>
Amy Thompson	368		00:06:32.10	<b>00:00:21.81</b>	00:49:51.15	<b>00:00:54.82</b>	00:13:42.09	<b>01:11:21.96</b>
Matthew Phoenix	367		00:06:47.85	<b>00:00:47.05</b>	00:48:49.91	<b>00:01:27.06</b>	00:15:37.60	<b>01:13:29.47</b>
Chris Thompson	369		00:07:17.58	<b>00:00:27.32</b>	00:51:02.91	<b>00:01:07.08</b>	00:15:33.82	<b>01:15:28.71</b>
Charlotte Smith	364		00:07:53.11	<b>00:01:22.76</b>	00:55:27.14	<b>00:01:57.12</b>	00:17:54.83	<b>01:24:34.97</b>
Sian Tiplady	365		00:08:39.60	<b>00:01:12.79</b>	00:56:14.13	<b>00:01:20.63</b>	00:18:20.92	<b>01:25:48.07</b>