



Pool Based Events

- <u>Cheshire Triathlon</u>
- <u>Stratford Triathlon</u>
- York Triathlon
- Henley Triathlon
- North West Triathlon
- <u>Warwickshire Triathlon</u>

Sign up for MS-UK

Your amazing efforts will help us to make sure anyone affected by multiple sclerosis (MS) has the information and support they need to make the most of each day.

We want to make sure we are always here to support people with multiple sclerosis to have choice, control and independence.

We are helping people today to live life with MS, but we couldn't do it without your support!

Why choose MS-UK?

At MS-UK we put people affected by MS at the heart of our work. We recognise that each one is an individual who has needs, rights and choices.

To support anyone affected by MS, we will provide:

- Information and advice where we listen to your needs
- Care, compassion and empathy
- A professional and transparent service

We offer support and information

through our MS Advisors, Counsellors, our website (<u>www.ms-uk.org</u>) and New Pathways magazine, but we can't do this alone.

We need your help

By supporting MS-UK you are helping to provide support to all those living with Multiple Sclerosis.

MS-UK does not accept any statutory or pharmaceutical funding so that we can stay independent and offer completely unbiased information and support.

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"Working together to live life with MS. "



"Every penny you raise really will make a difference to our work."

Open Water Events

- <u>Ultimate Triathlon</u>
- <u>Ultimate Half Triathlon</u>
- Ultimate Quarter Triathlon
- <u>Birmingham Triathlon</u>
- South Coast Triathlon
- Shropshire Triathlon

Just choose MS-UK on your entry form to sign up for us!