

Position	Race No	Name	Club	Gender	Penalty Time	Swim	T1	Cycle	T2	Run	Time
1	40	Lloyd Bebbington	Newcastle (Staffs) Tri Club	Male		00:07:30	00:00:26	00:32:12	00:00:38	00:18:47	00:59:35
2	466	Martin Cain	Oldham	Male		00:08:30	00:00:40	00:33:21	00:00:49	00:17:40	01:01:02
3	33	Kyle Clegg	TeamTriGuru	Male		00:07:25	00:00:50	00:34:09	00:00:51	00:19:27	01:02:44
4	80	Johnny Conway	Team Oxygen Addict	Male		00:08:39	00:00:34	00:33:31	00:00:52	00:21:01	01:04:39
5	38	Toby Hart	Newcastle (Staffs) Triathlon Club	Male		00:09:25	00:00:39	00:35:07	00:00:46	00:19:18	01:05:17
6	32	Chris Gaze		Male		00:08:42	00:00:58	00:35:21	00:00:56	00:20:50	01:06:49
7	166	Adrian Morley	Manchester Triathlon	Male		00:10:38	00:01:02	00:34:26	00:00:51	00:20:04	01:07:02
8	237	Callan Rowland	Warrington Running Club	Male		00:10:43	00:00:44	00:35:46	00:00:33	00:19:18	01:07:06
9	34	Thomas Stuart	Sale	Male		00:07:38	00:00:54	00:37:17	00:00:44	00:20:50	01:07:25
10	169	Mark Curley	Nantwich	Male		00:10:32	00:00:59	00:34:31	00:00:57	00:20:29	01:07:30
11	48	David Armitage	Knutsford Tri Club	Male		00:09:47	00:00:27	00:36:30	00:00:43	00:20:06	01:07:34
12	61	Arron Cullen	Manchester	Male		00:09:54	00:01:10	00:36:00	00:00:54	00:19:50	01:07:50
13	154	Colin Latham	GMFRS trail running	Male		00:10:26	00:01:22	00:34:47	00:01:11	00:20:09	01:07:57
14	70	Mark Pagram	Man Tri	Male		00:09:37	00:01:02	00:36:31	00:00:57	00:20:21	01:08:30
15	195	Carl Henthorn	Rochdale Tri Club	Male		00:10:35	00:00:30	00:34:14	00:00:55	00:22:23	01:08:38
16	174	Pete Talboys	Lymm Runners	Male		00:10:36	00:01:12	00:35:56	00:01:29	00:19:45	01:09:01
17	132	Ryan Willis		Male	-00:00:20	00:10:09	00:00:46	00:36:26	00:00:44	00:21:35	01:09:23
18	201	Christopher Williams	Crewe	Male							01:09:24
19	152	Luke Ashley	Preston	Male		00:09:40	00:00:54	00:36:12	00:00:57	00:21:41	01:09:27
20	66	Nick Lord	Glossop Triathlon Club	Male		00:10:50	00:00:58	00:37:16	00:00:56	00:19:36	01:09:39
21	35	James Thompson	Tarporley	Male		00:08:26	00:00:57	00:39:41	00:00:43	00:19:59	01:09:49
22	179	Peter White	Macclesfield	Male		00:10:26	00:00:37	00:35:27	00:00:43	00:22:40	01:09:55
23	631	Edward Bolland	Black Country Triathletes	Male		00:12:39	00:01:31	00:33:56	00:01:12	00:20:43	01:10:03
24	205	Martin Kettle	Nantwich	Male		00:09:52	00:03:10	00:00:00	00:00:00	00:57:01	01:10:04
25	51	Oliver George	Heswall	Male		00:09:00	00:01:31	00:37:40	00:01:00	00:20:55	01:10:08
26	36	Martin Woods	Ormskirk	Male		00:10:56	00:00:45	00:36:25	00:00:49	00:21:22	01:10:18
27	226	Nick Riley	Nantwich Nutters	Male		00:11:26	00:00:27	00:34:53	00:00:43	00:22:50	01:10:22
28	168	Duncan Reaney	Kirkby Mallory	Male		00:10:57	00:00:42	00:36:26	00:00:55	00:21:40	01:10:42
29	250	Tom Davies	TOM DAVIES	Male		00:10:28	00:00:37	00:38:33	00:00:53	00:20:36	01:11:08
30	736	Ben Gibson	Market Drayton	Male	-00:00:20	00:13:41	00:01:30	00:37:17	00:00:56	00:19:13	01:12:18
31	53	Caleb Thornber	Pendle Triathlon Club	Male		00:09:32	00:00:41	00:39:17	00:00:46	00:22:06	01:12:24
32	477	Josh Elliott	Loughborough Students Triathlon	Male		00:10:53	00:01:00	00:37:30	00:01:08	00:21:54	01:12:26
33	89	Nick Howard	Winsford	Male		00:09:39	00:00:29	00:39:04	00:00:42	00:22:31	01:12:28
34	85	Alex Byars	Wilmslow	Male		00:09:32	00:02:08	00:37:41	00:01:01	00:22:08	01:12:32
35	43	Duncan Hickman	absolute tri	Male		00:08:10	00:01:07	00:40:40	00:00:55	00:21:47	01:12:41
36	31	Nathaniel Costigan	Macclesfield	Male		00:10:35	00:01:01	00:36:22	00:01:16	00:23:35	01:12:50
37	196	Andrew Caunt	South Cheshire Triathletes	Male		00:10:40	00:00:40	00:38:09	00:01:01	00:22:43	01:13:15
38	202	Nathan Loeb	Heywood	Male		00:10:23	00:01:25	00:35:51	00:01:45	00:23:51	01:13:17
39	207	Nigel Atkinson	Nottingham	Male		00:11:02	00:01:28	00:37:43	00:00:56	00:22:24	01:13:34
40	358	Daniel Shand	Nantwich	Male		00:12:00	00:01:52	00:36:38	00:01:12	00:22:17	01:14:01
41	55	Steven Barton	South Cheshire Tri	Male		00:09:38	00:02:10	00:39:43	00:00:57	00:21:32	01:14:02
42	244	Phil Higley	Crewe	Male		00:11:25	00:01:50	00:38:14	00:01:04	00:21:39	01:14:13
43	479	Phil Ramsey	Stockport Tri	Male		00:12:26	00:01:04	00:39:46	00:01:01	00:20:01	01:14:21
44	86	Andrew Wyrko	Chester Tri	Male		00:10:38	00:00:49	00:40:10	00:01:25	00:21:24	01:14:27
45	176	Tony Marrs	SyTri (Shrewsbury)	Male		00:10:20	00:01:10	00:37:02	00:01:05	00:24:54	01:14:32
46	68	Ian Mossop	Wrexham	Male	P	00:10:50	00:00:55	00:38:35	00:01:07	00:23:15	01:14:44

47	127	Alan Turner	Glossop Triathlon Club	Male		00:11:16	00:01:42	00:38:11	00:01:28	00:22:09	01:14:49
48	281	Simon Chubb	Newcastle (Staffs) Tri Club	Male		00:11:38	00:00:54	00:37:29	00:00:59	00:24:00	01:15:03
49	471	Henry Oliver	Tarporley	Male		00:07:14	00:01:24	00:42:00	00:00:52	00:23:53	01:15:25
50	88	Andrew Old	Birkenhead	Male		00:09:01	00:00:46	00:39:01	00:00:50	00:25:51	01:15:31
51	269	Jody Taylor	Nantwich	Male		00:11:07	00:01:07	00:37:40	00:00:59	00:24:46	01:15:39
52	197	Martin Phillips	South Cheshire Triathletes	Male		00:11:30	00:01:08	00:39:46	00:01:05	00:22:16	01:15:47
53	232	Tom Atkinson	Stockport	Male		00:11:37	00:01:08	00:38:58	00:01:04	00:23:10	01:15:59
54	90	Greg Halliday	United Kingdom	Male							01:16:02
55	160	Jim Walters	Stoke-on-Trent	Male		00:11:20	00:02:23	00:38:53	00:01:11	00:22:14	01:16:02
56	47	Mike Devine	Northwich	Male		00:10:06	00:01:15	00:40:30	00:01:48	00:22:33	01:16:15
57	459	Joseph Collum	Manchester	Male		00:10:26	00:01:44	00:38:51	00:00:53	00:24:28	01:16:24
58	143	Ben Hughes	Rochdale	Male	-00:00:20	00:09:16	00:03:05	00:41:31	00:00:51	00:22:17	01:16:41
59	138	Alex Clifford	Cheshire	Male		00:10:57	00:01:22	00:40:39	00:01:03	00:22:50	01:16:53
60	183	Jimmy Adamson	Manchester	Male		00:11:17	00:02:08	00:39:22	00:01:20	00:22:50	01:16:59
61	295	Lee Cimino	Leek	Male		00:09:51	00:01:08	00:41:31	00:01:03	00:23:31	01:17:05
62	254	George Kiss		Male		00:10:40	00:01:24	00:39:22	00:01:26	00:24:15	01:17:09
63	366	Paul Smith	stoke on trent	Male		00:12:02	00:01:32	00:38:33	00:01:10	00:23:55	01:17:14
64	219	Thomas Fisher	Derby	Male		00:11:08	00:01:29	00:41:24	00:00:46	00:22:28	01:17:15
65	151	Jeremy Carr	Warrington	Male		00:10:45	00:00:41	00:39:44	00:00:54	00:25:14	01:17:20
66	224	Tom Hutchinson	Sunderland	Male		00:11:01	00:04:17	00:38:35	00:01:04	00:22:24	01:17:24
67	165	Lee Evans	GOG Triathlon	Male		00:10:52	00:01:43	00:40:11	00:01:41	00:22:56	01:17:25
68	73	Richard Sutton	South Cheshire Triathletes	Male		00:09:57	00:01:30	00:40:41	00:01:34	00:23:43	01:17:27
69	128	John Braithwaite	stoke on trent	Male		00:10:23	00:01:25	00:40:23	00:01:21	00:23:54	01:17:30
70	478	Matthew Allen	SmileForAoife	Male		00:12:58	00:01:44	00:41:05	00:00:45	00:20:57	01:17:31
71	69	Matthew Jenson	Northwich	Male		00:09:48	00:01:43	00:41:24	00:01:46	00:22:50	01:17:33
72	251	Oli Boorman	Disley	Male		00:10:10	00:02:03	00:38:42	00:01:44	00:25:02	01:17:42
73	161	Graham Bird	wigan	Male		00:10:16	00:01:00	00:40:55	00:01:01	00:24:49	01:18:03
74	362	Joseph Weaver	St. Helens Tri	Male		00:12:48	00:01:19	00:43:04	00:00:41	00:20:11	01:18:05
75	373	Matthew Sheward	Chorley	Male							01:18:15
76	450	James Cooper	England	Male		00:10:16	00:03:17	00:39:49	00:01:44	00:23:07	01:18:16
77	173	Steven Kell	Denbighshire Triathlon Club	Male	-00:00:20	00:10:42	00:00:58	00:41:59	00:00:36	00:24:29	01:18:27
78	62	Matthew Wilson	Manchester	Male		00:11:51	00:00:54	00:40:48	00:00:54	00:24:00	01:18:29
79	148	Edward Harris	Macclesfield	Male		00:13:25	00:01:53	00:39:15	00:02:15	00:21:49	01:18:40
80	37	Matt Owen	Wrexham	Male		00:09:39	00:00:53	00:39:55	00:01:05	00:27:11	01:18:45
81	573	Tim Billington	Mobberly	Male		00:13:01	00:01:07	00:41:50	00:01:04	00:21:45	01:18:49
82	234	Robin Mccluney	KNUTSFORD	Male		00:10:45	00:01:38	00:37:02	00:02:11	00:27:12	01:18:50
83	135	Michael Reardon	Whitchurch Tri Club	Male		00:09:53	00:00:52	00:41:23	00:01:16	00:25:44	01:19:10
84	206	Darren Cope	Northampton	Male		00:10:51	00:01:49	00:36:32	00:02:27	00:27:29	01:19:10
85	214	Laurence Whelehan	Bolton	Male		00:10:01	00:02:31	00:40:26	00:01:34	00:24:41	01:19:15
86	42	Liam Ticehurst	Stoke-on-Trent	Male		00:08:04	00:01:32	00:42:46	00:01:08	00:25:52	01:19:24
87	274	David Argent	Tarporley	Male		00:11:21	00:02:23	00:40:28	00:01:37	00:23:34	01:19:25
88	292	Ian Pullen	Stockport	Male		00:11:29	00:01:52	00:40:18	00:01:29	00:24:18	01:19:28
89	225	Sean Coe	Nantwich	Male		00:13:12	00:01:50	00:40:54	00:01:13	00:22:22	01:19:34
90	208	Steven Slack	Oldham	Male		00:11:06	00:01:18	00:42:31	00:00:34	00:24:13	01:19:45
91	236	Lawrence Boswell	Oldham	Male		00:13:12	00:01:19	00:40:13	00:01:11	00:23:57	01:19:55
92	330	Will Westwell	Chorley	Male		00:10:43	00:01:49	00:41:43	00:01:35	00:24:07	01:19:58
93	41	Ben Smith	Triyourtri	Male		00:08:48	00:01:40	00:43:42	00:01:12	00:24:38	01:20:02
94	335	Stephen Robinson	Tri Guru	Male	P	00:12:20	00:02:02	00:40:31	00:01:35	00:23:37	01:20:07

95	266	Mark Riley	Sutton Coldfield	Male		00:11:15	00:01:25	00:40:55	00:01:38	00:24:55	01:20:10
96	60	Richard Waring	Ellesmere Port	Male		00:09:05	00:01:24	00:43:11	00:01:01	00:25:29	01:20:12
97	372	Charles Berry	Chorley	Male		00:11:55	00:01:20	00:41:14	00:00:55	00:24:49	01:20:15
98	187	Gareth Pashley	Chorlton Runners	Male		00:10:37	00:02:31	00:42:40	00:01:15	00:23:05	01:20:18
99	193	Simon Bebbington	Newcastle (Staffs) Tri Club	Male		00:12:41	00:00:50	00:40:16	00:01:08	00:25:24	01:20:21
100	77	Dan Brizell	Cheshire	Male		00:12:26	00:01:36	00:40:36	00:01:30	00:24:13	01:20:23
101	223	Jack Hanson	Macclesfield	Male		00:09:20	00:02:38	00:41:56	00:01:25	00:25:03	01:20:23
102	189	Joel Silvester	Altrincham	Male		00:11:03	00:02:14	00:38:37	00:01:06	00:27:24	01:20:25
103	184	Leigh Mckendry	Cadence Tri	Male		00:14:13	00:01:13	00:37:01	00:01:47	00:26:11	01:20:27
104	229	Thomas Hulme	Manchester	Male							01:20:37
105	140	Anthony Shaw	Manchester	Male		00:10:15	00:01:12	00:41:05	00:01:19	00:26:48	01:20:41
106	411	Peter Edwards	Runcorn	Male		00:12:13	00:01:50	00:41:47	00:03:39	00:21:16	01:20:47
107	133	Paul Farrington	Stockport Tri Club	Male		00:11:59	00:01:08	00:41:37	00:00:55	00:25:05	01:20:47
108	200	Lee Cooper	Chorley	Male		00:13:04	00:02:04	00:41:31	00:01:39	00:22:28	01:20:47
109	83	Stuart Day	Cheadle Hulme	Male		00:10:23	00:02:19	00:41:37	00:01:25	00:25:05	01:20:50
110	231	Anthony Fowler	Southport	Male		00:11:48	00:01:22	00:41:42	00:01:01	00:24:56	01:20:51
111	147	Charlie Fagg	Daventry	Male		00:10:44	00:01:45	00:43:39	00:00:56	00:23:49	01:20:56
112	427	Jordan Hanson	JHfitness	Male		00:14:13	00:02:21	00:40:43	00:01:12	00:22:28	01:20:58
113	46	Richard Chadwick	Crewe	Male		00:09:18	00:02:41	00:42:33	00:01:15	00:25:15	01:21:04
114	220	Paul Fisher	Derby	Male		00:13:21	00:01:51	00:42:14	00:00:46	00:22:55	01:21:09
115	352	Simon Bottomley	Warrington	Male		00:14:25	00:01:59	00:39:28	00:00:52	00:24:27	01:21:13
116	44	Damian Zelazowski	Nuffield Tri	Male		00:09:48	00:01:32	00:41:00	00:01:32	00:27:21	01:21:14
117	71	Oliver Warburton	Runcorn	Male		00:11:38	00:01:22	00:39:59	00:01:40	00:26:47	01:21:28
118	425	Tom Morris	wigan	Male		00:11:57	00:02:18	00:00:00	00:00:00	01:07:15	01:21:31
119	235	James Shaw	Lymm	Male							01:21:32
120	87	Lee Dooling	Darwen Dashers	Male		00:09:17	00:01:04	00:42:40	00:01:00	00:27:35	01:21:38
121	288	Phil Fearon	Cancer Research UK	Male		00:11:22	00:01:59	00:41:26	00:00:54	00:26:00	01:21:44
122	327	Rob Hull	Macclesfield	Male		00:10:57	00:01:46	00:40:45	00:01:45	00:26:33	01:21:47
123	260	Joe Grainger	Stafford Tri Club	Male		00:12:45	00:01:58	00:40:57	00:01:43	00:24:26	01:21:50
124	172	Ben Silva	Liverpool	Male							01:21:51
125	395	Darren Hudson	Liverpool	Male		00:14:03	00:00:53	00:42:37	00:00:39	00:23:37	01:21:51
126	157	Kevin Yeates	Crewe	Male		00:10:55	00:01:14	00:42:28	00:01:03	00:26:08	01:21:51
127	293	Neil Mullarkey	Gtr manchester	Male		00:12:43	00:02:59	00:41:39	00:01:04	00:23:31	01:21:58
128	460	Vaughan Olivier	Manchester	Male		00:12:39	00:01:36	00:40:58	00:01:05	00:25:41	01:22:00
129	211	Simon Moss	Warrington	Male		00:11:18	00:02:14	00:43:42	00:01:17	00:23:28	01:22:01
130	320	Stephen Johnson	Nantwich	Male		00:11:19	00:01:53	00:42:10	00:01:04	00:25:33	01:22:01
131	308	Howard Hagan	Hale	Male		00:12:48	00:01:01	00:38:56	00:01:39	00:27:36	01:22:02
132	190	Jonathan Clarke	Newcastle	Male		00:09:22	00:02:27	00:43:15	00:02:45	00:24:13	01:22:04
133	261	James Thomas	Oldham	Male		00:11:59	00:03:11	00:40:04	00:00:45	00:26:03	01:22:04
134	440	John Leavesley	Birmingham	Male	-00:00:20	00:12:51	00:01:26	00:43:04	00:00:52	00:24:24	01:22:19
135	253	Steven Waters	Manchester	Male		00:11:45	00:02:38	00:43:52	00:01:44	00:22:17	01:22:19
136	218	Greig Frankland		Male		00:11:29	00:01:21	00:45:02	00:01:14	00:23:12	01:22:19
137	239	Andrew Bailey	Frodsham	Male		00:10:44	00:01:15	00:44:42	00:01:34	00:24:14	01:22:31
138	381	Andrew Holland	Lymm Runners	Male		00:13:02	00:02:04	00:43:05	00:01:12	00:23:08	01:22:33
139	186	Ben Carroll	Carroll's	Male		00:12:04	00:01:55	00:44:14	00:01:56	00:22:25	01:22:37
140	203	Neil Currums	Kinmel Bay	Male		00:11:30	00:02:03	00:44:08	00:01:36	00:23:20	01:22:38
141	191	Christopher Cox	Just4Fun	Male		00:11:22	00:02:27	00:40:27	00:01:09	00:27:18	01:22:44
142	146	Gary Cookson	Winsford	Male	P	00:11:25	00:02:03	00:42:16	00:01:37	00:25:41	01:23:04

143	198	Sean Ryan	Stoke-on-Trent	Male		00:12:01	00:01:07	00:44:15	00:01:46	00:23:56	01:23:06
144	714	Stephen Pickering	Afford Bond	Male		00:11:27	00:01:46	00:41:38	00:00:44	00:27:40	01:23:17
145	139	Micah Bagworth	Huddersfield	Male		00:13:15	00:01:44	00:41:37	00:01:14	00:25:27	01:23:18
146	446	Nick Budd	Crewe	Male		00:12:11	00:01:13	00:44:39	00:01:07	00:24:11	01:23:23
147	164	Oliver Gilsenana	Warrington	Male		00:16:22	00:01:00	00:43:23	00:01:16	00:21:21	01:23:24
148	142	Daniel Owen	Newtown	Male		00:13:38	00:01:45	00:46:04	00:00:45	00:21:12	01:23:26
149	56	Paul East	Cancer Research UK	Male		00:09:44	00:03:09	00:40:28	00:02:00	00:28:05	01:23:27
150	217	Benedict Turner	Chester	Male		00:11:00	00:01:23	00:41:14	00:01:01	00:29:01	01:23:41
151	326	David Kelly	Marie Curie	Male		00:11:33	00:02:08	00:43:29	00:00:51	00:25:40	01:23:42
152	467	Andrew Austin	Prescot	Male		00:12:45	00:01:28	00:41:13	00:01:24	00:26:52	01:23:44
153	131	Gary Payne	NITERIDERS	Male		00:10:32	00:02:34	00:41:27	00:02:10	00:27:04	01:23:50
154	484	Jack Whalley		Male		00:14:09	00:02:34	00:38:59	00:01:08	00:27:04	01:23:56
155	249	Richard Parker	South Cheshire Triathletes	Male		00:10:57	00:01:52	00:40:27	00:01:24	00:29:13	01:23:56
156	137	Keiron Gavaghan	Batley	Male		00:14:12	00:00:19	00:38:15	00:01:23	00:29:45	01:23:56
157	233	Alan Russell	Tattenhall	Male		00:11:13	00:03:13	00:42:26	00:01:58	00:25:05	01:23:58
158	155	David Reid	South Cheshire Triathletes	Male		00:10:35	00:01:28	00:43:03	00:01:14	00:27:40	01:24:01
159	175	Simon Rawlinson	Cheshire	Male		00:10:03	00:01:30	00:42:01	00:01:27	00:29:05	01:24:07
160	272	Tom Davies	Manchester	Male		00:10:15	00:03:13	00:43:19	00:01:17	00:26:03	01:24:09
161	324	Oliver Counce	WHITCHURCH	Male		00:12:57	00:03:10	00:44:20	00:00:44	00:23:03	01:24:15
162	304	Gary Bates	Sandbach	Male		00:13:42	00:01:28	00:43:41	00:00:54	00:24:30	01:24:16
163	216	Peter Dawson	Rochdale	Male		00:12:23	00:01:25	00:39:02	00:01:15	00:30:15	01:24:21
164	329	Richard Davies	Sudbury	Male		00:13:55	00:01:16	00:43:11	00:01:15	00:24:48	01:24:27
165	215	Adam Cope	Nr Leek	Male		00:11:08	00:01:08	00:44:35	00:02:02	00:25:32	01:24:27
166	447	Steve Beesley	Nantwich	Male		00:13:43	00:02:02	00:42:03	00:01:12	00:25:33	01:24:34
167	328	Mark Proctor	Preston	Male		00:13:19	00:01:44	00:43:14	00:01:26	00:25:03	01:24:48
168	178	Tim Lawton	Chorley	Male		00:10:12	00:02:08	00:43:21	00:01:31	00:27:35	01:24:49
169	210	James Theobalds	Sandbach	Male		00:13:40	00:02:55	00:40:54	00:01:54	00:25:27	01:24:53
170	419	Mark Harrison	Manchester	Male		00:12:46	00:02:05	00:42:49	00:01:29	00:25:42	01:24:53
171	270	Peter Harris	South Cheshire Harriers	Male		00:12:28	00:01:26	00:42:22	00:01:27	00:27:09	01:24:54
172	315	David Price	Denbighshire Triathlon Club	Male		00:11:53	00:01:26	00:42:33	00:01:03	00:28:00	01:24:57
173	284	Samuel Corbett	Samuel Corbett	Male		00:11:43	00:02:56	00:47:20	00:01:07	00:21:50	01:24:58
174	452	Christian Wright	Holywell	Male		00:09:19	00:01:55	00:46:33	00:00:53	00:26:17	01:24:59
175	364	Robert Bonson	Crewe	Male		00:16:12	00:01:29	00:42:07	00:01:43	00:23:32	01:25:05
176	52	Paul Brittleton	Manchester	Male		00:12:15	00:02:10	00:43:13	00:01:46	00:25:48	01:25:14
177	246	Paul Heatley	Winsford	Male		00:11:41	00:02:58	00:42:38	00:01:32	00:26:25	01:25:17
178	423	Guy Thomas	Wervin	Male		00:17:48	00:02:43	00:38:27	00:01:18	00:25:00	01:25:18
179	457	James Patmore	Macclesfield	Male		00:11:00	00:01:22	00:46:49	00:01:38	00:24:34	01:25:25
180	258	Kieran Cummings	Chorlton	Male		00:11:39	00:02:31	00:46:52	00:00:57	00:23:27	01:25:29
181	59	Harrison Timbrell	Ellesmere Port	Male		00:11:55	00:01:57	00:46:04	00:00:44	00:24:57	01:25:39
182	57	Thomas Dawson	Clayton le-Moors	Male		00:09:06	00:01:55	00:47:43	00:01:16	00:25:50	01:25:52
183	377	Barry Standen	Chester	Male		00:11:55	00:03:24	00:41:25	00:02:09	00:26:58	01:25:54
184	82	Robert Worthington	Nantwich	Male		00:10:14	00:02:00	00:41:03	00:01:09	00:31:42	01:26:08
185	434	Glenn Murphy	Sutton Coldfield	Male		00:12:46	00:02:07	00:41:54	00:01:20	00:28:02	01:26:10
186	405	Phil Moore	Nantwich	Male		00:12:59	00:01:16	00:44:31	00:00:40	00:26:46	01:26:13
187	343	Richard Dodd	Richard Dodd	Male		00:12:46	00:02:52	00:46:57	00:00:49	00:22:50	01:26:17
188	256	Brian Sheppard	Wirral	Male		00:12:21	00:02:07	00:41:53	00:01:33	00:28:39	01:26:35
189	325	Damian Mason	Solo against fear the mere relay	Male		00:14:53	00:02:32	00:44:34	00:01:28	00:23:14	01:26:43
190	275	Trevor Taylor	Warrington	Male	P	00:13:04	00:02:24	00:41:44	00:01:19	00:28:12	01:26:45

191	458	Andrew Swanson	Macclesfield	Male		00:10:47	00:01:24	00:43:54	00:01:41	00:29:01	01:26:49
192	399	James Bevan	Macclesfield	Male		00:12:39	00:02:04	00:42:11	00:01:38	00:28:17	01:26:52
193	394	Kevin Dean	Hartford	Male		00:15:04	00:03:10	00:43:56	00:00:58	00:23:46	01:26:56
194	470	Sean Bushell	Sutton Coldfield	Male		00:14:27	00:01:44	00:44:28	00:00:57	00:25:33	01:27:11
195	361	Mark Syratt	St Helens Tri	Male		00:14:38	00:02:16	00:44:13	00:02:05	00:23:59	01:27:11
196	359	Giles Bennett	Manchester	Male		00:15:15	00:02:05	00:45:31	00:03:10	00:21:26	01:27:29
197	332	Michael Mills	Manchester	Male		00:14:22	00:02:29	00:45:17	00:02:20	00:23:02	01:27:31
198	369	Nathan Orpe	Stoke-on-Trent	Male		00:13:21	00:02:10	00:43:32	00:01:28	00:26:59	01:27:32
199	321	Ben Whitfield	Stretford	Male		00:12:47	00:02:27	00:39:01	00:02:10	00:31:05	01:27:32
200	409	Craig Hartland	newport shropshire	Male		00:13:50	00:01:53	00:45:15	00:00:47	00:25:47	01:27:33
201	410	Dan Crasmaru	Rochdale	Male		00:16:29	00:03:06	00:37:53	00:02:23	00:27:40	01:27:33
202	334	Paul Bellchambers	Yarnfield	Male		00:12:50	00:01:48	00:44:47	00:01:51	00:26:15	01:27:33
203	443	Jonathan Walker	Bolton	Male		00:15:07	00:02:14	00:43:04	00:00:47	00:26:22	01:27:36
204	181	Ben Arslanian	Liverpool	Male		00:11:47	00:02:41	00:45:50	00:01:14	00:26:09	01:27:43
205	448	Jake Dibble	Ellesmere Port	Male		00:10:57	00:02:10	00:44:16	00:01:20	00:29:33	01:28:18
206	574	Alan Turner	Wilmslow RC	Male		00:12:32	00:01:11	00:47:35	00:00:46	00:26:23	01:28:30
207	712	Jonathan Knight	Afford Bond	Male		00:12:40	00:02:01	00:47:59	00:01:29	00:24:21	01:28:31
208	473	Mick Skerrett	Warrington	Male		00:13:24	00:04:44	00:41:36	00:02:36	00:26:14	01:28:36
209	283	Stuart Eustace	RunMiddlewich	Male		00:13:07	00:03:22	00:46:13	00:01:28	00:24:24	01:28:36
210	379	James Lowery	Penwortham	Male		00:11:36	00:03:12	00:43:40	00:01:58	00:28:17	01:28:46
211	298	Sean Reynolds	Liverpool	Male		00:12:28	00:01:11	00:48:05	00:00:41	00:26:35	01:29:02
212	130	Steve Cooper	Mow Cop Runners	Male		00:16:04	00:01:48	00:41:25	00:01:32	00:28:12	01:29:04
213	426	Chris Smith	wigan	Male		00:16:05	00:01:55	00:42:51	00:01:31	00:26:42	01:29:06
214	431	Andi Lowe-Smith	Chester	Male		00:12:31	00:02:31	00:46:17	00:01:20	00:26:26	01:29:07
215	228	George Newton	Cheshire	Male		00:11:34	00:03:02	00:45:06	00:02:29	00:26:58	01:29:10
216	476	Mike Trotter	Wirral	Male		00:15:13	00:01:58	00:41:25	00:03:08	00:27:25	01:29:12
217	716	Oliver Ward	Afford Bond	Male		00:15:20	00:00:47	00:46:56	00:00:36	00:25:36	01:29:16
218	339	Henry Godber	Grappers	Male		00:10:20	00:02:08	00:44:26	00:01:35	00:30:46	01:29:17
219	313	Dave Molyneux	Nantwich	Male		00:13:03	00:02:17	00:43:18	00:00:44	00:30:00	01:29:23
220	213	Stuart Russell	WHITCHURCH	Male		00:13:21	00:02:04	00:41:18	00:02:22	00:30:19	01:29:26
221	323	Jack Roberts	Warrington	Male		00:13:54	00:02:53	00:43:29	00:03:11	00:25:58	01:29:27
222	422	Paul Barratt	Warrington	Male		00:11:17	00:03:31	00:48:54	00:01:25	00:24:24	01:29:32
223	407	Miguel Martinez Albaladejo	Newcastle under Lyme	Male		00:10:48	00:01:59	00:54:18	00:01:18	00:21:07	01:29:33
224	240	David Loughlin		Male		00:12:08	00:01:55	00:45:39	00:01:34	00:28:23	01:29:41
225	449	Oliver Brown Brown	England	Male		00:11:28	00:02:23	00:45:43	00:01:26	00:28:47	01:29:48
226	238	Kevin Holmes	Northwich	Male		00:13:20	00:02:41	00:45:42	00:01:45	00:26:22	01:29:52
227	461	Chris Howe	Manor Barns - Hall Lane	Male		00:14:37	00:01:52	00:44:31	00:02:19	00:26:37	01:29:57
228	402	Scott Roscoe	Manchester	Male		00:16:45	00:01:55	00:42:12	00:01:46	00:27:26	01:30:07
229	227	Ian Handy	Bramhall	Male		00:11:25	00:02:09	00:45:05	00:02:38	00:28:53	01:30:12
230	347	Mark Williams	Sandbach	Male		00:15:02	00:01:51	00:42:42	00:01:21	00:29:16	01:30:15
231	383	Jonathan Crompton	Preston	Male		00:12:33	00:01:20	00:48:25	00:01:16	00:26:42	01:30:18
232	345	Peter Hamer	Crewe	Male		00:13:11	00:04:21	00:44:30	00:01:31	00:26:48	01:30:23
233	265	Trevor Brand	Mold	Male		00:12:47	00:02:42	00:42:43	00:02:05	00:30:21	01:30:39
234	212	Ian Turnbull	Warrington	Male		00:10:46	00:01:54	00:46:03	00:00:45	00:31:20	01:30:50
235	319	Mike Morrison	Manchester	Male		00:12:23	00:02:41	00:45:26	00:02:07	00:28:14	01:30:53
236	341	Asa Jones	Nantwich Nomadics	Male		00:13:52	00:01:37	00:44:02	00:01:31	00:29:52	01:30:55
237	415	Jonathan Fielding	Bolton	Male		00:15:21	00:02:31	00:45:47	00:00:56	00:26:29	01:31:07
238	355	Anthony Hilton	Team Guru	Male	P	00:13:23	00:03:50	00:47:26	00:01:04	00:25:26	01:31:10

239	242	Nick Hughes		Male		00:14:40	00:02:06	00:48:05	00:00:46	00:25:39	01:31:18
240	248	Clint Grundy	Manchester	Male		00:12:50	00:02:01	00:44:41	00:02:25	00:29:24	01:31:23
241	351	Neil Mcgowan	Wilmslow	Male		00:14:05	00:02:45	00:44:01	00:02:13	00:28:28	01:31:35
242	241	Richard Bexon		Male		00:12:02	00:04:59	00:48:05	00:00:51	00:25:38	01:31:38
243	188	Jimmy Bottomley	Bolton	Male		00:15:43	00:03:13	00:48:52	00:01:18	00:22:32	01:31:40
244	465	Andrew Mansfield	Nottingham	Male		00:17:10	00:02:08	00:43:54	00:00:52	00:27:38	01:31:44
245	356	Tony Ball	Tony Ball	Male		00:12:03	00:02:30	00:45:52	00:01:23	00:29:54	01:31:44
246	456	Al Priest	Lymm	Male		00:12:36	00:05:08	00:47:31	00:01:25	00:25:09	01:31:52
247	463	Jason Mee	Wirral	Male		00:17:56	00:01:32	00:44:31	00:01:01	00:26:52	01:31:54
248	280	Graham Saul	Nantwich	Male		00:13:29	00:03:01	00:47:11	00:02:11	00:26:02	01:31:55
249	435	Tim Carey	wigan	Male		00:12:47	00:02:41	00:46:17	00:01:32	00:28:51	01:32:10
250	171	Matthew Draycott	Doncaster	Male		00:10:26	00:03:45	00:47:05	00:01:00	00:29:55	01:32:13
251	247	Andy Armstrong	Birmingham	Male		00:12:48	00:03:18	00:40:49	00:03:21	00:31:57	01:32:16
252	245	Jamie Watson	Northwich	Male		00:12:39	00:02:36	00:46:00	00:02:29	00:28:30	01:32:16
253	182	Lee Moore	Stoke-on-Trent	Male		00:12:27	00:01:17	00:47:30	00:01:08	00:30:04	01:32:27
254	475	Simon Cook	wigan	Male		00:15:17	00:04:18	00:43:11	00:01:36	00:28:04	01:32:29
255	162	Tom Booth	Nantwich	Male		00:09:11	00:04:04	00:50:50	00:01:00	00:27:49	01:32:56
256	194	Oystein Olsen	Hooton	Male		00:13:22	00:04:08	00:45:06	00:03:48	00:26:49	01:33:15
257	185	Peter Carroll	Carroll's	Male		00:13:49	00:02:37	00:43:40	00:01:18	00:31:54	01:33:20
258	170	Mark Pimlett	Warrington	Male		00:13:15	00:03:33	00:40:50	00:01:57	00:33:44	01:33:22
259	340	Alex Maciver	Knutsford Tri Club	Male		00:13:47	00:03:39	00:43:17	00:02:27	00:30:10	01:33:22
260	474	Matthew Cartledge	Whalley	Male		00:13:02	00:01:51	00:47:58	00:01:40	00:28:51	01:33:23
261	403	Philip Holland	Nantwich	Male		00:13:32	00:02:51	00:42:35	00:01:59	00:32:58	01:33:58
262	349	Kevin Mccormack	St.Helens	Male		00:13:02	00:02:17	00:47:34	00:01:34	00:29:42	01:34:10
263	371	John Beats	stoke on trent	Male		00:15:50	00:05:04	00:44:03	00:04:10	00:25:03	01:34:11
264	263	Barry Ellams		Male		00:14:10	00:03:09	00:41:38	00:02:36	00:32:38	01:34:13
265	303	Trevor Johnson	Oldham	Male		00:14:16	00:02:42	00:47:46	00:02:01	00:27:47	01:34:35
266	278	Chris Mcpartland	Wilmslow	Male		00:15:56	00:04:32	00:53:45	00:01:12	00:19:24	01:34:51
267	388	Phil Ince	Cancer Research UK	Male	-00:00:20	00:12:32	00:02:37	00:45:57	00:01:34	00:32:40	01:35:04
268	302	Mark Astley	Newcastle-under-Lyme	Male		00:14:15	00:02:12	00:45:05	00:02:10	00:31:23	01:35:07
269	310	Philip Holt	Nantwich	Male		00:13:31	00:01:26	00:46:58	00:00:51	00:32:24	01:35:11
270	462	Darren Roberts	Middlewich	Male		00:14:14	00:02:33	00:45:33	00:01:49	00:31:11	01:35:22
271	464	Nick Brereton	Newcastle	Male		00:13:47	00:01:38	00:51:21	00:01:18	00:27:19	01:35:25
272	296	Jonny Ford	Liverpool	Male							01:35:27
273	365	Alastair Allen	Manchester	Male		00:13:09	00:02:13	00:49:03	00:01:55	00:29:09	01:35:31
274	271	Phil Klein	Crewe	Male		00:12:51	00:04:16	00:45:38	00:02:45	00:30:08	01:35:39
275	391	Daniel Caldwell	Cancer Research UK	Male		00:15:37	00:02:00	00:45:26	00:02:00	00:30:53	01:35:58
276	386	Tom Petznick	Tom Petznick	Male		00:13:39	00:02:52	00:49:38	00:02:01	00:27:57	01:36:09
277	322	Chris Metcalfe	Cheshire Owl	Male		00:14:05	00:02:52	00:47:49	00:01:28	00:29:55	01:36:11
278	337	Kieran Gilbert	KNUTSFORD	Male		00:14:39	00:02:15	00:48:18	00:01:31	00:29:30	01:36:14
279	445	Steven Cockburn	Cheshire	Male		00:10:43	00:02:03	00:45:34	00:02:21	00:35:33	01:36:16
280	192	Mark Gill	Manchester	Male		00:11:55	00:04:30	00:49:01	00:00:55	00:29:54	01:36:17
281	297	Karl Reynolds	Liverpool	Male		00:13:40	00:01:34	00:46:50	00:00:43	00:33:42	01:36:30
282	368	Richard Hadfield	Nottingham	Male		00:17:14	00:03:38	00:45:22	00:02:08	00:28:11	01:36:35
283	421	Phil Goodwin	Nantwich	Male		00:16:32	00:02:35	00:48:19	00:01:13	00:27:55	01:36:37
284	294	Chris Mullarkey	Gtr manchester	Male		00:16:36	00:02:00	00:49:54	00:01:07	00:27:11	01:36:49
285	453	Andrew Ibbotson	Leek	Male		00:13:56	00:02:32	00:51:05	00:02:24	00:27:12	01:37:10
286	387	Joe Corner	Cancer Research UK	Male	P	00:13:26	00:02:30	00:45:35	00:02:43	00:33:00	01:37:15

287	444	John Cleary	Cheadle	Male		00:12:56	00:01:59	00:50:03	00:00:57	00:31:26	01:37:23
288	455	Pete Mcdonald	Lymm	Male		00:11:45	00:02:13	00:56:47	00:01:03	00:25:38	01:37:29
289	397	Ian Mansfield	Liverpool	Male		00:13:31	00:01:49	00:47:06	00:01:52	00:33:51	01:38:12
290	279	Joseph Cunningham	East Lancs Hospice	Male		00:18:06	00:04:09	00:50:48	00:01:30	00:23:44	01:38:19
291	384	Chris Brumby	Sandbach Striders	Male		00:18:05	00:03:15	00:45:40	00:01:48	00:29:33	01:38:22
292	360	Michael Haigh	South Cheshire Triathletes	Male		00:15:07	00:02:04	00:46:10	00:01:25	00:33:38	01:38:27
293	259	Chris Hunt	Middlewich	Male		00:14:02	00:02:01	00:48:58	00:01:54	00:32:06	01:39:03
294	396	Robert Wieckowski	COVENTRY	Male		00:16:22	00:03:27	00:43:12	00:02:32	00:33:30	01:39:05
295	311	Mike Slade	Southport	Male		00:15:38	00:02:45	00:44:17	00:01:30	00:35:32	01:39:43
296	429	Darren Ward	Uttoxeter	Male		00:13:51	00:05:06	00:48:45	00:02:54	00:29:06	01:39:44
297	301	Lawrence Edwards	Nantwich	Male		00:14:37	00:02:21	00:44:35	00:01:15	00:37:12	01:40:01
298	252	Benjamin Atherton	Liverpool	Male		00:13:10	00:02:26	00:58:56	00:00:43	00:24:55	01:40:12
299	276	Ben Grundy	Mold	Male		00:16:05	00:02:58	00:46:57	00:01:09	00:33:01	01:40:12
300	312	Roger Harrison	Stone	Male		00:13:18	00:02:05	00:46:17	00:04:11	00:34:40	01:40:33
301	404	Matthew Leigh	Nantwich	Male		00:13:53	00:02:54	00:45:07	00:02:12	00:36:48	01:40:57
302	363	Damian Jenkins	Oldham	Male		00:14:12	00:01:03	00:48:46	00:01:14	00:35:45	01:41:01
303	282	Chris Pawley	Run Middlewich	Male		00:14:24	00:02:47	00:45:05	00:01:39	00:37:18	01:41:16
304	331	Ian Woodvine	Crewe	Male		00:12:59	00:04:43	00:47:46	00:01:15	00:34:44	01:41:29
305	199	Michael Hannaway	Ainsdale	Male		00:14:22	00:07:22	00:52:42	00:02:26	00:24:39	01:41:32
306	354	Greg Ashton		Male		00:15:18	00:02:45	00:47:48	00:01:09	00:34:50	01:41:52
307	309	Lee Armitage	Nantwich	Male		00:12:30	00:02:42	00:55:40	00:01:01	00:29:59	01:41:53
308	436	Andrew Berwick	Mind - St Katherine's hospice Jude	Male		00:17:22	00:02:14	00:54:28	00:01:12	00:26:36	01:41:54
309	149	James Draycott	Nantwich	Male		00:11:39	00:03:19	00:52:25	00:01:07	00:33:28	01:41:59
310	353	Mark Ashton	Crewe	Male		00:15:19	00:03:01	00:47:03	00:01:56	00:34:51	01:42:12
311	406	Dave Stevenson	Nantwich	Male		00:16:13	00:01:30	00:49:13	00:00:52	00:34:23	01:42:14
312	357	Ian Calder	Grappers	Male		00:20:55	00:02:41	00:41:58	00:02:37	00:34:30	01:42:44
313	413	Sam Ward	wigan	Male		00:10:00	00:01:19	00:56:17	00:00:39	00:35:17	01:43:34
314	255	Brian Hewitt	Wirral	Male		00:14:48	00:02:29	00:51:11	00:01:53	00:33:11	01:43:34
315	416	Jim Feti	Flint	Male		00:16:42	00:03:03	00:48:16	00:01:45	00:33:56	01:43:44
316	350	David Green	Widnes	Male		00:15:15	00:04:53	00:51:31	00:03:24	00:28:42	01:43:47
317	307	Jon Counce	WHITCHURCH	Male		00:13:03	00:03:26	00:53:40	00:01:40	00:32:20	01:44:11
318	430	Lee Gouldbourn	Manchester	Male		00:15:45	00:02:01	00:52:54	00:01:33	00:32:40	01:44:55
319	375	Ross Holland	Ross Holland	Male		00:15:35	00:02:21	00:52:07	00:02:01	00:32:50	01:44:56
320	299	David Lewis	Lymm	Male		00:16:56	00:02:16	00:53:19	00:00:53	00:31:45	01:45:12
321	469	Jack Arksey	KNUTSFORD	Male		00:17:27	00:03:56	00:51:06	00:02:20	00:30:27	01:45:18
322	374	Samuel Dean	Warrington	Male		00:18:45	00:03:20	00:51:07	00:01:23	00:31:21	01:45:58
323	437	James Norris	Mind - St Katherine's hospice Jude	Male		00:13:18	00:03:26	00:58:23	00:01:34	00:29:37	01:46:19
324	424	Andrew Mckenna	wigan	Male		00:17:34	00:02:46	00:52:12	00:01:14	00:32:36	01:46:23
325	420	Tommy Adams	Nantwich	Male		00:15:16	00:03:14	00:58:43	00:01:10	00:28:08	01:46:33
326	285	Timothy Tucker	Timothy S Tucker	Male		00:25:47	00:07:04	00:46:14	00:01:24	00:26:29	01:47:00
327	709	Matthew Beeston	Afford Bond	Male		00:13:53	00:01:47	00:58:23	00:00:41	00:33:46	01:48:32
328	393	Craig Roberts	Crewe	Male		00:16:15	00:03:20	00:49:00	00:01:49	00:38:53	01:49:20
329	438	Michael Wright	Mind - St Katherine's hospice Jude	Male		00:17:12	00:03:54	00:49:14	00:07:35	00:32:47	01:50:43
330	382	Peter Fields	Never Too Old	Male		00:15:00	00:04:02	00:53:44	00:01:55	00:39:53	01:54:35
331	433	Kevin Stock	Birkenhead	Male		00:17:59	00:04:05	00:51:46	00:02:03	00:38:49	01:54:44
332	290	Peter Clowes	Bomere Heath	Male		00:17:13	00:02:23	00:59:13	00:01:10	00:37:51	01:57:53
333	305	Lance Thackray	Sandbach	Male		00:16:11	00:05:56	00:52:51	00:02:12	00:42:50	02:00:01
334	451	Russell Mcgrath	Widnes	Male	P	00:13:14	00:02:32	01:07:29	00:01:45	00:35:14	02:00:14

335	472	Simon Charlesworth	Warrington	Male		00:27:36	00:03:16	00:51:07	00:01:34	00:37:49	02:01:24
336	336	Howard Stone	Belper	Male		00:17:39	00:07:40	00:59:05	00:02:09	00:42:19	02:08:54
337	380	Phillip Hewitt	Liverpool Running Bugs	Male	-00:00:20	00:15:38	00:03:38	01:11:32	00:02:46	00:37:39	02:10:55
338	342	David Fletcher	Bolton	Male		00:16:11	00:04:47	00:59:41	00:02:43	00:47:57	02:11:21
339	408	Ian Bradford	Newcastle-under-Lyme	Male		00:25:59	00:05:01	00:53:42	00:02:49	00:49:50	02:17:23
DNF	287	William Astley	Cancer Research UK	Male		00:13:12	00:02:16	01:03:32	00:01:51		
DNF	126	Peter Kirby	Holmes Chapel Velo	Male		00:09:16	00:00:34				
DQ	412	Amjad Shakeel	Stockport	Male		00:18:50	00:04:51	00:50:11	00:01:53	00:31:03	01:46:50