

Henley Triathlon 2025

Sprint Relay

Open

| Pos | Name             | Race No | Team Name    | Swim     | T1       | Cycle    | T2       | Run      | Time     |
|-----|------------------|---------|--------------|----------|----------|----------|----------|----------|----------|
| 1   | Max Suttner      | 1032    | The 3 M's    | 00:07:41 | 00:01:11 | 00:53:50 | 00:00:42 | 00:22:36 | 01:26:00 |
| 2   | Danielle Kanakam | 1028    |              | 00:12:17 | 00:01:17 | 01:01:11 | 00:00:38 | 00:24:01 | 01:39:24 |
| 3   | Ruby Stannard    | 1036    |              | 00:07:18 | 00:01:14 | 01:01:33 | 00:00:41 | 00:31:48 | 01:42:34 |
| 4   | Judi Howse       | 1030    |              | 00:11:04 | 00:03:10 | 00:58:50 | 00:00:51 | 00:32:14 | 01:46:10 |
| 5   | Adrian Blakey    | 1035    |              | 00:08:52 | 00:01:09 | 01:11:17 | 00:00:54 | 00:27:58 | 01:50:09 |
| 6   | Rachel Waldron   | 1031    |              | 00:09:27 | 00:01:29 | 01:04:02 | 00:01:15 | 00:40:19 | 01:56:32 |
| 7   | Jill Woof        | 1027    |              | 00:13:41 | 00:01:29 | 01:01:42 | 00:01:22 | 00:40:20 | 01:58:33 |
| 8   | Ally Burridge    | 1026    | Tri-ing Hard | 00:20:38 | 00:02:21 | 01:24:22 | 00:01:18 | 00:28:37 | 02:17:15 |