| Position | Race No | Name | Club | Gender | Start Time | Swim | T1 | Cycle | Т2 | Run | Time |
|----------|------------|------------------------|--------------------|--------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 337 | Katie Saunders | Southampton | Female | 11:50:00.000 | 00:03:10.000 | 00:01:34.030 | 00:28:23.210 | 00:00:20.420 | 00:10:56.720 | 00:44:24.380 |
| 2 | 345 | Carol Thorpe | Chelmsford | Female | 11:54:00.000 | 00:04:57.090 | 00:02:16.973 | 00:29:48.157 | 00:01:02.440 | 00:11:57.010 | 00:50:01.670 |
| 3 | 356 | Elaine Christopher | Abingdon | Female | 11:59:30.000 | 00:06:03.063 | 00:02:11.970 | 00:32:45.857 | 00:00:41.440 | 00:16:17.270 | 00:57:59.600 |
| 4 | 369 | Florie Moir | Chalfont St. Giles | Female | 12:06:00.000 | 00:03:59.087 | 00:01:11.920 | 00:38:12.093 | 00:00:33.670 | 00:15:21.150 | 00:59:17.920 |
| 5 | 351 | Lucy Jacobs | Henley on Thames | Female | 11:57:00.000 | 00:05:11.070 | 00:02:00.017 | 00:37:20.213 | 00:00:30.840 | 00:14:43.600 | 00:59:45.740 |
| 6 | 359 | Melanie Edwards | SOUTHAM | Female | 12:01:00.000 | 00:04:40.063 | 00:01:46.967 | 00:36:47.830 | 00:00:53.680 | 00:16:32.830 | 01:00:41.370 |
| 7 | 395 | Maria Duaso | | Female | 12:19:00.000 | 00:04:35.097 | 00:01:21.953 | 00:39:10.190 | 00:00:26.930 | 00:15:22.790 | 01:00:56.960 |
| 8 | 338 | Dianne Cole | Hook Runners | Female | 11:50:30.000 | 00:05:02.083 | 00:01:22.950 | 00:36:32.777 | 00:00:53.150 | 00:17:06.660 | 01:00:57.620 |
| 9 | 346 | Amy Mcconnell | Reading | Female | 11:54:30.000 | 00:05:38.097 | 00:03:05.987 | 00:38:00.027 | 00:00:33.400 | 00:13:43.260 | 01:01:00.770 |
| 10 | 344 | Simone Wilson | Uxbridge | Female | 11:53:30.000 | 00:05:41.070 | 00:01:53.997 | 00:37:24.263 | 00:00:51.320 | 00:15:19.550 | 01:01:10.200 |
| 11 | 114 | Angie Byers | Farnham | Female | 09:31:30.000 | 00:04:17.080 | 00:02:42.927 | 00:39:58.173 | 00:00:38.020 | 00:14:16.900 | 01:01:53.100 |
| 12 | 358 | Helen Cox | London | Female | 12:00:30.000 | 00:04:36.023 | 00:03:26.073 | 00:36:10.083 | 00:01:45.020 | 00:17:42.370 | 01:03:39.570 |
| 13 | 357 | Margareta De La Touche | Claygate | Female | 12:00:00.000 | 00:05:03.070 | 00:02:31.973 | 00:43:00.437 | 00:00:37.410 | 00:13:10.380 | 01:04:23.270 |
| 14 | 339 | Chloe Brewer | Aylesbury | Female | 11:51:00.000 | 00:03:32.020 | 00:01:54.067 | 00:42:24.103 | 00:00:31.810 | 00:16:36.310 | 01:04:58.310 |
| 15 | 342 | Eleanor Johnson | St Albans | Female | 11:52:30.000 | 00:04:21.017 | 00:02:15.027 | 00:42:43.087 | 00:00:52.210 | 00:15:53.390 | 01:06:04.730 |
| 16 | 370 | Samantha Kanza | Southampton | Female | 12:06:30.000 | 00:05:01.097 | 00:02:42.973 | 00:42:07.340 | 00:00:35.510 | 00:17:32.860 | 01:07:59.780 |
| DNF | 350 | Kate Lewis | Topshame | Female | 11:56:30.000 | 00:05:04.037 | 00:02:55.023 | 00:37:12.890 | 00:01:31.600 | 00:07:47.010 | 00:54:30.560 |