

# The Temporary Stratford Triathlon Run Course 2022



**Key**  
 Black line – out  
 Red line - back

Turn point for  
 Super Sprint, Go  
 Tri & CRUK only.  
 1.25km

Main arena  
 & finish line

Start of run  
 & end of run

Drinks Station

Far turn point  
 for Sprint &  
 Relay only.

Due to the works taking place on Lench Meadows, we have a temporary run course for this event only. In accordance with British Triathlon, due to the narrow footbridge over the river Avon, for safety reasons there is a compulsory no overtaking Zone.

The no overtaking Zone is 130 metres in each direction. It will be clearly signed where it starts and ends in both directions.

There will be a time penalty for anyone who overtakes within the compulsory no overtaking zone.

The course is flat and on tarmac path.

Sprint & Sprint Relay = 1 X out and back of long course, total 4.8km

Super Sprint, GoTri & CRUK = 1 X out and back of short course, total 2.5km

From the start of the run course keep left and stay left all the way to your respective turn point and back again. Follow the arrows and stay on the path. Take extra care at the hotel entrance/exit and marina entrance and be wary of residents along Tiddington road who might pull out of their driveways in a car.

Look for the signs that tell you which turn point is yours.

Race numbers will be recorded at turn points.

There is a drink station on the course serving High5 energy source and water. Sprint and Sprint Relay will pass it twice, Super Sprint, GoTri and CRUK will pass it once.

British Triathlon rules state you must not litter any of the course. Use the bins at the feed station for used cups or litter or carry it with you.