| Gender <br> Position | Race No | Name | Club | Gender | Start Time | Swim | T1 | Cycle | T2 | Run | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 95 | Jen Jackson | Cancer Research UK | Female | 08:41:00.000 | 00:06:05.330 | 00:01:18.340 | 00:22:43.440 | 00:01:08.030 | 00:15:26.110 | 00:46:41.250 |
| 2 | 118 | Patsy Naylor | Eden Runners | Female | 08:46:45.000 | 00:04:52.360 | 00:01:38.800 | 00:24:07.410 | 00:00:56.750 | 00:15:49.310 | 00:47:24.630 |
| 3 | 117 | Jackie Raw | scarborough | Female | 08:46:30.000 | 00:04:45.310 | 00:02:10.910 | 00:22:46.880 | 00:00:55.180 | 00:17:26.300 | 00:48:04.580 |
| 4 | 96 | Katie West | York | Female | 08:41:15.000 | 00:04:17.350 | 00:02:12.820 | 00:27:19.590 | 00:00:43.040 | 00:15:19.670 | 00:49:52.470 |
| 5 | 115 | Stephanie Naylor | Tadcaster Harriers | Female | 08:46:00.000 | 00:05:13.370 | 00:02:06.110 | 00:26:18.280 | 00:01:07.240 | 00:15:30.360 | 00:50:15.360 |
| 6 | 106 | Chris Shepherd | York | Female | 08:43:45.000 | 00:05:31.810 | 00:01:17.390 | 00:22:07.130 | 00:01:11.250 | 00:20:21.910 | 00:50:29.490 |
| 7 | 101 | Becky Romaniak | York | Female | 08:42:30.000 | 00:04:34.220 | 00:03:09.060 | 00:26:05.880 | 00:01:25.840 | 00:16:12.380 | 00:51:27.380 |
| 8 | 102 | Louisa Kate Naylor | Kingswood | Female | 08:42:45.000 | 00:06:27.930 | 00:01:54.510 | 00:26:25.360 | 00:00:48.750 | 00:16:50.100 | 00:52:26.650 |
| 9 | 114 | Bethany Raw | scarborough | Female | 08:45:45.000 | 00:05:01.140 | 00:03:37.780 | 00:27:10.250 | 00:01:14.810 | 00:19:19.340 | 00:56:23.320 |
| 10 | 108 | Sally Wadsworth | York | Female | 08:44:15.000 | 00:05:32.480 | 00:02:47.040 | 00:28:31.260 | 00:02:52.630 | 00:18:33.270 | 00:58:16.680 |
| 11 | 90 | Ruth Malone | York | Female | 08:39:45.000 | 00:07:22.220 | 00:02:41.300 | 00:30:10.290 | 00:01:11.030 | 00:16:56.610 | 00:58:21.450 |
| 12 | 104 | Paula Harvey | York | Female | 08:43:15.000 | 00:06:17.160 | 00:02:59.580 | 00:28:31.650 | 00:02:55.170 | 00:18:32.880 | 00:59:16.440 |
| 13 | 94 | Joanne Noble | scarborough | Female | 08:40:45.000 | 00:06:43.460 | 00:02:27.970 | 00:36:16.900 | 00:01:30.670 | 00:19:33.860 | 01:06:32.860 |


| Gender Position | Race No | Name | Club | Gender | Start Time | Swim | T1 | Cycle | T2 | Run | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 56 | Alan Brown | Hebden Bridge | Male | 08:31:15.000 | 00:04:48.810 | 00:00:51.623 | 00:21:04.877 | 00:00:44.690 | 00:12:16.490 | 00:39:46.490 |
| 2 | 58 | Paul Naylor | Eden Runners | Male | 08:31:45.000 | 00:05:48.800 | 00:01:28.950 | 00:20:58.770 | 00:00:51.760 | 00:13:32.330 | 00:42:40.610 |
| 3 | 60 | Patrick Shepherd | York | Male | 08:32:15.000 | 00:04:23.310 | 00:02:38.380 | 00:20:23.430 | 00:01:14.880 | 00:19:54.650 | 00:48:34.650 |
| 4 | 71 | Peter Melia | Tri force | Male | 08:35:00.000 | 00:05:37.730 | 00:03:57.200 | 00:25:57.740 | 00:01:05.900 | 00:16:07.620 | 00:52:46.190 |
| 5 | 65 | Andrew Bailey | Birmingham NSPCC | Male | 08:33:30.000 | 00:06:23.410 | 00:03:15.890 | 00:26:30.000 | 00:01:11.400 | 00:20:26.620 | 00:57:47.320 |

