## Stratford Triathlon 2025

## Female

Super Sprint

Age is at end of year

Pos	Name	Race No	A/G Pos	A/G Cat	Age	Team Name	Swim	T1	Cycle	T2	Run	Time
1	Helen Wainwright	640	1	K	60		00:03:50.43	00:01:14.32	00:35:27.25	00:01:10.19	00:14:59.87	00:56:42.06
2	Katie Morton	641	1	E	29		00:04:56.21	00:01:41.56	00:40:25.96	00:00:39.76	00:13:59.60	01:01:23.09
3	Kristina Gruenthal	643	1	1	50		00:04:49.51	00:02:04.30	00:41:06.22	00:00:53.28	00:16:08.84	01:04:42.16
4	Kathryn Smart	642	2	E	27		00:04:16.17	00:01:53.52	00:42:53.69	00:00:54.05	00:16:31.33	01:06:28.77
5	Ruki Grace	639	2	K	56		00:04:33.94	00:02:36.81	00:42:30.70	00:01:13.28	00:15:49.86	01:06:44.58
6	Zena Lecornu	648	1	J	54		00:06:19.42	00:04:01.78	00:41:40.71	00:01:26.82	00:13:47.59	01:07:16.33
7	Jess Hartwell	649	1	G	37		00:05:58.80	00:03:24.55	00:42:46.21	00:01:53.04	00:14:03.37	01:08:05.96
8	Sharon Ward	645	2	J	55		00:04:56.67	00:02:41.06	00:43:47.45	00:01:27.05	00:15:49.34	01:08:21.56
9	Sara-Jane Perera	654	1	Н	44		00:05:28.22	00:03:28.78	00:41:20.73	00:01:54.78	00:18:57.61	01:11:10.12
10	Jaime Lloves	650	3	E	29		00:05:31.45	00:03:52.03	00:43:28.96	00:01:34.32	00:17:43.87	01:12:10.63
11	Laura Crombie	647	2	G	39		00:05:57.75	00:02:25.30	00:47:50.18	00:01:28.33	00:16:40.60	01:14:02.16
12	Helen Taylor	659	3	K	56		00:08:32.57	00:04:06.29	00:46:28.42	00:02:21.14	00:15:51.84	01:17:00.26
13	Hilary Winterbottom	657	2	I	47		00:04:55.26	00:02:59.54	00:45:54.18	00:02:33.61	00:21:10.58	01:17:33.18
14	Dorothy Rowntree	651	4	K	60		00:05:46.31	00:04:19.29	00:45:42.18	00:02:36.84	00:20:01.35	01:18:25.97
15	Amy Blackmore	653	1	F	30		00:05:20.29	00:02:39.04	00:56:11.63	00:01:10.91	00:16:56.84	01:22:18.70