Sprint - Female

| Pos S | StartTime | Race# | Name | Last Name | Age Ca | at | TeamName | Race | Swim | T1 | Bike | T2 | Run | Total |
|-------|-----------|-------|-------------|---------------|--------|----|------------------------------|------------------------|----------|----------|----------|----------|----------|----------|
| 1 | 08:24:05 | 102 | Alison | Buckley | 50 | J | | Sprint - Female | 00:09:10 | 00:01:39 | 00:36:14 | 00:01:08 | 00:23:02 | 01:11:13 |
| 2 | 08:25:00 | 105 | Kathryn | Thomas | 47 | I | Team Tri Guru | Sprint - Female | 00:07:18 | 00:01:48 | 00:39:26 | 00:01:12 | 00:24:16 | 01:14:00 |
| 3 | 11:53:20 | 724 | Michelle | Marshall | 44 | H | Newcastle (Staffs) Tri | Sprint - Female | 00:09:22 | 00:01:50 | 00:41:06 | 00:00:38 | 00:21:48 | 01:14:44 |
| 4 | 12:07:40 | 761 | Laura | MacLeod | 41 | H | South Cheshire Triat | Sprint - Female | 00:09:03 | 00:02:50 | 00:39:25 | 00:01:05 | 00:22:22 | 01:14:45 |
| 5 | 08:24:40 | 104 | Joni | Stubbs Thrush | 42 | H | mark stubbs | Sprint - Female | 00:08:43 | 00:02:26 | 00:38:56 | 00:01:24 | 00:25:09 | 01:16:38 |
| 6 | 11:54:40 | 728 | Carolyn | Pollard | 34 | F | Chester | Sprint - Female | 00:13:46 | 00:00:00 | 00:38:52 | 00:01:07 | 00:22:55 | 01:16:40 |
| 7 | 08:30:40 | 122 | Jenny | Kovacs | 46 | I | Rochdale triathlon cl | Sprint - Female | 00:08:20 | 00:01:38 | 00:41:38 | 00:00:58 | 00:24:14 | 01:16:48 |
| 8 | 12:02:20 | 745 | Stephanie | Taylor | 35 | G | South Cheshire Triat | Sprint - Female | 00:09:31 | 00:01:44 | 00:40:57 | 00:01:08 | 00:23:48 | 01:17:08 |
| 9 | 08:32:40 | 128 | Sarah | Whyman | 34 | F | Exeter | Sprint - Female | 00:08:39 | 00:02:05 | 00:44:01 | 00:01:26 | 00:21:59 | 01:18:10 |
| 10 | 12:05:00 | 753 | Susie | Peart | 48 | I | South Cheshire Triat | Sprint - Female | 00:10:08 | 00:01:37 | 00:39:42 | 00:01:04 | 00:25:43 | 01:18:14 |
| 11 | 11:42:00 | 690 | Gillian | Shaw | 42 | H | Lymm | Sprint - Female | 00:10:20 | 00:02:08 | 00:42:49 | 00:01:13 | 00:21:53 | 01:18:23 |
| 12 | 11:54:00 | 726 | Christine | Dewsbury | 43 | H | Stockport Tri club | Sprint - Female | 00:11:58 | 00:00:00 | 00:41:15 | 00:01:24 | 00:23:57 | 01:18:34 |
| 13 | 11:53:40 | 725 | Nicola | Brundrett | 42 | H | Stockport Tri Club | Sprint - Female | 00:12:21 | 00:00:00 | 00:41:20 | 00:01:20 | 00:23:52 | 01:18:53 |
| 14 | 08:28:00 | 114 | Molly | Kearney | 21 | C | London | Sprint - Female | 00:07:58 | 00:02:24 | 00:41:51 | 00:01:25 | 00:25:19 | 01:18:57 |
| 15 | 11:46:00 | 702 | Joanne | Share | 46 | I | Niteriders | Sprint - Female | 00:10:23 | 00:02:36 | 00:41:13 | 00:01:13 | 00:23:32 | 01:18:57 |
| 16 | 08:28:40 | 116 | Michelle | Devine | 37 | G | Warrington | Sprint - Female | 00:11:03 | 00:02:59 | 00:43:02 | 00:01:11 | 00:21:29 | 01:19:44 |
| 17 | 12:03:20 | 748 | Jenni | Armitt | 40 | H | South cheshire triathl | Sprint - Female | 00:10:01 | 00:02:04 | 00:41:08 | 00:01:07 | 00:26:01 | 01:20:21 |
| 18 | 08:26:20 | 109 | Caroline | Evans | 36 | G | Nantwich | Sprint - Female | 00:07:44 | 00:01:49 | 00:45:22 | 00:01:03 | 00:24:30 | 01:20:28 |
| 19 | 11:41:40 | 689 | Catherine | Smithson | 49 | I | Alsager | Sprint - Female | 00:10:10 | 00:01:58 | 00:43:18 | 00:01:09 | 00:24:00 | 01:20:35 |
| 20 | 12:07:00 | 759 | Joanna | Forster | 42 | H | South Cheshire Triat | Sprint - Female | 00:09:36 | 00:01:35 | 00:44:38 | 00:00:00 | 00:25:12 | 01:21:01 |
| 21 | 08:27:40 | 113 | sarah | whyman | 38 | G | Manchester triathlon | Sprint - Female | 00:08:53 | 00:02:16 | 00:43:23 | 00:01:20 | 00:25:36 | 01:21:28 |
| 22 | 11:22:40 | 632 | Rebecca | Shorrock | 25 | E | Nantwich | Sprint - Female | 00:11:12 | 00:02:24 | 00:44:38 | 00:00:44 | 00:22:40 | 01:21:38 |
| 23 | 11:47:40 | 707 | Louise | Evans | 27 | E | Cardiff | Sprint - Female | 00:14:00 | 00:00:00 | 00:42:18 | 00:01:35 | 00:23:46 | 01:21:39 |
| 24 | 08:28:20 | 115 | Ellis | Basford | 27 | E | cancer Reasearch | Sprint - Female | 00:08:03 | 00:02:57 | 00:46:37 | 00:00:54 | 00:23:25 | 01:21:56 |
| 25 | 11:58:00 | 738 | Nadia | Kerr | 47 | I | Manchester | Sprint - Female | 00:09:33 | 00:02:38 | 00:42:37 | 00:01:22 | 00:26:03 | 01:22:13 |
| 26 | 12:02:00 | 744 | Susan | Hall | 52 | J | South Cheshire Triat | Sprint - Female | 00:11:02 | 00:02:44 | 00:44:09 | 00:01:42 | 00:22:38 | 01:22:15 |
| 27 | 12:04:20 | 751 | Elodie | Assair | 28 | E | South Cheshire Triat | Sprint - Female | 00:10:01 | 00:02:26 | 00:43:37 | 00:01:23 | 00:24:49 | 01:22:16 |
| 28 | 08:33:00 | 129 | Sarah | Sedcole | 31 | F | | Sprint - Female | 00:09:03 | 00:01:45 | 00:43:28 | 00:00:56 | 00:27:09 | 01:22:21 |
| 29 | 11:39:20 | 682 | Rachel | Price | 37 | G | sandbach | Sprint - Female | 00:10:33 | 00:02:27 | 00:44:21 | 00:01:05 | 00:24:12 | 01:22:38 |
| 30 | 11:39:00 | 681 | karen | sears | 58 | K | merseyside | Sprint - Female | 00:10:49 | 00:02:35 | 00:42:50 | 00:01:20 | 00:25:10 | 01:22:44 |
| 31 | 11:44:20 | 697 | Emily | Bartram | 36 | G | Macclesfield | Sprint - Female | 00:09:36 | 00:03:49 | 00:46:43 | 00:00:54 | 00:21:47 | 01:22:49 |
| 32 | 12:02:40 | 746 | Melanie | Brooks | 41 | H | SCT - NSPCC | Sprint - Female | 00:12:01 | 00:02:28 | 00:45:18 | 00:00:36 | 00:22:28 | 01:22:51 |
| 33 | 11:57:20 | 736 | Naomi-Ellen | Speechley | 29 | E | Manchester | Sprint - Female | 00:10:14 | 00:02:31 | 00:45:13 | 00:00:40 | 00:24:19 | 01:22:57 |
| 34 | 11:20:40 | 626 | Siobhan | Tarbuck | 32 | F | Nantwich | Sprint - Female | 00:12:07 | 00:02:19 | 00:46:24 | 00:00:00 | 00:22:10 | 01:23:00 |
| 35 | 11:50:20 | 715 | Jessica | Hulson | 29 | E | Chester | Sprint - Female | 00:14:10 | 00:00:00 | 00:43:27 | 00:00:46 | 00:24:37 | 01:23:00 |
| 36 | 11:31:20 | 658 | Maggie | Cairns | 38 | G | Bolton | Sprint - Female | 00:09:14 | 00:04:05 | 00:44:00 | 00:01:49 | 00:23:52 | 01:23:00 |
| 37 | 11:38:40 | 680 | Charmayne | Brierley | 51 | J | Glossop | Sprint - Female | 00:11:16 | 00:02:30 | 00:44:23 | 00:01:18 | 00:24:36 | 01:24:03 |
| 38 | | 703 | Angela | Wallis | 57 | K | Pactrac | Sprint - Female | 00:15:07 | | 00:42:27 | 00:01:13 | 00:25:18 | 01:24:05 |
| 39 | | 733 | Alison | morton | 37 | G | Winsford | Sprint - Female | 00:10:13 | | 00:43:25 | 00:01:15 | | 01:24:06 |
| 40 | 11:45:20 | 700 | Helen | Soiris | 53 | J | Chesterfield Triathlo | Sprint - Female | 00:09:56 | | 00:45:55 | 00:01:49 | | 01:24:09 |
| 41 | 11:44:40 | | Joanne | Smith | 47 | I | Warrington | Sprint - Female | | | 00:44:46 | 00:01:01 | 00:24:17 | 01:24:29 |
| 42 | 08:24:20 | | louise | salter | 44 | Н | Tarporley | Sprint - Female | | 00:02:06 | | 00:00:41 | | 01:24:45 |

| Pos | StartTime | Race# | Name | Last Name | Age | Cat | TeamName | Race | Swim | T1 | Bike | T2 | Run | Total |
|-----------|-----------|-------|-----------|-------------|-----|-----|------------------------|-----------------|----------|----------|----------|----------|----------|----------|
| 43 | 12:07:20 | 760 | Ruth | Bacci | 43 | Н | South Cheshire Triat | Sprint - Female | 00:08:16 | 00:02:10 | 00:44:30 | 00:01:17 | 00:28:49 | 01:25:02 |
| 44 | 11:14:20 | 607 | Amy | Hassett | 30 | F | Manchester | Sprint - Female | 00:12:38 | 00:03:25 | 00:44:18 | 00:01:25 | 00:23:19 | 01:25:05 |
| 45 | 11:03:00 | 573 | Claire | Kivlin | 40 | Н | Crewe | Sprint - Female | 00:14:44 | 00:01:45 | 00:44:12 | 00:00:55 | 00:24:11 | 01:25:47 |
| 46 | 11:34:00 | 666 | Joanne | Allen | 50 | J | Cancer Research UK | Sprint - Female | 00:12:32 | 00:02:53 | 00:47:06 | 00:00:48 | 00:22:37 | 01:25:56 |
| 47 | 08:25:25 | 107 | Lucy | MacCallum | 30 | F | Manchester | Sprint - Female | 00:08:05 | 00:02:57 | 00:46:53 | 00:01:24 | 00:26:57 | 01:26:16 |
| 48 | 11:45:00 | 699 | Jenny | Rowe | 23 | C | Crewe | Sprint - Female | 00:09:46 | 00:02:53 | 00:50:22 | 00:00:44 | 00:22:32 | 01:26:17 |
| 49 | 11:36:20 | 673 | Yvonne | McKee | 43 | Н | Saffron Walden | Sprint - Female | 00:13:39 | 00:02:19 | 00:45:08 | 00:00:55 | 00:24:38 | 01:26:39 |
| 50 | 11:34:20 | 667 | Helen | Booth | 35 | G | Stoke-On-Trent | Sprint - Female | 00:10:21 | 00:02:39 | 00:49:36 | 00:00:43 | 00:23:31 | 01:26:50 |
| 51 | 11:36:00 | 672 | Michelle | Rayner | 42 | Н | Northwich | Sprint - Female | 00:12:03 | 00:03:01 | 00:46:20 | 00:00:58 | 00:24:39 | 01:27:01 |
| 52 | 11:37:20 | 676 | Claire | Burt | 40 | Н | Altrinchan | Sprint - Female | 00:11:17 | 00:03:45 | 00:44:25 | 00:01:32 | 00:26:10 | 01:27:09 |
| 53 | 11:33:00 | 663 | Laura | Bolton | 25 | E | London | Sprint - Female | 00:10:17 | 00:02:58 | 00:44:38 | 00:01:51 | 00:27:31 | 01:27:15 |
| 54 | 11:34:40 | 668 | Mairi | Mccloskey | 52 | J | Knutsford triathlon cl | Sprint - Female | 00:13:11 | 00:02:49 | 00:46:14 | 00:01:23 | 00:23:39 | 01:27:16 |
| 55 | 11:32:40 | 662 | Angela | Judd | 44 | Н | CONGLETON | Sprint - Female | 00:11:15 | 00:03:22 | 00:43:40 | 00:01:08 | 00:27:53 | 01:27:18 |
| 56 | 11:55:00 | 729 | Yvonne | Wharton | 38 | G | Chester tri | Sprint - Female | 00:12:00 | 00:00:00 | 00:47:46 | 00:00:00 | 00:27:44 | 01:27:30 |
| 57 | 11:55:40 | 731 | Marianne | Veighey | 47 | I | Manchester Triathlon | Sprint - Female | 00:13:13 | 00:00:00 | 00:46:10 | 00:01:56 | 00:26:18 | 01:27:37 |
| 58 | 11:25:40 | 641 | Hannah | Ives | 28 | E | NA | Sprint - Female | 00:10:30 | 00:03:28 | 00:49:05 | 00:00:48 | 00:23:46 | 01:27:37 |
| 59 | 12:06:20 | 757 | Liz | Preston | 42 | Н | South Cheshire Triat | Sprint - Female | 00:09:13 | 00:02:34 | 00:46:27 | 00:01:43 | 00:27:52 | 01:27:49 |
| 60 | 11:35:00 | 669 | Leanne | Matthews | 35 | G | GOG Triathlon | Sprint - Female | 00:10:31 | 00:02:13 | 00:46:14 | 00:01:05 | 00:27:47 | 01:27:50 |
| 61 | 08:31:20 | 124 | Danielle | Dignan | 22 | C | Manchester | Sprint - Female | 00:09:12 | 00:02:44 | 00:51:50 | 00:00:52 | 00:23:21 | 01:27:59 |
| 62 | 11:28:00 | 648 | Rachel | Leeman | 21 | C | wirral | Sprint - Female | 00:09:49 | 00:02:32 | 00:49:25 | 00:00:44 | 00:25:30 | 01:28:00 |
| 63 | 11:05:40 | 581 | Angelina | Littlefield | 38 | G | RAF Triathlon | Sprint - Female | 00:09:45 | 00:03:54 | 00:47:43 | 00:01:01 | 00:25:47 | 01:28:10 |
| 64 | 11:32:00 | 660 | Sarah | Clough | 38 | G | Newcastle Triathlon | Sprint - Female | 00:09:51 | 00:05:46 | 00:46:14 | 00:00:50 | 00:25:36 | 01:28:17 |
| 65 | 10:41:20 | 508 | Lily | Caunt | 27 | E | Manchester | Sprint - Female | 00:08:44 | 00:02:28 | 00:48:39 | 00:01:01 | 00:27:29 | 01:28:21 |
| 66 | 11:44:00 | 696 | Helen | Bird | 49 | I | Wigan | Sprint - Female | 00:08:31 | 00:03:28 | 00:47:23 | 00:00:38 | 00:28:30 | 01:28:30 |
| 67 | 11:06:00 | 582 | Leah | Armitage | 28 | E | GOG Triathlon | Sprint - Female | 00:12:59 | 00:02:24 | 00:44:56 | 00:02:35 | 00:25:41 | 01:28:35 |
| 68 | 10:56:00 | 552 | Natasha | Watkiss | 29 | E | Huddersfield | Sprint - Female | 00:10:13 | 00:03:44 | 00:49:43 | 00:00:52 | 00:24:12 | 01:28:44 |
| 69 | 11:41:20 | 688 | Lisa | Whittaker | 48 | I | South Cheshire Triat | Sprint - Female | 00:10:04 | 00:02:34 | 00:46:44 | 00:01:01 | 00:28:25 | 01:28:48 |
| 70 | 11:43:00 | 693 | Victoria | Swindell | 47 | I | | Sprint - Female | 00:12:21 | 00:01:55 | 00:47:46 | 00:01:15 | 00:25:50 | 01:29:07 |
| 71 | 11:13:20 | 604 | Marie | Bebbington | 50 | J | Newcastle Tri Club | Sprint - Female | 00:14:21 | 00:02:37 | 00:45:40 | 00:01:19 | 00:25:19 | 01:29:16 |
| 72 | 12:04:00 | 750 | Charlotte | Darby | 32 | F | South Cheshire Triat | Sprint - Female | 00:10:25 | 00:02:16 | 00:46:11 | 00:01:28 | 00:29:02 | 01:29:22 |
| 73 | 11:58:20 | 739 | Lauren | Navan | 27 | E | Rossendale | Sprint - Female | 00:10:38 | 00:03:04 | 00:49:54 | 00:02:08 | 00:24:09 | 01:29:53 |
| 74 | 11:46:40 | 704 | Rachel | Cook | 26 | E | Rachel Cook | Sprint - Female | 00:10:25 | 00:02:59 | 00:49:40 | 00:01:44 | 00:25:08 | 01:29:56 |
| 75 | 11:55:20 | 730 | Lauren | Williamson | 31 | F | Manchester Triathlon | Sprint - Female | 00:13:17 | 00:00:00 | 00:49:25 | 00:01:06 | 00:26:16 | 01:30:04 |
| 76 | 11:25:20 | 640 | colette | whittaker | 51 | J | Preston | Sprint - Female | 00:12:42 | 00:02:12 | 00:51:28 | 00:00:48 | 00:22:59 | 01:30:09 |
| 77 | 10:37:00 | 495 | Michelle | Ryan | 44 | H | Stockport | Sprint - Female | 00:10:58 | 00:05:12 | 00:44:14 | 00:00:59 | 00:29:08 | 01:30:31 |
| 78 | 11:17:00 | 615 | Kate | Levens | 29 | E | Wrexham | Sprint - Female | 00:11:53 | 00:03:25 | 00:48:06 | 00:00:42 | 00:26:39 | 01:30:45 |
| 79 | 11:43:40 | 651 | Michelle | Connell | 49 | I | Warrington | Sprint - Female | 00:11:23 | 00:04:06 | 00:47:02 | 00:00:57 | 00:27:17 | 01:30:45 |
| 80 | 11:50:40 | 716 | Leah | Carman | 24 | C | Cancer Research UK | Sprint - Female | 00:13:31 | 00:00:00 | 00:46:22 | 00:00:57 | 00:29:58 | 01:30:48 |
| 81 | 11:52:40 | 722 | Dawn | Fenton | 39 | G | Manchester | Sprint - Female | 00:15:00 | 00:00:00 | 00:50:20 | 00:00:46 | 00:24:46 | 01:30:52 |
| 82 | 11:36:40 | 674 | Eleanore | Gay | 39 | G | Sale | Sprint - Female | 00:11:15 | 00:02:27 | 00:49:20 | 00:00:57 | 00:27:03 | 01:31:02 |
| 83 | 11:40:00 | 684 | Katie | Holman | 38 | G | Altrincham tri | Sprint - Female | 00:11:15 | 00:03:15 | 00:48:29 | 00:01:18 | 00:26:48 | 01:31:05 |
| 84 | 11:38:20 | 679 | Ami | Swift | 26 | E | London | Sprint - Female | 00:12:24 | 00:04:42 | 00:46:31 | 00:00:57 | 00:26:44 | 01:31:18 |
| 85 | 10:50:20 | 535 | Sarah | Walker | 33 | F | Warrington Running | Sprint - Female | 00:13:06 | 00:03:10 | 00:47:56 | 00:01:36 | 00:25:31 | 01:31:19 |
| | | | | | | | | | | | | | | |

| Pos | StartTime | Race# | Name | Last Name | Age Ca | at | TeamName | Race | Swim | T1 | Bike | T2 | Run | Total |
|------|-----------|-------|---------------|-------------------|--------|----|----------------------|-----------------|----------|----------|----------|----------|----------|----------|
| 86 | 11:57:40 | 737 | Gemma | Hodgson | 35 | G | Warrington | Sprint - Female | 00:10:18 | 00:02:27 | 00:47:51 | 00:01:42 | 00:29:06 | 01:31:24 |
| 87 | 11:16:00 | 612 | Sara | Bislanis | 50 | J | Hale | Sprint - Female | 00:13:05 | 00:03:53 | 00:44:52 | 00:01:58 | 00:27:41 | 01:31:29 |
| 88 | 10:50:40 | 536 | Wendy | Whittaker-Large | 49 | I | Wendy Whittaker-La | Sprint - Female | 00:12:52 | 00:02:12 | 00:47:59 | 00:00:44 | 00:27:43 | 01:31:30 |
| 89 | 10:52:40 | 542 | Jessica | Presky | 26 | E | Manchester | Sprint - Female | 00:10:54 | 00:02:45 | 00:52:10 | 00:00:44 | 00:25:12 | 01:31:45 |
| 90 | 11:27:20 | 646 | Gail | Sumner | 43 | H | Hale | Sprint - Female | 00:11:59 | 00:03:12 | 00:47:47 | 00:01:15 | 00:27:39 | 01:31:52 |
| 91 | 10:45:20 | 520 | Tracey | Palfrey | 46 | I | | Sprint - Female | 00:14:50 | 00:04:23 | 00:46:57 | 00:01:53 | 00:24:04 | 01:32:07 |
| 92 | 10:48:40 | 530 | Rosie | Cummings | 40 | H | Ramsbottom Running | Sprint - Female | 00:15:54 | 00:03:32 | 00:46:32 | 00:01:35 | 00:24:47 | 01:32:20 |
| 93 | 11:28:40 | 650 | Vicky | Collins | 36 | G | stafford | Sprint - Female | 00:12:54 | 00:04:00 | 00:49:27 | 00:02:55 | 00:23:07 | 01:32:23 |
| 94 | 11:51:20 | 718 | Jane | Mackie | 53 | J | Altrincham | Sprint - Female | 00:16:40 | 00:00:00 | 00:45:18 | 00:01:53 | 00:28:52 | 01:32:43 |
| 95 | 10:40:20 | 505 | Amanda | Crawford | 47 | I | Warrington | Sprint - Female | 00:14:10 | 00:03:53 | 00:46:32 | 00:02:08 | 00:26:09 | 01:32:52 |
| 96 | 11:42:20 | 691 | lisa | booth | 44 | H | warrington | Sprint - Female | 00:10:16 | 00:03:11 | 00:48:17 | 00:01:31 | 00:29:44 | 01:32:59 |
| 97 | 08:32:20 | 127 | April | Drake | 30 | F | Sowerby Bridge | Sprint - Female | 00:09:08 | 00:02:32 | 00:46:13 | 00:02:00 | 00:33:19 | 01:33:12 |
| 98 | 11:02:40 | 572 | Amanda | Jackson | 51 | J | Malpas | Sprint - Female | 00:14:21 | 00:02:55 | 00:48:22 | 00:00:00 | 00:28:08 | 01:33:46 |
| 99 | 11:48:40 | 710 | Katy | Cummings | 39 | G | Warrington | Sprint - Female | 00:14:23 | 00:00:00 | 00:51:30 | 00:02:21 | 00:25:39 | 01:33:53 |
| 100 | 11:14:40 | 608 | Lisa | Hughes | 38 | G | GOG triathlon | Sprint - Female | 00:12:00 | 00:02:37 | 00:48:47 | 00:01:27 | 00:29:08 | 01:33:59 |
| 101 | 11:30:00 | 654 | Deborah | Elder | 39 | G | harrogate | Sprint - Female | 00:13:34 | 00:03:56 | 00:49:59 | 00:01:14 | 00:25:20 | 01:34:03 |
| 102 | 11:21:00 | 627 | Carley | Friedrich | 37 | G | Carley Friedrich | Sprint - Female | 00:11:58 | 00:04:38 | 00:49:40 | 00:00:42 | 00:27:05 | 01:34:03 |
| 103 | 11:52:00 | 720 | Charlotte | Sefton | 27 | E | Charlotte Sefton | Sprint - Female | 00:13:22 | 00:00:00 | 00:47:15 | 00:01:02 | 00:32:29 | 01:34:08 |
| 104 | 11:26:20 | 643 | Heather | Schofield | 55 | K | Rossendale Triathlon | Sprint - Female | 00:12:40 | 00:03:44 | 00:46:03 | 00:01:58 | 00:29:59 | 01:34:24 |
| 105 | 10:59:00 | 561 | Jessica | Blackaby | 27 | E | Cheltenham | Sprint - Female | 00:08:52 | 00:03:56 | 00:52:20 | 00:01:01 | 00:28:24 | 01:34:33 |
| 106 | 10:48:20 | 529 | Sarah | Clarke | 36 | G | Ramsbottom Running | Sprint - Female | 00:13:46 | 00:03:35 | 00:49:36 | 00:01:53 | 00:25:56 | 01:34:46 |
| 107 | 11:29:40 | 653 | Louise | Reeve | 44 | H | Newton le Willows | Sprint - Female | 00:13:08 | 00:03:36 | 00:50:49 | 00:01:11 | 00:26:03 | 01:34:47 |
| 108 | 11:11:00 | 597 | Zoe | Bird | 27 | E | Wigan | Sprint - Female | 00:11:55 | 00:02:59 | 00:53:04 | 00:00:55 | 00:25:57 | 01:34:50 |
| 109 | 10:47:40 | 527 | Lauren | Banks | 29 | E | Manchester Cares | Sprint - Female | 00:14:08 | 00:03:59 | 00:49:25 | 00:01:08 | 00:26:38 | 01:35:18 |
| 110_ | 11:57:00 | 735 | lisa | carrick | 38 | G | macclesfield | Sprint - Female | 00:13:19 | 00:02:59 | 00:50:11 | 00:01:06 | 00:27:51 | 01:35:26 |
| 111 | 08:31:00 | 123 | Kathryn | Reeves | 53 | J | Team Tri Guru | Sprint - Female | 00:09:26 | 00:03:31 | 00:53:34 | 00:01:25 | 00:27:40 | 01:35:36 |
| 112 | 11:13:00 | 603 | Helen | Higgins | 40 | H | Greater Manchester | Sprint - Female | 00:12:41 | 00:05:19 | 00:49:28 | 00:03:13 | 00:25:05 | 01:35:46 |
| 113 | 11:49:20 | | Elizabeth | Levell | 57 | K | NESTON | Sprint - Female | 00:14:23 | | 00:47:53 | 00:01:17 | 00:32:19 | 01:35:52 |
| 114 | 11:24:40 | | Laura | Marcroft | 25 | E | Newton-le-Willows | Sprint - Female | 00:09:10 | | 00:52:16 | 00:00:49 | 00:30:50 | 01:35:53 |
| 115 | 10:42:20 | | Georgia | Tindall | 23 | C | | Sprint - Female | 00:12:25 | | 00:49:52 | 00:00:53 | 00:27:28 | 01:35:56 |
| 116 | 11:37:00 | 675 | Kirsty | Taylor | 42 | H | Bolton | Sprint - Female | 00:10:45 | | 00:50:23 | 00:01:46 | 00:29:37 | 01:35:59 |
| 117 | 11:10:00 | 594 | Jill | Guthrie | 34 | F | Manchester | Sprint - Female | 00:16:18 | | 00:51:38 | 00:00:52 | 00:27:13 | 01:36:01 |
| 118 | 11:52:20 | | Amy Elizabe | et R otter | 25 | E | Manchester | Sprint - Female | 00:12:34 | | 00:53:12 | 00:00:47 | 00:29:36 | 01:36:09 |
| 119 | 11:33:40 | 665 | Jennifer | Overend | 34 | F | Manchester | Sprint - Female | 00:12:02 | | 00:51:02 | 00:02:46 | | 01:36:11 |
| 120 | 11:19:20 | 622 | Donna | Mckeown | 47 | I | | Sprint - Female | | | 00:54:12 | 00:01:11 | | 01:36:31 |
| 121 | 11:28:20 | | Emma | Longford | 39 | G | wirral | Sprint - Female | | | 00:52:38 | 00:00:50 | | 01:36:33 |
| 122 | 10:59:40 | | Alice | Bernstein | 33 | F | Bury | Sprint - Female | | | 00:52:23 | 00:01:24 | | 01:36:35 |
| 123 | 10:43:40 | | Tracy | Critchlow | 53 | J | BUXTON | Sprint - Female | | | 00:47:25 | 00:01:30 | | 01:36:51 |
| 124 | 08:26:00 | | Elle | Skinner | 16 | A | MS-UK | Sprint - Female | | | 00:57:35 | 00:01:02 | | 01:37:10 |
| 125 | 10:52:00 | | Nicola | Price | 39 | G | Skelmersdale | Sprint - Female | | | 00:50:17 | 00:01:09 | | 01:37:29 |
| 126 | 10:46:40 | | | Askew | 24 | C | Alexandra Askew | Sprint - Female | | | 00:49:00 | 00:01:03 | | 01:37:37 |
| 127 | 11:03:20 | | Jessica Eliza | | 30 | F | Cheshire | Sprint - Female | | | 00:54:27 | 00:01:07 | | 01:37:40 |
| 128 | 10:45:00 | 519 | Michelle | Saunderson | 33 | F | Skelmersdale | Sprint - Female | 00:15:16 | 00:04:27 | 00:47:08 | 00:01:08 | 00:30:09 | 01:38:08 |

| Pos | StartTime | Race# | Name | Last Name | Age Ca | at | TeamName | Race | Swim | T1 | Bike | T2 | Run | Total |
|------------|-----------|-------|-----------|-------------|--------|----|----------------------|-----------------|----------|----------|----------|----------|----------|----------|
| 129 | 11:37:40 | 677 | Billie | Hall | 54 | J | Manchester | Sprint - Female | 00:13:57 | 00:02:49 | 00:45:49 | 00:02:11 | 00:33:35 | 01:38:21 |
| 130 | 08:29:40 | 119 | Louisa | Singleton | 47 | I | Preston | Sprint - Female | 00:09:50 | 00:03:37 | 00:57:18 | 00:02:04 | 00:25:42 | 01:38:31 |
| 131 | 10:46:20 | 523 | Chelsy | Lowe | 26 | E | Chelsy Lowe | Sprint - Female | 00:15:43 | 00:04:49 | 00:48:31 | 00:02:38 | 00:26:51 | 01:38:32 |
| 132 | 11:06:20 | 583 | Oonagh | McCartan | 38 | G | Manchester Triathlon | Sprint - Female | 00:14:44 | 00:02:45 | 00:52:59 | 00:00:38 | 00:27:29 | 01:38:35 |
| 133 | 11:32:20 | 661 | Sandra | Crosbie | 48 | I | Stockport Triathlon | Sprint - Female | 00:12:00 | 00:02:58 | 00:54:07 | 00:01:35 | 00:27:59 | 01:38:39 |
| 134 | 10:57:00 | 555 | Louise | Dunstan | 36 | G | Wakefield | Sprint - Female | 00:16:14 | 00:04:14 | 00:48:48 | 00:01:40 | 00:27:58 | 01:38:54 |
| 135 | 11:20:20 | 625 | Julia | Teale | 49 | I | Nantwich | Sprint - Female | 00:12:13 | 00:03:42 | 00:51:05 | 00:01:06 | 00:30:51 | 01:38:57 |
| 136 | 10:49:20 | 532 | Harriet | Rimington | 44 | H | Unicorns | Sprint - Female | 00:11:55 | 00:03:49 | 00:54:51 | 00:00:52 | 00:27:33 | 01:39:00 |
| 137 | 11:11:40 | 599 | Lynda | Cook | 51 | J | Macclesfield | Sprint - Female | 00:13:08 | 00:04:51 | 00:52:55 | 00:01:58 | 00:26:09 | 01:39:01 |
| 138 | 11:04:20 | 577 | Kathryn | Geering | 43 | H | warrington running c | Sprint - Female | 00:14:13 | 00:04:24 | 00:50:13 | 00:01:51 | 00:28:32 | 01:39:13 |
| 139 | 11:11:20 | 598 | kim | eastham | 53 | J | Macclesfield | Sprint - Female | 00:13:26 | 00:05:12 | 00:52:07 | 00:02:29 | 00:26:06 | 01:39:20 |
| 140 | 11:48:20 | 709 | Andrea | Knight | 39 | G | Preston | Sprint - Female | 00:14:37 | 00:00:00 | 00:54:21 | 00:01:52 | 00:28:31 | 01:39:21 |
| 141 | 10:55:00 | 549 | Lisa | Davenport | 40 | H | Bingley | Sprint - Female | 00:16:07 | 00:02:48 | 00:52:37 | 00:00:50 | 00:27:06 | 01:39:28 |
| 142 | 10:44:40 | 518 | Sally | Conlan | 39 | G | Worsbrough Barnsle | Sprint - Female | 00:12:42 | 00:03:39 | 00:52:03 | 00:01:48 | 00:29:29 | 01:39:41 |
| 143 | 11:24:00 | 636 | Frances | Spalding | 50 | J | Liverpool | Sprint - Female | 00:14:38 | 00:04:49 | 00:53:42 | 00:00:52 | 00:25:45 | 01:39:46 |
| 144 | 11:10:20 | 595 | Victoria | Martin | 46 | I | Manchester | Sprint - Female | 00:12:32 | 00:04:15 | 00:58:25 | 00:00:44 | 00:24:11 | 01:40:07 |
| 145 | 11:03:40 | 575 | Kimberley | Slater | 38 | G | Macclesfield | Sprint - Female | 00:12:50 | 00:04:13 | 00:52:55 | 00:01:05 | 00:29:28 | 01:40:31 |
| 146 | 11:15:40 | 611 | Karen | Flannery | 36 | G | Nantwich | Sprint - Female | 00:12:22 | 00:03:13 | 00:54:43 | 00:01:08 | 00:29:16 | 01:40:42 |
| 147 | 11:22:20 | 631 | Valerie | Martell | 55 | K | Little Budworth Tar | Sprint - Female | 00:11:38 | 00:04:43 | 00:52:55 | 00:01:13 | 00:30:24 | 01:40:53 |
| 148 | 11:12:20 | 601 | Gill | Ellison | 57 | K | Dutton | Sprint - Female | 00:13:25 | 00:04:31 | 00:52:16 | 00:01:53 | 00:28:49 | 01:40:54 |
| 149 | 11:07:20 | 586 | Alison | Mckerlie | 35 | G | Stoke on Trent | Sprint - Female | 00:17:30 | 00:03:40 | 00:49:17 | 00:01:41 | 00:28:55 | 01:41:03 |
| 150 | 10:46:00 | 522 | Beverley | Warren | 43 | H | | Sprint - Female | 00:18:08 | 00:04:37 | 00:51:41 | 00:00:51 | 00:26:10 | 01:41:27 |
| 151 | 11:18:20 | 619 | Helen | Bacon | 46 | I | Helen Bacon | Sprint - Female | 00:11:16 | 00:03:55 | 00:51:28 | 00:02:05 | 00:32:43 | 01:41:27 |
| 152 | 11:38:00 | 678 | Lucy | Woodside | 29 | E | Tarporley | Sprint - Female | 00:12:04 | 00:03:35 | 00:51:41 | 00:01:50 | 00:32:23 | 01:41:33 |
| 153 | 11:30:40 | 656 | Hannah | Stokes | 34 | F | Gwynedd | Sprint - Female | 00:11:46 | 00:04:20 | 00:55:00 | 00:01:47 | 00:28:42 | 01:41:35 |
| 154 | 11:21:20 | 628 | Jenni | Allen | 39 | G | SLPT | Sprint - Female | 00:11:49 | 00:04:11 | 00:56:17 | 00:01:03 | 00:28:17 | 01:41:37 |
| 155 | 11:02:20 | 571 | Kim | Coates | 36 | G | Stafford Tri Club | Sprint - Female | | 00:03:52 | 00:52:13 | 00:01:38 | 00:31:07 | 01:41:43 |
| 156 | 11:43:20 | | Ruth | Pritchard | 119 | | Wirral | Sprint - Female | 00:10:45 | | 00:50:50 | 00:01:59 | 00:33:03 | 01:41:45 |
| 157 | 11:19:40 | | Amanda | Williams | 50 | J | Northwich | Sprint - Female | 00:13:14 | | 00:51:19 | 00:02:07 | 00:31:54 | 01:41:50 |
| 158 | 11:04:00 | 576 | Kirsty | Sutton | 47 | I | COLT | Sprint - Female | 00:12:36 | 00:03:33 | 00:51:50 | 00:01:24 | 00:32:34 | 01:41:57 |
| 159 | 11:05:20 | | Karen | Davenport | 46 | I | Warrington | Sprint - Female | | | 00:49:26 | 00:02:01 | 00:32:31 | 01:42:00 |
| 160 | | | Caroline | Bones | 36 | G | Warrington | Sprint - Female | 00:13:19 | | 00:55:39 | 00:01:15 | 00:28:39 | 01:42:03 |
| <u> </u> | 11:16:40 | | Claire | Youel | 40 | H | Stockport | Sprint - Female | | 00:03:25 | 00:54:33 | 00:00:50 | 00:31:41 | 01:42:10 |
| 162 | 10:39:40 | | Sophie | Edwards | 32 | F | | Sprint - Female | 00:13:55 | | 00:55:46 | | 00:26:56 | 01:42:32 |
| 163 | 11:16:20 | 613 | Sharon | Marshall | 37 | G | Chester | Sprint - Female | 00:10:46 | | 00:55:12 | 00:00:58 | | 01:42:32 |
| <u>164</u> | 11:15:20 | | Anaa | Keefe | 39 | G | Altrincham | Sprint - Female | | | 00:54:47 | 00:01:34 | | 01:42:36 |
| 165 | 11:42:40 | | Sabeena | Domun | 38 | G | Accrington | Sprint - Female | | | | 00:01:41 | | 01:42:43 |
| 166 | 10:55:20 | | Jennifer | Reeve | 37 | G | Newton-le-Willows | Sprint - Female | | | 00:54:21 | 00:01:56 | | 01:43:04 |
| 167 | 12:13:20 | | Melanie | Weatherhead | 38 | G | Manchester | Sprint - Female | | | 00:57:38 | 00:00:52 | | 01:43:35 |
| 168 | 10:55:40 | | Laura | Cork | 42 | H | Hoon ridge | Sprint - Female | | | 00:50:02 | 00:02:15 | | 01:43:56 |
| 169 | 11:51:40 | | Karolina | Dalyan | 42 | H | Salford | Sprint - Female | | | 00:51:03 | 00:02:04 | | 01:44:10 |
| 170 | 11:25:00 | | Kenzie | Mancier | 33 | F | Handforth | Sprint - Female | | | 00:56:49 | 00:01:39 | | 01:44:18 |
| 171 | 11:18:00 | 618 | Rosemary | Maguire | 55 | K | | Sprint - Female | 00:11:48 | 00:04:58 | 00:50:31 | 00:01:10 | 00:36:07 | 01:44:34 |

| Pos | StartTime | Race# | Name | Last Name | Age Ca | t | TeamName | Race | Swim | T1 | Bike | T2 | Run | Total |
|-----|-----------|-------|------------|----------------|--------|---|------------------------|-----------------|----------|----------|----------|----------|----------|----------|
| 172 | 10:45:40 | 521 | Pam | Uppal | 27 | E | | Sprint - Female | 00:14:03 | 00:04:19 | 00:55:44 | 00:00:55 | 00:30:10 | 01:45:11 |
| 173 | 11:29:20 | 652 | Lizzie | Hennessy Jones | 29 | E | Nantwich | Sprint - Female | 00:11:46 | 00:03:54 | 00:52:33 | 00:01:04 | 00:36:29 | 01:45:46 |
| 174 | 10:47:20 | 526 | Lyn | Johnson | 53 | J | Lyn Terrie Johnson | Sprint - Female | 00:14:48 | 00:03:41 | 00:51:20 | 00:01:12 | 00:34:51 | 01:45:52 |
| 175 | 10:58:20 | 559 | Sharon | Farwell | 45 | I | Newcastle under Lym | Sprint - Female | 00:14:33 | 00:03:52 | 00:50:36 | 00:01:01 | 00:36:05 | 01:46:07 |
| 176 | 11:02:00 | 570 | Sara | Murray | 37 | G | Warrington | Sprint - Female | 00:14:16 | 00:04:34 | 00:52:07 | 00:02:32 | 00:32:41 | 01:46:10 |
| 177 | 11:08:20 | 589 | Claire | Baker | 43 | H | Shrewsbury | Sprint - Female | 00:12:23 | 00:04:24 | 00:52:20 | 00:01:23 | 00:35:42 | 01:46:12 |
| 178 | 11:15:00 | 609 | Hilary | Stevenson | 74 | N | Hilary Stevenson | Sprint - Female | 00:13:57 | 00:03:46 | 00:49:46 | 00:01:57 | 00:37:37 | 01:47:03 |
| 179 | 11:09:00 | 591 | Anita | Gillen | 52 | J | Wirral | Sprint - Female | 00:16:28 | 00:03:22 | 00:51:52 | 00:01:51 | 00:33:40 | 01:47:13 |
| 180 | 10:52:20 | 534 | Sarah | Seddon | 119 | | Warrington Running | Sprint - Female | 00:14:52 | 00:05:19 | 00:54:36 | 00:02:49 | 00:29:47 | 01:47:23 |
| 181 | 08:26:40 | 110 | Danielle | Skinner | 21 | C | MS-UK | Sprint - Female | 00:08:22 | 00:02:24 | 00:58:41 | 00:01:05 | 00:37:03 | 01:47:35 |
| 182 | 11:01:40 | 569 | Clare | Boyle | 37 | G | Warrington | Sprint - Female | 00:14:05 | 00:05:02 | 00:51:58 | 00:02:42 | 00:34:05 | 01:47:52 |
| 183 | 10:49:00 | 531 | Tracey | Carsley | 53 | J | Stafford Triathlon clu | Sprint - Female | 00:13:51 | 00:06:03 | 00:49:30 | 00:02:00 | 00:36:35 | 01:47:59 |
| 184 | 11:23:20 | 634 | Emma | Bostock | 31 | F | Nottigham | Sprint - Female | 00:10:19 | 00:03:05 | 01:01:40 | 00:00:46 | 00:32:23 | 01:48:13 |
| 185 | 11:24:20 | 637 | Kay | Morrall | 49 | I | Crewe | Sprint - Female | 00:12:16 | 00:06:30 | 00:55:39 | 00:01:26 | 00:32:27 | 01:48:18 |
| 186 | 11:27:40 | 647 | Jane | Kensington | 46 | I | Stockport | Sprint - Female | 00:15:01 | 00:05:34 | 00:53:16 | 00:01:41 | 00:33:11 | 01:48:43 |
| 187 | 11:19:00 | 621 | Lauren | Kaye | 26 | E | CREWE | Sprint - Female | 00:12:10 | 00:03:27 | 00:58:54 | 00:01:04 | 00:33:36 | 01:49:11 |
| 188 | 11:30:20 | 655 | Zoe | Birks | 17 | В | Cancer Research UK | Sprint - Female | 00:13:10 | 00:04:54 | 00:59:58 | 00:01:11 | 00:29:59 | 01:49:12 |
| 189 | 11:08:00 | 588 | Helen | Stephenson | 39 | G | Hemingbrough | Sprint - Female | 00:12:37 | 00:05:15 | 00:59:15 | 00:01:54 | 00:30:47 | 01:49:48 |
| 190 | 11:07:40 | 587 | Amy | Fletcher | 39 | G | Sale | Sprint - Female | 00:12:53 | 00:05:23 | 00:59:24 | 00:01:39 | 00:30:48 | 01:50:07 |
| 191 | 11:49:00 | 711 | Holly | Levell | 29 | E | NESTON | Sprint - Female | 00:13:48 | 00:00:00 | 00:57:48 | 00:01:04 | 00:37:33 | 01:50:13 |
| 192 | 10:57:40 | 557 | Lisa | Woolfenden | 50 | J | Knutsford | Sprint - Female | 00:13:45 | 00:04:03 | 00:57:25 | 00:01:29 | 00:33:51 | 01:50:33 |
| 193 | 11:20:00 | 624 | Emma | Jones | 52 | J | Tattenhall Chester | Sprint - Female | 00:13:55 | 00:04:16 | 00:51:15 | 00:02:59 | 00:38:08 | 01:50:33 |
| 194 | 11:09:20 | 592 | judi | ebbrell | 49 | I | wirral | Sprint - Female | 00:14:21 | 00:03:52 | 00:54:51 | 00:01:27 | 00:36:31 | 01:51:02 |
| 195 | 11:23:40 | 635 | Siobhan | Galloway | 52 | J | Liverpool | Sprint - Female | 00:12:36 | 00:04:16 | 00:56:26 | 00:00:53 | 00:36:57 | 01:51:08 |
| 196 | 10:58:40 | 560 | Alessandra | Frau | 33 | F | Liverpool | Sprint - Female | 00:13:50 | 00:04:16 | 00:59:43 | 00:00:51 | 00:32:49 | 01:51:29 |
| 197 | 11:07:00 | 585 | Zoe | Holland | 45 | I | Rotherham | Sprint - Female | 00:17:43 | 00:04:42 | 00:57:01 | 00:01:23 | 00:30:47 | 01:51:36 |
| 198 | 10:53:20 | 544 | Corinne | Kinvig | 28 | E | Winsford | Sprint - Female | 00:12:42 | 00:03:51 | 00:57:20 | 00:01:07 | 00:36:58 | 01:51:58 |
| 199 | 08:32:00 | 126 | Lisa | Skinner | 46 | I | MS-UK | Sprint - Female | 00:09:14 | 00:03:20 | 01:05:35 | 00:01:19 | 00:32:44 | 01:52:12 |
| 200 | 11:40:20 | 685 | Natalia | Cornwall | 50 | J | Wilmslow | Sprint - Female | 00:14:40 | 00:04:26 | 00:59:40 | 00:01:18 | 00:32:21 | 01:52:25 |
| 201 | 11:27:00 | 645 | Lynsey | Gray | 41 | Н | Hale | Sprint - Female | 00:15:01 | 00:06:10 | 01:01:20 | 00:02:01 | 00:28:36 | 01:53:08 |
| 202 | 11:06:40 | 584 | Karen | Bloor | 55 | K | New2tri | Sprint - Female | 00:12:10 | 00:05:36 | 00:57:29 | 00:02:43 | 00:35:12 | 01:53:10 |
| 203 | 10:47:00 | 525 | Linda | Henson | 43 | H | Linda Henson | Sprint - Female | 00:12:48 | | 01:02:21 | 00:01:20 | 00:30:57 | 01:53:16 |
| 204 | 10:57:20 | 556 | Amanda | Rees | 51 | J | KNUTSFORD | Sprint - Female | 00:13:49 | 00:04:36 | 01:00:59 | 00:01:03 | 00:34:52 | 01:55:19 |
| 205 | 11:18:40 | 620 | Laura | Brown | 35 | G | Cheshire | Sprint - Female | 00:14:33 | | 01:02:16 | 00:01:12 | 00:33:59 | 01:56:51 |
| 206 | 11:33:20 | 664 | Julia | livesey | 55 | K | Julia Livesey | Sprint - Female | 00:11:39 | 00:05:20 | 01:01:26 | 00:01:17 | 00:37:37 | 01:57:19 |
| 207 | 11:40:40 | 686 | Debbie | Evans | 57 | K | Wrecsam Tri Club | Sprint - Female | 00:12:19 | 00:05:27 | 00:54:38 | 00:02:10 | 00:43:24 | 01:57:58 |
| 208 | 11:56:40 | | joanna | parnell | 39 | G | Wilmslow | Sprint - Female | | 00:02:12 | 01:16:23 | 00:00:46 | 00:26:48 | 01:58:13 |
| 209 | 12:15:00 | 775 | Kate | Shaw | 34 | F | Imagile Group - MIN | Sprint - Female | 00:12:49 | | 01:09:24 | 00:01:25 | 00:31:34 | 01:58:30 |
| 210 | 11:01:20 | | Amy | Harrison | 39 | G | Nantwich | Sprint - Female | | | 01:04:15 | 00:01:48 | | 01:58:43 |
| 211 | 11:12:00 | | Catherine | Stephenson | 52 | J | Catherine | Sprint - Female | | | 01:03:08 | 00:02:40 | 00:38:35 | 02:02:19 |
| 212 | 10:54:20 | | Emily | Walsh | 23 | C | Wirral | Sprint - Female | | | 01:07:37 | 00:01:15 | | 02:05:07 |
| 213 | 10:54:00 | | Darcey | MacKay | 21 | C | Northwich | Sprint - Female | | | 01:10:14 | 00:01:15 | | 02:05:28 |
| 214 | 11:35:40 | 671 | Lisa | Reilly | 47 | I | Holmfirth | Sprint - Female | 00:11:34 | 00:05:01 | 01:00:37 | 00:01:49 | 00:51:02 | 02:10:03 |

| P | os StartTi | me | Race# | Name | Last Name | Age C | at | TeamName | Race | Swim | T1 | Bike | T2 | Run | Total |
|---|------------|------|-------|---------|-----------|-------|----|-------------|------------|-----------------|----------|----------|----------|----------|----------|
| 2 | 15 10:5 | 3:00 | 543 | Laura | Firth | 34 | F | Manchester | Sprint - I | Female 00:12:30 | 00:05:33 | 01:19:30 | 00:01:42 | 00:34:59 | 02:14:14 |
| 2 | 16 10:5 | 3:40 | 545 | Rachel | Stanton | 36 | G | Winsford | Sprint - I | Female 00:13:07 | 00:03:53 | 01:20:44 | 00:01:11 | 00:38:33 | 02:17:28 |
| 2 | 17 11:5 | 1:20 | 617 | Natasha | Williams | 37 | G | Independant | Sprint - I | Female 00:13:42 | 00:02:08 | 01:06:58 | 00:02:53 | 00:52:03 | 02:17:44 |
| 2 | 18 11:0 |):20 | 565 | Lisa | Tucker | 42 | Н | NSPCC | Sprint - I | Female 00:13:52 | 00:06:13 | 01:18:15 | 00:01:45 | 00:41:30 | 02:21:35 |
| 2 | 19 10.3 | 0.40 | 516 | Δmv | Pone | 23 | C | Manchester | Sprint - I | Temple 01:13:34 | 00:05:15 | 01.10.42 | 00.01.48 | 00.24.49 | 02:56:08 |