

Super Sprint: Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:33:45	828	Rachel	Hall	Female	30	F	Alsager	Super Sprint	00:03:01	00:01:54	00:44:25	00:00:20	00:11:28	01:01:08
2	12:34:45	832	Beth	Fisher	Female	18	B	Burntwood	Super Sprint	00:03:49	00:01:48	00:42:09	00:00:42	00:13:00	01:01:28
3	12:35:15	834	Nicola	Brundrett	Female	38	G	BASF	Super Sprint	00:03:38	00:02:16	00:44:57	00:01:05	00:12:56	01:04:52
4	12:36:15	838	Gill	Scott	Female	49	I	Knutsford Tri	Super Sprint	00:04:23	00:01:48	00:44:56	00:01:04	00:14:08	01:06:19
5	12:40:00	853	Anna	Howard	Female	24	C	NR wigan	Super Sprint	00:03:56	00:02:31	00:47:23	00:00:52	00:12:24	01:07:06
6	12:36:45	840	Frances	Greaney	Female	24	C	Liverpool	Super Sprint	00:03:56	00:02:26	00:47:04	00:00:47	00:14:37	01:08:50
7	12:35:00	833	Catherine	Catchpole	Female	46	I	Knutsford	Super Sprint	00:04:32	00:02:15	00:44:41	00:01:02	00:16:49	01:09:19
8	12:37:15	842	Natalie	Bird	Female	31	F	Pelsall	Super Sprint	00:03:54	00:02:12	00:46:40	00:01:34	00:15:07	01:09:27
9	12:38:00	845	gina	barr	Female	42	H	st helens	Super Sprint	00:04:46	00:03:05	00:46:38	00:00:51	00:14:38	01:09:58
10	12:34:30	831	Heike	Chapman	Female	43	H	Macclesfield	Super Sprint	00:03:50	00:02:09	00:49:06	00:00:38	00:14:17	01:10:00
11	12:39:45	852	Sarah	Edgar	Female	45	I	Northwich	Super Sprint	00:04:23	00:03:05	00:48:59	00:00:39	00:13:03	01:10:09
12	12:38:45	848	Joanna	Shewry	Female	39	G	Cramlington	Super Sprint	00:05:08	00:03:16	00:45:23	00:01:36	00:15:17	01:10:40
13	12:34:15	830	Amy	Harwood	Female	22	C	Warrington	Super Sprint	00:03:45	00:02:03	00:50:23	00:01:00	00:14:40	01:11:51
14	12:38:15	846	Jenny	Davies	Female	38	G	eskdale avenue	Super Sprint	00:04:09	00:03:02	00:50:53	00:00:40	00:13:30	01:12:14
15	12:33:15	826	Nicola	Boyle	Female	39	G	wirral	Super Sprint	00:04:12	00:02:16	00:51:54	00:00:45	00:13:26	01:12:33
16	12:43:30	867	Lisa	Bennett	Female	40	H	British Heart Founda	Super Sprint	00:05:44	00:03:03	00:48:08	00:01:19	00:14:34	01:12:48
17	12:40:45	856	Victoria	Slee	Female	37	G	Cheshire	Super Sprint	00:04:05	00:02:45	00:50:05	00:00:50	00:15:28	01:13:13
18	12:42:45	864	Alison	Smith	Female	30	F	Wallasey	Super Sprint	00:04:37	00:02:35	00:50:02	00:01:02	00:15:14	01:13:30
19	12:41:15	858	Jayne	Wilsdon	Female	34	F	Bolton	Super Sprint	00:05:10	00:05:39	00:48:27	00:01:16	00:13:40	01:14:12
20	12:24:15	790	Sarah	Mann	Female	37	G	Llangollen	Super Sprint	00:05:06	00:04:31	00:45:26	00:03:59	00:15:42	01:14:44
21	12:36:30	839	Nicola	Bowcock	Female	41	H	NB Team	Super Sprint	00:03:24	00:02:55	00:53:33	00:01:08	00:13:50	01:14:50
22	12:45:00	873	Kate	Beer	Female	30	F	Stoke on Trent	Super Sprint	00:04:20	00:02:47	00:51:57	00:01:32	00:14:47	01:15:23
23	12:39:30	851	Clare	Gilbert	Female	37	G	West kirby	Super Sprint	00:03:37	00:02:47	00:52:50	00:00:51	00:15:54	01:15:59
24	12:41:45	860	gill	ramsden	Female	44	H	bolton	Super Sprint	00:05:28	00:03:58	00:49:16	00:01:12	00:16:06	01:16:00
25	12:42:00	861	michele	gregory	Female	44	H	bolton	Super Sprint	00:06:50	00:03:32	00:47:58	00:01:16	00:16:24	01:16:00
26	12:37:30	843	Caroline	Edwards	Female	38	G	Huddersfield	Super Sprint	00:03:53	00:02:13	00:51:40	00:00:57	00:17:57	01:16:40
27	12:33:30	827	Sue	Stout	Female	43	H	Liverpool	Super Sprint	00:05:10	00:02:22	00:49:06	00:01:46	00:18:33	01:16:57
28	12:43:45	868	Louise	Stephens	Female	35	G	Warrington	Super Sprint	00:04:03	00:02:28	00:52:56	00:00:56	00:17:30	01:17:53
29	12:39:00	849	Vanessa	Richardson	Female	44	H	NSPCC	Super Sprint	00:05:03	00:03:03	00:54:10	00:01:01	00:15:25	01:18:42
30	12:43:15	866	Gillian	Blackhurst	Female	49	I		Super Sprint	00:04:36	00:03:29	00:55:17	00:00:58	00:15:08	01:19:28
31	12:36:00	837	Lisa	Whiteley	Female	42	H	Wilmslow	Super Sprint	00:04:58	00:02:53	00:54:06	00:00:52	00:17:22	01:20:11
32	12:44:30	871	Christine	Coleman	Female	57	K	W Midlands	Super Sprint	00:06:08	00:03:41	00:56:33	00:01:02	00:18:28	01:25:52
33	12:35:45	836	Alison	Reed	Female	33	F	Northwich	Super Sprint	00:04:19	00:02:55	00:58:24	00:01:03	00:19:32	01:26:13
34	12:41:00	857	Elizabeth	Holmes	Female	23	C	Wigan	Super Sprint	00:04:37	00:03:55	01:08:33	00:01:10	00:09:07	01:27:22
35	12:42:30	863	Joanne	Rookes	Female	44	H	Sandbach	Super Sprint	00:04:22	00:03:55	01:00:02	00:00:57	00:18:07	01:27:23
36	12:43:00	865	Annette	Downie	Female	41	H	Widnes	Super Sprint	00:04:55	00:05:21	00:53:35	00:02:11	00:21:50	01:27:52
37	12:34:00	829	Liz	Stringman	Female	43	H	Ormskirk	Super Sprint	00:04:55	00:02:40	01:03:58	00:00:56	00:15:48	01:28:17
38	12:44:00	869	Laura	Martinez	Female	34	F	Chester	Super Sprint	00:04:55	00:04:23	01:02:16	00:01:17	00:17:52	01:30:43
39	12:39:15	850	susan	english	Female	45	I	burscough	Super Sprint	00:05:57	00:03:29	01:05:59	00:01:24	00:17:35	01:34:24
40	12:37:45	844	Jane	Ward	Female	39	G	Stockport	Super Sprint	00:03:18	00:04:20	01:25:00	00:01:24	00:19:45	01:53:47