

Sprint: Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	11:13:40	537	Louise	Cullinane	Female	30	F	Liverpool	Sprint	00:08:28	00:01:45	00:38:48	00:00:51	00:22:40	01:12:32
2	11:33:40	597	hannah	young	Female	16	A	WINSFORD	Sprint	00:06:59	00:02:15	00:41:41	00:00:44	00:22:42	01:14:21
3	11:34:40	600	Pauline	Brauckmann	Female	45	I	Brauckmann	Sprint	00:10:05	00:01:56	00:39:31	00:00:57	00:24:59	01:17:28
4	11:31:20	590	Amanda	Allen	Female	41	H	Hinckley	Sprint	00:09:04	00:02:05	00:40:02	00:01:03	00:25:29	01:17:43
5	11:26:40	576	Nicola	Rigby	Female	52	J	The Mere	Sprint	00:09:30	00:01:56	00:41:00	00:01:09	00:24:15	01:17:50
6	11:24:20	569	Justine	Leuty	Female	41	H	Lauder	Sprint	00:10:11	00:02:16	00:38:42	00:01:34	00:25:38	01:18:21
7	11:08:00	520	Deborah	Oakley	Female	23	C	Lancaster	Sprint	00:11:49	00:02:03	00:41:33	00:01:13	00:21:50	01:18:28
8	11:18:00	550	Jude	Loder	Female	35	G	Wrexham	Sprint	00:10:14	00:02:45	00:42:20	00:00:47	00:22:50	01:18:56
9	11:30:40	588	Anna	Groves	Female	30	F	London	Sprint	00:08:56	00:02:49	00:44:26	00:00:49	00:22:51	01:19:51
10	11:29:00	583	Helen	Brewis	Female	38	G	Stockport	Sprint	00:08:28	00:01:33	00:43:37	00:01:17	00:24:59	01:19:54
11	11:24:00	568	Krissy	Howarth	Female	41	H	neston	Sprint	00:09:12	00:01:59	00:44:20	00:00:50	00:23:59	01:20:20
12	11:35:20	602	Angela	Wallis	Female	53	J	Tilbrook	Sprint	00:11:07	00:02:24	00:40:49	00:00:56	00:25:07	01:20:23
13	11:39:00	613	Jill	Carlin	Female	53	J	Lymm	Sprint	00:10:57	00:01:38	00:41:11	00:01:35	00:26:13	01:21:34
14	10:51:20	470	Catherine	Schofield	Female	52	J	Bolton	Sprint	00:13:16	00:01:54	00:41:56	00:01:15	00:23:17	01:21:38
15	11:27:40	579	Alison	Morton	Female	33	F	Winsford	Sprint	00:09:33	00:02:12	00:42:43	00:01:20	00:25:50	01:21:38
16	11:26:20	575	Louise	Moore	Female	48	I	Scarab Tri Club	Sprint	00:10:10	00:01:45	00:42:07	00:01:15	00:26:40	01:21:57
17	11:20:00	556	Nicolla	Eplett watts	Female	39	G	Middleton	Sprint	00:10:32	00:01:54	00:41:58	00:01:06	00:26:31	01:22:01
18	11:31:00	589	Sara	Lang	Female	34	F	Southport	Sprint	00:07:45	00:02:47	00:45:09	00:01:24	00:25:01	01:22:06
19	11:23:20	566	Niamh	Walshe	Female	19	B	Mottram St Andrew	Sprint	00:09:31	00:02:07	00:44:55	00:01:27	00:24:29	01:22:29
20	11:14:00	538	Claire	Lowe	Female	42	H	Addlestone	Sprint	00:11:09	00:02:36	00:42:59	00:00:58	00:25:08	01:22:50
21	10:40:20	437	Joanne	Erith	Female	34	F	Bowdon	Sprint	00:11:17	00:03:48	00:46:10	00:00:57	00:21:16	01:23:28
22	11:02:40	504	Lucy	Redfern	Female	41	H	Team jesters	Sprint	00:11:57	00:02:00	00:43:57	00:00:44	00:25:15	01:23:53
23	11:30:00	586	Alison	Gooda	Female	17	B	Chester	Sprint	00:09:00	00:02:25	00:48:33	00:01:04	00:23:01	01:24:03
24	11:20:40	558	Margaret	McClelland	Female	55	K	Saddleworth	Sprint	00:12:43	00:01:57	00:42:03	00:01:37	00:26:32	01:24:52
25	11:05:20	512	Amanda	Carey	Female	0		Cancer Research UK	Sprint	00:10:16	00:02:43	00:45:16	00:00:40	00:26:00	01:24:55
26	11:28:40	582	Briony	Hunter	Female	34	F	Cancer Research UK	Sprint	00:09:34	00:02:31	00:46:09	00:01:40	00:25:52	01:25:46
27	11:10:00	526	Helen	Towers	Female	46	I	One In Eleven	Sprint	00:11:02	00:01:55	00:46:39	00:00:44	00:25:38	01:25:58
28	11:22:00	562	Rebecca	Darlow	Female	23	C	Over Peover	Sprint	00:11:16	00:02:06	00:42:51	00:01:28	00:28:41	01:26:22
29	11:19:20	554	EMMA	WATSON	Female	42	H	Whitchurch	Sprint	00:09:42	00:03:03	00:44:52	00:01:14	00:27:49	01:26:40
30	11:38:40	612	Katie	Myers	Female	29	E	Bolton	Sprint	00:08:31	00:02:31	00:45:56	00:00:50	00:29:07	01:26:55
31	11:14:40	540	Jackie	Mingo	Female	39	G	Birmingham	Sprint	00:11:12	00:02:28	00:45:21	00:00:56	00:27:02	01:26:59
32	10:37:00	427	Sue	Beesley	Female	53	J	Dutton	Sprint	00:13:02	00:02:00	00:42:44	00:01:39	00:27:34	01:26:59
33	11:15:00	541	Hannah	Warner	Female	24	C	Crewe	Sprint	00:10:03	00:03:48	00:46:14	00:00:42	00:26:30	01:27:17
34	11:32:40	594	Ann-Marie	Potts	Female	43	H	Congleton	Sprint	00:08:17	00:03:06	00:48:20	00:00:43	00:26:59	01:27:25
35	11:17:00	547	Rachel	Connerney	Female	28	E	Alderley Edge	Sprint	00:13:00	00:01:58	00:42:29	00:01:09	00:28:55	01:27:31
36	11:19:00	553	Stephanie	Taylor	Female	31	F	Crewe	Sprint	00:11:18	00:02:40	00:44:31	00:01:07	00:27:55	01:27:31
37	10:48:00	460	Kim	Mills	Female	29	E	Wrexham	Sprint	00:13:22	00:03:41	00:43:27	00:02:10	00:24:52	01:27:32
38	10:34:20	419	Sophie	Lynch	Female	36	G	JDRF	Sprint	00:11:05	00:01:52	00:45:40	00:01:08	00:27:56	01:27:41
39	11:21:00	559	Jude	Sutton	Female	38	G	JDRF	Sprint	00:09:44	00:02:50	00:50:06	00:01:16	00:24:10	01:28:06
40	10:28:20	401	Lizzie	Shearing	Female	35	G	Wrexham	Sprint	00:10:35	00:02:20	00:46:35	00:00:38	00:28:14	01:28:22
41	10:58:20	491	Charlie	Sholl	Female	45	I	Warrington Tri	Sprint	00:10:36	00:02:43	00:46:33	00:00:56	00:27:55	01:28:43
42	11:12:40	534	Sarah	Clues	Female	37	G	Leegonery	Sprint	00:10:19	00:02:22	00:45:47	00:00:42	00:29:41	01:28:51
43	11:16:00	544	Samantha	Argyle	Female	39	G	Hope	Sprint	00:14:22	00:03:22	00:41:57	00:01:19	00:28:00	01:29:00
44	10:45:00	451	Becky	Chambers	Female	42	H	Team Glow	Sprint	00:11:28	00:04:20	00:44:09	00:02:06	00:27:04	01:29:07
45	11:25:20	572	Lucy	Prenter	Female	30	F	Wirral	Sprint	00:09:58	00:02:22	00:45:48	00:01:23	00:29:40	01:29:11

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
46	10:40:00	436	Kate	Johnson	Female	44	H	Warrington	Sprint	00:11:40	00:02:40	00:48:55	00:00:44	00:25:16	01:29:15
47	11:09:00	523	Jane	Thomas	Female	40	H	Thomas	Sprint	00:09:22	00:03:03	00:46:48	00:00:56	00:29:15	01:29:24
48	10:51:00	469	Nicola	Chew	Female	42	H	Marple Bridge	Sprint	00:12:27	00:02:42	00:47:29	00:00:44	00:26:12	01:29:34
49	11:11:20	530	Ann	Gledson	Female	42	H	Manchester	Sprint	00:11:16	00:03:14	00:45:21	00:01:26	00:28:17	01:29:34
50	11:11:40	531	Katie	Holman	Female	34	F	One In Eleven	Sprint	00:11:13	00:03:13	00:47:40	00:01:34	00:26:16	01:29:56
51	11:16:40	546	Rebecca	Hickman	Female	33	F	barry	Sprint	00:10:38	00:02:14	00:47:13	00:01:16	00:28:43	01:30:04
52	10:52:20	473	Caroline	Martin	Female	48	I	British Heart Founda	Sprint	00:13:53	00:03:09	00:45:32	00:01:25	00:26:07	01:30:06
53	10:55:20	999	Gwen	Franklin	Female	50	J	Bolton	Sprint	00:13:05	00:02:33	00:47:34	00:03:59	00:31:03	01:30:16
54	11:14:20	539	Helen	Owen	Female	32	F	Ware	Sprint	00:09:34	00:02:33	00:48:07	00:01:00	00:29:06	01:30:20
55	10:51:40	471	Catherine	Harris	Female	40	H	Stockport	Sprint	00:12:05	00:03:04	00:46:43	00:03:38	00:24:53	01:30:23
56	11:36:00	604	Amanda	Jackson	Female	47	I	Malpas	Sprint	00:15:12	00:03:34	00:45:07	00:00:09	00:26:22	01:30:24
57	11:36:20	605	Helen	Broderick	Female	45	I	wigan	Sprint	00:12:53	00:03:05	00:45:29	00:02:11	00:26:57	01:30:35
58	11:27:00	577	Helen	Minshall	Female	51	J	Manchester	Sprint	00:10:21	00:02:27	00:45:40	00:01:06	00:31:12	01:30:46
59	10:39:40	435	Caroline	Moran	Female	39	G	Cheshire	Sprint	00:12:48	00:03:01	00:46:30	00:01:16	00:27:14	01:30:49
60	11:06:40	516	June	Gladman	Female	44	H	Warrington	Sprint	00:13:18	00:03:01	00:43:03	00:00:56	00:30:37	01:30:55
61	11:37:00	607	Nicola	Merry	Female	46	I	manchester	Sprint	00:12:42	00:02:38	00:43:09	00:01:30	00:30:58	01:30:57
62	11:24:40	570	Candida	Lean	Female	46	I	Candy	Sprint	00:09:26	00:02:43	00:48:13	00:01:09	00:29:40	01:31:11
63	11:18:20	551	Beth	Lodwick	Female	32	F	Manchester	Sprint	00:11:21	00:02:13	00:50:49	00:01:22	00:25:32	01:31:17
64	11:13:20	536	Kate	Cooke	Female	36	G	Chester	Sprint	00:11:10	00:03:01	00:49:38	00:00:55	00:26:34	01:31:18
65	11:00:20	497	Jane	Cotton	Female	39	G	Stockport	Sprint	00:12:17	00:03:30	00:46:16	00:00:59	00:28:20	01:31:22
66	11:10:40	528	Joanna	Richards	Female	43	H	Chester	Sprint	00:11:30	00:02:49	00:46:04	00:01:55	00:29:21	01:31:39
67	11:05:00	511	Lisa	Phillips	Female	41	H	Cancer Research UK	Sprint	00:09:52	00:03:12	00:50:02	00:00:56	00:27:44	01:31:46
68	11:58:45	688	Philippa	Holdsworth	Female	39	G	Healthshield	Sprint	00:10:16	00:04:19	00:48:14	00:01:02	00:27:56	01:31:47
69	11:33:00	595	Beth	Catchpole	Female	16	A	Knutsford	Sprint	00:07:32	00:01:52	00:48:49	00:00:57	00:32:38	01:31:48
70	11:28:20	581	Georgia	de Vicq	Female	25	E	Manchester	Sprint	00:09:18	00:03:15	00:47:58	00:01:14	00:30:32	01:32:17
71	11:29:20	584	Laura	Cummings	Female	24	C	Winsford	Sprint	00:08:06	00:02:20	00:48:36	00:00:58	00:32:28	01:32:28
72	11:03:20	506	Mary	Reeves	Female	52	J	China	Sprint	00:12:21	00:04:00	00:47:44	00:00:46	00:27:45	01:32:36
73	11:36:40	606	Louise	Young	Female	43	H	wigan	Sprint	00:11:29	00:02:47	00:46:47	00:01:54	00:29:40	01:32:37
74	11:15:40	543	Beth	Wild	Female	41	H	Knutsford	Sprint	00:10:32	00:03:22	00:50:07	00:01:06	00:27:42	01:32:49
75	11:32:20	593	Jackie	Blackburn	Female	48	I		Sprint	00:14:26	00:02:28	00:47:12	00:01:43	00:27:08	01:32:57
76	11:22:40	564	Linda	Kelly	Female	40	H	Greater Manchester	Sprint	00:11:49	00:02:45	00:53:17	00:00:41	00:24:48	01:33:20
77	10:42:00	442	Katrin	Bjornsson	Female	34	F	Beith	Sprint	00:13:23	00:02:19	00:46:28	00:01:43	00:29:34	01:33:27
78	11:08:20	521	Cath	Vousden	Female	49	I	Stoke on Trent	Sprint	00:13:45	00:03:35	00:48:33	00:01:09	00:26:35	01:33:37
79	11:37:40	609	Katherine	Reid	Female	34	F	Leicester	Sprint	00:12:43	00:03:42	00:45:39	00:02:34	00:29:13	01:33:51
80	10:35:20	422	Louise	Fielding	Female	45	I	Chester	Sprint	00:12:50	00:05:41	00:47:45	00:01:27	00:26:15	01:33:58
81	11:20:20	557	Tracey	Swain	Female	47	I	Cancer Research UK	Sprint	00:10:47	00:03:31	00:50:26	00:00:51	00:28:28	01:34:03
82	11:11:00	529	Emma	Minshull	Female	35	G	Stockport	Sprint	00:11:18	00:03:36	00:48:06	00:02:08	00:28:55	01:34:03
83	10:49:00	463	Deborah	Scotcher	Female	42	H	market drayton	Sprint	00:12:43	00:02:22	00:49:58	00:01:00	00:28:05	01:34:08
84	11:38:00	610	Jenny	White	female	43	H	Shropshire	Sprint	00:13:32	00:02:38	00:47:40	00:01:01	00:29:17	01:34:08
85	11:30:20	587	Bethan	Colley	Female	34	F	Droitwich Spa	Sprint	00:10:29	00:02:49	00:49:57	00:01:19	00:29:35	01:34:09
86	10:47:00	457	Deborah	Shaw	Female	54	J	Bolton	Sprint	00:13:49	00:03:59	00:46:47	00:02:00	00:27:39	01:34:14
87	11:22:20	563	Paula	Llewellyn	Female	39	G	Newton-le-Willows	Sprint	00:11:54	00:03:59	00:49:17	00:01:12	00:28:08	01:34:30
88	11:03:40	507	Gemma	Davison	Female	19	B	Wilmslow	Sprint	00:11:26	00:03:01	00:49:04	00:00:59	00:30:05	01:34:35
89	10:44:20	449	Sarah	Blake	Female	39	G	JDRF	Sprint	00:12:17	00:06:51	00:47:12	00:01:43	00:26:38	01:34:41
90	10:56:00	484	Denise	Lavery	Female	43	H	ellesmere port	Sprint	00:14:19	00:02:33	00:51:14	00:01:32	00:25:20	01:34:58
91	10:55:40	483	Kay	Butler	Female	60	L	Bramhall	Sprint	00:12:49	00:03:04	00:46:49	00:01:32	00:30:45	01:34:59

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
92	10:54:40	480	Nichola	Todd	Female	40	H	congleton	Sprint	00:12:55	00:03:12	00:49:27	00:01:28	00:27:58	01:35:00
93	11:13:00	535	victoria	Thomas	Female	32	F	southport	Sprint	00:11:02	00:04:13	00:46:15	00:01:43	00:31:54	01:35:07
94	10:47:40	459	Roxanne	Beasley	Female	28	E	Chester	Sprint	00:12:05	00:03:39	00:50:35	00:00:53	00:27:59	01:35:11
95	10:28:00	400	Rebecca	Jones	Female	45	I	Wrexham	Sprint	00:13:40	00:03:03	00:51:11	00:01:02	00:26:19	01:35:15
96	10:43:40	447	Lizzie	Booth	Female	41	H	Altrincham	Sprint	00:17:12	00:02:39	00:47:12	00:01:42	00:26:34	01:35:19
97	11:00:00	496	Becca	Clark	Female	27	E	Reading	Sprint	00:12:42	00:02:38	00:48:10	00:01:18	00:30:33	01:35:21
98	11:34:20	599	Nicky	Smith	Female	42	H	Altrincham	Sprint	00:09:49	00:03:32	00:53:26	00:01:04	00:27:42	01:35:33
99	11:25:00	571	Carol	Cunningham	Female	54	J	Northwich	Sprint	00:10:57	00:04:22	00:47:12	00:01:19	00:31:49	01:35:39
100	10:46:40	456	Elaine	Snape	Female	47	I	Leyland	Sprint	00:13:09	00:02:37	00:48:05	00:00:50	00:31:20	01:36:01
101	11:00:40	498	Karen	Elliott	Female	36	G	Chester	Sprint	00:11:02	00:03:14	00:50:10	00:02:06	00:29:40	01:36:12
102	10:42:40	444	Louise	Moody	Female	25	E	Salford	Sprint	00:13:28	00:04:03	00:47:12	00:01:31	00:30:00	01:36:14
103	11:33:20	596	Rosie	Chew	Female	0		Wybunbury	Sprint	00:08:21	00:03:03	00:53:24	00:01:11	00:30:23	01:36:22
104	10:56:40	486	Alex	Mccosh-Dixon	Female	21	C	Moreton	Sprint	00:12:46	00:02:28	00:48:24	00:00:39	00:32:08	01:36:25
105	10:59:20	494	Glenda	Davies	Female	45	I	Cancer Research UK	Sprint	00:11:38	00:04:17	00:50:59	00:01:03	00:28:31	01:36:28
106	10:53:20	461	Clare	Edwards	Female	34	F	Timperley	Sprint	00:13:35	00:03:39	00:49:06	00:01:25	00:29:04	01:36:49
107	11:35:40	603	Melanie	Lloyd	Female	32	F	Heswall	Sprint	00:10:41	00:03:55	00:54:02	00:01:10	00:27:06	01:36:54
108	10:45:20	452	Rachael	Ward	Female	45	I	Kingstone	Sprint	00:12:53	00:03:09	00:50:42	00:01:02	00:29:10	01:36:56
109	11:09:20	524	Charlotte	Darby	Female	28	E	Crewe	Sprint	00:13:11	00:03:14	00:48:07	00:01:21	00:31:07	01:37:00
110	11:21:20	560	Vicky	Baker	Female	34	F	Mersey Tri	Sprint	00:09:21	00:02:42	00:48:57	00:01:11	00:35:06	01:37:17
111	10:31:20	410	Joanne	Aplin	Female	43	H	Oldham	Sprint	00:15:12	00:03:52	00:51:01	00:01:13	00:26:01	01:37:19
112	11:25:40	573	Marta	Marta	Female	28	E	Cancer Research UK	Sprint	00:09:42	00:02:39	00:56:42	00:00:41	00:27:47	01:37:31
113	11:08:40	522	JULIE	NEWTON	Female	48	I	BOLTON	Sprint	00:13:21	00:03:03	00:52:47	00:00:58	00:27:26	01:37:35
114	10:47:20	458	Alison	Lyon	Female	53	J	Belmont	Sprint	00:14:03	00:03:29	00:45:46	00:02:13	00:32:08	01:37:39
115	10:48:40	462	Tracy	Waterfall-Chadw	Female	41	H	manchester	Sprint	00:14:56	00:03:07	00:49:25	00:01:04	00:29:10	01:37:42
116	11:38:20	611	Sandra	Morris	Female	42	H	Shropshire	Sprint	00:12:47	00:03:12	00:47:06	00:01:21	00:33:20	01:37:46
117	10:42:20	443	Angela	Parmar	Female	48	I	Bolton	Sprint	00:14:24	00:04:49	00:47:54	00:02:50	00:27:53	01:37:50
118	11:04:00	508	Val	Aherne	Female	56	K	Bollington	Sprint	00:14:29	00:02:47	00:52:49	00:00:46	00:27:17	01:38:08
119	11:12:00	532	Nancy	Artell	Female	50	J	Chester	Sprint	00:13:20	00:02:30	00:51:59	00:00:53	00:29:34	01:38:16
120	10:59:00	493	India	Heywood	Female	16	A	Warrington	Sprint	00:12:50	00:03:27	00:56:31	00:00:51	00:24:43	01:38:22
121	11:17:40	549	Ros	Jones	Female	30	F	Wilmslow	Sprint	00:11:41	00:02:21	00:50:12	00:01:05	00:33:07	01:38:26
122	10:30:40	408	Lisa	Crompton	Female	36	G	Sale	Sprint	00:15:18	00:05:45	00:50:37	00:01:13	00:25:34	01:38:27
123	10:50:20	467	Karen	Taylor	Female	52	J	British Heart Founda	Sprint	00:16:32	00:02:47	00:47:32	00:01:27	00:30:13	01:38:31
124	11:12:20	533	Pascale	Coates	Female	50	J	Sheffield	Sprint	00:11:21	00:03:26	00:49:30	00:01:23	00:32:59	01:38:39
125	10:37:40	429	Jenny	Whiston	Female	36	G	British Heart Founda	Sprint	00:12:50	00:03:23	00:52:49	00:01:06	00:28:33	01:38:41
126	10:36:40	421	Katy	OConnor	Female	52	J	Lymm	Sprint	00:15:18	00:02:51	00:47:33	00:02:16	00:30:58	01:38:56
127	11:02:20	503	Lauren	OCasey	Female	29	E	Chester	Sprint	00:12:11	00:02:32	00:49:34	00:01:45	00:32:54	01:38:56
128	10:33:00	415	Catherine	Salt	Female	36	G	Cath & Mel	Sprint	00:12:15	00:05:16	00:51:13	00:01:26	00:29:09	01:39:19
129	10:56:20	485	Sue	Strickland	Female	54	J	Manchester	Sprint	00:12:58	00:04:39	00:50:58	00:01:23	00:29:32	01:39:30
130	10:32:40	414	Melissa	Murray	Female	40	H	Cath & Mel	Sprint	00:13:14	00:04:35	00:51:12	00:01:38	00:28:57	01:39:36
131	10:29:00	403	lucy	smith	Female	30	F	Cheshire	Sprint	00:10:49	00:03:16	00:52:08	00:01:02	00:32:27	01:39:42
132	11:10:20	527	Hannah	Purslow	Female	22	C	Purslow	Sprint	00:11:10	00:06:05	00:48:08	00:01:55	00:32:25	01:39:43
133	10:27:40	399	Nerys	Bennion	Female	39	G	Wrexham	Sprint	00:14:21	00:03:39	00:51:36	00:01:10	00:30:20	01:41:06
134	10:46:00	454	susie	schofield	Female	28	E	warrington	Sprint	00:12:54	00:03:10	00:49:38	00:01:06	00:34:22	01:41:10
135	10:52:00	472	Paula	Beer	Female	43	H	Birkenhead	Sprint	00:11:38	00:02:46	00:56:55	00:01:41	00:28:13	01:41:13
136	11:26:00	542	Gillian	Ellison	Female	53	J	Dutton	Sprint	00:13:30	00:04:06	00:51:50	00:02:58	00:28:50	01:41:14
137	11:07:40	519	Joanne	Harding	Female	40	H	Stalybridge	Sprint	00:11:21	00:03:04	00:56:23	00:02:04	00:28:27	01:41:19

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
138	11:07:00	517	HELEN	DUNNE	Female	39	G	MANCHESTER	Sprint	00:11:34	00:18:02	01:01:14	00:02:04	00:08:46	01:41:40
139	11:23:00	561	Anna	Simpson	Female	24	C	Pensby	Sprint	00:09:35	00:03:09	01:01:04	00:01:08	00:27:00	01:41:56
140	10:59:40	495	Tracy	Morris	Female	43	H	NSPCC	Sprint	00:12:04	00:03:29	00:49:02	00:00:56	00:36:41	01:42:12
141	12:01:00	697	Clare	Marsh	Female	36	G	Health Shield	Sprint	00:15:04	00:02:27	00:54:44	00:00:46	00:29:18	01:42:19
142	10:36:00	424	Ruth	Bardsley	Female	45	I	Manchester	Sprint	00:17:34	00:03:24	00:52:03	00:01:26	00:29:32	01:43:59
143	11:02:00	502	Susie	Tizard	Female	31	F	Little Tiz	Sprint	00:12:04	00:03:19	00:54:59	00:01:07	00:33:17	01:44:46
144	11:09:40	525	Mel	West	Female	40	H	Willington	Sprint	00:13:16	00:03:02	00:54:33	00:01:10	00:33:39	01:45:40
145	10:53:00	466	Andrea	Moran	Female	35	G	Wigan	Sprint	00:13:18	00:03:57	00:56:30	00:01:11	00:31:16	01:46:12
146	10:52:40	453	Anne	Betty	Female	39	G	Wigan	Sprint	00:11:10	00:06:22	00:56:29	00:02:30	00:30:03	01:46:34
147	10:41:00	439	Diane	Taktak	Female	47	I	St Helens	Sprint	00:15:32	00:05:42	00:51:35	00:01:09	00:32:47	01:46:45
148	11:37:20	608	Debbie	Gilliburn	Female	45	I	Manchester	Sprint	00:13:35	00:05:04	00:55:50	00:01:13	00:31:27	01:47:09
149	10:43:20	446	Karen	Mitchell	Female	36	G	Chester	Sprint	00:14:31	00:04:32	00:55:22	00:01:15	00:31:32	01:47:12
150	11:06:20	515	Caroline	Siarkiewicz	Female	29	E	Liverpool	Sprint	00:12:45	00:03:18	00:57:50	00:01:13	00:32:13	01:47:19
151	10:37:20	428	Denize	Whiston	Female	39	G	British Heart Founda	Sprint	00:12:47	00:02:51	00:53:37	00:01:10	00:37:10	01:47:35
152	10:48:20	455	Emma	Done	Female	31	F	Nantwich	Sprint	00:14:00	00:03:21	00:54:10	00:02:05	00:34:04	01:47:40
153	10:57:00	487	Jill	Woodward	Female	66	M	Manchester	Sprint	00:13:51	00:03:05	00:54:58	00:01:36	00:34:15	01:47:45
154	11:34:00	598	Catherine	Stephenson	Female	48	I	Cancer Research	Sprint	00:12:51	00:03:13	00:52:40	00:01:11	00:38:00	01:47:55
155	10:32:20	413	Hannah	Saunders	Female	28	E	Bowdon	Sprint	00:12:50	00:03:30	01:03:58	00:01:10	00:26:30	01:47:58
156	11:23:40	567	Stephanie	Matu	Female	20	C	Sheffield	Sprint	00:10:55	00:02:06	01:01:11	00:00:48	00:33:11	01:48:11
157	10:49:20	464	Paula	Heath	Female	62	L	Oxfordshire	Sprint	00:11:58	00:03:36	00:53:10	00:01:07	00:39:07	01:48:58
158	10:39:20	434	Jessica	Fleet	Female	26	E	Manchester	Sprint	00:17:40	00:02:42	01:00:22	00:01:04	00:27:21	01:49:09
159	10:44:40	450	Karen	Waters	Female	58	K	Marie Curie Cancer	Sprint	00:13:57	00:05:59	00:52:03	00:02:00	00:35:12	01:49:11
160	11:01:00	499	Frances	Croley	Female	40	H	Warrington	Sprint	00:12:43	00:04:05	00:57:20	00:01:11	00:34:06	01:49:25
161	11:03:00	505	Gillian	Gibson	Female	51	J	Sheffield	Sprint	00:13:07	00:03:39	00:53:48	00:01:04	00:38:15	01:49:53
162	10:41:20	440	Laura	Brown	Female	31	F	Nantwich	Sprint	00:11:41	00:05:30	00:57:12	00:01:00	00:36:04	01:51:27
163	10:44:00	448	Heather	Addicott	Female	24	C	Cancer Research UK	Sprint	00:14:41	00:05:38	00:59:24	00:01:14	00:31:14	01:52:11
164	10:40:40	438	Joanne	Dickinson	Female	40	H	London	Sprint	00:15:44	00:04:05	00:58:17	00:01:11	00:33:43	01:53:00
165	10:50:40	468	Marion	Moore	Female	41	H	Leyland	Sprint	00:15:16	00:02:57	00:51:32	00:01:28	00:41:50	01:53:03
166	10:33:40	417	Hayley	Flanagan	Female	27	E	Manchester	Sprint	00:18:13	00:04:28	00:54:25	00:01:25	00:35:03	01:53:34
167	10:57:20	488	Geraldine	Sandham	Female	59	K	Morecambe	Sprint	00:15:39	00:05:13	00:56:06	00:01:09	00:35:57	01:54:04
168	12:01:45	700	Maxine	Wood	Female	38	G	Healthshield	Sprint	00:13:52	00:04:50	01:03:56	00:01:06	00:31:04	01:54:48
169	10:29:20	404	Rachel	Gibson	Female	37	G	Skelmersdale	Sprint	00:36:02	00:04:10	00:48:02	00:01:46	00:25:02	01:55:02
170	10:55:00	481	Karen	Jackson	Female	53	J	Sheffield	Sprint	00:15:02	00:04:08	01:00:42	00:01:12	00:36:02	01:57:06
171	11:16:20	545	Miranda	Newey	Female	29	E	Warrington	Sprint	00:11:17	00:04:39	01:10:16	00:01:42	00:30:05	01:57:59
172	10:38:20	431	Hilary	Ellis	Female	48	I	Macclesfield Cheshir	Sprint	00:21:40	00:05:39	00:56:09	00:02:11	00:33:45	01:59:24
173	10:38:00	430	Alison	Smart	Female	49	I	Macclesfield Cheshir	Sprint	00:16:12	00:11:25	00:56:02	00:02:18	00:33:45	01:59:42
174	11:04:20	509	Jane	Carson	Female	53	J	Tarporley	Sprint	00:14:05	00:03:04	01:10:00	00:01:27	00:31:38	02:00:14
175	10:30:20	407	Natalie	Smart	Female	33	F	Sale	Sprint	00:12:25	00:11:19	01:05:55	00:01:02	00:30:08	02:00:49
176	10:30:00	406	Kate	Forth	Female	31	F	Tesco Diabetes UK	Sprint	00:15:29	00:08:39	01:05:48	00:01:03	00:30:08	02:01:07
177	10:38:40	432	Lisa	Rowland	Female	31	F	Lancs	Sprint	00:15:00	00:04:11	01:07:24	00:01:21	00:36:41	02:04:37
178	10:35:40	423	Claire	McDonagh	Female	31	F	Manchester	Sprint	00:15:16	00:05:02	01:11:42	00:02:58	00:30:20	02:05:18
179	10:41:40	441	Jane	Hill	Female	49	I	Crewe	Sprint	00:16:52	00:02:43	01:02:25	00:03:29	00:46:37	02:12:06
180	10:28:40	402	joanne	hyde	Female	44	H	Cancer Research UK	Sprint	00:15:16	00:04:54	01:13:57	00:01:20	00:39:09	02:14:36
181	10:29:40	405	Danie	Hargreaves	Female	20	C	Burnley	Sprint	00:12:06	00:08:54	01:12:22	00:01:35	00:42:00	02:16:57
182	10:39:00	433	Ann	Jones	Female	57	K	Crewe	Sprint	00:17:51	00:05:29	01:04:30	00:01:44	00:54:19	02:23:53
183	11:19:40	555	Wendy	Neeson	Female	45	I	Coventry	Sprint	00:14:24	00:04:05	01:14:11	00:01:26	00:52:11	02:26:17

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
184	10:32:00	412	donna	gill	Female	38	G	British Heart Founda	Sprint	00:18:15	00:05:40	01:33:55	00:01:48	00:48:25	02:48:03
185	10:31:40	411	Isabelle	Veste	Female	42	H	British Heart Founda	Sprint	00:18:30	00:05:40	01:28:52	00:06:55	00:48:24	02:48:21