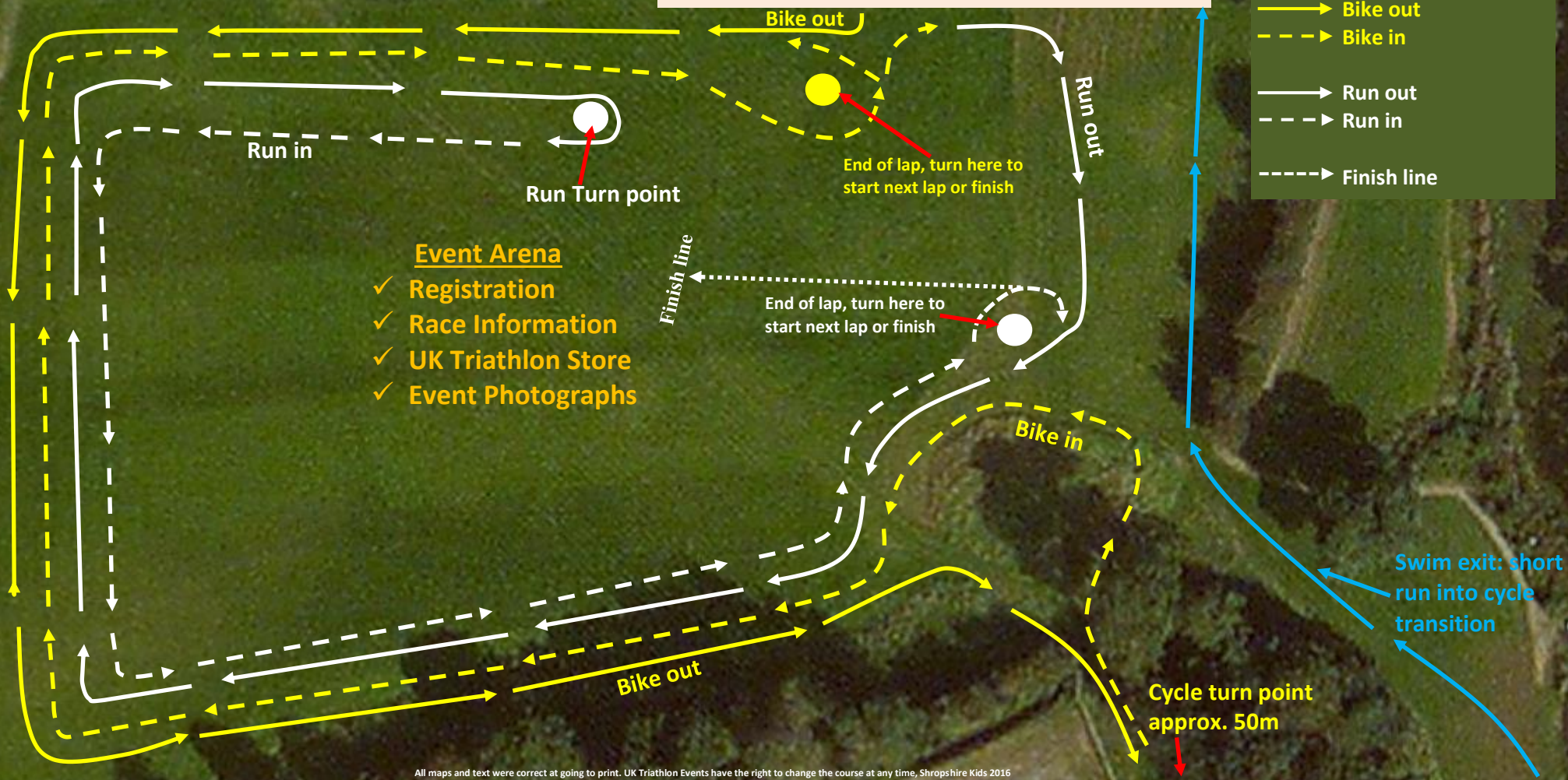


UK Kids Shropshire, Dearnford Lake Bike & Run Course

CYCLE TRANSITION - All bikes will be racked here before the swim. When the children finish the bike course their bikes will be taken off them by the event crew to be racked.

Key

- Swim in
- Bike out
- Bike in
- Run out
- Run in
- Finish line



All maps and text were correct at going to print. UK Triathlon Events have the right to change the course at any time, Shropshire Kids 2016

Course Distances for the children

- Girls & Boys aged between 7 & 8 complete: 1 length of the swim course (25m): 1 lap of the bike course (1km): 1 lap of the run course (500m)
- Girls & Boys aged between 9 & 12 complete: 2 lengths of the swim course (50m): 2 laps of the bike course (2km): 2 laps of the run course (1km)
- Girls & Boys aged between 13 & 16 complete: 4 lengths of the swim course (100m): 3 laps of the bike course (3km): 3 laps of the run course (1.5km)
- The whole of the bike & run course is short grass, it is flat as well as being inside the grounds of Dearnford Lake, making it safe for the children
- The whole of the bike & run course will be post & taped, making it easy for the children to navigate