

# Super Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	10:08:45	556	Helen	Wainwright	Female	52	J	Glastonbury	Super Sprint -	00:03:41	00:01:06	00:32:11	00:00:49	00:12:19	00:50:06
2	10:07:00	549	Lydia	Honey	Female	26	E	Bromsgrove	Super Sprint -	00:04:15	00:01:37	00:39:14	00:00:35	00:13:47	00:59:28
3	10:02:00	534	Christine	Marshall	Female	52	J	Oxford	Super Sprint -	00:05:31	00:01:36	00:38:20	00:00:43	00:14:23	01:00:33
4	10:06:30	547	Emma	Hawkins	Female	26	E	bouremouth	Super Sprint -	00:05:05	00:02:38	00:40:02	00:00:50	00:13:20	01:01:55
5	10:05:15	542	Hayley	Crawford	Female	37	G	Stratford upon Avon	Super Sprint -	00:05:39	00:02:39	00:39:18	00:00:56	00:14:11	01:02:43
6	10:07:45	552	Rebecca	Turner	Female	27	E	London	Super Sprint -	00:03:54	00:02:22	00:40:53	00:00:46	00:15:18	01:03:13
7	10:06:45	548	Karen	Colls	Female	39	G	Leamington Spa	Super Sprint -	00:04:43	00:03:27	00:36:52	00:01:18	00:18:34	01:04:54
8	10:06:15	546	Julia	Phelps	Female	47	I	Abergavenny	Super Sprint -	00:04:57	00:01:58	00:43:22	00:00:59	00:15:17	01:06:33
9	10:07:15	550	Denise	Fountain	Female	45	I	Solihull	Super Sprint -	00:04:46	00:02:11	00:42:41	00:01:15	00:16:06	01:06:59
10	10:04:00	537	Angela	Torres	Female	55	K	Stratford upon Avon	Super Sprint -	00:06:13	00:03:09	00:42:03	00:02:11	00:19:08	01:12:44
11	10:08:30	555	Gemma	Snowden	Female	35	G	Meriden	Super Sprint -	00:04:36	00:02:43	00:48:57	00:01:00	00:16:34	01:13:50
12	10:07:30	551	Rebecca	Lippett	Female	35	G	Alcester	Super Sprint -	00:03:53	00:02:09	00:47:09	00:00:35	00:20:10	01:13:56
13	10:03:45	536	Helen	King	Female	41	H	Lichfield	Super Sprint -	00:04:47	00:05:16	00:49:48	00:01:05	00:15:06	01:16:02
14	10:06:00	545	Michaela	Borg	Female	50	J	Coventry	Super Sprint -	00:05:31	00:04:48	00:43:27	00:01:56	00:20:49	01:16:31
15	10:04:30	539	Bonny	Landsborough	Female	65	M	Leamington Spa	Super Sprint -	00:07:20	00:03:57	00:50:03	00:01:21	00:19:29	01:22:10
16	10:05:45	544	Amy-Jane	Gilbert	Female	34	F	Gosport	Super Sprint -	00:08:41	00:01:30	00:50:30	00:01:00	00:21:08	01:22:49
17	10:03:15	535	Marcelle	Hollins	Female	48	I	Burntwood	Super Sprint -	00:06:50	00:03:46	00:57:39	00:01:36	00:14:07	01:23:58
18	10:05:00	541	Rebecca	Ayres	Female	28	E	London	Super Sprint -	00:04:39	00:05:24	00:59:02	00:01:32	00:15:52	01:26:29