



River Tren

To the cycle transition, next to the main arena

Waterside Café

Pontoon

Google

- The kids swim course will be one 25m swim lane rope
- It will have 3 buoys attached to it
- The children will swim clock wise around the course
- There will be a minimum of 10 safety crafts on the water
- There will be 2 members of the race crew helping the children into and out of the water
- The children will start their swim in the water on the edge of the pontoon. There will be a ramp going into the water for the children to stand on; a member of the race crew will start the children.
- The children will go into the water every 15 seconds
- The age range is from 7 to 16.
- Once the children have swam their allocated number of laps they will make their way to the cycle transition

When you arrive at registration on the day of the triathlon, you will be given two wrist bands in your event day envelope. One for your child to wear, and one for you (the parent/carer) to wear. This allows one parent/carer to go into the cycle transition with the children to help them rack their bike and set up for the event.

Course logistics

Age 7 to 8	=	25m swim – 1km bike – 500m run
Age 9 to 12	=	50m swim – 2km bike – 1km run
Age 13 to 16	=	100m swim – 3km bike – 1.5km run
Age 7 to 8	=	1 lap of the swim course, 1 lap of the bike course, 1 lap of the run course
Age 9 to 12	=	2 laps of the swim course, 2 laps of the bike course, 2 laps of the run course
Age 13 to 16	=	4 laps of the swim course, 3 laps of the bike course, 3 laps of the run course

The pontoon will have hand rails on for the children to hold, plus marshals on the pontoon to make sure the children feel safe. For safety reasons no parents are allowed onto the pontoon. The children will get their race safety brief on the grass on the edge of the pontoon before they enter the water.

