

# Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	11:50:00	759	Lauren	Turvey	Female	26	E	Leominster	Sprint - Female	00:11:58	00:01:14	00:37:21	00:00:58	00:23:21	01:14:52
2	11:50:00	674	Claire	Capper	Female	24	C	BRAT	Sprint - Female			00:41:46	00:00:39	00:22:47	01:21:42
3	11:50:00	751	Rachel	Claude	Female	23	C	Birmingham	Sprint - Female	00:15:48	00:01:16	00:42:50			01:25:42
4	11:50:00	722	Claire	Moran	Female	28	E	Worcester	Sprint - Female	00:13:58	00:01:43	00:43:56	00:00:53	00:25:43	01:26:13
5	11:50:00	757	Natasha	Blunt	Female	29	E	Sutton Coldfield	Sprint - Female	00:17:28	00:01:34	00:42:15	00:01:00	00:25:42	01:27:59
6	11:50:00	709	Niamh	Herlihy	Female	31	F	London	Sprint - Female	00:18:32	00:01:57	00:41:21	00:01:08	00:26:14	01:29:12
7	11:50:00	664	Claire	Arden	Female	49	I	Coventry	Sprint - Female	00:14:47	00:01:44	00:43:27	00:01:24	00:28:03	01:29:25
8	11:50:00	700	Susie	Giles	Female	45	I	Stafford	Sprint - Female	00:17:36	00:01:33	00:42:47	00:01:04	00:26:34	01:29:34
9	11:50:00	689	Claire	Byrne	Female	28	E	Solihull	Sprint - Female	00:18:25	00:01:19	00:42:16	00:00:54	00:26:58	01:29:52
10	11:50:00	719	Megan	McBrien	Female	20	C	Sutton Coldfield	Sprint - Female	00:16:01	00:03:02	00:48:28	00:00:47	00:21:39	01:29:57
11	11:50:00	748	Claire	Wallace	Female	24	C	Birmingham	Sprint - Female	00:18:28	00:02:36	00:43:38	00:01:10	00:24:57	01:30:49
12	11:50:00	745	Claire	Totty	Female	31	F	Shelfield	Sprint - Female			00:43:55	00:01:20	00:27:00	01:30:52
13	11:50:00	720	Nicola	Mitchell	Female	29	E	Dursley	Sprint - Female	00:14:55	00:02:40	00:48:37	00:00:50	00:25:11	01:32:13
14	11:50:00	715	Amy	Lavin	Female	33	F	Solihull	Sprint - Female	00:17:35	00:02:20	00:47:49	00:00:50	00:24:47	01:33:21
15	11:50:00	713	Lindsey	Hurley	Female	32	F	Birmingham	Sprint - Female	00:16:04	00:02:20	00:46:51	00:01:24	00:26:58	01:33:37
16	11:50:00	749	Sally	Warren	Female	22	C	Warwickshire	Sprint - Female	00:16:46	00:02:28	00:46:51	00:00:55	00:26:59	01:33:59
17	11:50:00	721	Alex	Moate	Female	34	F	London	Sprint - Female	00:14:41	00:02:24	00:46:51	00:01:42	00:28:23	01:34:01
18	11:50:00	695	Rebecca	Evans	Female	24	C	Birmingham	Sprint - Female	00:16:12	00:02:14	00:48:33	00:00:55	00:26:16	01:34:10
19	11:50:00	705	Moira	Hackett	Female	43	H	Wootton	Sprint - Female	00:22:14			00:01:12	00:25:26	01:34:23
20	11:50:00	740	zoe	stewart	Female	37	G	Birmingham	Sprint - Female	00:18:36	00:02:34	00:44:08	00:01:00	00:28:12	01:34:30
21	11:50:00	711	Joanne	Holt	Female	33	F	Harborne	Sprint - Female	00:21:51			00:00:43	00:25:09	01:35:42
22	11:50:00	690	Lisa	Cockburn	Female	50	J	West Kirby	Sprint - Female	00:14:57	00:02:58	00:47:56	00:01:34	00:28:41	01:36:06
23	11:50:00	729	Margherita	Philipp	Female	26	E	London	Sprint - Female	00:18:11	00:04:16	00:43:13	00:02:28	00:28:08	01:36:16
24	11:50:00	698	Lisa	Freeth	Female	28	E	Solihull	Sprint - Female	00:14:56	00:02:13	00:47:48	00:00:53	00:30:33	01:36:23
25	11:50:00	429	Mary	Reeves	Female	53	J	Inkberrow	Sprint - Female	00:19:13	00:03:32	00:46:25	00:00:59	00:26:34	01:36:43
26	11:50:00	747	Lesley	Turner	Female	49	I	Stafford	Sprint - Female	00:20:18	00:01:52	00:46:47	00:01:02	00:26:58	01:36:57
27	11:50:00	687	Alice	Bentley	Female	27	E	Birmingham	Sprint - Female	00:21:52	00:01:14	00:44:15	00:00:54	00:29:47	01:38:02
28	11:50:00	691	Caroline	Courtney	Female	41	H	Birmingham	Sprint - Female	00:17:51	00:02:50	00:46:59	00:01:26	00:29:02	01:38:08
29	11:50:00	678	Lucy	Porter	Female	17	B	Haigermeisters	Sprint - Female	00:19:23	00:02:33	00:48:28	00:01:04	00:27:08	01:38:36
30	11:50:00	802	JO	SMITH	Female	36	G	NOTTINGHAM	Sprint - Female	00:22:22			00:01:11	00:28:51	01:40:42
31	11:50:00	742	Emma	Sykes	Female	40	H	Sutton Coldfield	Sprint - Female	00:16:34	00:03:03	00:52:13	00:01:00	00:28:31	01:41:21
32	11:50:00	718	Sophia	Mason	Female	34	F	Holyhead	Sprint - Female	00:19:59	00:02:32	00:48:26	00:01:42	00:29:05	01:41:44
33	11:50:00	680	Emma	Plunkett	Female	39	G	The Plunketts	Sprint - Female	00:17:13	00:03:41	00:51:43	00:00:50	00:28:45	01:42:12
34	11:50:00	692	Sue	Curry	Female	57	K	Sutton Coldfield	Sprint - Female	00:23:43			00:01:09	00:25:15	01:43:20
35	11:50:00	699	Sarah	Fryer	Female	40	H	Birmingham	Sprint - Female	00:19:22	00:02:49	00:49:00	00:01:17	00:32:51	01:45:19
36	11:50:00	811	Sophia	Seabrook	Female	21	C	Birmingham	Sprint - Female	00:22:17			00:01:44	00:22:52	01:45:40
37	11:50:00	676	alana	hart	Female	51	J	class on the grass	Sprint - Female	00:23:16			00:01:16	00:27:10	01:46:57
38	11:50:00	813	Sara	gamble	Female	27	E	Tipton	Sprint - Female	00:12:43	00:02:44	00:54:29	00:01:02	00:36:05	01:47:03
39	11:50:00	735	Lynsey	Rutter	Female	28	E	Birmingham	Sprint - Female	00:17:13	00:02:44	00:55:22	00:00:53	00:30:55	01:47:07
40	11:50:00	739	Cheryl	Smylie	Female	42	H	West midlands	Sprint - Female	00:17:35	00:04:44	00:54:21	00:01:37	00:29:10	01:47:27
41	11:50:00	727	Madeline	Peacock	Female	39	G	Birmingham	Sprint - Female	00:17:34	00:04:44	00:54:17	00:01:44	00:29:09	01:47:28
42	11:50:00	734	Olivia	Russell	Female	24	C	Birmingham	Sprint - Female	00:15:50	00:01:56	00:59:04	00:00:54	00:29:57	01:47:41

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	11:50:00	677	Caroline	Porter	Female	50	J	Haigermeisters	Sprint - Female	00:20:17			00:01:03	00:30:45	01:47:46
44	11:50:00	671	deborah	loach	Female	56	K	Marie Curie Cancer	Sprint - Female	00:21:09			00:01:01	00:32:18	01:48:51
45	11:50:00	732	Sam	Priest	Female	25	E	West Midlands	Sprint - Female			00:48:47	00:01:36	00:36:42	01:48:53
46	11:50:00	681	Leanne	Plews	Female	36	G	Tri chicks	Sprint - Female	00:19:07			00:01:08	00:27:43	01:49:01
47	11:50:00	737	natalie	shaw	Female	26	E	halesowen	Sprint - Female	00:16:47	00:02:37	00:55:42	00:01:59	00:32:53	01:49:58
48	11:50:00	696	lisa	faries	Female	46	I	coventry	Sprint - Female	00:45:12	00:04:26	00:37:53	00:01:14	00:21:56	01:50:41
49	11:50:00	755	Beckie	Barlow	Female	45	I	tamworth	Sprint - Female	00:21:02			00:01:50	00:33:10	01:51:41
50	11:50:00	754	Kizzy	Atkinson	Female	34	F	Smethwick	Sprint - Female	00:20:31			00:01:35	00:33:10	01:52:02
51	11:50:00	667	Lucy	Freeman	Female	34	F	Cancer Research UK	Sprint - Female	00:23:44			00:00:56	00:30:08	01:52:07
52	11:50:00	673	Jane	Quinn	Female	62	L	Aldridge Running Cl	Sprint - Female	00:21:29	00:02:03	00:56:16	00:00:46	00:31:56	01:52:30
53	11:50:00	686	Helen	Cressey	Female	53	J	Unique	Sprint - Female	00:21:14			00:01:20	00:31:26	01:52:35
54	11:50:00	724	Rachel	Morrison	Female	28	E	Oxford	Sprint - Female	00:20:22	00:03:15	00:53:45	00:00:51	00:34:49	01:53:02
55	11:50:00	743	Amelia	Te	Female	20	C	Northampton	Sprint - Female	00:22:16			00:01:24	00:29:29	01:53:12
56	11:50:00	679	Isabel	Martinez	Female	30	F	Intelligent Energy	Sprint - Female	00:20:52			00:01:22	00:35:09	01:53:20
57	11:50:00	728	Ashley	Pentland	Female	29	E	Birmingham	Sprint - Female	00:18:31	00:03:50	00:54:27	00:01:57	00:35:00	01:53:45
58	11:50:00	730	Vicki	Platt	Female	42	H	Little Aston	Sprint - Female	00:19:17	00:02:43	01:00:14	00:01:37	00:30:26	01:54:17
59	11:50:00	682	Lindsay	Underwood	Female	35	G	Tri chicks	Sprint - Female	00:18:59	00:02:55	00:56:35	00:02:17	00:33:34	01:54:20
60	11:50:00	716	Michelle	Layton	Female	46	I	Solihull	Sprint - Female	00:22:26			00:01:11	00:28:39	01:54:24
61	11:50:00	668	Sally	Hatton	Female	39	G	Cancer Research UK	Sprint - Female	00:16:57	00:03:22	00:56:23	00:01:50	00:37:35	01:56:07
62	11:50:00	428	Sarah	Page	Female	40	H	Birmingham	Sprint - Female	00:20:35			00:01:27	00:34:43	01:57:10
63	11:50:00	725	Sophie	Nesbitt	Female	22	C	Brierley Hill	Sprint - Female	00:23:42			00:01:07	00:33:28	01:57:15
64	11:50:00	688	Sarah	Brooks	Female	45	I	birmingham	Sprint - Female	00:20:46			02:16:14	00:36:43	01:57:31
65	11:50:00	758	DEIRDRE	DUIGNAN	Female	46	I	Sutton Coldfield	Sprint - Female	00:23:07			00:01:40	00:33:02	01:58:34
66	11:50:00	706	Jessica	Hadley	Female	23	C	LONDON	Sprint - Female	00:20:47			00:01:12	00:35:22	01:58:50
67	11:50:00	693	Felicity	de Cogan	Female	29	E	Bimirnham	Sprint - Female	00:24:57			00:03:35	00:31:56	01:59:57
68	11:50:00	741	Carrie	Stimpson	Female	28	E	oldbury	Sprint - Female	00:25:41			00:01:24	00:33:39	02:00:33
69	11:50:00	675	catherine	adkins	Female	53	J	class on the grass	Sprint - Female			01:01:31	00:01:01	00:36:40	02:00:51
70	11:50:00	752	Louise	Nash	female	43	H		Sprint - Female	00:19:15	00:03:35	01:02:11	00:01:29	00:35:35	02:02:05
71	11:50:00	701	Andrea	Gittings	Female	43	H	Cannock	Sprint - Female	00:19:28			00:02:09	00:37:53	02:02:07
72	11:50:00	670	Jane	Green	Female	42	H	Marie Curie Cancer	Sprint - Female	00:21:01			00:01:01	00:37:59	02:02:44
73	11:50:00	736	Amy	Shaw	Female	32	F	London	Sprint - Female	00:28:41			00:02:17	00:35:14	02:02:56
74	11:50:00	744	emma	thompson	Female	38	G	West midlands	Sprint - Female	00:23:11			00:01:48	00:33:24	02:03:52
75	11:50:00	746	Mary	Tregunna	Female	29	E	London	Sprint - Female					00:35:36	02:07:28
76	11:50:00	712	Sarah	Humphries	Female	32	F	Cradley Heath	Sprint - Female	00:24:50			00:01:07	00:37:29	02:13:46
77	11:50:00	717	Margery	Lumsdaine	Female	44	H	Oldbury	Sprint - Female	00:29:27	00:05:44	01:02:47	00:02:47	00:34:22	02:15:07
78	11:50:00	672	Katy	Johnston	Female	29	E	MS-UK	Sprint - Female	00:25:30			00:01:22	00:37:14	02:18:09
79	11:50:00	710	Carol	Hollingworth	Female	55	K	Neston	Sprint - Female	00:27:16			00:01:58	00:43:33	02:20:03
80	11:50:00	707	Shaer	Halewood	Female	46	I	Connahs quay	Sprint - Female	00:27:17			00:01:39	00:43:28	02:20:05
81	11:50:00	753	sarah	walling	Female	23	C	Cancer Research UK	Sprint - Female	00:22:34			00:01:47	00:40:04	02:20:43
82	11:50:00	683	Gemma	King	Female	33	F	TTA	Sprint - Female	00:24:35			00:02:20	00:39:55	02:23:28
83	11:50:00	738	Tracy	smith	Female	54	J	dudley	Sprint - Female	00:29:55	00:05:52	01:13:15	00:01:44	00:42:02	02:32:48
84	11:50:00	756	ber	bevan	Female	53	J	cork	Sprint - Female	00:33:11	00:08:51	01:06:35	00:02:08	00:46:36	02:37:21