

Cheshire Sprint: Male 2012

Position	Race	Start	First Name	Last Name	Sex	Age	BTF	Team Name	Event	Swim	Bike	Run	Total
	No	Time											
1	481	11:10:00	Peter	Brook	Male	31	F	Chester	Sprint	00:07:41	00:32:46	00:17:57	00:58:24
2	20	08:36:20	paul	jones	Male	43	H	Cheshire	Sprint	00:07:53	00:32:59	00:19:23	01:00:15
3	8	08:32:20	James	Emery	Male	35	G	Shrewsbury	Sprint	00:06:55	00:33:01	00:20:26	01:00:22
4	33	08:40:40	Andrew	Bentley	Male	46	I	Norton in Hales	Sprint	00:07:29	00:34:00	00:18:55	01:00:24
5	4	08:31:00	chris	dixon	Male	38	G	Kendal	Sprint	00:06:38	00:33:48	00:20:33	01:00:59
6	24	08:37:40	Tom	Williams	Male	33	F	Neston	Sprint	00:07:33	00:34:26	00:19:25	01:01:24
7	1	08:30:00	James	Briscoe	Male	18	C	Wistaston	Sprint	00:06:47	00:35:58	00:18:54	01:01:39
8	322	10:17:00	Andrew	Jones	Male	28	E	Crewe	Sprint	00:08:09	00:34:00	00:19:51	01:02:00
9	12	08:33:40	Leon	Garside	Male	33	F	stoke on trent	Sprint	00:07:40	00:35:30	00:19:34	01:02:44
10	21	08:36:40	Graham	Ball	Male	38	G	Stone	Sprint	00:07:25	00:35:01	00:20:29	01:02:55
11	505	11:18:00	William	Kirstein	Male	27	E	Oakham	Sprint	00:06:51	00:35:07	00:21:13	01:03:11
12	96	09:01:40	Paul	Evans	Male	42	H	Ellesmere	Sprint	00:08:44	00:34:46	00:19:53	01:03:23
13	92	09:00:20	Mark	benson	Male	32	F	shrewsbury	Sprint	00:08:49	00:35:35	00:20:15	01:04:39
14	22	08:37:00	Roberts	Paul	Male	40	H	Queensferry	Sprint	00:07:09	00:35:58	00:21:55	01:05:02
15	511	11:20:00	Dean	Hodge	Male	38	G	Chester	Sprint	00:08:09	00:37:38	00:19:20	01:05:07
16	167	09:25:20	william	price	Male	33	F	Arthritis Research	Sprint	00:08:29	00:36:19	00:21:06	01:05:54
17	53	08:47:20	KARL	FISHER	Male	44	H	CANNOCK	Sprint	00:08:54	00:36:41	00:20:31	01:06:06
18	77	08:55:20	nicholas	whitley	Male	42	H	wrexham	Sprint	00:09:02	00:35:57	00:21:26	01:06:25
19	57	08:48:40	Paul	Brown	Male	41	H	Nantwich	Sprint	00:08:21	00:37:27	00:20:44	01:06:32
20	32	08:40:20	Martin	Tolley	Male	51	J	Stafford	Sprint	00:09:32	00:34:50	00:22:30	01:06:52
21	31	08:40:00	Wayne	Roberts	Male	42	H	Chester	Sprint	00:08:26	00:36:27	00:21:59	01:06:52
22	152	09:20:20	Adam	Grainger	Male	32	F	Hollywood	Sprint	00:08:17	00:39:42	00:19:10	01:07:09
23	345	10:24:40	Spencer	Lynn	Male	47	I	Wilmslow	Sprint	00:09:18	00:36:55	00:21:05	01:07:18
24	61	08:50:00	jamie	fradgley	Male	23	D	halifax	Sprint	00:08:07	00:39:46	00:19:34	01:07:27
25	388	10:39:00	Bruce	Munro	Male	36	G	Manchester	Sprint	00:08:20	00:37:31	00:21:37	01:07:28
26	532	11:27:00	Edward	Crossland	Male	38	G	wrexham	Sprint	00:08:15	00:37:21	00:21:54	01:07:30
27	7	08:32:00	Martyn	Holman	Male	38	G	London	Sprint	00:07:34	00:37:52	00:22:07	01:07:33
28	29	08:39:20	Robert	Macleod	Male	42	H	ormskirk	Sprint	00:07:47	00:37:55	00:21:58	01:07:40
29	106	09:05:00	andrew	thomson	Male	43	H	stockport	Sprint	00:10:28	00:36:30	00:20:44	01:07:42
30	71	08:53:20	Philip	Foster	Male	47	I	Walsall	Sprint	00:09:24	00:37:32	00:20:54	01:07:50
31	90	08:59:40	Stephen	Dixon	Male	35	G	Northampton	Sprint	00:08:37	00:37:48	00:21:26	01:07:51
32	105	09:04:40	Simon	Powner	Male	30	F	Newcastle under	Sprint	00:08:57	00:38:07	00:21:08	01:08:12
33	82	08:57:00	Nathan	Jansen	Male	39	G	Stalybridge	Sprint	00:09:51	00:37:49	00:20:42	01:08:22
34	531	11:26:40	neil	thomas	Male	40	H	chester	Sprint	00:09:37	00:37:47	00:21:18	01:08:42
35	132	09:13:40	Tom	Wilne	Male	39	G	Nantwich	Sprint	00:09:22	00:38:22	00:21:04	01:08:48
36	225	09:44:40	Mark	Stubbs	Male	34	F	Chester Tri Club	Sprint	00:10:00	00:35:45	00:23:15	01:09:00

37	524	11:24:20	nigel	critchlow	Male	40	H	buxton	Sprint	00:09:59	00:36:36	00:22:33	01:09:08
38	28	08:39:00	mark	benson	Male	32	F	Cancer Research	Sprint	00:08:21	00:37:59	00:22:51	01:09:11
39	55	08:48:00	Paul	Selley	Male	38	G	Wrexham	Sprint	00:09:03	00:38:29	00:21:40	01:09:12
40	143	09:17:20	Stewart	Barker	Male	31	F	Norwich	Sprint	00:10:26	00:38:00	00:20:46	01:09:12
41	63	08:50:40	john	rochford	Male	38	G	hazel grove stock	Sprint	00:08:16	00:41:00	00:20:01	01:09:17
42	162	09:23:40	simon	locke	Male	46	I	Arthritis Research	Sprint	00:10:16	00:36:08	00:22:56	01:09:20
43	111	09:06:40	Darren	Ingham	Male	40	H	Northwich	Sprint	00:08:54	00:37:43	00:22:45	01:09:22
44	89	08:59:20	Ed	Paxton	Male	46	I	Wrexham	Sprint	00:08:40	00:36:52	00:23:51	01:09:23
45	5	08:31:20	Nick	Williams	Male	38	G	Lymm	Sprint	00:06:35	00:39:54	00:22:59	01:09:28
46	27	08:38:40	Dom	Ash	Male	27	E	Bristol	Sprint	00:07:01	00:39:42	00:22:46	01:09:29
47	520	11:23:00	James	Eastbury	Male	25	E	Chester	Sprint	00:08:47	00:38:17	00:22:33	01:09:37
48	120	09:09:40	Nick	Eastwood	Male	43	H	Hawarden	Sprint	00:09:54	00:37:54	00:21:59	01:09:47
49	320	10:16:20	Chris	Perks	Male	42	H	Crewe	Sprint	00:10:18	00:38:54	00:20:55	01:10:07
50	495	11:14:40	David	Doughty	Male	48	I	Southport	Sprint	00:08:32	00:38:46	00:22:56	01:10:14
51	39	08:42:40	Paul	Harbidge	Male	52	J	Warrington Tri Clu	Sprint	00:07:57	00:38:14	00:24:05	01:10:16
52	128	09:12:20	Neill	Rees-Hughes	Male	34	F	mold	Sprint	00:09:21	00:37:10	00:23:47	01:10:18
53	119	09:09:20	Stephen	Davies	Male	41	H	Chester	Sprint	00:09:18	00:38:46	00:22:26	01:10:30
54	110	09:06:20	Nic	Clarke	Male	37	G	Colchester	Sprint	00:10:40	00:38:23	00:21:27	01:10:30
55	58	08:49:00	matt	eadley	Male	31	F	Market Drayton	Sprint	00:09:21	00:41:26	00:19:44	01:10:31
56	234	09:47:40	John	Downsborough	Male	26	E	Bristol	Sprint	00:13:45	00:37:31	00:19:17	01:10:33
57	242	09:50:20	Gareth	Hansom	Male	30	F	Connaugh's Quay	Sprint	00:07:20	00:40:37	00:22:38	01:10:35
58	86	08:58:20	Antony	Jones	Male	39	G	prestwich	Sprint	00:08:57	00:38:22	00:23:18	01:10:37
59	59	08:49:20	Graham	atkinson	Male	54	J	warrington	Sprint	00:08:25	00:39:49	00:22:26	01:10:40
60	148	09:19:00	Giles	Chesher	Male	34	F	Altrincham	Sprint	00:09:32	00:38:04	00:23:06	01:10:42
61	41	08:43:20	Jonathan	Kini	Male	33	F	Woodley	Sprint	00:08:54	00:39:26	00:22:26	01:10:46
62	138	09:15:40	Robert	Kidd	Male	64	L	North Shropshire	Sprint	00:10:13	00:36:28	00:24:09	01:10:50
63	518	11:22:20	nic	wright	Male	52	J	Caerwys Mold	Sprint	00:08:33	00:38:12	00:24:08	01:10:53
64	264	09:57:40	Noel	Curtis	Male	38	G	macclesfield	Sprint	00:10:25	00:40:01	00:20:36	01:11:02
65	35	08:41:20	Kevin	McCloskey	Male	46	I	Congleton	Sprint	00:08:14	00:39:58	00:22:53	01:11:05
66	84	08:57:40	Mark	Thacker	Male	39	G	Warrington	Sprint	00:11:21	00:38:23	00:21:22	01:11:06
67	107	09:05:20	James	Moy	Male	22	D	liverpool	Sprint	00:07:54	00:39:28	00:23:46	01:11:08
68	46	08:45:00	Andrew	Marsden	Male	39	G	Staveley	Sprint	00:08:31	00:40:11	00:22:28	01:11:10
69	19	08:36:00	John	Ainsworth	Male	45	I	Willaston	Sprint	00:07:31	00:41:06	00:22:39	01:11:16
71	155	09:21:20	Matthew	Hanson	Male	29	E	Cheadle	Sprint	00:09:32	00:39:41	00:22:03	01:11:16
70	3	08:30:40	Karl	Southern	Male	20	D	Arthritis Research	Sprint	00:09:05	00:39:06	00:23:08	01:11:19
72	215	09:41:20	Andy	Nivison	Male	44	H	Nantwich	Sprint	00:12:05	00:37:26	00:21:49	01:11:20
73	38	08:42:20	Andy	Hamilton	Male	33	F	Ellesmere Port	Sprint	00:09:02	00:37:08	00:25:12	01:11:22
74	507	11:18:40	david	ratcliffe	Male	44	H	manchester	Sprint	00:08:19	00:40:28	00:22:50	01:11:37
75	255	09:54:40	andrew	rhodes	Male	47	I	lytham St Annes	Sprint	00:10:07	00:39:14	00:22:26	01:11:47
76	168	09:25:40	Richard	Roach	Male	42	H	Telford	Sprint	00:10:47	00:39:02	00:22:01	01:11:50

77	204	09:37:40	Craig	Elliott	Male	30	F	newcastle	Sprint	00:07:41	00:40:33	00:23:42	01:11:56
78	30	08:39:40	Joe	Reskelly	Male	16	A	Widnes	Sprint	00:07:32	00:42:44	00:21:42	01:11:58
79	515	11:21:20	Matt	Edwards	Male	46	I	Crewe	Sprint	00:10:13	00:38:37	00:23:12	01:12:02
80	102	09:03:40	mark	owens	Male	32	F	maghull	Sprint	00:10:15	00:39:26	00:22:24	01:12:05
81	52	08:47:00	Chris	Poole	Male	43	H	Chester Triathlon	Sprint	00:08:31	00:40:45	00:22:55	01:12:11
82	47	08:45:20	Andrew	McGrillis	Male	35	G	Nantwich	Sprint	00:07:59	00:45:22	00:18:51	01:12:12
83	75	08:54:40	Jason	Smith	Male	33	F	Aston-Juxta-Monc	Sprint	00:08:06	00:40:21	00:23:54	01:12:21
84	207	09:38:40	martin	gregory	Male	41	H	crewe	Sprint	00:10:00	00:39:06	00:23:18	01:12:24
85	171	09:26:40	Paul	Sellars	Male	44	H	Warrington	Sprint	00:09:34	00:40:07	00:22:46	01:12:27
86	95	09:01:20	JAKE	BURGESS	Male	27	E	Porthill	Sprint	00:08:25	00:39:40	00:24:27	01:12:32
87	274	10:01:00	Ben	Belcher	Male	36	G	Manchester	Sprint	00:10:21	00:42:29	00:19:43	01:12:33
88	88	08:59:00	robert	lomas	Male	33	F	chirk	Sprint	00:09:13	00:41:09	00:22:23	01:12:45
89	134	09:14:20	Martin	Phillips	Male	46	I	Nantwich	Sprint	00:10:22	00:39:17	00:23:17	01:12:56
90	97	09:02:00	Mark	Gould	Male	31	F	Chester	Sprint	00:09:08	00:40:40	00:23:11	01:12:59
91	112	09:07:00	Neil	Marshall	Male	34	F	Chester	Sprint	00:10:25	00:39:12	00:23:30	01:13:07
92	125	09:11:20	steven61175	mcloughlin	Male	36	G	Wallasey	Sprint	00:10:26	00:37:09	00:25:32	01:13:07
93	144	09:17:40	Martin	Bedwin	Male	45	I	Stratford upon Av	Sprint	00:09:28	00:40:16	00:23:25	01:13:09
94	220	09:43:00	John	Wilding	Male	50	J	NESTON	Sprint	00:09:34	00:39:35	00:24:12	01:13:21
95	523	11:24:00	Gary	White	Male	51	J	Liverpool	Sprint	00:10:24	00:40:05	00:23:00	01:13:29
96	18	08:35:40	Josh	Grant	Male	24	D	Crewe	Sprint	00:09:08	00:40:24	00:23:59	01:13:31
97	127	09:12:00	Ryan	Platt	Male	27	E	Crewe	Sprint	00:09:29	00:41:22	00:22:41	01:13:32
98	285	10:04:40	Stephen	Morrell	Male	45	I	Aylesbury	Sprint	00:15:00	00:35:26	00:23:08	01:13:34
99	244	09:51:00	John	Matson	Male	47	I	Manchester	Sprint	00:08:57	00:40:59	00:23:50	01:13:46
100	210	09:39:40	Aaren	Hampson	Male	36	G	wirral	Sprint	00:10:24	00:41:16	00:22:13	01:13:53
101	65	08:51:20	john	burton	Male	42	H	tarporley	Sprint	00:08:33	00:41:07	00:24:19	01:13:59
102	265	09:58:00	kevin	jarvis	Male	41	H	warrington	Sprint	00:10:41	00:40:16	00:23:10	01:14:07
103	6	08:31:40	Andrew	Greensmith	Male	33	F	Stoke on Trent	Sprint	00:09:08	00:42:29	00:22:33	01:14:10
104	528	11:25:40	chris	whittaker	Male	44	H	leigh	Sprint	00:09:47	00:38:10	00:26:14	01:14:11
105	64	08:51:00	Lee	Barnfield	Male	36	G	Oswestry	Sprint	00:08:36	00:39:40	00:25:57	01:14:13
106	206	09:38:20	david	gill	Male	22	D	hale	Sprint	00:08:47	00:40:07	00:25:23	01:14:17
107	366	10:31:40	Dane	Stanley	Male	35	G	Whaley Bridge	Sprint	00:10:15	00:39:54	00:24:14	01:14:23
108	279	10:02:40	Niel	Johnson	Male	40	H	Gosport	Sprint	00:10:15	00:41:11	00:22:58	01:14:24
109	193	09:34:00	Mark	Johnson	Male	34	F	Crewe	Sprint	00:10:22	00:39:38	00:24:28	01:14:28
110	100	09:03:00	scott	jones	Male	41	H	Cheddleton	Sprint	00:07:56	00:41:20	00:25:16	01:14:32
111	83	08:57:20	Iain	Johnstone	Male	43	H	Newcastle upon T	Sprint	00:08:23	00:41:12	00:25:05	01:14:40
112	139	09:16:00	William	Amis	Male	29	E	Moreton	Sprint	00:09:55	00:41:41	00:23:09	01:14:45
113	85	08:58:00	Tom	AspinwallTomA	Male	28	E	Carbrooke	Sprint	00:09:01	00:38:01	00:27:57	01:14:59
114	257	09:55:20	Richard	Wimmer	Male	43	H	Northallerton	Sprint	00:09:51	00:43:40	00:21:31	01:15:02
115	212	09:40:20	Joe	Cannavan	Male	38	G	Manchester	Sprint	00:10:47	00:40:21	00:23:56	01:15:04
116	400	10:43:00	Craig	Critchley	Male	38	G	Lymm	Sprint	00:10:37	00:43:09	00:21:28	01:15:14

117	314	10:14:20	Jim	Heron	Male	46	I	Macclesfield	Sprint	00:11:08	00:42:31	00:21:35	01:15:14
118	235	09:48:00	Matt	Flanagan	Male	25	E	Manchester	Sprint	00:11:55	00:40:51	00:22:30	01:15:16
119	370	10:33:00	Neil	Jenkins	Male	45	I	Ellesmere Port	Sprint	00:12:03	00:40:03	00:23:10	01:15:16
120	231	09:46:40	Mike	Astle	Male	42	H	Ormskirk	Sprint	00:10:13	00:40:01	00:25:11	01:15:25
121	440	10:56:20	Graeme	Acheson	Male	24	D	London	Sprint	00:09:09	00:45:01	00:21:27	01:15:37
122	130	09:13:00	Shaun	Telford	Male	42	H	Chester	Sprint	00:10:17	00:40:55	00:24:25	01:15:37
123	273	10:00:40	David	Livingstone	Male	42	H	Sale	Sprint	00:12:17	00:43:00	00:20:20	01:15:37
124	280	10:03:00	ANDY	JONES	Male	41	H	STAFFORD	Sprint	00:11:20	00:41:06	00:23:17	01:15:43
125	474	11:07:40	SEAN	JOHNSTON	Male	22	D	ELLESMERE PO	Sprint	00:09:27	00:49:12	00:17:05	01:15:44
126	183	09:30:40	Mark	Boggas	Male	44	H	Chortlon cum Har	Sprint	00:11:08	00:41:12	00:23:24	01:15:44
127	245	09:51:20	Harry	Price	Male	17	C	Nantwich	Sprint	00:08:28	00:42:38	00:24:46	01:15:52
128	118	09:09:00	Philip	Clarke	Male	41	H	Whitchurch	Sprint	00:09:14	00:41:41	00:24:59	01:15:54
129	200	09:36:20	Alex	Cartney	Male	24	D	Northwich	Sprint	00:09:27	00:43:36	00:22:53	01:15:56
130	326	10:18:20	Arran	McCloskey	Male	16	A	Congleton	Sprint	00:07:32	00:43:26	00:25:05	01:16:03
131	79	08:56:00	Mark	Booth	Male	40	H	Wrexham	Sprint	00:08:30	00:41:47	00:25:48	01:16:05
132	10	08:33:00	Les	Church	Male	40	H	Padeswood	Sprint	00:06:31	00:42:15	00:27:23	01:16:09
133	195	09:34:40	Lee	Cole	Male	40	H	Walsall	Sprint	00:11:15	00:41:41	00:23:13	01:16:09
134	66	08:51:40	ZYUGMUNT	CIEPLY	Male	60	L	CONNAHS QUAY	Sprint	00:08:16	00:40:25	00:27:29	01:16:10
135	116	09:08:20	Charles	Belanger	Male	44	H	Nantwich	Sprint	00:09:51	00:39:45	00:26:35	01:16:11
136	218	09:42:20	Simon	Varcoe	Male	27	E	Milton Keynes	Sprint	00:10:17	00:43:04	00:22:51	01:16:12
137	73	08:54:00	Si	Reynolds	Male	33	F	Nantwich	Sprint	00:10:10	00:40:49	00:25:14	01:16:13
138	464	11:04:20	Ceinion	Thomas	Male	39	G	Newton-le-Willow:	Sprint	00:13:16	00:41:25	00:21:41	01:16:22
139	492	11:13:40	Stephen	Armstrong	Male	34	F	Newcastle upon T	Sprint	00:11:28	00:41:56	00:23:02	01:16:26
140	137	09:15:20	Stephen	Butterfield	Male	48	I	Lymm	Sprint	00:10:44	00:41:37	00:24:06	01:16:27
141	461	11:03:20	robert	scarrow	Male	30	F	sheffield	Sprint	00:10:56	00:41:18	00:24:15	01:16:29
142	269	09:59:20	Ed	Cross	Male	48	I	Whitmore	Sprint	00:11:04	00:41:02	00:24:34	01:16:40
143	140	09:16:20	Mark	Ayrton	Male	38	G	Manchester	Sprint	00:09:37	00:43:48	00:23:19	01:16:44
144	103	09:04:00	MARK	PAYNE	Male	30	F	Nantwich	Sprint	00:08:16	00:45:26	00:23:09	01:16:51
145	114	09:07:40	Mark	Williams	Male	36	G	Chester	Sprint	00:09:36	00:42:26	00:24:51	01:16:53
146	439	10:56:00	Nygel	Lyndley	Male	39	G	Greenfield	Sprint	00:10:55	00:41:45	00:24:13	01:16:53
147	232	09:47:00	Phil	Catton	Male	57	K	Llangollen	Sprint	00:10:44	00:41:29	00:24:43	01:16:56
148	509	11:19:20	Jason	Corner	Male	40	H	Warrington	Sprint	00:09:50	00:41:19	00:25:54	01:17:03
149	135	09:14:40	paul	stennett	Male	50	J	birkdale	Sprint	00:09:58	00:42:53	00:24:14	01:17:05
150	224	09:44:20	Anthony	Lees	Male	47	I	Cockermouth	Sprint	00:09:41	00:45:35	00:21:53	01:17:09
151	394	10:48:00	Matthew	Thorpe	Male	23	D	Leigh	Sprint	00:09:24	00:45:07	00:22:40	01:17:11
152	321	10:16:40	Russ	Pike	Male	43	H	Lichfield	Sprint	00:11:37	00:42:31	00:23:08	01:17:16
153	72	08:53:40	Jody	Pryor	Male	32	F	colwyn bay	Sprint	00:08:27	00:43:20	00:25:30	01:17:17
154	332	08:35:15	ROB	CAPENER	Male	39	G	Nantwich	Sprint	00:10:35	00:41:13	00:25:31	01:17:19
155	37	08:42:00	David	Beattie	Male	31	F	St Neots	Sprint	00:08:05	00:42:26	00:26:53	01:17:24
156	177	09:28:40	Greg	Waldron	Male	49	I	Belle Vue	Sprint	00:10:20	00:39:09	00:27:55	01:17:24

157	330	10:19:40	Andrew	Shufflebotham	Male	33	F	Crewe	Sprint	00:11:07	00:42:43	00:23:41	01:17:31
158	228	09:45:40	Andy	Thomas	Male	49	I	Stoke-On-Trent	Sprint	00:09:53	00:42:51	00:24:48	01:17:32
159	290	10:06:20	Ali	Sholl	Male	45	I	Warrington	Sprint	00:09:09	00:42:29	00:26:07	01:17:45
160	67	08:52:00	ian	davies	Male	52	J	chirk	Sprint	00:10:17	00:39:52	00:27:36	01:17:45
161	174	09:27:40	Ric	Taylor	Male	48	I	Manchester	Sprint	00:09:35	00:42:33	00:25:44	01:17:52
162	198	09:35:40	James	Arathoon	Male	23	D	Ellesmere Port	Sprint	00:10:15	00:42:40	00:25:03	01:17:58
163	43	08:44:00	John	Cottrell	Male	52	J	Stoke on Trent	Sprint	00:10:20	00:41:21	00:26:30	01:18:11
164	248	09:52:20	Tom	McDonnell	Male	26	E	Manchester	Sprint	00:10:43	00:45:30	00:21:58	01:18:11
165	124	09:11:00	Chris	Lockett	Male	48	I	Stamford Triathlo	Sprint	00:10:02	00:44:17	00:23:56	01:18:15
166	360	10:29:40	Paul	Jennings	Male	52	J	Stone	Sprint	00:13:03	00:38:26	00:26:53	01:18:22
167	327	10:18:40	kevan	hinett	Male	48	I	Sandbach	Sprint	00:12:17	00:44:15	00:21:52	01:18:24
168	94	09:01:00	Keith	Eagle	Male	48	I	Knutsford	Sprint	00:10:29	00:41:41	00:26:16	01:18:26
169	506	11:18:20	ben	nicholson	Male	18	C	shawbury	Sprint	00:09:41	00:45:29	00:23:18	01:18:28
170	429	10:52:40	Neil	Wiggins	Male	33	F	Yeovil	Sprint	00:12:54	00:42:40	00:23:01	01:18:35
171	136	09:15:00	don	wilkinson	Male	51	J	birkdale	Sprint	00:09:30	00:44:29	00:24:44	01:18:43
172	150	09:19:40	Chris	Dagnall	Male	50	J	Wirral	Sprint	00:11:51	00:40:00	00:27:06	01:18:57
173	250	09:53:00	mark	morley	Male	37	G	stockport	Sprint	00:09:48	00:44:23	00:24:48	01:18:59
174	219	09:42:40	mark	wakefield	Male	47	I	helsby	Sprint	00:12:29	00:41:15	00:25:21	01:19:05
175	331	10:20:00	Adam	Brennan	Male	46	I	Market Drayton	Sprint	00:12:49	00:40:17	00:26:07	01:19:13
176	68	08:52:20	Rod	Deaves	Male	47	I	Oldbury	Sprint	00:11:02	00:42:47	00:25:25	01:19:14
177	223	09:44:00	phillip	weaver	Male	59	K	ellesmere port	Sprint	00:10:47	00:44:41	00:23:53	01:19:21
178	512	11:20:20	Anthony	AstonODonova	Male	38	G	Nantwich	Sprint	00:09:03	00:42:22	00:28:03	01:19:28
179	15	08:34:40	Mark	Wilkinson	Male	49	I	Manchester	Sprint	00:11:33	00:41:25	00:26:33	01:19:31
180	153	09:20:40	daniel	green	Male	39	G	Arthritis Research	Sprint	00:09:05	00:43:17	00:27:10	01:19:32
181	187	09:32:00	Andrew	Caldwell	Male	47	I	Nantwich	Sprint	00:10:09	00:43:00	00:26:25	01:19:34
182	113	09:07:20	Thomas	Dean-Betts	Male	24	D	carnforth	Sprint	00:09:52	00:43:16	00:26:27	01:19:35
183	344	10:24:20	John	Robb	Male	49	I	Willaston	Sprint	00:11:32	00:41:56	00:26:09	01:19:37
184	2	08:30:20	Dave	Spence	Male	37	G	Stockport	Sprint	00:09:56	00:45:00	00:24:43	01:19:39
185	305	10:11:20	Quim	Cano	Male	34	F	STALYBRIDGE	Sprint	00:12:23	00:44:39	00:22:37	01:19:39
186	340	10:23:00	Peter	Harris	Male	50	J	Cancer Research	Sprint	00:13:03	00:42:15	00:24:26	01:19:44
187	229	09:46:00	Jacob	Wrigglesworth	Male	21	D	Chester	Sprint	00:10:14	00:42:38	00:26:55	01:19:47
188	104	09:04:20	Robert	Pearcy	Male	24	D	Carnforth	Sprint	00:09:38	00:45:36	00:24:34	01:19:48
189	189	09:32:40	Andrew J	Wood	Male	17	C	chorley	Sprint	00:08:47	00:47:35	00:23:28	01:19:50
190	170	09:26:20	Neil	Robinson	Male	39	G	Crewe	Sprint	00:09:31	00:43:48	00:26:31	01:19:50
191	9	08:32:40	John	Kitchen	Male	34	F	Little Sutton	Sprint	00:07:49	00:44:57	00:27:05	01:19:51
192	1049	14:00:30	Rob	Gaffney	male	31	F		Sprint	00:10:02	00:43:33	00:26:17	01:19:52
193	368	10:32:20	Wes	Farley	Male	46	I	Denbigh	Sprint	00:10:57	00:42:35	00:26:22	01:19:54
194	227	09:45:20	Mike	Healy	Male	41	H	Tarporley	Sprint	00:11:23	00:42:48	00:25:44	01:19:55
195	517	11:22:00	Joseph	Schembri	Male	37	G	barry	Sprint	00:10:48	00:47:58	00:21:15	01:20:01
196	444	10:57:40	Ben	Heywood	Male	24	D	London	Sprint	00:10:26	00:44:42	00:25:01	01:20:09

197	494	11:14:20	Clive	Davey	Male	46	I	NSPCC	Sprint	00:10:36	00:44:22	00:25:21	01:20:19
198	23	08:37:20	Peter	Smith	Male	21	D	carnforth	Sprint	00:07:04	00:47:40	00:25:41	01:20:25
199	343	10:24:00	Mark	Price	Male	44	H	Stoke on Trent	Sprint	00:11:27	00:43:17	00:25:45	01:20:29
200	308	10:12:20	Glen	Davies	Male	33	F	Manchester	Sprint	00:11:20	00:42:11	00:27:16	01:20:47
201	333	10:20:40	Roger	Stockton	Male	47	I	Crewe	Sprint	00:11:59	00:42:52	00:25:57	01:20:48
202	418	10:49:00	Phillip	Marsden	Male	29	E	Widnes	Sprint	00:10:23	00:48:04	00:22:22	01:20:49
203	34	08:41:00	Graham	Turner	Male	31	F	Chester	Sprint	00:09:22	00:44:55	00:26:33	01:20:50
204	405	10:44:40	Philip	Gleave	Male	17	C	British Heart Four	Sprint	00:11:49	00:44:49	00:24:15	01:20:53
205	409	10:46:00	matthew	harrison	Male	40	H	market drayton	Sprint	00:12:19	00:43:54	00:24:42	01:20:55
206	54	08:47:40	Darren	Baker	Male	31	F	Cancer Research	Sprint	00:13:25	00:42:44	00:24:50	01:20:59
207	267	09:58:40	Stephen	Whittall	Male	59	K	Crewe	Sprint	00:10:37	00:45:43	00:24:41	01:21:01
208	154	09:21:00	steve	green	Male	58	K	Manchester	Sprint	00:11:12	00:45:26	00:24:24	01:21:02
209	420	10:49:40	Steve	McCann	Male	45	I	Bromborough	Sprint	00:10:47	00:43:31	00:26:45	01:21:03
210	230	09:46:20	Andrew	Christopherson	Male	48	I	Northwich	Sprint	00:11:48	00:43:45	00:25:36	01:21:09
211	42	08:43:40	Matthew	Boyman	Male	39	G	Staveley	Sprint	00:10:08	00:43:38	00:27:25	01:21:11
212	87	08:58:40	Neil	Phillipson	Male	42	H	Cancer Research	Sprint	00:08:00	00:49:54	00:23:19	01:21:13
213	202	09:37:00	Andrew	Drinkall	Male	35	G	Chester	Sprint	00:10:25	00:42:26	00:28:29	01:21:20
214	101	09:03:20	john	lathem	Male	45	I	stockport	Sprint	00:10:40	00:43:32	00:27:13	01:21:25
215	256	09:55:00	Martin	Thomas	Male	34	F	Nantwich	Sprint	00:09:51	00:51:11	00:20:27	01:21:29
216	62	08:50:20	Huw	Rees	Male	50	J	Sychdyn	Sprint	00:08:15	00:47:47	00:25:30	01:21:32
217	453	11:00:40	Chris	Gorman	Male	28	E	newton le willows	Sprint	00:09:58	00:49:15	00:22:30	01:21:43
218	243	09:50:40	Mark	Goodwin	Male	48	I	Crewe	Sprint	00:11:57	00:41:58	00:27:50	01:21:45
219	513	11:20:40	Hans	Taylor	Male	45	I	Maidstone	Sprint	00:08:48	00:41:33	00:31:33	01:21:54
220	312	10:13:40	michael	gavin	Male	27	E	runcorn	Sprint	00:10:16	00:47:09	00:24:36	01:22:01
221	93	09:00:40	Baptiste	Chadeyron	Male	34	F	Manchester	Sprint	00:10:24	00:46:31	00:25:07	01:22:02
222	473	11:07:20	George	Heywood	Male	31	F	Chester	Sprint	00:09:55	00:45:44	00:26:25	01:22:04
223	323	10:17:20	Ian	Tomlinson	Male	52	J	Arthritis Research	Sprint	00:11:34	00:44:30	00:26:09	01:22:13
224	303	10:10:40	Matt	Bridges	Male	44	H	Chester	Sprint	00:13:05	00:44:29	00:24:39	01:22:13
225	91	09:00:00	Matthew	McConville	Male	29	E	Liverpool	Sprint	00:09:31	00:48:06	00:24:37	01:22:14
226	240	09:49:40	Steve	Kilby	Male	41	H	Nantwich	Sprint	00:12:59	00:45:04	00:24:12	01:22:15
228	254	09:54:20	Jonathan	Parton	Male	39	G	Crewe	Sprint	00:14:08	00:43:37	00:24:30	01:22:15
227	185	09:31:20	James	Jobling	male	16	A	Hubnuts	Sprint	00:08:16	00:45:54	00:28:06	01:22:16
229	263	09:57:20	David	Roberts	Male	39	G	northwich	Sprint	00:12:22	00:44:12	00:25:45	01:22:19
230	40	08:43:00	Nick	Evans	Male	24	D	Altrincham	Sprint	00:08:51	00:45:48	00:27:47	01:22:26
231	346	10:25:00	mark	stanton	Male	47	I	wigan	Sprint	00:10:41	00:46:25	00:25:23	01:22:29
232	460	11:03:00	David	Pears	Male	29	E	Barrow in Furness	Sprint	00:08:07	00:44:32	00:29:53	01:22:32
233	485	11:11:20	Adam	Cass	Male	24	D	Nantwich	Sprint	00:11:54	00:45:04	00:25:34	01:22:32
234	311	10:13:20	Paul	Gallagher	male	51	J	SUDDEN IMPAC	Sprint	00:10:32	00:44:52	00:27:09	01:22:33
235	186	09:31:40	Lee	OLoughlin	Male	28	E	Runcorn	Sprint	00:09:23	00:45:50	00:27:24	01:22:37
236	208	09:39:00	Daniel	Gribbin	Male	27	E	Newcastle Under	Sprint	00:09:42	00:44:31	00:28:25	01:22:38

237	81	08:56:40	Dave	Antrobus	Male	43	H	Warrington	Sprint	00:14:06	00:40:25	00:28:11	01:22:42
238	78	08:55:40	Scott	Wood	Male	40	H	Derby	Sprint	00:08:17	00:43:54	00:30:33	01:22:44
239	184	09:31:00	Bruce	Jobling	male	44	H	hubnuts	Sprint	00:09:51	00:44:32	00:28:24	01:22:47
240	499	11:16:00	James	Handley	Male	33	F	Whitchurch	Sprint	00:12:16	00:45:29	00:25:22	01:23:07
241	522	11:23:40	pej	nikoufekr	Male	32	F	Crewe	Sprint	00:09:50	00:48:14	00:25:05	01:23:09
242	262	09:57:00	Gary	Bateman	Male	42	H	Mold	Sprint	00:10:52	00:47:56	00:24:23	01:23:11
243	11	08:33:20	ian	faulkner	Male	44	H	Arthritis Research	Sprint	00:11:09	00:48:12	00:23:51	01:23:12
244	353	10:27:20	Andy	Bennion	Male	39	G	Wrexham	Sprint	00:10:56	00:45:28	00:26:54	01:23:18
245	133	09:14:00	Mick	Flaherty	Male	39	G	Little Sutton	Sprint	00:09:18	00:43:00	00:31:02	01:23:20
246	151	09:20:00	Adam	Elliott	Male	37	G	Chester	Sprint	00:09:42	00:45:21	00:28:32	01:23:35
247	510	11:19:40	Darren	White	Male	49	I	Hinckley	Sprint	00:09:40	00:47:19	00:26:40	01:23:39
248	175	09:28:00	Ray	Tran	Male	45	I	Northwich	Sprint	00:11:44	00:45:34	00:26:22	01:23:40
249	247	09:52:00	Jason	King	Male	42	H	Gustard Wood	Sprint	00:10:51	00:44:14	00:28:38	01:23:43
250	402	10:43:40	jason	dodson	Male	40	H	Ellesmere Port	Sprint	00:12:34	00:42:24	00:28:58	01:23:56
251	414	10:53:40	Ian Paul	Jones	Male	47	I	Ewloe	Sprint	00:09:59	00:47:17	00:26:42	01:23:58
252	277	10:02:00	Mark	Harrop	Male	49	I	Tarporley	Sprint	00:10:59	00:46:46	00:26:20	01:24:05
253	374	10:34:20	anthony	sloan	Male	43	H	nantwich	Sprint	00:11:35	00:46:59	00:25:32	01:24:06
254	191	09:33:20	gareth	munro	Male	30	F	crewe	Sprint	00:09:35	00:47:22	00:27:12	01:24:09
255	108	09:05:40	ross	duncan	Male	26	E	RUNCORN	Sprint	00:12:28	00:48:06	00:23:38	01:24:12
256	122	09:10:20	Andrew	Green	Male	50	J	Shaw	Sprint	00:11:24	00:45:30	00:27:19	01:24:13
257	246	09:51:40	Simon	Price	Male	36	G	sandbach	Sprint	00:09:56	00:46:38	00:27:41	01:24:15
258	69	08:52:40	Stephen	Diesner	Male	51	J	Sandbach	Sprint	00:15:05	00:45:39	00:23:36	01:24:20
259	416	10:48:20	Mark	Madden	Male	33	F	Maghull	Sprint	00:11:40	00:47:00	00:25:47	01:24:27
260	530	11:26:20	andrew	angles	Male	42	H	nantwich	Sprint	00:11:13	00:47:24	00:25:51	01:24:28
261	356	10:28:20	Chris	Flower	Male	33	F	Manchester	Sprint	00:12:52	00:46:10	00:25:27	01:24:29
262	199	09:36:00	Mark	Bales	Male	42	H	Morecambe	Sprint	00:11:36	00:44:29	00:28:25	01:24:30
263	181	09:30:00	Kris	Thurbin	Male	36	G	Kris Thurbin	Sprint	00:09:52	00:47:20	00:27:19	01:24:31
264	502	11:17:00	Paul	Nash	Male	54	J	Cancer Research	Sprint	00:10:53	00:43:54	00:29:48	01:24:35
265	403	10:44:00	Adam	Drake	Male	38	G	Leeds	Sprint	00:12:06	00:46:12	00:26:17	01:24:35
266	300	10:09:40	clifford	berry	Male	43	H	crewe	Sprint	00:10:54	00:47:04	00:26:41	01:24:39
267	160	09:23:00	WAYNE	HOLLAND	Male	40	H	STOCKPORT	Sprint	00:15:55	00:46:31	00:22:17	01:24:43
268	45	08:44:40	Tom	Hastings	Male	31	F	Llanfairfechan	Sprint	00:07:55	00:50:57	00:25:54	01:24:46
269	270	09:59:40	Graeme	Gibson	Male	43	H	Warrington	Sprint	00:10:46	00:47:13	00:26:50	01:24:49
270	417	10:48:40	Paul	Malen	Male	33	F	Warrington	Sprint	00:10:32	00:49:08	00:25:11	01:24:51
271	369	10:32:40	Kevin	Bateman	Male	46	I	Northwich	Sprint	00:12:28	00:44:18	00:28:06	01:24:52
272	74	08:54:20	Andrew	Seville	Male	28	E	Harborne	Sprint	00:08:50	00:48:08	00:27:57	01:24:55
273	49	08:46:00	Ian	Shackleton	Male	40	H	Sheffield	Sprint	00:08:52	00:49:28	00:26:35	01:24:55
274	236	09:48:20	Lee	Goldson	Male	27	E	Liverpool	Sprint	00:11:08	00:45:52	00:28:00	01:25:00
275	297	10:08:40	Simon	Pritchard	Male	40	H	Arthritis Research	Sprint	00:11:05	00:48:20	00:25:41	01:25:06
								Ashton In Makerfi					

277	412	10:47:00	Simon	Humphreys-Jor	Male	29	E	Warrington	Sprint	00:11:32	00:50:12	00:23:29	01:25:13
278	350	10:26:20	Tom	White	Male	32	F	Bolton	Sprint	00:11:31	00:50:04	00:23:40	01:25:15
279	384	10:37:40	Peter	Hayes	Male	42	H	Parkgate	Sprint	00:12:02	00:47:06	00:26:08	01:25:16
280	338	10:22:20	Andy	Cooper	Male	37	G	Chester	Sprint	00:16:03	00:42:28	00:26:45	01:25:16
281	367	10:32:00	jonathan	thomas	Male	37	G	Manchester	Sprint	00:09:25	00:50:12	00:25:44	01:25:21
282	275	10:01:20	Martin	Davis	Male	55	K	Warrington	Sprint	00:13:56	00:47:16	00:24:12	01:25:24
283	126	09:11:40	Steven	Oliver	Male	37	G	Loggerheads	Sprint	00:09:53	00:49:54	00:25:46	01:25:33
284	318	10:15:40	Daniel	Martin	Male	28	E	Salford	Sprint	00:10:24	00:50:50	00:24:26	01:25:40
285	276	10:01:40	Christian	Edwards	Male	40	H	Wrexham	Sprint	00:10:07	00:44:54	00:30:42	01:25:43
286	209	09:39:20	Ray	Halton	Male	41	H	Hartford	Sprint	00:10:14	00:49:04	00:26:26	01:25:44
287	334	10:21:00	Rupesh	Bagdai	Male	37	G	Northwich	Sprint	00:12:29	00:46:08	00:27:07	01:25:44
288	271	10:00:00	Andy	Jones	Male	46	I	Cancer Research	Sprint	00:11:34	00:44:48	00:29:26	01:25:48
289	529	11:26:00	Antony	Segal	Male	34	F	Hale Barns	Sprint	00:10:44	00:48:48	00:26:25	01:25:57
290	165	09:24:40	matthew	oloughlin	Male	25	E	runcorn	Sprint	00:09:24	00:46:26	00:30:11	01:26:01
291	390	10:39:40	heminsley	robert	Male	47	I	out rawcliffe	Sprint	00:10:42	00:47:51	00:27:32	01:26:05
292	404	10:44:20	Jim	Duffy	Male	42	H	Arthritis Research	Sprint	00:13:44	00:44:55	00:27:27	01:26:06
293	48	08:45:40	Jack	Robinson	male	20	D	newcastle under l	Sprint	00:12:52	00:49:07	00:24:17	01:26:16
294	348	10:25:40	Chris	Twiby	Male	41	H	Saltburn by sea	Sprint	00:13:57	00:45:39	00:26:40	01:26:16
295	376	10:35:00	Edward	Ludford	Male	44	H	Nantwich	Sprint	00:10:14	00:48:05	00:27:59	01:26:18
296	419	10:49:20	Iain	Matthews	Male	39	G	Newton le Willow	Sprint	00:09:26	00:46:09	00:30:48	01:26:23
297	316	10:15:00	Paul	Johnson	Male	49	I	Liverpool	Sprint	00:10:38	00:44:47	00:30:58	01:26:23
298	241	09:50:00	Rolf	Westrum	Male	59	K	Mersey Tri	Sprint	00:11:30	00:46:21	00:28:36	01:26:27
299	447	11:03:40	iain	mount	Male	35	G	nottingham	Sprint	00:18:13	00:48:13	00:20:02	01:26:28
300	487	11:12:00	Karl	Slater	Male	34	F	Leyland	Sprint	00:11:46	00:48:55	00:25:58	01:26:39
301	437	10:55:20	Nick	Greenwood	Male	35	G	Lymm	Sprint	00:11:06	00:46:18	00:29:17	01:26:41
302	422	10:50:20	Paul	Ridge	Male	50	J	Warrington	Sprint	00:12:52	00:46:00	00:27:50	01:26:42
303	448	10:59:00	Andy	Affleck	Male	49	I	Caerwys	Sprint	00:11:33	00:48:49	00:26:21	01:26:43
304	500	11:16:20	Leigh	Howat	Male	26	E	Flint	Sprint	00:10:10	00:47:11	00:29:26	01:26:47
305	216	09:41:40	Nick	Pedlow	Male	42	H	Arthritis Research	Sprint	00:11:51	00:48:05	00:26:55	01:26:51
306	307	10:12:00	Chris	Davies	Male	25	E	Winsford	Sprint	00:13:17	00:48:02	00:25:37	01:26:56
307	317	10:15:20	Anthony	Martin	Male	30	F	Salford	Sprint	00:11:47	00:50:34	00:24:36	01:26:57
308	14	08:34:20	Thomas	Thomas	Male	41	H	Kirkham	Sprint	00:08:56	00:43:05	00:34:57	01:26:58
309	190	09:33:00	chris	parlane	Male	44	H	Rudheath Northw	Sprint	00:10:30	00:50:31	00:25:58	01:26:59
310	123	09:10:40	Paul	Jackson	Male	42	H	Leigh	Sprint	00:09:49	00:52:06	00:25:07	01:27:02
311	70	08:53:00	Jonathan	Gardner	Male	20	D	liverpool	Sprint	00:09:05	00:50:58	00:27:00	01:27:03
312	161	09:23:20	Philip	Jones	Male	48	I	Northwich	Sprint	00:10:32	00:45:29	00:31:09	01:27:10
313	324	10:17:40	Simon	Wynne	Male	36	G	Chester	Sprint	00:15:03	00:48:35	00:23:33	01:27:11
314	396	10:41:40	Andrew	Bain	Male	40	H	Stockport	Sprint	00:11:03	00:46:34	00:29:35	01:27:12
315	145	09:18:00	Neil	Bennett	Male	40	H	Manchester	Sprint	00:10:08	00:53:27	00:23:41	01:27:16
316	194	09:34:20	Matthew	Byron	Male	40	H	Warrington	Sprint	00:09:02	00:50:25	00:27:56	01:27:23

317	260	09:56:20	wayne	bott	Male	34	F	stockport	Sprint	00:10:22	00:49:36	00:27:26	01:27:24
318	304	10:11:00	Stephen	Forster	Male	49	I	ellesmere port	Sprint	00:14:03	00:45:00	00:28:23	01:27:26
319	239	09:49:20	Ashley	Holland	Male	24	D	Manchester	Sprint	00:12:59	00:46:02	00:28:26	01:27:27
320	298	10:09:00	shaun	sagar	Male	45	I	Chester	Sprint	00:12:43	00:46:34	00:28:15	01:27:32
321	163	09:24:00	Hugh	McCrossan	Male	43	H	Cancer Research	Sprint	00:11:48	00:45:44	00:30:05	01:27:37
322	226	09:45:00	James	Boag	Male	41	H	Arthritis Research	Sprint	00:12:15	00:50:19	00:25:03	01:27:37
323	295	10:08:00	Alan	Booth	Male	44	H	Nantwich	Sprint	00:11:47	00:50:44	00:25:14	01:27:45
324	192	09:33:40	Doug	Arnold	Male	29	E	Liverpool	Sprint	00:13:53	00:48:28	00:25:39	01:28:00
325	251	09:53:20	stephen	morley	Male	39	G	wednesfield	Sprint	00:09:24	00:52:56	00:25:42	01:28:02
326	278	10:02:20	Chris	Hogg	Male	37	G	Bingley	Sprint	00:12:21	00:48:59	00:26:46	01:28:06
327	172	09:27:00	Matthew	Smith	Male	28	E	Hednesford	Sprint	00:08:59	00:49:52	00:29:25	01:28:16
328	328	10:19:00	Roger	Need	Male	43	H	Wistaston	Sprint	00:10:54	00:50:03	00:27:22	01:28:19
329	315	10:14:40	Nicholas	Holman	Male	33	F	Manchester	Sprint	00:10:25	00:53:09	00:24:46	01:28:20
330	399	10:42:40	Pete	Clarke	Male	45	I	Nether Alderley	Sprint	00:12:20	00:48:55	00:27:06	01:28:21
331	115	09:08:00	paul	baxter	Male	28	E	crewe	Sprint	00:09:04	00:45:52	00:33:26	01:28:22
332	408	10:45:40	Martin	Hamer	Male	23	D	Oldham	Sprint	00:09:58	00:53:28	00:25:08	01:28:34
333	358	10:29:00	Joe	Galloway	Male	52	J	Liverpool	Sprint	00:12:22	00:48:07	00:28:07	01:28:36
334	299	10:09:20	Chris	Ikin	Male	34	F	Crewe	Sprint	00:11:16	00:46:58	00:30:23	01:28:37
335	203	09:37:20	Simon	Duncan	Male	46	I	chorley	Sprint	00:10:05	00:51:09	00:27:27	01:28:41
336	426	10:51:40	Chris	Smith	Male	32	F	TCW	Sprint	00:14:48	00:45:19	00:28:35	01:28:42
337	159	09:22:40	Josh	Hickman	Male	22	D	Ellesmere port	Sprint	00:11:40	00:48:31	00:28:40	01:28:51
338	341	10:23:20	Chris	Kelsall	Male	45	I	Altrincham	Sprint	00:12:49	00:49:14	00:26:49	01:28:52
339	149	09:19:20	Gary	Cookson	Male	37	G	Winsford	Sprint	00:09:40	00:51:42	00:27:42	01:29:04
340	385	10:38:00	Simon	Hill	Male	37	G	Haslington	Sprint	00:16:21	00:47:34	00:25:09	01:29:04
341	325	10:18:00	Wayne	Billance	Male	52	J	STALYBRIDGE	Sprint	00:11:52	00:44:13	00:33:05	01:29:10
342	379	10:36:00	Matt	Beckley	Male	47	I	stockport	Sprint	00:14:12	00:48:06	00:26:59	01:29:17
343	129	09:12:40	Tim	REID	Male	46	I	Liverpool	Sprint	00:08:57	00:46:14	00:34:09	01:29:20
344	375	10:34:40	Thomas	Westgate	Male	32	F	Bollington	Sprint	00:11:19	00:50:23	00:27:46	01:29:28
345	286	10:05:00	Andrew	Newton	Male	47	I	Oldham	Sprint	00:12:12	00:45:06	00:32:16	01:29:34
346	142	09:17:00	Mark	Banyard	Male	37	G	Solihull	Sprint	00:12:31	00:52:32	00:24:35	01:29:38
347	382	10:37:00	John	Ewing	Male	48	I	Warrington	Sprint	00:10:57	00:49:30	00:29:19	01:29:46
348	249	09:52:40	David	Morgan	Male	30	F	Shrewsbury	Sprint	00:10:25	00:47:56	00:31:28	01:29:49
349	201	09:36:40	Steven	Cockburn	Male	25	E	Winsford	Sprint	00:09:45	00:46:37	00:33:47	01:30:09
350	287	10:05:20	Stuart	Prescott	Male	42	H	Arthritis Research	Sprint	00:13:18	00:47:32	00:29:28	01:30:18
351	516	11:21:40	lee	cartwright	Male	39	G	nantwich	Sprint	00:12:48	00:54:26	00:23:11	01:30:25
352	352	10:27:00	Paul	Houslay	Male	29	E	Widnes	Sprint	00:11:34	00:50:47	00:28:06	01:30:27
353	25	08:38:00	John	Hodkinson	Male	25	E	carnforth	Sprint	00:07:57	00:48:44	00:33:48	01:30:29
354	415	10:48:00	christopher	lee	Male	45	I	wirral	Sprint	00:13:15	00:49:53	00:27:43	01:30:51
355	337	10:22:00	Ewen	Buckling	Male	31	F	Stockport	Sprint	00:13:06	00:50:22	00:27:25	01:30:53
356	430	10:53:00	Philip	Logoreci	Male	56	K	Cambridge	Sprint	00:12:41	00:49:10	00:29:09	01:31:00

357	469	11:06:00	andrew	brooks	Male	47	I	Warrington	Sprint	00:15:09	00:47:04	00:28:51	01:31:04
358	197	09:35:20	john	peaker	Male	48	I	chester	Sprint	00:10:54	00:49:47	00:30:33	01:31:14
359	397	10:42:00	tony	baskeyfield	Male	63	L	stoke on trent	Sprint	00:12:32	00:49:08	00:29:39	01:31:19
360	294	10:07:40	Andrew	George	Male	50	J	Northwich	Sprint	00:11:35	00:46:11	00:33:35	01:31:21
361	471	11:06:40	Andy	Battison	Male	45	I	Stoke on Trent	Sprint	00:12:50	00:50:12	00:28:30	01:31:32
362	433	10:54:00	Thomas	Kearney	Male	21	D	Cancer Research	Sprint	00:11:07	00:55:36	00:24:57	01:31:40
363	217	09:42:00	Michael	Reeves	Male	47	I	Greenfield	Sprint	00:10:44	00:52:27	00:28:49	01:32:00
364	166	09:25:00	Ian	Potter	Male	42	H	Cancer Research	Sprint	00:10:07	00:53:42	00:28:14	01:32:03
365	361	10:30:00	carl	leech	Male	34	F	Crewe	Sprint	00:10:33	00:50:01	00:31:29	01:32:03
366	178	09:29:00	Stephen	Welsh	Male	58	K	Crewe	Sprint	00:11:48	00:46:54	00:33:30	01:32:12
367	407	10:45:20	lee	hallmark	Male	33	F	Ellesmere Port	Sprint	00:11:40	00:57:45	00:22:48	01:32:13
368	450	10:59:40	John	Batteson	Male	54	J	MS Resource Cer	Sprint	00:12:26	00:44:56	00:34:54	01:32:16
369	454	11:01:00	Christopher	Haighton	Male	26	E	Arthritis Research	Sprint	00:13:08	00:45:12	00:33:58	01:32:18
370	436	10:55:00	Derek	Howes	Male	34	F	Telford	Sprint	00:13:04	00:51:23	00:27:58	01:32:25
371	411	10:46:40	Neil	Heap	Male	41	H	Stockport	Sprint	00:12:36	00:45:36	00:34:17	01:32:29
372	76	08:55:00	Sean	Taylor	Male	26	E	Onchan	Sprint	00:13:52	00:56:36	00:22:02	01:32:30
373	44	08:44:20	matthew	george	Male	41	H	newcastle-under-l	Sprint	00:09:43	00:50:22	00:32:29	01:32:34
374	504	11:17:40	simon	rushton	Male	47	I	SOUTHPORT	Sprint	00:12:32	00:49:39	00:30:25	01:32:36
375	289	10:06:00	Anthony	Shaw	Male	32	F	Lancaster	Sprint	00:11:56	00:52:39	00:28:46	01:33:21
376	380	10:36:20	Philip	Butterworth	Male	35	G	Barnsley	Sprint	00:13:14	00:54:39	00:25:28	01:33:21
377	258	09:55:40	keith	withey	Male	47	I	moreton	Sprint	00:11:09	00:53:56	00:28:19	01:33:24
378	147	09:18:40	Paul	Burke	Male	37	G	Gee Cross	Sprint	00:10:48	00:52:00	00:30:41	01:33:29
379	393	10:40:40	Joshua	Greaves	Male	20	D	St.Helens	Sprint	00:13:26	00:48:35	00:31:30	01:33:31
380	364	10:31:00	Tim	Pritchard	Male	48	I	Stoke on Trent	Sprint	00:11:38	00:46:45	00:35:09	01:33:32
381	313	10:14:00	Nick	Hall	Male	52	J	Widnes	Sprint	00:10:51	00:49:39	00:33:04	01:33:34
382	526	11:25:00	brian	Gibbins	Male	34	F	Macclesfield	Sprint	00:20:55	00:49:56	00:22:43	01:33:34
383	281	10:03:20	derek	jones	Male	50	J	ellesmere port	Sprint	00:13:12	00:49:25	00:31:10	01:33:47
384	296	10:08:20	Dave	Bridge	Male	40	H	Arthritis Research	Sprint	00:15:10	00:47:40	00:31:05	01:33:55
385	335	10:21:20	Andrew	Baker	Male	44	H	Wimboldsley	Sprint	00:14:09	00:48:27	00:31:43	01:34:19
386	292	10:07:00	Steve	Waring	Male	43	H	Arthritis Research	Sprint	00:15:50	00:48:26	00:30:19	01:34:35
387	443	10:57:20	Rob	Chaffe	Male	47	I	Lytham	Sprint	00:12:58	00:56:05	00:25:53	01:34:56
388	259	09:56:00	Paul	Wrigglesworth	Male	63	L	Chester	Sprint	00:11:14	00:49:46	00:34:02	01:35:02
389	180	09:29:40	Rick	Newton	Male	37	G	Hilton	Sprint	00:10:19	00:54:10	00:30:42	01:35:11
390	261	09:56:40	adam	davison	Male	46	I	mossley	Sprint	00:09:56	00:51:00	00:34:19	01:35:15
391	445	10:58:00	Steve	Oliver	Male	46	I	Manchester	Sprint	00:11:21	00:50:22	00:33:41	01:35:24
392	213	09:40:40	Richard	Longbottom	Male	63	L	Altrincham	Sprint	00:12:30	00:53:51	00:29:31	01:35:52
393	291	10:06:40	Tony	Ward	Male	61	L	Middlewich	Sprint	00:10:30	00:56:07	00:29:21	01:35:58
394	799	12:56:00	Danny	Lavalette	Male	19	C	Nantwich	Sprint	00:14:15	00:52:12	00:29:32	01:35:59
395	359	10:29:20	Ian	Gibson	Male	38	G	NSPCC	Sprint	00:11:44	00:53:11	00:31:09	01:36:04
396	391	10:40:00	Colin	Allan	Male	45	I	Cancer Research	Sprint	00:10:50	00:50:25	00:34:53	01:36:08

397	428	10:52:20	Neil	Travis	Male	45	I	Weston Crewe	Sprint	00:13:50	00:51:28	00:30:53	01:36:11
398	455	11:01:20	Ian	Johnson	Male	51	J	Nantwich	Sprint	00:12:30	00:49:49	00:34:20	01:36:39
399	383	10:37:20	tim	forshew	Male	32	F	stevenage	Sprint	00:12:20	00:51:47	00:32:50	01:36:57
400	467	11:05:20	Iain	Hepburn	Male	25	E	Sandbach	Sprint	00:13:43	00:52:46	00:30:38	01:37:07
401	301	10:10:00	Stephen	Blakemore	Male	53	J	Bolton	Sprint	00:15:19	00:49:02	00:33:07	01:37:28
402	339	10:22:40	Paul	Goodby	Male	47	I	Cancer Research	Sprint	00:12:09	00:50:42	00:34:40	01:37:31
403	465	11:04:40	Gareth	Williams	Male	31	F	nantwich	Sprint	00:13:25	00:50:40	00:33:37	01:37:42
404	392	10:40:20	Simon	Cook	Male	47	I	Altrincham	Sprint	00:13:34	00:50:24	00:33:55	01:37:53
405	357	10:28:40	paul	fraser	Male	39	G	leeds	Sprint	00:12:35	00:51:21	00:34:04	01:38:00
406	354	10:27:40	Richard	Caulfield	Male	30	F	Sale	Sprint	00:10:40	00:52:43	00:34:50	01:38:13
407	389	10:39:20	Michael	Parry	Male	27	E	Marie Curie Canc	Sprint	00:11:18	00:56:07	00:31:11	01:38:36
408	491	11:13:20	Paul	Leandro	Male	34	F	Warrington	Sprint	00:14:26	00:52:29	00:31:46	01:38:41
409	514	11:21:00	Tim	Fletcher	Male	48	I	Daventry	Sprint	00:10:28	00:49:30	00:39:13	01:39:11
410	329	10:19:20	Dan	Barber	Male	39	G	Nantwich	Sprint	00:12:26	00:54:21	00:32:31	01:39:18
411	501	11:16:40	Spencer	Keogh	Male	43	H	Cancer Research	Sprint	00:10:46	00:52:21	00:36:20	01:39:27
412	98	09:02:20	simon	tait	Male	45	I	Uppermill	Sprint	00:09:50	00:52:48	00:37:06	01:39:44
413	365	10:31:20	brian	roberts	Male	47	I	Rudheath Northw	Sprint	00:13:34	00:58:02	00:28:25	01:40:01
414	476	11:08:20	Danny	Massey	Male	29	E	crewe	Sprint	00:12:40	00:59:10	00:28:14	01:40:04
415	288	10:05:40	Andrew	Robbins	Male	43	H	Runcorn	Sprint	00:12:32	00:53:01	00:34:38	01:40:11
416	378	10:35:40	Mark	Bray	Male	51	J	Huddersfield	Sprint	00:16:54	00:55:23	00:27:55	01:40:12
417	395	10:41:20	John	Carney	Male	53	J	Liverpool	Sprint	00:11:43	00:54:12	00:34:25	01:40:20
418	496	11:15:00	Andrew John	Forrest	Male	36	G	Widnes	Sprint	00:11:40	00:58:46	00:30:07	01:40:33
419	179	09:29:20	Alan	Wood-Townenc	Male	55	K	Stockport	Sprint	00:12:22	00:52:00	00:36:23	01:40:45
420	387	10:38:40	warren	gatley	Male	46	I	Cancer Research	Sprint	00:11:45	00:49:54	00:39:10	01:40:49
421	486	11:11:40	Adam	Slater	Male	36	G	Leyland	Sprint	00:14:45	00:55:36	00:30:31	01:40:52
422	482	11:10:20	Alex	Kean	Male	23	D	St Helens	Sprint	00:12:39	00:57:26	00:30:54	01:40:59
423	468	11:05:40	michael	rimmer	Male	41	H	st. helens	Sprint	00:16:25	00:53:50	00:30:45	01:41:00
424	347	10:25:20	Peter	stockton	Male	52	J	Altrincham	Sprint	00:15:05	00:54:43	00:31:43	01:41:31
425	423	10:50:40	Mike	Rodgers	Male	50	J	Nantwich	Sprint	00:15:16	00:52:18	00:34:18	01:41:52
426	222	09:43:40	Gary	Pike	Male	43	H	Nantwich	Sprint	00:10:27	00:57:43	00:34:12	01:42:22
427	489	11:12:40	Thomas	Procter	Male	50	J	Crewe	Sprint	00:17:35	00:53:31	00:31:26	01:42:32
428	319	10:16:00	Simon	Peck	Male	46	I	Northwich	Sprint	00:12:15	00:59:48	00:30:59	01:43:02
429	406	10:45:00	Garry	Gribbin	Male	49	I	Newcastle	Sprint	00:16:34	00:56:09	00:30:55	01:43:38
430	221	09:43:20	Adrian	Williamson	Male	48	I	Worsley	Sprint	00:13:45	00:50:22	00:41:32	01:45:39
431	527	11:25:20	Adam	Smith	Male	28	E	Warrington	Sprint	00:15:12	01:06:00	00:24:55	01:46:07
432	372	10:33:40	JOHN	KELLY	Male	38	G	holmfirth	Sprint	00:12:50	00:58:59	00:35:23	01:47:12
433	401	10:43:20	Aidan	Cunningham	Male	39	G	Northwich	Sprint	00:11:45	01:11:55	00:24:59	01:48:39
434	457	11:02:00	Chris	Lang	Male	37	G	st helens	Sprint	00:18:00	00:51:52	00:39:14	01:49:06
435	252	09:53:40	John	Morris	Male	65	M	Liverpool	Sprint	00:13:27	01:02:00	00:33:48	01:49:15
436	169	09:26:00	Adam	Robinson	Male	20	D	Hyde	Sprint	00:11:39	01:03:12	00:34:54	01:49:45

437	459	11:02:40	Orestis	Mavroudis-Cho	Male	29	E	Cancer Research	Sprint	00:10:43	01:02:12	00:37:07	01:50:02
438	543	11:30:40	Bryony	Henderson	Male	40	H	Wilmslow	Sprint	00:12:31	00:58:14	00:40:58	01:51:43
439	478	11:09:00	Glenn	Miller	Male	38	G	Oxton	Sprint	00:22:24	00:52:02	00:37:59	01:52:25
440	238	09:54:00	Paul	Harvey	Male	39	G	Cramlington	Sprint	00:11:33	01:01:00	00:40:00	01:52:33
441	442	10:57:00	David	Bowser	Male	33	F	Warrington	Sprint	00:13:25	01:09:32	00:30:48	01:53:45
442	141	09:16:40	Stephen	Ballantyne	Male	42	H	Chester	Sprint	00:09:59	00:59:25	00:45:20	01:54:44
443	306	10:11:40	Tom	Crotty	Male	56	K	Tarporley	Sprint	00:14:01	01:06:14	00:34:48	01:55:03
444	480	11:09:40	John	Barnes	Male	45	I	Wilmslow	Sprint	00:13:08	01:06:31	00:35:38	01:55:17
445	479	11:09:20	Boris	Selisney	male	51	J	Blackley	Sprint	00:17:53	01:03:27	00:34:23	01:55:43
446	424	10:51:00	andy	scholefield	Male	49	I	warrington	Sprint	00:14:49	01:12:32	00:32:34	01:59:55
447	458	11:02:20	Ken	Lavalette	Male	60	L	Nantwich	Sprint	00:16:00	01:06:41	00:39:26	02:02:07
448	534	11:27:40	stephen	walton	Male	53	J	Oldham	Sprint	00:21:54	01:04:46	00:37:36	02:04:16
449	451	11:06:16	Paul	Brown	Male	38	G	British Heart Four	Sprint	00:26:28	01:07:21	00:30:58	02:04:47
450	535	11:28:00	Nick	Marner	Male	48	I	Oldham	Sprint	00:21:46	01:05:37	00:45:25	02:12:48
451	446	10:58:20	Peter	Scott	Male	58	K	Weaverham	Sprint	00:17:59	01:16:20	00:39:47	02:14:06
452	188	09:32:20	Christopher	Fisher	Male	43	H	Chorley	Sprint	00:09:26	01:52:49	00:24:44	02:26:59
453	425	10:51:20	Gary	Scott	Male	45	I	Nantwich	Sprint	00:37:14	01:14:22	00:36:08	02:27:44
454	421	10:50:00	Kevin	Mooney	Male	34	F	Crewe	Sprint	00:13:56	01:30:11	00:44:04	02:28:11
455	182	09:30:20	Jack	Oswald	Male	19	C	Stockport	Sprint	00:10:24	01:56:39	00:32:23	02:39:26
456	472	11:07:00	Eamonn	Farrell	Male	46	I	OLDHAM	Sprint	00:22:34	01:30:00	00:48:50	02:41:24

DQ	525	11:24:40	Rhodri	Owen	Male	25	E	London	Sprint	00:09:36	00:47:48	00:11:40	01:09:04	Insufficient Run
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